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Children, adolescents, family

Protection of children and young people

Protection of children and young people

The care and upbringing of children is the natural right of parents.

However, children, young people and families in Germany enjoy special protection. This protection begins during pregnancy and continues until the child reaches the age of 18. In Germany, for example, it is forbidden to beat children and young people. Every child must go to school.

There are authorities that ensure that a child is not harmed by its environment - which can also be its own family. However, these authorities also advise, accompany and support families who need help.

In Munich, this task is fulfilled by the >> [social community centres](#). You can ask for support there. Which social community centre is responsible for you depends on your home address.

 [Your local social centre](#)

Refugee minors without parents

What happens at the Young Refugee Centre?

What happens at the Young Refugee Centre?

All young people who state that they are under 18 years old and have come to Munich without their parents will initially stay at the Young Refugee Centre for a short period of time.

Why do I need an initial registration / age assessment / medical examination?

In order to stay in Germany legally, you must first register with us. You will also be medically examined by our medical team. They will determine whether you have any infectious diseases that need to be treated. After a few days, we will interview you and check your age. If you have no identity papers, your age will be estimated. You will then receive a temporary identity document. If you are estimated to be older than 18, we are not responsible for you as a youth welfare office. Then you have to go to the government of Upper Bavaria. We will explain how to get there and give you a ticket.

Where will I live?

If you are under 18 years old, you will usually find out within the first two weeks in which city in Germany you can live permanently in the future. This decision is regulated by law and is not determined by you, but by the government. If you are ill or someone from your family is already living here, you may stay in Munich. If you have relatives in Germany, tell your carers. They will help you to establish contact with your relatives and the local youth welfare office.

Who will look after me?

If you are a minor, staff at the youth welfare office will look after you until you are 18 years old, and sometimes even after that, until you are able to lead your own life. Counsellors are your contact persons and will look after you around the clock.

Where can I apply for asylum?

Your [initial registration](#) will take place at the Arrival Centre or Young Refugee Centre. With your temporary identity document, you can then [apply for asylum](#) with the help of your guardian.

Am I allowed to travel during the asylum procedure?

During the asylum procedure, you may only travel with the permission of the responsible immigration authority. This is either the [Foreigners' Registration Office in Munich](#) or the [Central Foreigners' Registration Office \(ZAB\)](#).

What is the legal situation?

My stay in Germany - what is the legal situation?

At your final place of residence, you will be looked after by a person who will help you with all legal matters. This person is your guardian.

What does a guardian do?

If a refugee under the age of 18 comes to Germany unaccompanied, they need an adult to legally represent them instead of their parents. This person is called a guardian.

The guardian has various tasks. He or she

- maintains regular personal contact with you
- represents your interests vis-à-vis the Youth Welfare Office, the Immigration Office and other authorities
- accompanies you through the asylum procedure
- applies for necessary assistance for you
- supports you in clarifying other matters, for example on the subject of health

What will my new place of residence look like?

At your new place of residence, you will live in a house with other young people. Adult carers will be there for you around the clock.

You will start school straight away. It is important that you learn the German language so that you can make contact with your new neighbours quickly.

What does compulsory schooling mean?

In Germany, schooling is compulsory until the age of 18, which means you go to school until you graduate or start an apprenticeship.

What schooling options do I have in Germany?

The type of school you go to depends on how old you are and how long you have previously attended school. After you finish school, your counsellors will support you in finding a suitable job or apprenticeship, as far as current legislation allows

[Information about the German education system](#)

How do I behave correctly?

How do I behave correctly?

Marriage

Everyone in Germany is free to decide whether and who they want to marry and who they want to live with. If you are a minor and have already married abroad, contact your counsellors. They can explain your options regarding marriage and housing.

How do I use public transport?

You can explore the city by underground, S-Bahn, tram and bus and get to important appointments quickly. Before you get on, you have to buy a ticket from a ticket machine and stamp it. You then show this ticket at an inspection.

