

Addictive disorders

Addiction is a disease!

An addiction is a dependency on **substances** (e.g. alcohol, drugs, nicotine, medication) or **behaviours** (e.g. gambling addiction, shopping addiction). Addiction can affect anyone. Seeking **help** has nothing to do with personal failure.

When you are addicted, you almost only think about the addictive substance. You can no longer control your own consumption. Relationships and work performance often deteriorate as a result.

What help is available?

 [Here](#) you will find a **directory of** the Deutschen Hauptstelle für Suchtfragen e.V.

DROB - Drogenhilfe Recklinghausen and in the Ostvest e.V.

Die DROB - Drogenhilfe Recklinghausen & Ostvest e.V. represents the interests and rights of its clients and their relatives in a committed and comprehensive manner.


To ensure this, DROB provides a comprehensive range of assistance consisting of:

- outreach work,
- Addiction prevention
- Counselling centre and therapy mediation
- psychosocial care for substitution patients
- Aftercare
- Working with family members for people at risk of addiction and those suffering from addiction

In the 6 cities of the Ostvestes of the Kreises Recklinghausen.

The employees are bound to confidentiality and have the right to refuse to testify. All information is treated confidentially.

 [Kaiserwall 34; 45657 Recklinghausen](#)


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 <https://www.drob-re.de/>

Offers:

- Addiction prevention
- Counselling and outpatient aftercare for patients and relatives
- Placement in substitution
- Psychosocial support for substitution patients
- Streetwork

 Consultation hour: Wednesday: 16:00

Registration required.