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Living

Flight / Asylum

Housing - Flight / Asylum

Unaccompanied minors

If you are under 18 years old, you will usually find out within the first two weeks in which city in Germany you can live permanently in the future. This decision is regulated by law and is not determined by you, but by the government. If you have illnesses or someone from your family already lives here, you may be able to stay in Munich. If you have relatives in Germany, tell your counsellor. They will help you to make contact with your relatives and the local youth welfare office.

At your new place of residence, you will live in a house with other young people. Adult carers are there for you around the clock.

Accommodation for unaccompanied adolescents

The Department for the Care and Accommodation of Unaccompanied Adolescents at the Office for Housing and Migration looks after single young refugees. They should be placed in training and employment and move into permanent accommodation. There is also the option of temporary accommodation in housing projects, flats or shared flats. The aim is to create good conditions for life in Munich.

 [Find out more](#)

Who for: For young people and young adults up to the age of 27 who are in training or at school. Young people with a tolerated stay or a permit can also register with us.


There is barrier-free access to the building and the rooms. There is also a disabled toilet.


Amt für Wohnen und Migration

Werinherstraße 89, Haus 34

81541 München

@info.warteliste.soz@muenchen.de

 [0152/56651081](tel:0152/56651081)

 [0152/54850830](tel:0152/54850830)

Adults / families in the asylum procedure

During the asylum procedure, you - and your family, if applicable - are generally obliged to live in asylum accommodation. After your arrival, you will first be accommodated in a so-called initial reception centre. You should stay there for a maximum of six months. During this time, it will be decided where your asylum procedure will be carried out and where you will later reside during the asylum procedure. In the initial reception centre, you will receive benefits in kind (food, clothing, etc.). A health examination will also take place there. The initial reception centre in

Munich is run by the government of Upper Bavaria.

From the initial reception centre, all persons are distributed from the government reception centre (RASt) to other cities and municipalities in Germany. The distribution takes place according to a fixed key. The accommodation centre will inform you of this.

If you are "transferred" to Munich, you will live there either in shared accommodation (run by the government of Upper Bavaria) or in decentralised accommodation (run by the city of Munich). You will usually stay in this accommodation until the end of your asylum procedure.

During the asylum procedure, further conditions apply, such as „Wohnsitzauflage“ or „Residenzpflicht“. This means that you are obliged to live in a certain place and may only leave the place with permission. You can obtain information on this from the advice centre in your accommodation or from the foreigners authority.

If your asylum procedure ends with recognition, you are obliged to look for accommodation and leave the asylum centre. However, as long as you are looking for accommodation, you can continue to live in the asylum centre.

House hunting

Flat search

Find a flat

You can find flats for sale in the local newspapers as well as on internet property platforms or on ebay, for example. There are local groups on facebook on the subject of finding accommodation and there are e-mail newsletters in which flats are advertised.

JIZ - Housing counselling for young people

The housing advice service at the [Youth Information Centre \(JIZ\)](#) provides tips and information on finding a room or flat in Munich every Monday from 14:00 to 18:00.

The JIZ itself does not have any flats and CANNOT help you look for accommodation on the private housing market or apply for social housing (SOWON)! You can get addresses of student residences and internet portals for young people in school, training or studying. We will talk to you individually about opportunities and possibilities.

In an acute emergency, those affected can also go there on the other opening days (Tuesday to Friday from 13:00 to 18:00).

There is a list of useful addresses and websites for finding accommodation. You can pick up the list at the JIZ or download it as a PDF: www.wohnen.jiz-m.de (also in "simple" or English).

Who for: For teenagers and young adults up to the age of 26 (but not families).


Access to the building and the rooms is barrier-free.


The programme is free of charge.


