

Table of Contents

Emergencies – SOS	2
Emergency numbers	2
Emergency medical services	2
Protection from violence	7
Paediatric emergency services	8
Medical on-call service	9
Emergency wards of the clinics	10
Further on-call services	10
Acute drug and addiction support	12
Dentist emergency numbers	12
Help for female offenders and released prisoners	13
Trauma first aid	14
JADWIGA - Help with human trafficking (forced prostitution, forced begging, labour exploitation) or forced marriage	14

Emergencies – SOS

Emergency numbers

Emergency call

Police: ☎ **110**

Fire brigade, rescue service: ☎ **112**

Ambulance, emergency doctor: ☎ **112**

The emergency numbers on mobile phones always work, even with a prepaid card without credit / money!

The emergency number may only be dialled in actual emergency situations. Misuse is punishable by up to two years in prison in accordance with § 145 Para. 1 No. 1 StGB.

Important information for an emergency call 112

- **Who is** calling (your name)?
- **Where** has something happened (address)?
- **What** has happened?
- **How** many injured or sick people are there?
- **What kind** of illnesses or injuries are there?
- **Wait** for further questions!

Remain calm. Speak slowly and clearly so that you can be better understood. Do not end the call. The emergency call centre or the police will end the call when all the important information has been transmitted.

Emergency medical services

Emergency medical services

Rescue service in case of danger to life

☎ [112](#)

The emergency number may only be dialled in emergency situations. Misuse can result in up to two years in prison.

Medical on-call service

☎ [116117](#)

Free hotline for illnesses that are not life-threatening.
Outpatient medical assistance is available outside office hours.
We will put you through to an on-call service in your area.

-  Monday 18:00 - Tuesday 08:00
-  Tuesday 18:00 - Wednesday 08:00
-  Wednesday 13:00 - Thursday 08:00
-  Thursday 18:00 - Friday 08:00
-  Friday 13:00 - Monday 08:00

On the evening before a public holiday from 18:00 - 08:00 on the following working day (also on Shrove Tuesday, 24 and 31 December)


Emergency wards of the clinics

Chirurgische Klinik und Poliklinik - City centre

Ambulanz und Notaufnahme

Nußbaumstraße 20

80336 München

 [089/440052611](tel:089440052611)

 24 h

Klinikum Bogenhausen

Präklinik - Interdisziplinäre Notaufnahme

Englschalkinger Straße 77

81925 München

 [089/92702151](tel:08992702151)

 24 h

Klinikum Harlaching

Notfallversorgung für Erwachsene

Zentrale Notaufnahme (ZNA)

Sanatoriumsplatz 2

81545 München

 [089/62106666](tel:08962106666)


Klinikum Neuperlach

Zentrale Notaufnahme (ZNA) - Chirurgie

Haus A, Ebene 1

Oskar-Maria-Graf-Ring 51

81737 München

 [089/67942558](tel:08967942558)

Klinikum Neuperlach

Zentrale Notaufnahme (ZNA)

Haus A, Ebene 1


Oskar-Maria-Graf-Ring 51

81737 München

Internal Emergency Department - Internal Medicine (Ward 12)

 [089/67942572](tel:08967942572)

Klinikum Schwabing

 24 hours a day

Kölner Platz 1

80804 München

House 5, ground floor

Access via gate 1 (Isoldenstraße)

Central Emergency Department: ☎ [089/30680](tel:08930680)

Central Emergency Department - Surgery: ☎ [089/30682600](tel:08930682600)

Central Emergency Department - Internal Medicine: ☎ [089/30682210](tel:08930682210)

Klinikum Dritter Orden

Emergency room

Menzinger Straße 44

80638 München

☎ [089/17951450](tel:08917951450)

Further on-call services

Emergency call for poisoning

☎ [089/19240](tel:08919240)

🕒 24 hours a day

Emergency telephone for the deaf

(text telephone)

☎ [089/19294](tel:08919294)

Emergency fax for the deaf

112

Klinikum Schwabing - On-call practice

Kölner Platz 1

80804 München

☎ [089/33040302](tel:08933040302)

🕒 From Monday to Friday 19:00 - 22:00

🕒 On Saturday, Sunday and public holidays 09:00 - 19:00

Bereitschaftspraxis Elisenhof - Emergency service

Medical on-call service of the general practitioners in Munich

Prielmayerstraße 3

80335 München

☎ [116117](tel:116117)

