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## Families

### School and compulsory schooling

Bringing up children is not always easy. Sometimes it's fun, sometimes it's harder and parents have lots of questions. Many parents want to know how they can live well with their children. Family education helps parents to bring up their children well. This means that parents receive tips and help if they have any questions. There are many different programmes on offer. For example, courses, meetings or lectures.

There are 4 contact points in the Ostallgäu district:

- Buchloe
- Füssen
- Obergünzburg
- Marktoberdorf

There is also a special app for families. It is called: Family app Ostallgäu-Kaufbeuren. You can find it [here](#). There you will find a calendar. It shows where there are great things for families, such as parent-child groups, courses for parents or flea markets for children.

If you or your parents have any questions, you can find out more there!

### Family support centres in the district of Ostallgäu and the town of Kaufbeuren

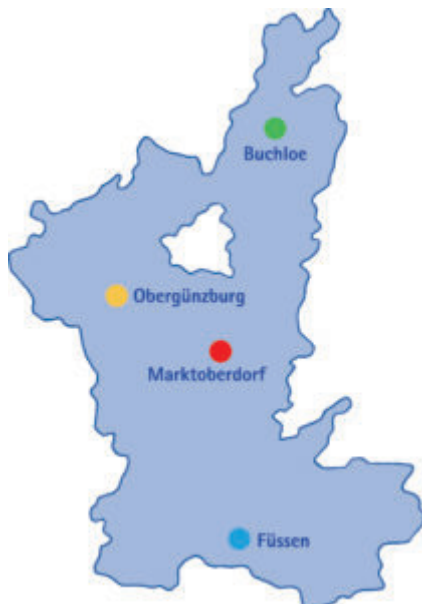
Family support centres are places where parents can find support and exchange ideas. These contact points offer many opportunities to meet other parents and exchange ideas. There are also many events that enrich and strengthen family life.

Parents can get advice and help from professionals here. These specialists are on hand to help with questions and problems relating to family life.

The family support centre offers services such as

- Parent-child groups
- Play and craft sessions
- Information evenings on various topics

All family support centres in the district of Ostallgäu and the town of Kaufbeuren can be found in an overview [here](#). Parents can use this to find the nearest support centre and make contact.



## Family app

The Kaufbeuren Ostallgäu family app is managed by the family education centres. The family app shows all the important offers for families in the region. In the app you will find:

- Events in the event calendar
- Information on legal and financial topics
- And much more

All information is available in several languages. You can find the app here:

[www.familienapp-kf-oal.de](http://www.familienapp-kf-oal.de)

[Here](#) you can find multilingual explanatory films in the family app.



### Family calendar

In the family calendar you will find many events for parents and families. The calendar is available here: [www.familienapp-kf-oal.de/veranstaltungen](http://www.familienapp-kf-oal.de/veranstaltungen)



### Strong through education

#### What does a "strong" upbringing look like?

Parenting is a lively and exciting process. Although it is often exhausting, it is a lot of fun. With a strong upbringing, children can better shape their future. A strong upbringing is beneficial for every child. With this guide, the Bavarian State Ministry for Family, Labour and Social Affairs aims to provide a brief overview of the factors for a good upbringing. These points contribute significantly to a "strong upbringing":

- Giving love
- Being allowed to argue
- Being able to listen
- Setting boundaries
- Giving freedom
- Showing feelings
- Having time
- Giving courage

The brochure "Stark durch Erziehung" with lots of valuable tips and information - simply [download it as a PDF](#) and read it at your leisure.

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As well as downloading the brochure, you can also obtain it free of charge from the Bavarian State Government's [order portal](#) . You can order the print version in the following languages: German, Arabic, English, Farsi, French, Russian, Tigrinya and Turkish and Easy Language.

### **Bringing families together again**

The organisation "[Restoring Family Links](#)" publishes a "[Trace the face](#)" poster every month. It is designed to help family members who have grown apart find each other again. You can download the poster free of charge. It can also be distributed digitally.

### **How does Trace the Face work?**

There are people who are in Germany and are looking for their family members. They can post a photo of themselves on the TTF website. To do this, you must contact a Tracing Service advice centre. Only photos of searching persons will be published on the TTF website. You must also be at least 15 years old. As photos contain personal data, they may only be published with the consent of the persons concerned. No photos of wanted persons will be published online. Photos of young people under the age of 15 will not be published in order to protect minors. These photos are only available in a protected internal area, the so-called Back Office (BO). Otherwise they are in photo books from the Red Cross, Red Crescent or the ICRC. There they can be viewed together with a member of staff.