Jugendinformationszentrum München
Sendlinger Straße 7 (in the inner courtyard)

80331 München

 [089/55052150](tel:08955052150)

 info@jiz-muenchen.de

 Monday 14:00 - 18:00

 Counselling in acute emergencies also Tuesday to Friday 13:00-18:00

 www.jiz-muenchen.de

This text contains information on the following search terms:

Housing, room search, shared flat search, counselling, information, help, youth counselling, youth information, youth, problems

WG - shared flat

Shared flats (WG) are a special form of living together. Especially if you are a single person looking for a flat, a shared flat can be a good alternative to your own flat. Living in a shared flat means that you share a flat with mostly young people. Each person has their own room. You only share the communal areas such as the bathroom, kitchen or living room.

The best place to find available rooms in shared flats is on the website  [WG-Gesucht](#).




Viewing a flat

Before a flat is allocated for rent, there is often a flat viewing. Several people are often invited to view a flat.

As it is very difficult to find a reasonably priced flat in Munich, many people often apply for a flat. Obtaining important documents, such as Schufa information or tenant self-disclosure, at an early stage is therefore very important and can increase your chances of getting a flat.

It is advisable to summarise the documents in an "application folder" and take it with you to the viewing appointment.

The application folder should contain the following documents:

- Cover letter (who am I/we are, what do I do for a living, how old are my children, why would I like to rent the flat)
-  [Tenant self-disclosure](#)
- Copy of ID/residence permit (note: copy front and back)
- Copy of the notice from the job centre/social welfare office if you are not working
- Proof of salary for the last three months if you are working
- Copy of the Schufa report (you can obtain a Schufa report [here](#) )
- A copy of the certificate of no rental debt (you will receive this from your previous landlord/landlady, you can use this  [template](#))
- Proof of liability insurance

House hunting: counselling and preparation


Finding accommodation: advice and preparation


It is often very difficult for refugees in particular to find affordable accommodation in Bavaria and especially in Munich. We can help you to prepare specifically for your flat search.

The counsellors at the Munich Refugee Council will go through your documents with you, explain how you can present yourself in the best light using your personal documents and give you tips on where to find accommodation.

- We will help you to put together a good application portfolio for your flat search.
- We advise you on which documents you need.
- We will help you prepare the necessary documents.
- We will show you how to search for accommodation on the "free housing market".
- We give you tips on how to prepare for flat viewings.

We cannot arrange flats!


 Every Thursday, 7 pm: open consultation hour for topics related to finding accommodation.

 Online via Zoom: <https://us06web.zoom.us/j/81706383773> (a laptop, tablet or PC is best, but you can also use your mobile phone).

[Further information](#)

 Once a month, 6.30 pm: Information evening "Finding accommodation in Munich"

[Dates](#): 14.02.2023, 14.03.2023, 11.04.2023, 09.05.2023, 13.06.2023

 Jugendinformationszentrum (JIZ), Sendlinger Straße 7, 80331 München

[Directions here](#)

For whom: Refugees


Please arrive 5-10 minutes before the start.

What you need:

- Have existing documents on the subject of housing ready.
- Think about what you want to ask: What do you need help with? Where are there problems?

The offer is free of charge. No registration required - just drop in!

 [@aktiv@muenchner-fluechtlingsrat.de](mailto:aktiv@muenchner-fluechtlingsrat.de)

 [089/12021716](tel:08912021716)

Rent a flat

Rent a flat

Tenancy agreement

The amount of rent is agreed in the tenancy agreement. If the tenant signs the contract, he/she also agrees to pay the rent. The rent is made up of basic rent (basic amount), ancillary costs (rubbish collection, operating costs) and heating costs.

The following points must be included in the tenancy agreement:

- Name and address of the landlord/landlady
- Address of the rented property
- Living space in m²
- Number of rooms

- Amount of the net rent
- Amount of operating costs
- Amount of heating costs
- Total rent
- Amount of the deposit

The tenancy agreement stipulates when the rent is to be paid. If the rent is increasingly not paid on time, this can lead to cancellation of the tenancy agreement.

If you are unemployed and receive benefits from the job centre, please note the [benefits provided by the job centre](#).

Security deposit

The security deposit is a guarantee for the landlord/landlady. The maximum amount for the deposit is 3 basic rents (basic rent excluding ancillary and heating costs). If you move out of the flat, you will get the money back.

