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## Leisure activities und sport

### Sport and exercise


Fun in movement is one option. But sport offers you another chance: Sport is a good and proven way to settle in and integrate into a new environment. The rules of sport do not know any cultural or national boundaries and are usually understood without a common language. Sport offers a good and informal possibility to make contact with locals through personal contacts.


### Sport service

Would you like to learn to swim? Or play football? Or dance? Or are you still looking for the right sport? Then contact the city of Nuremberg sports service. It informs you and helps you to find the right club or the right offer. Sporting activities range from mother and child courses, swimming to martial arts and team sports. Find out more information here:

#### City of Nuremberg - sport service

 Marientorgraben 9 (4th floor), 90402 Nuremberg

 +49 (0) 911 231-2521


 Monday, Tuesday, Thursday 08:30 - 15:30  
Wednesday, Friday 08:30 - 12:30

Additional sports offers for children and teenagers can be found here: [»»Activities for children and teenagers](#)

### Pools and lakes

#### Outdoor and indoor swimming pools


There are four indoor pools in Nuremberg. They are heated and open all year round. Outdoor swimming pools are only open in summer and are open air. In all of the indoor and outdoor swimming pools, you have to observe the bathing rules.

 Prices may vary. School children, students, holders of [»»Nuremberg passes](#) and severely handicapped persons pay a discounted price.

#### Addresses of the indoor and outdoor swimming pools


##### Dutzendteich

#### Stadion outdoor swimming pool

 Hans-Kalb-Straße 42, 90471 Nuremberg

##### Erlenstegen

#### Naturgarten outdoor swimming pool

 Schlegelstraße 20, 90491 Nuremberg

##### Galgenhof

### Südstadtbad (indoor swimming pool)

📍 Allersberger Straße 120, 90461 Nuremberg

## Katzwang

### Katzwang indoor swimming pool

📍 Katzwanger Hauptstraße 21, 90453 Nuremberg

## Langwasser

### Langwasser indoor swimming pool

📍 Breslauer Straße 251, 90471 Nuremberg

## Mögeldorf

### Langsee outdoor swimming pool

📍 Ebenseestraße 25, 90482 Nuremberg

## Schoppershof

### Nordost indoor swimming pool

📍 Elbinger Straße 85, 90491 Nuremberg

## St. Johannis

### West outdoor swimming pool

📍 Wiesentalstraße 41, 90419 Nuremberg

## Tullnau

### Bayern 07 outdoor swimming pool

📍 Am Pulversee 1, 90402 Nuremberg

## Zerzabelshof

### Clubbad (outdoor swimming pool)

📍 Valznerweiherstraße 200, 90481 Nuremberg

More information can be found on the website for [»»Sport Services](#) for the city of Nuremberg.

## Rivers and lakes

There are many lakes and rivers in and around Nuremberg, where you can swim in summer. **Very important: If you cannot swim, do not go deeper than knee height into the water!** Many people drown each year, because they cannot swim. They do not know that it is very dangerous to go into a river or lake.

## Would you like to learn to swim?

Make an enquiry with [»»Sport Services Nuremberg.](#)

## Exercise parks

Exercise parks offer a wide range of sport and exercise possibilities, such as strengthening exercises on the leg exerciser and even balance training on the wooden bridge. Training equipment is located in public areas and is freely accessible to everyone. They are suitable for all age groups, but especially for older people.

[www.nuernberg.de/internet/sportservice\\_nbg/](http://www.nuernberg.de/internet/sportservice_nbg/)

### Exercise park in Eibach

[Hinterhofstraße, 90451 Nuremberg](#)

### Exercise park in Langwasser

[Breslauer Straße südl. Salzbrunner Str. 26, 90471 Nuremberg](#)

### Exercise park in Stadtpark

[Am Stadtpark \(near Schiller-Denkmal\), 90409 Nuremberg](#)

### Exercise park Wöhrder See

[Wöhrder Wiesenweg \(near Norikerstraße\), 90402 Nuremberg](#)

### Exercise park in Reichelsdorf

[Thomas-Kolb-Brücke, 90453 Nuremberg](#)

### Exercise park in Pegnitztal West

[Süßheimweg \(near Freibad West\), 90419 Nuremberg](#)

### Exercise park at the centre for the elderly Martha-Maria

[Stadenstraße 93, 90491 Nuremberg](#)

Here you will find the exercise parks displayed on a map: [»»Exercise park overview.](#)

## Parks and Green Spaces

Around 417 hectares of Nuremberg are devoted to public parks and green areas. Across the city can be found walkways, cycle paths, amateur sports pitches and recreational lawns. These include Volkspark Marienberg in the north of the city, the centrally located Wöhrder Wiese, and the Stadtpark in Maxfeld..

