

Table of Contents

Advice and Help / Integration	2
Counselling on German courses, school, work, training (IBZ - Sprache und Beruf)	2
Migration counselling for adults (MBE)	3
Migration counselling for young people	9
FamAra - Migration counselling for families without a home	12
Migration counselling for people from Romania and Bulgaria	13

Advice and Help / Integration

Counselling on German courses, school, work, training (IBZ - Sprache und Beruf)

Advice on German courses, school, work, training (IBZ - Sprache und Beruf)

Do you have questions about learning German, school or work? Do you need support and guidance for your education and career? We will inform and advise you. We will discuss your educational path together and support you:

- German course / integration course: We will help you find the right course and tell you when and where the course will take place. We will find out whether the costs of the course can be covered.
- School: We support you in your search for a suitable school.
- Training: We will advise you on the various training options available.
- Vocational qualification programmes: We provide you with information about further vocational training.
- Work: We support you in your job search.
- Internship: We support you in finding an internship.
- Career or studies from your country of origin: We provide advice on the recognition of foreign school-leaving qualifications and the first steps towards recognition of professional and academic qualifications.
- Search for other advice centres: We are well networked and know the right people to contact.

Who for: For people with migration or refugee experience aged 16 and over.

The programme is free of charge.

Children can be brought along.

📍 Office for Housing and Migration

🌐 Arabic, Farsi, Dari, Kurdish (Sorani), Uyghur, Bassa, Duala, Swahili, Romanian, Russian, Ukrainian, Chinese, Portuguese, Italian, Spanish, English, French, Catalan, Turkish, Dutch

If you make an appointment, we can organise interpreters for other languages. You can also come to the open consultation hours without an appointment. These are:

🕒 Monday and Wednesday 09:30 - 12:30

🕒 Thursday 13:30 - 16:30

There is barrier-free access to the building and the rooms. There is a disabled toilet.

Landeshauptstadt München
Amt für Wohnen und Migration

Franziskanerstraße 8

81669 München

☎ [089/23340622](tel:08923340622)

@ ibz-sprache.soz@muenchen.de



📍 JiBB

Counselling at [JiBB](#) is aimed at young people aged 16 to 25.

☎ We can also organise interpreters.

🕒 Monday to Friday 09:00 - 12:00

There is barrier-free access to the building and the rooms. There is a disabled toilet.

JiBB

Kapuzinerstraße 30

80337 München

The entrance is located at Kapuzinerstraße 26.

✉ [@ibz-sprache.soz@muenchen.de](mailto:ibz-sprache.soz@muenchen.de)

📍 Bellevue di Monaco

You don't need to register, just drop by:

🕒 Wednesday 16:00 - 18:00

There is barrier-free access to the building and the rooms. There is a disabled toilet.

Bellevue di Monaco

Müllerstraße 6

80469 München

☎ [089/23340622](tel:08923340622)

✉ [@ibz-sprache.soz@muenchen.de](mailto:ibz-sprache.soz@muenchen.de)

🌐 [Website](#)

**This text contains information on the following terms:
labour market integration, job, employment, schooling**

Migration counselling for adults (MBE)

Migration counselling for adults (MBE)

Have you only recently arrived in Germany?

Do you need help with orientation?

Have you been here for some time but still feel unsure and unfamiliar?

Are you 27 years old or older?

Then you've come to the right place.

The **Migration Counselling Service for Adult Immigrants (MBE)** accompanies, informs and supports migrants as they settle into their new living environment:

- If you are looking for a [vocational German course](#).

- If you are looking for an integration course.
- If you have questions about school, training, work or career.
- If you don't understand letters. For example, from the job centre or the immigration office.
- If you need to make an appointment with an authority.
- If you have questions about your right of residence
- If you have health problems.
- If you have questions about mobility (e.g. driving licence)
- If you have questions about housing (not looking for accommodation)
- If you have questions about social participation, e.g. sports and leisure activities

🗣️ We can advise you in German and many other languages.

Who for: For migrants aged 27 and over

The service is free of charge.

Personal information is treated confidentially. Support is provided regardless of your origin, religion or nationality.

There are many places in Munich that offer migration counselling. You can decide for yourself where you would like to go. On the website migmuenchen.de you will find all locations, opening hours and contact details. You will also find information on the languages in which counselling is available.