Important: You must not leave any damage behind when you move out of the flat. In the event of damage, the repayment of the deposit will be reduced.

Important abbreviations

1. OG = First floor
App. = Apartment
DB/D'bad = Shower room
EG = Ground floor
EBK = Fitted kitchen
HK = heating costs
inkl. = included
Kaut. = Deposit
MM = Rent per month
NK = additional costs
sof. frei = available immediately
teilmb. = partly furnished
WG = shared flat
Whg. = flat
Wohnfl. = living space
Zi. = room
ZKB = room-kitchen-bathroom

Rental advice centres

Rental advice centres

Municipal tenancy advice centre

The advice centre helps with all questions relating to residential tenancy law. On request, we can also support you in your search for a lawyer specialising in tenancy law.

We can advise you on the following topics, for example


- Increase in rent / rent price
- Operating costs / heating costs
- deposit
- Terminations
- Cosmetic repairs
- Conflicts between tenant and landlord/landlady
- Rights and obligations of tenants and landlords

Counselling is free of charge.


Sozialreferat - Amt für Wohnen und Migration
Mietberatung
Franziskanerstraße 8
81669 München

Telephone counselling:


If you have a general tenancy law question and there are no documents to check, you can obtain advice by telephone:


 [089/23340057](tel:08923340057)


 Monday, Tuesday, Wednesday 13:30 - 15:00


 Thursday 10:00 - 12:00


Please make an appointment for a personal consultation:


 [089/23340200](tel:08923340200)

 Monday 08:30 - 12:00 and 13:30 - 15:00

 Tuesday 10:00 - 12:00 and 13:30 - 15:00

 Wednesday 08:30 - 12:00 and 13:30 - 17:00

 Thursday 10:00 - 12:00

 Friday 08:30 - 12:00

Further ways to contact us:

 @mietberatung.soz@muenchen.de


Fax: 089/23340442


If you have any questions about renting **social housing**, please contact us here:


Referat für Stadtplanung und Bauordnung (Planungsreferat)
Sachgebiet Mietpreisangelegenheiten im Sozialen Wohnungsbau
Blumenstraße 31-35
80331 München


 [Website](#)


 @plan.ha3-12-mf@muenchen.de

 [089/23326662](tel:08923326662)

 [089/23326170](tel:08923326170)

 [089/23326628](tel:08923326628)

 [089/23326168](tel:08923326168)

 [089/23325324](tel:089/23325324)


Register / re-register residence


Register / re-register your place of residence

If you are moving to Munich, you must register as soon as possible. This also applies if you are moving within the city. You should register within the first two weeks. If you do not register, you are committing an offence. It is possible that you will have to pay a fine.


 [Find out more](#)

How does it work?

To register or re-register, you must visit the  [citizens' office](#) in person. It is also possible for you to be represented by another person. In this case, this person needs a power of attorney.

If you already have an online ID card, you can register [online](#) at  from home.

Do I need an appointment?


Yes, you need an appointment to visit the Citizens' Office. You can make an appointment [online](#) at .

What documents do I need?

- ID card
- ID of all persons moving into the flat
- Confirmation from your landlord or landlady (e.g. tenancy agreement) with the following information
 - Address of the flat
 - Name and address of the landlord/landlady
 - The date on which you moved in
 - The names of all persons moving into the flat
- If you are represented by a person: Power of attorney and ID of the authorised person

If you have any questions:

Service telephone Bürgerbüro:

 [089/23396000](tel:089/23396000)

Broadcasting licence fee (GEZ)

Broadcasting licence fee (GEZ)

Television and radio broadcasters can be divided into two groups: private broadcasting and public broadcasting. Private broadcasting is financed by advertising. Public service broadcasting is largely financed by the licence fee.

Further information at  [Arabic](#),  [Chinese](#),  [German](#),  [English](#),  [French](#),  [Russian](#),  [Spanish](#),  [Ukrainian](#).

What does GEZ mean?

GEZ is a historical term. It is the abbreviation of "Gebühreneinzugszentrale", which used to be responsible for collecting the licence fee (until 2012). The responsible body is now called "Beitragsservice". Nevertheless, many people still say "GEZ".


