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## Community work in Rüsselsheim

### Böllensee Neighbourhood and Family Centre



A meeting place, open to all people.

Everyone is welcome here.

People from the Böllenseesiedlung can meet, get to know each other and join in.

We have various offers.

For residents of the Böllenseesiedlung, children, adults and families.

This is what we offer:

- Open office hours for questions about life and everyday life in the Böllenseesiedlung.
- "Ideenschmiede" - meetings of the residents
- "Kinderherzchen" - Clothes closet for needy families
- Drop(Inclusive) Welcome Place for Children
- Leisure activities for children and young people
- "Kaffeeklatsch" - Meeting for senior citizens

Here you will find the offers and the weekly schedule: [NAFAZ-Wochenplan](#) and [DKSB](#)

Would you like to support us?

You can volunteer with us.

We will help you.

Do you have questions about our offers?

You can also make an offer yourself.

Talk to the director, Ute Hollingshaus.

She will be happy to help you!

#### Contact:

 [Böllenseeplatz 14](#)

[06142-4007626](#) or

[06142-9423649](#)



[ute.hollingshaus@ekhn.de](mailto:ute.hollingshaus@ekhn.de)

## Neighbourhood meeting place and family centre Berliner Viertel

- You live in the Berliner Viertel?
- You have a problem and need help?
- You would like to get involved?
- Would you like to get to know your neighbours?

**You are very welcome at the "Q19" meeting place in the Berliner Viertel.**

We have many offers for you. Here are a few examples:

- Consultation hour
- Sewing group
- Breakfast for families, women and seniors
- Learning island
- After-help
- Girls' Meeting
- Kids-Creative
- Consultation hours of the community nurses
- Neighbourhood Festival

Here you can find the weekly schedule: [Weekly Plan Q19 Berliner Viertel](#) and [DKSB](#)

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Visit our website. Or give us a call.

## Neighbourhood Meeting and Family Centre "Q19"



[Berliner Platz 19](#)

65428 Rüsselsheim

Contact persons:

Ms Samira Hammoudi

[0160-93487270](tel:0160-93487270)

Mrs. Arbresha Mustafa

 [0160-94456956](tel:0160-94456956)



[berliner.viertel@spv-gg.de](mailto:berliner.viertel@spv-gg.de)



<https://berliner-viertel.de>

## JUST - Meeting point in the city centre

Do you live in the city centre?  
Would you like to meet other people?  
Maybe they would like to meet new people.  
You would like to help out and shape the city centre.  
You have a concern and need support?

The JUST is a meeting place for all residents in the city centre.

There are various offers here:

- Drop(Inclusive) welcome place for children
- Open consultation hour for questions about life and everyday life in the city centre
- Open office hours for children and young people
- International women's discussion group (an offer to learn to speak German better)
- Learning café for children and young people (tutoring for school)
- Dancing for women

Here you can find the weekly schedule of the JUST neighbourhood meeting place: [WochenplanInnenstadt](#)

Do you want to offer something for the residents of the city centre?  
Do you belong to a group or association?  
You would like to meet but don't have a room for it? You can rent the JUST for your group or club. Please contact the coordination office:

### JUST

Coordination office for community work

■ [Friedensplatz 3](#)  
[65428 Rüsselsheim am Main](#)

☎ [+49 \(0\) 6142831658](tel:+49(0)6142831658) and [+49 \(0\) 1753430190](tel:+49(0)1753430190)

■ [just.ju@ruesselsheim.de](mailto:just.ju@ruesselsheim.de)

## District meeting place Dicker Busch

You live in the Dicker Busch district.  
Would you like to meet other people?

Do you have a concern and need support?  
Would you like to get involved in the district?  
Would you like to meet and exchange ideas with your neighbours?

**The "Stadtteiltreff Dicker Busch" is a meeting place for children and their families in the district.**

**There are various offers here:**

- Baby massage
- Baby meeting
- Toddler groups and playgroups
- Open parent-child meeting: "Marktcafé"
- Open consultation hours for questions about everyday family life
- Playground mentors
- International women's discussion group (an offer to learn to speak German better)
- Turkish women's breakfast
- International handicrafts meeting
- District flea markets (in spring and autumn)
- Games festival on World Children's Day in September

Here you can find the offers and the weekly schedule: [Angebote DKSB Dicker Busch](#)

Im Dicken Busch - für den Dicken Busch

## Angebote beim Stadtteilverein



**Urlaubsstammtisch**  
Jeden 2. Mittwoch\* ab 15 Uhr im Buschcafé  
\*gerade Kalenderwoche



**Gymnastik für Frauen**  
Jeden Mittwoch von 16 - 17 Uhr



**Hilfen im digitalen Alltag**  
Jeden Donnerstag von 10 - 12 Uhr



**Rentensprechstunde**  
Jeden 1. Donnerstag im Monat von 10 - 12 Uhr



**Offene Sprechstunde des  
Ausländerbeirats**  
Jeden 2. und 4. Donnerstag im Monat von 16 - 18 Uhr



**Fahrradwerkstatt**  
Jeden 2. und 4. Donnerstag im Monat von 15 - 18 Uhr  
*Von April bis Oktober*



**Spieletreff**  
Jeden 3. Freitag im Monat von 14:30 - 17 Uhr

Alle Infos auch im Stadtteilbüro zu den Öffnungszeiten: Mo., Di., Do.: 9:30 - 12 Uhr  
Terminänderungen jeder Zeit möglich

STADTTEILVEREIN DICKER BUSCH E.V., VIRCHOWSTR. 23 IN RÜSSELSHEIM  
STADTTEILVEREIN@DICKERBUSCH.DE - 06142/942264 - © STADTTEILVEREIN.DICKERBUSCH

Would you like to offer something for the families of the Dicken Busch? Then get in touch with the staff of the district centre. They will be happy to help you!  
You belong to a group or an association. You would like to meet but don't have a room? You can rent the rooms of the Stadtteiltreff for your group or club.  
Do you want to hold a family celebration? Residents of Dicken Busch can rent the rooms for a family celebration. The room is rented on Saturdays. 30 people can fit in the room. Attention: great demand! Please enquire many weeks before the planned date!

## Stadtteiltreff Dicker Busch



[Evreuxring 14a](#)

65428 Rüsselsheim am Main



[06142-52202](#)



[stadtteiltreff@dksb-ruesselsheim.de](mailto:stadtteiltreff@dksb-ruesselsheim.de)



<https://dksb-ruesselsheim.de/>

## Dicker Busch District Association

The Dicker Busch e. V. district association has been active since 2007.

It offers many activities.

And organises activities in the Dicker Busch district.

### What does the association offer?

**Here are some examples:**

#### Open office hours

- Meeting for international handicrafts
- Meetings for senior citizens
- Moving and dancing with children
- Massage for babies
- International women's discussion group
- Exhibitions and readings

## Dicker Busch e. V. District Association



[Virchowstraße 23](#)

[65428 Rüsselsheim](#)



[+49 \(0\) 6142942254](#)



[www.dickerbusch.de](http://www.dickerbusch.de)