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I live in shared accommodation (GU)

I have to abide by the rules in the GU

Important rules in the shared accommodation (GU)

Every house has rules.

All the rules are in the house rules.

You must observe the house rules and regulations.

Be quiet!

There are quiet times.

When do I have to be quiet?

Monday to Saturday: 1 p.m. to 3 p.m. and 10 p.m. to 6 a.m.

Sunday and all day on public holidays:

No loud music.

No noise...

You have to separate rubbish!

See Living in Regensburg for more information:

[Abfall, Recycling, Müll-Trennung und Müll-Vermeidung - Stadt Regensburg | Integreat](#)

You must ventilate!

You must ventilate = let fresh air into the room.

Fresh air helps against mould in the home.

You must open your window for 5 minutes every day.

Operator of the shared accommodation:

Regierung der Oberpfalz

Sachgebiet 14.2 - Unterbringung und Verteilung von Flüchtlingen, Integration

[Emmeramsplatz 8](#)

93047 Regensburg

Telephone: [\(0941\) 5680-1618](tel:094156801618)

Website:

[Regierung der Oberpfalz - Regierung der Oberpfalz](#)

Learning German in shared accommodation

Do you want to learn German?

Are you an asylum seeker in Germany?

You have many options. Look in the app at Language, School, Study:

[Deutsch lernen in Regensburg - Stadt Regensburg | Integreat](#)

Learn German in shared accommodation:

There is a project that can help you. The Patenschaftsprojekt für Geflüchtete of Stadt Regensburg has many volunteers:

[Patenschaften für Geflüchtete - Stadt Regensburg | Integreat](#)

A person from Regensburg comes to you.

The person learns and speaks German with you.

Ask the asylum social counsellors of the city of Regensburg:

[Abteilung Flüchtlings- und Integrationsberatung und soziales ehrenamtliches Engagement](#)

You can call them: [0941 507 7774](tel:09415077774)

Monday: 08:30-12:00

Tuesday: 08:30-12:00

Wednesday: 08:30-12:00

Thursday: 08:30-12:00 and 15:30-17:30

Friday: 08:30-12:00

Support groups

In some shared accommodation centres, there are helper groups for the residents.

Helferkreis = a group of people. The people help you voluntarily. They are not experts.

The carer in the shared accommodation will tell you:

Where you can find a help group.