Who has to pay the licence fee?

The licence fee must be paid for each flat. If several people live in a flat, only one person has to pay.

The contribution must be paid even if the service is not used. It does not matter whether or not you have a television or radio in your household.

Please note: If you live in an asylum centre, you do not have to pay the fee. If you still receive a letter, please contact the counselling service in your asylum accommodation.

Who does not have to pay the contribution?

Some people have to pay less or no contribution at all. People who receive social benefits such as citizens' allowance (SGB II), asylum benefits or basic income support can be exempted from paying the licence fee. You can find more information at  [here](#).

You must complete a  [application](#) for exemption or reduction.

If you have any questions:

 [Contact form](#)

 [0180699955510](tel:0180699955510) ( from Monday to Friday 7:00 - 19:00; costs: 20 cent per call)


Financial support for housing

Benefits from the job centre

Benefits from the job centre

Who for: Households that receive financial support from the Jobcentre.

Rent and heating

If the costs for rent and heating are not too high, they will be covered (§22 SGB II). To assess this, there are fixed  [upper rent limits](#). These may not be exceeded. The more people living in a household, the larger the flat may be and the higher the rent may be.

The rent cap amounts refer to the gross rent. A gross rent is made up as follows:

- Net cold rent = basic rent without operating costs
plus

- cold operating costs = for example, the costs for rubbish collection, (cold) water, stairwell lighting, street cleaning and property tax

The costs for heating and hot water are taken into account separately.

Your case officer will explain to you how to proceed in the event of unreasonable rental costs.

The [Office for Housing and Migration](#) can advise you on all questions relating to housing in Munich.

If you are threatened with homelessness, we will look for a solution with you at [Sozialbürgerhaus](#).

Relocation


If you want to move, your case worker must check whether the move is necessary and the costs of the new flat are reasonable before signing the tenancy agreement.

The following evidence and documents are required for the assessment:

1. A written justification as to why you wish to move (if necessary, appropriate evidence proving an important reason)
2. Unsigned tenancy agreement or an offer of accommodation in which all costs are listed. For example, basic rent, deposit, ancillary costs and heating costs.

Good cause exists, for example, if:

- the move will eliminate imminent or existing homelessness
- you no longer need help from the job centre as a result of the move
- you want to start work at a greater distance (journey to work, depending on working hours, more than 2 hours travelling time)

 **Please note:** If you rent a flat without the Job Centre's consent, you may suffer financial disadvantages.

Housing benefit

Housing benefit

The state helps citizens with low incomes who do not receive benefits from the job centre. Housing benefit means financial support for your housing costs. For example, if you pay rent for a flat or room or for a residential home. If you own a house, a flat or a part-time farm, you can also apply for housing benefit.

Prerequisites

The entitlement to housing benefit and the amount depend on three factors:

- the number of household members
- the amount of total income
- the amount of rent or monthly charges


In addition to the person receiving housing benefit, other household members can also be taken into account, for example spouses, partners, children, parents or siblings.


If you are already receiving support for housing costs, for example if you are receiving citizen's allowance and basic income support in old age or reduced earning capacity, you are already receiving support for housing costs. In this case, you cannot receive additional housing benefit. People who receive benefits under the Asylum Seekers' Benefits Act are also not eligible for housing benefit.


Application and proof

In order to receive housing benefit, you must submit an application and various supporting documents:

- The income per year of all household members. This also includes your pension.
- the rent or the costs. Expenses may also include repayments and interest, as well as maintenance or administration costs.

You can obtain more detailed information and application forms from our information desk or  [here](#).

Landeshauptstadt München
Sozialreferat
Bewilligungsstelle für Wohngeld
Werinherstraße 87
81541 München
 [089/23349250](tel:08923349250)

 Info centre:

Monday 08:30 - 12:00

Wednesday 08:30 - 12:00 and 15:00 - 17:00

Friday 08:30 - 12:00

Waiting numbers are issued until 11.30 a.m. (until 11.00 a.m. if there are a lot of people); on Wednesday afternoons until 4.30 p.m.