Here you can find the counselling centres in the different regions of Munich:

Counselling in the centre of Munich

Counselling services of the Munich Workers' Welfare Association (AWO)

🔗 [Find out more](#)

There is barrier-free access to the building and the rooms. There is a disabled toilet.

📍 Goethestraße 53, 80336 München

Please make an appointment:

☎️ [089/54424715](tel:08954424715)

☎️ [0170/5467225](tel:01705467225)

@ infothek@awo-muenchen.de

🕒 Monday to Friday 10:00 - 12:00 and 13:00 - 14:00.

Bavarian Red Cross - Munich District Association

🔗 [Find out more](#)

There is barrier-free access to the building and the rooms. There is a disabled toilet.

📍 Goethestraße 53, 80336 München

Please make an appointment:

☎️ [089/23737420](tel:08923737420) (room 108)

☎️ [089/23737422](tel:08923737422) (Room 102)

☎️ [089/23737423](tel:08923737423) (Room 010)

@ mbe@brk-muenchen.de

Bund der Vertriebenen, Vereinigte Landsmannschaften, Landesverband Bayern e. V.[!\[\]\(bd1a142de767a21e5362c595f844a4ff_img.jpg\) Find out more](#)

There is barrier-free access to the building and the rooms.

Please make an appointment:

 Am Lilienberg 5, 81669 München

 [089/44140379](tel:08944140379), [089/481447](tel:089481447)

[@info@bdv-bayern.de](mailto:info@bdv-bayern.de)

[@migrationsberatung@bdv-bayern.de](mailto:migrationsberatung@bdv-bayern.de)

Condrobs e. V.

 Corneliusstraße 2, 80469 München

Make an appointment:

 [089/716717780](tel:089716717780)

 [0176/13410313](tel:017613410313)

 [0176/13410102](tel:017613410102)

[@migrationsberatung@condrobs.de](mailto:migrationsberatung@condrobs.de)

Caritas Association of the Archdiocese of Munich and Freising e. V.[!\[\]\(4436e6b00b9d5e62c2a161129eb3e4d0_img.jpg\) Learn more](#)

 Schrenkstraße 3, 80339 München

Arrange an appointment:

 [089/50035517](tel:08950035517), [-31](tel:08950035517), [-14](tel:08950035517)

[@migrationsberatung@caritasmuenchen.org](mailto:migrationsberatung@caritasmuenchen.org)

 Open consultation hours on Thursday 09:00 - 11:00.

Diakonie München und Oberbayern -**Innere Mission München e.V.**[!\[\]\(008bfeb2de157dcb66edb3a8218c280e_img.jpg\) Find out more](#)

There is barrier-free access to the building and the rooms.

 Goethestraße 53, 80336 München

1st floor

Please make an appointment:

 [089/550576718](tel:089550576718), [-21](tel:089550576718), [-16](tel:089550576718), [-14](tel:089550576718), [-24](tel:089550576718)

[@migrationsdienste@diakonie-muc-obb.de](mailto:migrationsdienste@diakonie-muc-obb.de)

Diakonie München und Oberbayern -**Innere Mission München e.V.**[!\[\]\(5811ff6ecb69b7c4e60dd9849cbc46ae_img.jpg\) Find out more](#)

 Seidlstraße 4, 80335 München

5th floor

Make an appointment:

 [089/540456160](tel:089540456160), [-66](tel:089540456160), [-62](tel:089540456160), [-63](tel:089540456160)

[@migrationsdienste@diakonie-muc-obb.de](mailto:migrationsdienste@diakonie-muc-obb.de)

IN VIA Munich e.V.[!\[\]\(b3b822066163ecef5026441e33d9848e_img.jpg\) Find out more](#)

There is barrier-free access to the building and the rooms. There is a disabled toilet.

 Goethestraße 12, 80336 München

3rd floor

Please make an appointment:

☎ [089/54888950](tel:08954888950)

@ mb@invia-muenchen.de

🕒 Open consultation hours on Wednesday 09:30 - 11:00.

Israelitische Kultusgemeinde München und Oberbayern

Social Department

There is barrier-free access to the building and the rooms. There is a disabled toilet.