🕒 On Monday, Tuesday and Thursday 19:00 - 23:00

🕒 On Wednesday and Friday 14:00 - 23:00

🕒 On Saturday, Sunday and public holidays 08:00 - 23:00

KVB München Süd

Ärztliche Bereitschaftspraxis

Boschetsrieder Straße 72

81379 München

☎ [089/74879999](tel:08974879999)

🕒 On Wednesday and Friday 18:00 - 20:00

🕒 On Saturday, Sunday and public holidays 09:00 - 20:00


Krankenhaus Neuperlach


Bereitschaftspraxis München Süd-Ost


Oskar-Maria-Graf-Ring 51

81737 München

 [089/67339933](tel:089/67339933)

 From Monday to Thursday 19:00 - 21:00

 On Friday 17:00 - 21:00

 On Saturday, Sunday and public holidays 09:00 - 21:00


 On 24 and 31 December 09:00 - 16:00


[Klinikum Pasing](#)


Medical on-call practice Munich West

Steinerweg 5


81241 München


 [089/88922607](tel:089/88922607), [089/88922608](tel:089/88922608)


 On Wednesday and Friday 16:00 - 20:00

 On Saturday, Sunday and public holidays 09:00 - 17:00

Immediate help for mental crises and psychiatric emergencies

 [0800/6553000](tel:0800/6553000)

 more than 120 languages. The list of available languages can be found [here](#).


 Daily 09:00 - 24:00


The call is free of charge.

Acute drug and addiction help

Telephone hotline for people at risk of addiction - TAL 19 e.V.

Addiction hotline

 [089/282822](tel:089/282822)

 24 hours a day

[Addiction counselling of the city of Munich](#)

Health department


Counselling centre


Paul-Heyse-Straße 20


80336 München

 [089/23347200](tel:089/23347200)


@suchtberatung.gsr@muenchen.de


 On Monday, Tuesday, Thursday and Friday 09:00 - 12:00

 From Monday to Thursday 13:00 - 17:00

 On Friday 13:00 - 15:00

Open consultation hours without prior appointment:


 On Tuesday 15:00 - 17:00


 On Friday 10:00 - 12:00

Drug emergency service L43 München - Prop e. V.

Landwehrstraße 43

80336 München


 [089/54908630](tel:089/54908630)


 24 hours a day

Dentist emergency numbers

Referral to an open on-call practice

Announcement service

 [089/7233093](tel:089/7233093)

 24 hours a day

Transfer to an open on-call practice, all health insurance companies

 [089/30005515](tel:089/30005515)

Location search of the dental emergency service

 [Online search](#)

Paediatric emergency services

There is a separate emergency service for children and newborns. The telephone number is the same as for the emergency services:

 **Paediatric emergency doctor:** [112](tel:112)


 **Newborn emergency doctor:** [112](tel:112)

[Bereitschaftspraxis im Elisenhof](#)


Munich city centre emergency service (at the main station)


Prielmayerstraße 3

80335 München

 [116117](tel:116117)

 On Monday, Tuesday and Thursday 19:00 - 23:00

 On Wednesday 14:00 - 23:00 and Friday 14:00 - 23:00


 On Saturday, Sunday and public holidays 08:00 - 23:00

[Klinikum Dritter Orden](#)

Paediatric clinic - emergency room

Franz-Schrank-Straße 8

80638 München


 [089/17951187](tel:089/17951187)


[Kinderklinik im Dr. von Hauner'schen Kinderspital](#)

Emergency room

Lindwurmstraße 4

80337 München


 [089/440052811](tel:089/440052811)


 From Monday to Friday 09:00 - 16:00

[Paediatric Department Hospital Harlaching](#)

Sanatoriumsplatz 2

81545 München

 [089/62102717](tel:089/62102717)

 On Saturday, Sunday and public holidays 09:00 - 20:00

Emergencies are also treated during the rest of the day.

[Klinikum Schwabing](#)


Paediatric and adolescent medicine emergency department

Kölner Platz 1

80804 München

Access: Parzivalstraße 16

 [089/30682589](tel:089/30682589)

 24 hours a day

We have carefully checked the information on this page. Nevertheless, we cannot guarantee that the information is correct.


Protection from violence

Protection from violence

Women and girls in need

"Violence against women" helpline

Free and anonymous counselling service by phone, chat or email for women who are experiencing or have experienced violence.

