

Integration assistance

In many areas and districts, there are groups that volunteer to help you free of charge. The volunteers can help you find your bearings in your new home environment. They can help you participate in leisure and sport activities. They can help you learn your first German language skills. If you have questions about daily life, you can ask the volunteers. They can assist in many ways, such as helping you to understand a letter written in German, letting you know where there are cheap shopping options and sports facilities, or telling you how the bus system works. The volunteers can also help you with questions about a bank account. Many of these support networks can also help you learn German. You can contact the support networks via email.

Social integration of refugees in Potsdam

International Centre for Germans and Immigrants Center (ICDI e.V.)

📍 [Leibnizring 10, 14480 Potsdam](#)

☎ [01778336258](tel:01778336258)

@icdipdm@yahoo.de

Erzählcafé for immigrant people

Learning German/networking, service for all

📅 Every Thursday afternoon from 17 to 19

📍 [Dortustraße 46, 14467 Potsdam](#)

AWO Bezirksverband Potsdam e.V.

☎ [033173041770](tel:033173041770)

@info@awo-potsdam.de

Sports and experiential education project for youths and young adults at Schlaatz

Wildwuchs Streetwork Potsdam

🌐 www.wildwuchs-potsdam.de

☎ [03317407260](tel:03317407260)

☎ [01702855963](tel:01702855963)

@info@stiftung-spi.de

Women's bicycle riding school: Learning to ride a bike and cycling together for women from all over the world

Leisure/sports

Hand in Hand Potsdam e.V.

@info@hand-in-hand-potsdam.de

Network meeting for people from Afghanistan

Hand in Hand Potsdam e.V.

@info@hand-in-hand-potsdam.de

Frauen für Frauen sponsorship programme

Hand in Hand Potsdam e.V.

@info@hand-in-hand-potsdam.de

oskar. Drewitz meeting centre

Learning German, cooking and other activities

Soziale Stadt ProPotsdam gGmbH

📍 [Oskar-Meßter-straße 4-6, 14480 Potsdam](#)
☎ [03315504169](tel:03315504169)
@ info@soziale-stadt-potsdam.de

Intercultural / integration garden at Schlaatz

📍 [Schilfhof 25, 14478 Potsdam](#)
@ integrationsgarten@gmail.com

International handicrafts in the museum house "Im Gùlden Arm" and international women's group for joint handicrafts

@ carla.villwock@kulturbund.de

"Integration in Potsdam - Integration through shared experiences"

Cafä Integra: 📍 [Friedhofsgasse 6, 14473 Potsdam](#)
AWO premises in the computer centre of the cultural centre: 📍 [Dortustraße 46, 14467 Potsdam](#)
Schillertreff meeting place: 📍 [Schillerplatz 20, 14471 Potsdam](#)
☎ [033173041770](tel:033173041770)
@ info@awo-potsdam.de

Intercultural and integrative neighbourhood breakfast at Schlaatz

Always on Tuesdays 9 to 11
Community centre on the Schlaatz
📍 [Am Schilfhof 28, 14478 Potsdam](#)
☎ [033173041770](tel:033173041770)
@ info@awo-potsdam.de

Counselling, accompaniment and integration of refugees in Kirchsteigfeld

StadtteilLaden im Kirchsteigfeld e.V.
☎ [03316261505](tel:03316261505)
@ info@stadtteilladen.de

Tell your story: Using the new reality for empowerment. Facing the new Reality-Connecting Refugees for their Empowerment.

Refugees emancipation e.V.
☎ [016094626154](tel:016094626154)
@ info@mit-mach-musik.de

PlapperFix-Café 2023 - Stadtteilnetzwerk Potsdam-West e.V.

Stadtteilnetzwerk Potsdam-West e.V.
☎ [015750100912](tel:015750100912)
@ info@stadtteilnetzwerk.de

Listening to each other and sounding together - development project of MitMachMusik e.V. with Bürgerhaus am Schlaatz

☎ [016094626154](tel:016094626154)
@ info@mit-mach-musik.de

Heimatsounds - international choir

Rehearsals in the Waschhaus (Schiffbauergasse), Mondays from 18:30
Contact person: Christian
🌐 www.heimatsounds.de
☎ [015125270478](tel:015125270478)
@ heimatsounds@gmail.com

Integration café for Ukrainian women over 50

Demokratischer Frauenbund - LV Brandenburg e.V.

☎ [03381794450](tel:03381794450)

@dfb.brb@Tele2.de

BETHI VI - Meetings, excursions, theme evenings and information

INWOLE e.V.

📍 [Rudolf-Breitscheid-Straße 164, 14482 Potsdam](#)

☎ [033170476680](tel:033170476680)

@info@foerderverein-inwole.de

Refugee-Radio

Making radio together

CULTUS gUG

☎ [017632539322](tel:017632539322)

@office@freiland-potsdam.de

Various projects: Art, food, sports, literature, history and "Dialog-Café"

Alexander-Haus e.V.

📍 [Am Park 2, 14476 Potsdam](#)

☎ [01705564649](tel:01705564649)

☎ [033201150551](tel:033201150551)

@info@alexanderhaus.org