📍 Sankt-Jakobs-Platz 18, 80331 München

Please make an appointment:

☎ [089/202400275](tel:089202400275)

@ mbe@ikg-m.de

Hilfe von Mensch zu Mensch e. V.

🔍 [Find out more](#)

There is barrier-free access to the building and the rooms.

📍 Marsstraße 25, 80335 München

Please make an appointment:

☎ [089/189179860](tel:089189179860)

☎ [0157/34620276](tel:015734620276)

@ mbe.muenchen@hvmzm.de

🕒 Open consultation hours from Monday to Friday 09:00 - 16:00.

REFUGIO Munich

There is barrier-free access to the building and the rooms.

📍 Rosenheimerstraße 38, 81669 München

Please make an appointment:

☎ [089/98295725](tel:08998295725)

@ mbe@refugio-muenchen.de

hpkj e. V.

🔍 [Find out more](#)

There is barrier-free access to the building and the rooms. There is a disabled toilet.

📍 Müllerstraße 6, 80469 München

Please make an appointment:

☎ [017610491166](tel:017610491166) or [017610491165](tel:017610491165)

☎ [089/218965757](tel:089218965757)

@ migrationsberatung@hpkj-ev.de

🕒 Open consultation hours on Monday 10:00 - 12:00 and on Tuesday 16:00 - 18:00 and on Thursday 10:00 - 12:00.

Zukunft Hoffnung e. V.

🔍 [Find out more](#)

There is barrier-free access to the building and the rooms.

📍 Dachauer Straße 14, 80335 München

Please make an appointment:

☎ [089/55077482](tel:08955077482)

@mbe@zukunfthoffnung.de

 Open consultation hours on Tuesday 09:00 - 12:00.

Counselling in the north of Munich

Caritas Association of the Archdiocese of Munich and Freising e. V.

 [Find out more](#)

There is barrier-free access to the building and the rooms. There is a disabled toilet.

 Hildegard-von-Bingen-Anger 1-3, 80937 München

Please make an appointment:

 [089/31606310](tel:089/31606310)

@migrationsberatung@caritasmuenchen.org

 Open consultation hours on Tuesday 09:00 - 12:00.

Kinderschutz e. V.

 [Find out more](#)

 Heidemannstraße 25-27, 80939 München

Make an appointment:

 [089/2317167920](tel:089/2317167920)

 [089/2317167952](tel:089/2317167952)

 [089/2317167953](tel:089/2317167953)

@mbe@kinderschutz.de

 Open consultation hours on Wednesday 10:00 - 12:00 and on Thursday 13:30 - 15:30.

Counselling in the east of Munich

Caritas Association of the Archdiocese of Munich and Freising e. V.

 [Find out more](#)

 Platz der Menschenrechte 2, 81829 München

Make an appointment:

 [089/43737886](tel:089/43737886)

@migrationsberatung@caritasmuenchen.org

Malteser Hilfsdienst e. V.

 Streitfeldstraße 1, 81673 München

Arrange an appointment:

 [089/43608552](tel:089/43608552)

 [089/43608553](tel:089/43608553)

 [089/43608554](tel:089/43608554)

 [089/43608555](tel:089/43608555)

@dalia.ferreirabischof@malteser.org

@migrationsberatung.muenchen@malteser.org

Open consultation hours on Monday 09:00 - 12:30 and on Tuesday 09:30 - 12:30 and on Wednesday 14:00 - 17:30.

Counselling in the south of Munich

Bavarian Red Cross - Munich District Association

 [Find out more](#)

There is barrier-free access to the building and the rooms.

 Perchtinger Straße 5, 81379 München

Please make an appointment:

 [089/2373242](tel:0892373242)

 Mohammad.Salari@brk-muenchen.de

 [089/890886011](tel:089890886011)

 hristine.mueller@brk-muenchen.de

Bavarian Red Cross - Munich District Association

 [Find out more](#)

 Boschetsrieder Straße 67, 81379 München

Rear building, 2nd floor

Make an appointment:

 [089/309040631](tel:089309040631), [089/309040632](tel:089309040632)

 julietta.baghdasaryan@brk-muenchen.de

 Open consultation hours on Monday 10:00 - 13:00 and on Thursday 14:00 - 17:00.

Diakonie München und Oberbayern - Innere Mission München e.V.