You can send your application and supporting documents by post to the following address:

Landeshauptstadt München
Sozialreferat
Bewilligungsstelle für Wohngeld
Werinherstraße 89
81541 München

Access to subsidised housing (social housing)

Access to subsidised housing (social housing)



Social housing is for people with little money. These flats are subsidised by the state. This means that the rent in these flats is cheaper than in normal flats. There are only a few subsidised flats, but many people apply for one. This is why it often takes a long time to get a flat.

Who can get social housing?

There are special regulations and requirements for the application:




- You must be a permanent resident in Germany (EU nationality, settlement permit or residence permit)
- You have your main residence in Germany
- You do not exceed a certain income limit

What documents do I need?

- Proof of income (e.g. salary/wage slips for the last 3 months, SGB II/ SGB XII notice (all pages), last tax assessment notice)
- Identity card, passport or residence permit
- Tenancy agreement or proof of current housing situation
- If applicable, confirmation of pregnancy (maternity record or medical certificate)
- If applicable,  [medical certificate](#)
- If applicable, proof of custody or  [declaration of child\(ren\) in separate households](#)

How do I submit the application?

You can either submit the application online or fill it out on paper.


- Online: Via the platform  [SOWON](#) (Soziales Wohnen Online)
In the last step, you can see which documents you need. You can upload the documents directly to SOWON.
Here you can find an explanatory video about the  "[Sowon Wohnungsantrag online](#)".
- Paper form: You can obtain the form at  [Internet](#) or at these locations:
 - 📍 Infothek im Amt für Wohnen und Migration, Werinherstraße 87, 81541 München (House 24)
 - 📍 Information centres of the [social community centres](#)
 - 📍 Stadtinformation im Rathaus, Marienplatz 8, 80331 München
 - 📍 Town hall gate

You can send the completed application form by post or drop it in the letterbox in person.
This is the address:

Amt für Wohnen und Migration, Soziale Wohnraumversorgung
Werinherstraße 89
81541 München

The application will then be checked and you will receive a decision. The decision will state how many rooms will be allocated and how urgent the housing need is.



How do I look for a flat?

Once you have the decision, you can search for flats on  [SOWON](#) to search for flats. There you will see offers that match your household (for example, in terms of flat size and income level). In the offer you will find all the important information about the flat (size, location, rent amount). The offers are usually available online for 14 days. You can apply for up to three flats at the same time.

What are the costs?

Processing the application is free of charge. If a flat is successfully found, it costs 25 euros.

Contact & further information:

Further information can be found on the  [website](#) of the Office for Housing and Migration. The most frequently asked questions about the application process are answered at  [SOWON-Hilfe](#). You can [contact](#) the Housing Customer Centre via the  [contact form](#).

Help with the threat of losing your home

Help with the threat of losing your home

We will advise and support you if you are at risk of losing your home. It is important that you contact us as soon as possible. Otherwise, you may not be able to meet any deadlines or incur additional costs.

What do we do?


- We check whether it is possible for the rent debts to be taken over
- We check whether the eviction action is lawful
- We advise you on possible financial assistance
- We check whether you are entitled to housing benefit or other housing assistance
- We advise on personal assistance([debt counselling](#), socio-educational assistance)

 [Find out more](#)

What documents do I need?

- Passport or identity card of all persons living in the flat
- Tenancy agreement, if you have the letter in which the rent was increased
- Monthly costs of the flat
- Reminders, notices of termination and eviction notices with envelopes as proof of delivery
- Proof of income
- Proof of the last rent paid
- Complete bank statements for the last three months
- Proof of assets if available (e.g. car, life insurance, building society savings contract)
- if you have: Proof of debts, loans, maintenance payments or other liabilities
- if you have: Divorce decree, proof of custody
- if you have: Mother's passport

The service is free of charge.

You can find us in the [social welfare centres \(SBH\)](#). To find out which SBH is responsible for you, enter your address  in [the search field](#).