More information on the parks and green spaces in Nuremberg can be found here:

[www.nuernberg.de/internet/stadtportal/parks.html](http://www.nuernberg.de/internet/stadtportal/parks.html)

## North Nuremberg

[Volkspark Marienberg](#)

## South Nuremberg

[Volkspark Dutzendteich](#)

- 📍 [Luitpoldhain \(Ludwigsfeld\)](#)
- 📍 [Hummelsteiner Park \(Hummelstein\)](#)

### The Old City and the Inner City

- 📍 [Wöhrder Wiese \(Marienvorstadt\)](#)
- 📍 [Stadtspark \(Maxfeld\)](#)
- 📍 [Rosenaupark \(Himpfelshof\)](#)
- 📍 [Kontumazgarten \(Himpfelshof\)](#)
- 📍 [Hallerwiese \(St. Johannis\)](#)
- 📍 [Cramer-Klett-Park \(Wöhrd\)](#)

### Further out from the centre

- 📍 [Tullnaupark \(Tullnau\)](#)
- 📍 [Veit-Stoß-Platz \(Bärenschanze\)](#)
- 📍 [Marie-Juchacz-Park \(St. Leonhard\)](#)
- 📍 [Pegnitzauen \(Sandberg, St. Johannis, Westfriedhof\)](#)

### North

- 📍 [Archivpark \(Pirckheimerstraße\)](#)
- 📍 [Kobergerplatz \(Uhlandstraße, Nordbahnhof\)](#)

### West

- 📍 [Westpark \(Sündersbühl, Gaismannshof\)](#)

Here you can find all of Nuremberg's public barbecue areas: [»»Barbecue Areas](#)

### Open meeting places and encounter cafés

Meeting café, café international, multicultural cooking evening, language café - no matter what you call it: in Nuremberg there are many opportunities to talk to other people, with and without refugee experience, and to exchange ideas. Please note that the list is not updated daily. It is therefore advisable to contact the individual centres before your first visit.

You can find a list of open programmes and meeting cafés [here](#).

### Open workshops

In open workshops you can do various handicraft activities. If you do not have any previous knowledge, there is a contact person who will provide you with advice and support. You pay for

the entrance fee (between 2 and 4 Euros) and the material.

## Open workshops in the KunstKulturQuartier

### Artists' House in the KunstKulturQuartier

📍 [Königstr. 93, 90402 Nuremberg](#)

🌐 [www.kunstkulturquartier.de](http://www.kunstkulturquartier.de)

### Bicycle repair shop

📅 Thursday 18:00 - 20:30

Except in September during school holidays.

@ [fahrradk4@gmx.de](mailto:fahrradk4@gmx.de)

💰 €2.50, please bring new parts

### Forge

📅 Tuesday 19:00 - 22:00

Wednesday 18:00 - 21:00

Thursday 18:30 - 21:30

Closed on holidays.

@ [betriebsbuero.kukuq@stadt.nuernberg.de](mailto:betriebsbuero.kukuq@stadt.nuernberg.de)

💰 €4 (€3 reduced), extra for material

### Carpentry

📅 Wednesday, Thursday 18:30 - 21:30

Closed in the holidays and on public holidays.

@ [betriebsbuero.kukuq@stadt.nuernberg.de](mailto:betriebsbuero.kukuq@stadt.nuernberg.de)

💰 €2, extra for material

### Screen printing

📅 Wednesday, Thursday 18:00 - 21:30

Every first Saturday of the month: 13:00 - 18:00

Closed on public holidays.

@ [xirva@web.de](mailto:xirva@web.de)

💰 €2, extra for material

### Stonemason

📅 Thursday 18:00 - 21:00

Wednesday, Friday on demand

Closed on holidays.

@ [betriebsbuero.kukuq@stadt.nuernberg.de](mailto:betriebsbuero.kukuq@stadt.nuernberg.de)

€2, extra for material

### Photo lab

Wednesday - Friday 17:30 - 21:30

Closed in the holidays and on public holidays.

Wednesdays only after announcement on the previous date

@[fotolab-k4@gmx.de](mailto:fotolab-k4@gmx.de)

€4 (€3 reduced), extra for material

### Ceramics

Wednesday 18:00 - 21:00

Thursday 19:00 - 21:00

Seniors ceramics: Wednesday 15:00 - 17:00

@[mawels@hotmail.de](mailto:mawels@hotmail.de)

€2, extra for material

## Gostenhof Neighbourhood House

### Wood shop

Gostenhof Neighbourhood House, Adam-Klein-Str. 6, 90429 Nuremberg

Wednesday from 18:00 - 21:30

Every last Saturday of the month 14:00 - 18:00

Closed in the school Holidays and on public holidays.

[www.holzwerkstatt-gostenhof.de](http://www.holzwerkstatt-gostenhof.de)

€5 with machine work, extra for material

### BBQ areas

The smell of grilled meat or crunchy vegetables on a hot grate is simply a part of the summer.

Grilling is only permitted on marked, public BBQ areas. There are five such BBQ areas in Nuremberg.

## Marked BBQ areas in Nuremberg

### Dutzenteich

Between Silbersee and the small Dutzenteich

### Pegnitztal West

West of the Theodor-Heuss-Brücke and west of the Lederersteg

### Marienbergpark


Two possible BBQ areas: In the central area at Kilianstraße and in the northern area at Marienbergstraße.

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## Rednitztal Ost

 An der Ellwanger Straße.

## Stadionbad

 Please always take your rubbish with you. The charcoal remains can be thrown into the BBQ container provided.

For further information on Nuremberg's BBQ areas, please visit the city's website:

 [www.nuernberg.de/internet/stadtportal/grillplaetze](http://www.nuernberg.de/internet/stadtportal/grillplaetze)