 Counselling in 18 different languages and sign language

 [Find out more](#)

 [08000116016](tel:08000116016)

 24 h


Women's shelters - anonymous accommodation

There are several women's shelters in Munich for women affected by intimate partner violence. Women and their children can find protection there. They also receive counselling and support to help them overcome the situation. They can stay there for as long as they need protection and intensive, specialised counselling.

Who for: Women and their children who are looking for a safe place due to domestic violence

To ensure anonymity, the addresses of the women's shelters are not published. It is possible to contact them by telephone:

- **Women's refuge of Frauenhilfe München gGmbH**

 [089/354830](tel:089/354830)

 www.frauenhilfe-muenchen.de

- **Women's refuge of Frauen helfen Frauen e. V.**

 [089/645169](tel:089/645169)


This text contains information on the following search terms:



Help, Housing, Safety, Marriage

Children and young people in need

Child and youth helpline of the German Child Protection Association

Counselling and support for children and young people with questions and problems of all kinds, anonymously if desired.

 [Find out more / Online counselling](#)

 [0800/1110333](#) (free of charge)
"Young people advise young people"
 Monday to Friday 14:00 - 20:00
Saturday 14:00 - 20:00

Further emergency contacts and advice centres can be found here: "" [Asylum procedure - counselling and help](#); "" [Counselling and help / Integration](#); "" [Counselling and help / General](#)

Paediatric emergency services

Paediatric emergency services

There is a separate emergency service for children and newborns. The emergency number is the same as for other acute emergencies:

 **Emergency doctor for children:** [112](#)

 **Emergency doctor for newborns:** [112](#)

Emergency rooms should only be visited if there really is an acute emergency. For example, in the event of a "serious and life-threatening illness" or an accident.

If there is an illness but no acute emergency and regular doctors' surgeries are closed, contact the medical on-call service. This service provides medical care outside the normal opening hours of doctors' surgeries. For example, at night, at weekends and on public holidays. They will tell you where you can take your child or whether a doctor will come to your home.


 [116117](#)


 **[Bereitschaftspraxis im Elisenhof](#)**

Notdienst München-Zentrum

Prielmayerstraße 3

80335 München

 [116117](#)

 Monday 19:00 - 23:00

Tuesday 19:00 - 23:00

Wednesday 14:00 - 23:00

Thursday 19:00 - 23:00

Friday 14:00 - 23:00


Saturday, Sunday, public holiday 08:00 - 23:00

Kinderabteilung Krankenhaus Harlaching

Sanatoriumsplatz 2

81545 München


 [089/62102717](#)

 On-call practice:
Saturday, Sunday, public holiday 09:00 - 20:00
Outpatient clinic for emergencies: 24 h

Klinikum Schwabing


Klinik und Poliklinik für Kinder- und Jugendmedizin der Technischen Universität München
Kölner Platz 1 (Zugang: Parzivalstraße 16)
80804 München

 [089/30682589](tel:08930682589)

 On-call practice:
Saturday, Sunday, public holiday 09:00 - 20:00
Outpatient clinic for emergencies: 24 h

Klinikum Dritter Orden

Kinderklinik
Notaufnahme
Franz-Schrank-Straße 8
80638 München

 [089/17951187](tel:08917951187)

 24 h

Kinderklinik im Dr. von Hauner'schen Kinderspital

Notaufnahme
Lindwurmstraße 4
80337 München


 [089/440052811](tel:089440052811)

 24 h


Medical on-call service


Medical on-call service


Medical assistance at night, at weekends and on public holidays


 [116117](tel:116117)


The telephone number is valid for the whole of Germany. It is a hotline for non-life-threatening illnesses and outpatient medical assistance outside office hours. We can help you find a doctor's surgery near you that is open. Or we can support you if you need a doctor to come to your home.


 Monday 18:00 - Tuesday 08:00

 Tuesday 18:00 - Wednesday 08:00

 Wednesday 13:00 - Thursday 08:00

 Thursday 18:00 - Friday 08:00

 Friday 13:00 - Monday 08:00

 The evening before a public holiday 18:00 - the following working day 08:00 (including Shrove Tuesday, 24 and 31 December)

The service is free of charge.