Please make an appointment with us: "Fachstelle zur Vermeidung von Wohnungslosigkeit"

This text contains information on the following search terms:
notice of termination, eviction action, eviction judgement

Women's shelters - anonymous accommodation for women

Women's shelters - anonymous accommodation for women

There are several women's shelters in Munich for women affected by domestic violence. There the women and their children find protection from further violence. They also receive counselling and support to help them overcome the situation. They can stay there for as long as they need protection and intensive, specialised counselling.

Who for: Women and their children who are looking for a safe place due to domestic violence

To ensure anonymity, the addresses of the women's shelters are not published. It is possible to contact them by telephone:

- Frauenhaus der Frauenhilfe München gGmbH
☎ [089/354830](tel:089354830)
✉ frauenhaus@frauenhilfe-muenchen.de
- Frauenhaus des Frauen helfen Frauen e. V.
☎ [089/645169](tel:089645169)
- Haus Hagar
☎ [089/74441222](tel:08974441222)
haushagar@guterhirte.de
- IN VIA e.V. "Haus TAHANAN"
☎ [089/54888950](tel:08954888950)

This text contains information on the following search terms:
help, housing, safety, marriage, domestic violence

Support in the event of homelessness

Support in the event of homelessness

Centralised assistance for homeless people of the City of Munich

We offer accommodation:

In a municipal emergency shelter, a boarding house or a lodging establishment or in a homeless assistance centre.

Which type of accommodation is suitable for you depends on your personal situation. If certain requirements are met and a place is available, you can also be placed in a [women's shelter](#) or a clearing house.

We will advise and support you:

In the shelters, we support you in finding suitable permanent accommodation. We can also advise you on many other problems. For example, on the following topics:

- Conflicts in the family and partnership
- Difficulties with parenting
- Life crises
- Problems in old age
- Illness

We provide help with parenting, debt counselling and voluntary benefits. We provide homework supervision, leisure activities and counselling for parents in family shelters.

We provide financial assistance:

If you fulfil the legal requirements, you will receive financial assistance:

- Bürgergeld (SGB II) or
- Grundsicherung (SGB XII)

The Munich Job Centre provides support and assistance to help you find your way back into the world of work. The Munich Job Centre's Market and Integration department advises and places employable people on an individual basis.

If you need more than one form of assistance, the staff will coordinate with you as a team with your consent.

 [Find out more](#)

Who for: For people with a stable residence status (no tolerated stay / residence permit).


Amt für Wohnen und Migration


Abteilung Wohnungslosenhilfe und Prävention

Franziskanerstraße 8

81669 München

@zentralewohnungslosenhilfe.soz@muenchen.de

 [089/23340105](tel:089/23340105)

 Infothek (rooms 003, 004, 005, 006 and 007 on the ground floor):

Monday 08:00 - 12:00 and 13:00 - 15:00

Tuesday 08:00 - 12:00 and 13:00 - 15:00

Wednesday 08:00 - 12:00 and 13:00 - 15:00

Thursday 08:00 - 12:00 and 13:00 - 15:00

Friday 08:00 - 12:00

 [Social centres](#) (for applications to ALG II and Grundsicherung)

Cold protection programme and summer overnight protection

Cold protection programme and summer overnight protection

Are you looking for emergency accommodation? There are safe places to stay for all homeless men, women and families. You can contact one of the contact points below. They will tell you where you can find a free place to sleep. You will also be given a ticket to travel there by public transport.

Who for: For all homeless people with regular residence in Munich or Germany.

Single people

If you are alone, you can contact the advice centre "Schiller 25". Here you can get a place to sleep and, if you wish, social counselling in various languages. For people from third countries outside the EU, accommodation options must be clarified individually.

Schiller 25

Schillerstraße 25

80336 München

[089/54594140](tel:08954594140)

schiller-25@hilfswerk-muenchen.de

Summer (1 May to 31 October)

Monday - Friday 09:00 - 12:00

Monday, Tuesday, Thursday 14:00 - 17:00

Saturday, Sunday and public holidays closed

Winter (1 November to 30 April)

Monday to Sunday 13:00 - 21:00

Families

If you are a family, you can contact the advice centre at FamAra. As well as being accepted for overnight accommodation, you can also receive social counselling and daily offers for your family here. For people from third countries outside the EU, accommodation options must be clarified individually.