 [Find out more](#)

 Plecherstraße 6, 81541 München

Ground floor

Make an appointment:

 [089/62021626](tel:08962021626), [-23](tel:08962021623), [-24](tel:08962021624), [-20](tel:08962021620)

 migrationsdienste@diakonie-muc-obb.de

 migration-giesing@diakonie-muc-obb.de

Counselling in the west of Munich

Caritas Association of the Archdiocese of Munich and Freising e.V.

 [Find out more](#)

There is barrier-free access to the building and the rooms.

 Arnulfstraße 83, 80634 München

Please make an appointment:

 [089/724499200](tel:089724499200)

 migrationsberatung@caritasmuenchen.org

 Open consultation hours on Tuesday, Wednesday and Friday 09:30 - 12:30.

Caritas Association of the Archdiocese of Munich and Freising e. V.

 [Find out more](#)

There is barrier-free access to the building and the rooms.

 Haidelweg 48, 81241 München

Please make an appointment:

☎ [089/537951](tel:089537951)
☎ [089/54343172](tel:08954343172)
☎ [089/82992026](tel:08982992026)
✉ @migrationsberatung@caritasmuenchen.org

Gesellschaftspolitische Projekte e. V.

🔗 [Find out more](#)

There is barrier-free access to the building and the rooms. There is a disabled toilet.

Please make an appointment:

📍 Rotkreuzplatz 2a, 80634 München

☎ [089/5438149](tel:0895438149)

✉ @d.zander@gpp-ev.de

✉ @mbe@gpp-ev.de

Specialist service for older migrants

Diakonie München und Oberbayern - Innere Mission München e.V.

🔗 [Find out more](#)

📍 Plecherstraße 6, 81541 München

Ground floor

Make an appointment:

☎ [089/62021622](tel:08962021622)

✉ @migrationsdienste@diakonie-muc-obb.de

✉ @fd-aeltere@diakonie-muc-obb.de

This text contains information on the following search terms:

German, language course, finances, contact with authorities, family, housing

Migration counselling for young people

Migration counselling for young people - Youth migration services (JMD)

Have you only recently arrived in Germany?

Do you need help finding your way around Germany?

Have you been here for a while but still feel unsure and unfamiliar?

Do you need guidance and help and are you under 27 years old?

Then the **Youth Migration Service** is the right place for you.

The Youth Migration Service helps young people to find their feet in their new home. You will receive expert advice, support, practical help and educational programmes.

Come to the Youth Migration Service with your questions on the following topics:

- German language courses / integration courses
- Personal situation / social environment
- School / training / career
- Financial security
- housing

- Group programmes / leisure activities
- Parental counselling

🗣️ We offer counselling in German and many other languages.

Your personal information will be treated confidentially.

Support is provided regardless of your origin, religion and nationality.

Who for: For migrants under the age of 27.

The service is free of charge.

Aktiv für interkulturellen Austausch e. V. BzB

🗺️ [Find out more](#)

There is barrier-free access to the building and the rooms. There is a disabled toilet.

📍 Bad-Schachener-Str. 2a, 81671 München

Please make an appointment:

☎️ [089/189495711](tel:089189495711)

@ imd@aka-muenchen.de

🕒 Open consultation hours if you do not have an appointment: Friday 16:30 - 18:00

Beratungsdienste der Arbeiterwohlfahrt München (AWO)

🗺️ [Find out more](#)

There is barrier-free access to the building and the rooms. There is a disabled toilet.

📍 Goethestraße 53, 80336 München

Please make an appointment:

🕒 Monday to Friday 10:00 - 12:00 and 13:00 - 14:00

☎️ [089/54424715](tel:08954424715)

☎️ [0170/5467225](tel:01705467225)

@ infothek@awo-muenchen.de

Bayerisches Rotes Kreuz Kreisverband München

🗺️ [Learn more](#)

There is barrier-free access to the building and the rooms.