 [Website](#)

Emergency wards of the clinics

Emergency wards at the hospitals

The hospital emergency departments are open around the clock. They provide help for people who have a serious and life-threatening illness or who have had an accident. For example

- Stroke
- heart attack
- Injury due to an accident
- Injury to the head
- Poisoning

In all other cases, [doctors' surgeries](#) or the [on-call services](#) are responsible.

If you are very ill, in severe pain or injured and unable to walk, call the ambulance / emergency doctor: ☎ [112](#)

[Chirurgische Klinik und Poliklinik](#)

📍 Nußbaumstraße 20, 80336 München

☎ [089/440052611](#)

🕒 24 h

[Klinikum Bogenhausen](#)

📍 Engelschalkinger Straße 77, 81925 München

☎ [089/92702151](#)

🕒 24 h

[Klinikum Harlaching](#)

📍 Sanatoriumsplatz 2, 81545 München

☎ [089/62106666](#)

[Klinikum Neuperlach](#)

📍 Oskar-Maria-Graf-Ring 51, 81737 München

☎ [089/67942558](#) (Surgery)

☎ [089/67942572](#) (Internal Medicine)

[Klinikum Schwabing](#)

📍 Kölner Platz 1, 80804 München

House 5, ground floor

Directions via: Tor 1, Isoldenstraße

☎ [089/30680](#) (switchboard)

☎ [089/30682600](#) (Surgery)

☎ [089/30682210](#) (Internal Medicine)

🕒 24 h

[Klinikum Dritter Orden](#)


📍 Menzinger Straße 44, 80638 München

☎ [089/17951450](#)

Further on-call services

Further on-call services


Poison control centre Munich

 [089/19240](tel:08919240)

 24 h

Deaf telephone emergency call

(text telephone)

 [089/19294](tel:08919294)


Emergency fax for the deaf

 112

[Schwabing Hospital](#) - On-call practice

Kölner Platz 1

80804 Munich

 [089/33040302](tel:08933040302)

 Monday to Friday 19:00 - 22:00


Saturday, Sunday, public holiday 9:00 - 19:00


[On-call practice Elisenhof](#)

Medical on-call service of the general practitioners in Munich

Prielmayerstraße 3

80335 Munich

 [116117](tel:116117)

 Monday 19:00 - 23:00

Tuesday 19:00 - 23:00

Wednesday 14:00 - 23:00

Thursday 19:00 - 23:00

Friday 14:00 - 23:00


Saturday, Sunday, public holiday 08:00 - 23:00

[KVB Munich South](#)

Medical on-call practice

Boschetsrieder Street 72

81379 Munich

 [089/74879999](tel:08974879999)

 Wednesday and Friday 18:00 - 20:00


Saturday, Sunday, public holiday 09:00 - 20:00

[Neuperlach Hospital](#)

On-call practice Munich South-East

Oskar-Maria-Graf-Ring 51

81737 Munich

 [089/67339933](tel:08967339933)

 Monday to Thursday 19:00 - 21:00



Friday 17:00 - 21:00

Saturday, Sunday, public holidays 09:00 - 21:00

24 and 31 December 09:00 - 16:00

[Pasing Hospital](#)

Medical on-call practice Munich West

Steinerweg 5
81241 Munich
 [089/88922607](tel:089/88922607), [089/88922608](tel:089/88922608)
 Wednesday, Friday 16:00 - 20:00
Saturday, Sunday, public holiday 09:00 - 17:00

Acute drug and addiction support

Acute drug and addiction counselling

Counselling is anonymous and free of charge.

Telephone hotline for people at risk of addiction - TAL 19 e. V.

Addiction hotline

 [089/282822](tel:089/282822)

 24 h

Drug emergency service L43 Munich - Prop e. V. (with emergency sleeping centre)

Landwehrstraße 43

80336 München

 [089/54908630](tel:089/54908630)

 [Website](#)

 24 h

[Addiction counselling centre of the city of Munich](#)


Health department


Counselling centre


Paul-Heyse-Straße 20


80336 München

 [website](#)


 Monday, Tuesday, Thursday: 09.00 - 12.00 and 13.00 - 17.00

 Wednesday: 13.00 - 17.00 hrs

 Friday: 09.00 - 12.00 and 13.00 - 15.00

 [089/23347200](tel:089/23347200)

 [@suchtberatung.gsr@muenchen.de](mailto:suchtberatung.gsr@muenchen.de)

 Interpreters are available by appointment.