FamAra

Rosenheimer Straße 125

81667 München

[089/45029639](tel:08945029639)

famara@hilfswerk-muenchen.de

[Website hours](#)

Monday to Friday 09:30 - 15:00

IMPORTANT: You can contact Schiller 25 on Saturday and Sunday.

Refugees, persons during the asylum procedure, persons with tolerated status

If you belong to this group, the BAMF (Federal Office for Migration and Refugees) is responsible for you. The following rule may apply: "Wohnsitznahme". This means that you are obliged to live in a centre for asylum seekers.

Further contact points

Bahnhofsmision München

The station mission helps with accommodation for people in need. There is someone there at all times. If you are in an emergency situation, you can stay here and fortify yourself with tea and sandwiches. There is also a night shelter for women. From 2020 there will also be a free toilet.

Bahnhofsmision München

Hauptbahnhof, Gleis 11

Bayerstraße 10

80335 München

☎ [089/594576](tel:089594576)

✉ @muenchen@bahnhofsmision.de

🌐 [Website](#)

🕒 Daily around the clock

Tea and bread available every day

from 08:00 - 09:30, 10:30 - 12:00, 14:00 - 15:30, 16:30 - 18:00, 19:30 - 21:00

Heilsarmee -Emergency sleeping places

A place to stay overnight for men in need. Someone is available at any time.

William-Booth-Zentrum

Steinerstraße 20

81369 München

[089/267149](tel:089267149)

muenchen@heilsarmee.de

Daily around the clock

Advice on electricity, water and heating consumption - how to save money!

Advice on electricity, water and heating consumption - how to save money!

Every household is different. An energy consultation will provide you with individual answers to your energy-related questions:

- How can I save electricity and energy?
- Is my energy consumption too high and how can I reduce it?
- Which windows are the right ones?
- What subsidies can I get?
- How can I avoid mould?

Counselling is free of charge. There are several options for counselling:

Energy advice from Stadtwerke München

The consultation takes place at your home. You will find out how you can save costs for electricity, water and heating. You will receive valuable tips on how you can reduce your consumption.

For whom:

- Holders of the [Munich Pass](#)
- Citizens (and their relatives) who receive one of the following benefits
 - Subsistence assistance or basic income support (SGB XII)
 - Citizen's allowance (SGB II)
 - Benefits according to the Asylum Seekers Benefits Act (AsylbLG)

- Housing benefit or supplementary child allowance
- People with a low income

Please make an appointment.

☎ [089/23612361](tel:08923612361) (📅 From Monday to Friday 09:00 - 12:30)

@Energieberatung@swm.de

🌐 [Website](#)

The energy-saving check: advice and financial support for the purchase of more efficient appliances

The consultation takes place in your home. You will be given tips on how you can save costs for electricity, water and heating in your household.

During a second visit, small energy-saving aids worth up to € 70.00 will be installed in your home free of charge. These can be, for example, shower heads that save water or energy-saving light bulbs.

We also check your appliances, for example how much electricity your fridge uses. If it turns out that your fridge, for example, is using a lot of electricity, you can get up to €600 towards the purchase of a new appliance. In some cases, it is also possible to replace up to two large household appliances free of charge (🌐 "[Weiße Ware](#)").

Who for: For all low-income households in the city and district of Munich.

☎ [089/67820270](tel:08967820270)

@stromspar-check@caritasmuenchen.org

🌐 [Website](#)

House regulations

House regulations

House regulations list specific rules about living together with others. They apply to all people living in group accommodation or an apartment. The most important ones are:

Noise: Everyone living in the building is responsible for keeping noise levels as low as possible. You must take special care from 12:00 to 15:00 and from 22:00 to 07:00: These are known as the quiet times.

Ventilation: You should open the windows frequently to let in fresh air. This prevents mould from developing.