📍 Thalkirchnerstr. 106, 80337 München

Please make an appointment:

☎️ [01749605150](tel:01749605150)

@ Alexine.Zapf@brk-muenchen.de

@ JMD@brk-muenchen.de

IG - InitiativGruppe e. V. [Find out more](#) Karlstraße 44, 80333 München [089/54467129](tel:08954467129)**Diakonie München und Oberbayern - Innere Mission München e.V.** [Learn more](#) Seidlstr. 4, 80335 München

Please make an appointment:

 [089/540456123](tel:089540456123) or  [089/540456122](tel:089540456122) [@jugendmigrationsdienst@diakonie-muc-obb.de](mailto:jugendmigrationsdienst@diakonie-muc-obb.de)**Internationaler Bund Freier Träger der Jugend-, Sozial- und Bildungsarbeit e. V.** [Learn more](#) Lindwurmstraße 117, 80337 München

There is barrier-free access to the building and the rooms.

Please make an appointment:

 From Monday to Friday 09:00 - 16:00 [089/60087713](tel:08960087713),  [089/60087714](tel:08960087714),  [089/60087716](tel:08960087716),  [089/60087725](tel:08960087725) [@jmd-muenchen@internationaler-bund.de](mailto:jmd-muenchen@internationaler-bund.de)**IN VIA München e. V.****Catholic Association for Girls' and Women's Social Work, Migration Department** [Find out more](#)

There is barrier-free access to the building and the rooms. There is a disabled toilet.

 Goethestraße 12, 80336 München Consultation hours: Tuesday 15:00 - 17:00

Please make an appointment:

 [089/54888950](tel:08954888950) [@jmd@invia-muenchen.de](mailto:jmd@invia-muenchen.de)**Paritätischer Wohlfahrtsverband, Landesverband Bayern e. V., Kinderschutz e. V.** [Find out more](#)

📍 Heidemannstraße 25-27, 80939 München

📅 Open consultation hours if you do not have an appointment:

Wednesday 10:00 - 12:00

Thursday 13:30 - 15:30

Make an appointment under:

☎ [089/2317167920](tel:0892317167920)

@ jmd@kinderschutz.de

FamAra - Migration counselling for families without a home

FamAra - Migration counselling for families without a home

You have no home and are in a difficult life situation? We advise families with children under the age of 18 and pregnant women from the 7th month. We can advise you on the following topics:

- Housing
- Childcare
- work
- if you need a place to sleep
- if you need a postal address
- if you would like to return to your home country

Together we will develop a good perspective for your individual situation.

We also provide hot meals and laundry facilities.

🔍 [Find out more](#)

Who for: For families from an EU country or with a European residence permit. For families with [overnight protection](#). For pregnant women from the 7th month of pregnancy. For parents or guardians affected by homelessness and/or precarious housing conditions.

🗣 German, English, Spanish, Bulgarian, Romanian

The programme is free of charge.

Children can be brought along.

FamAra

Ohmstraße 3

80802 München

☎ [089/45029637](tel:08945029637)

@ famara@hilfswerk-muenchen.de

📅 Monday, Wednesday, Friday 09:00 - 12:00 and 13:00 - 16:00

📅 Tuesday, Thursday 11:00 - 12:00 and 13:00 - 16:00

**This text contains information for the following search terms:
bed, homeless**

Migration counselling for people from Romania and Bulgaria

Migration counselling for people from Romania and Bulgaria

As part of the "Education instead of begging" project, we can advise you on the following topics:

- We advise you if you need help
- We help you to stabilise your individual life situation
- Counselling and help with securing your livelihood
- We support you with school and childcare
- We help you to find a German course or integration course
- We inform you about offers of help in Munich
- We take a look at your career prospects
- We refer you to medical centres
- We help you with employment and if you have questions about social insurance
- Help with contacting the authorities

Counselling is individual. We discuss your situation together and find a good way forward.

Who for: People from Romania and Bulgaria

Children can be brought along.

There is barrier-free access to the building and the rooms.

The counselling service is free of charge.

Caritasverband der Erzdiözese München und Freising

Goethestraße 53

80336 München

☎Romanian:

☎[089/54343172](tel:08954343172)

@Ramona.Sisu@caritasmuenchen.org

☎Bulgarian:

☎[089/537951](tel:089537951)

@Nedialko.Kalinov@caritasmuenchen.org

You can make an appointment or come to the open consultation hours:

📍AWO München, Sonnenstraße 12a, 80331 München (1st floor)

📅Tuesday 09:00 - 12:00 (☎Romanian)

📅Monday 09:00 - 13:00 (☎Bulgarian)

🌐[Website](#)

**This text contains information on the following search terms:
vocational orientation**