Dentist emergency numbers

Dentist emergency numbers

Do you have a toothache? Then contact a dental practice.

Most dentists are closed at weekends and on public holidays. If you have unexpectedly severe pain on these days, you can go to an emergency dental service. This is for very urgent cases:

You can reach an emergency service around the clock on this telephone number:

 [089/30005515](tel:089/30005515)

 24 h

On weekends, public holidays and bridging days, you can find an open practice near you here. Enter your postcode in the search field:

■ [Online search](#)

Help for female offenders and released prisoners

Help for female offenders and released prisoners

Have you received a fine? You can't pay? Do you have to do community work as a condition of parole? Do the authorities want to arrest you? Do you have to go to prison soon?

Please contact us. We provide counselling if you have to pay a fine, are on probation, need to do community work as well as before and after you have to go to prison.

The sooner you come to us, the better we can help you! We offer counselling to women by women in a safe environment.

The [Sozialdienst katholischer Frauen München e.V.](#) (SkF) is a women's association in the Catholic Church. The SkF provides counselling and care whatever your religion or nationality.

Who's it for: Women from 21 years of age who have been sentenced to pay a fine or have to do legally ordered work requirements.

Counselling

- before the prison sentence
- in the JVA München and JVA Aichach (Munich and Aichach prisons)
- as preparation for release
- Help after release

■ Interpreters are available for the languages English, Bulgarian and Russian.

You can bring your children with you.

Barrier-free access to buildings and rooms as well as a disabled toilet.

The service is free.

Sozialdienst katholischer Frauen München e.V.

Dachauerstr. 48

80335 Munich

www.skf-muenchen.de

Advice centre for voluntary work and money management:

■ [089/55981249](tel:08955981249)

■ p.schmalenbach@skf-muenchen.de

■ 8:00 - 17:00

Advice before, during and after prison:

■ [089/559810](tel:089559810)

■ straffaelligenhilfe@skf-muenchen.de

■ 8:00 - 17:00

For the relatives of offenders, we offer [online counselling](#).

**This text contains information about the following search terms:
Programmes for women, prison, sentence, prison sentence, fine**


Trauma first aid

Trauma help

Flight and migration due to war and displacement put people in unbearable situations. Many suffer from the consequences for the rest of their lives. However, the majority of traumatised people only receive therapeutic help at a late stage. This is where our trauma help comes in. We support you in learning to live with the consequences of trauma.

Our trauma help is based on easy-to-understand exercises with the body and simple cognitive methods to strengthen your resources.

You can find more information and registration on our  [website](#), check it out!

1. Do you know someone or need help yourself after a trauma? Contact  [here](#).
2. We will find a suitable trauma first aider for you as soon as possible. Also in your native language.
3. The first aider will contact you in person or online. The aim is to reduce individual symptoms and improve psychological resilience.

Who for: Third-country nationals, refugees or people with subsidiary protection or permission.

The programme is free of charge.


 Interpreters are available for Arabic, Farsi, French, English, Russian, Ukrainian and Urdu.

Children can be brought along.


The assignments take place in our office, at your home or online. There is barrier-free access to the buildings and rooms.

Ringseisstraße 11a

80337 München

 [089/55871688](tel:08955871688)

 @traumahilfe@arrivalaid.org

 Monday to Friday 09.00 - 16:00

This text contains information on the following search terms:

First aid, trauma help, trauma training, psychological help, psychological support, escape, traumatised, volunteering

JADWIGA - Help with human trafficking (forced prostitution, forced begging, labour exploitation) or forced marriage

Specialist counselling centre JADWIGA

We support women

- who are forced to work as prostitutes.

- who are forced to steal, sell drugs or cheat.
- who are not paid for their work.
- who are forced to beg.
- who are forced to marry.
- who are affected by illegal adoption.
- who are forced into surrogacy.

We provide counselling and help in a crisis situation. It is also possible to find sheltered accommodation or to help you if you want to return to your home country.

We can also come to you. We can also visit you in prison.

■ Albanian, Arabic, Bulgarian, English, Romanian, Hungarian, French and Ukrainian

Who for: Women and girls of all nationalities.

The programme is free of charge.

Children can be brought along.

■ Schwanthalerstr. 79, 80336 München

■ [089/38534455](tel:08938534455)

■ muenchen@jadwiga-online.de

■ 9:00 - 15:00

■ [Website](#)