When can I start learning to drive?

In Germany, you can only drive [a](#) car with a valid driving licence. Before that, you have to attend a driving school and take theoretical and practical lessons, which you also have to pay for. You can get information about this at the driving school.

When can I open my own bank account?

You can open a bank account on your own when you turn 18. If you are younger, you will need a legal representative, for example your guardian.

Watch out!

- Alcohol, drugs and slot machines can quickly make you addicted and ill and also cost a lot of money. If you notice that you need help, please speak to your guardian as soon as possible or go to an addiction counselling centre!
- Dealing drugs and prostitution are illegal and dangerous! It is better to contact your carer or guardian. They can tell you how you can earn money legally.
- There are also people in Germany who have very extreme opinions and want to spread their views through the use of violence. If they try to approach you, please seek help from someone you trust. If you join radical people, you will get into serious trouble in Germany and will face deportation.

- Female circumcision, forced marriages and child marriages are prohibited in Germany.
- Travelling on public transport such as buses and trains without a valid ticket is a punishable offence.

Apply for child benefit

Apply for child benefit

Every child in Germany receives child benefit until they reach the age of 18. Under certain conditions, child benefit is also paid up to the age of 21 or 25.

Child benefit is only paid to one person at a time, usually one parent. This also includes adoptive parents. Under certain conditions, stepparents, foster parents / siblings or grandparents also receive child benefit.

Single children can receive child benefit for themselves.

If there are several children, the individual amounts are paid out as one sum.

 [Further information](#)

Who can receive child benefit?


- German nationals who live in Germany with their children
- Foreign nationals who live in Germany.
- German nationals who live abroad.

Note for asylum seekers: You cannot receive child benefit during the asylum procedure. This is only possible once you have a positive decision from the BAMF.

How much is child benefit?


Child benefit is currently €250 per month per child.

What do I have to do to get child benefit?


You must submit a  [application](#) to the Family Benefits Office of the Federal Employment Agency.


Familienkasse Bayern Süd
Kapuzinerplatz 6
80337 München

 [Website](#)

 [0800455530](#) (The call is free of charge.)

 [Telephone for the deaf](#)

 Monday, Wednesday and Friday 08:00 - 12:00

 Tuesday and Thursday 08:00 - 12:00 and 13:00 - 16:00

Family matters

Munich Family Pass

Munich Family Pass

The Munich Family Pass is a booklet with vouchers and offers. The aim is to ease the financial burden on families. With the booklet you can get many things cheaper or for free. For example, activities that you can do in your free time or educational offers:

- Guided tours, workshops, sports and creative activities that are cheaper or even free of charge
- Two free entries to an [indoor](#) or [outdoor swimming pool](#)
- Discounts at sports clubs, dance and music schools, theatres and museums
- Discounts for the [zoo](#), [Poing Wildlife Park](#) and many other leisure parks
- Discounts at children's shops, bicycle shops or organic markets

 [Find out more](#)

Who is it for?

For all families from Munich and the districts of Dachau, Ebersberg, Erding, Freising, Fürstenfeldbruck, Munich and Starnberg.


The term family also includes single parents, families with foster children, grandparents with grandchildren, same-sex partnerships with children.

Cost: 6 euros

Validity: from 1 January to 31 December of each year.


It is valid for two adults with up to four children (0 - 17 years).


Families with more than four children receive a second family pass free of charge. You can get this here:

 [City Youth Welfare Office](#) in Elisenhof, Luitpoldstraße 3, 80335 Munich (Room 3002/Infothek)


You can buy the family pass  [online](#) or at a  [sales outlet](#).

If you have any questions:

 @familienpass.soz@muenchen.de

 [089/23333844](tel:089/23333844)

Free family pass for families with little money:

You can get the family pass free of charge from  [Sozialbürgerhaus](#)

- if you are in social need
- if you earn very little money
- if you are currently doing voluntary work, for example:
Bundesfreiwilligendienst, Freiwilliges Soziales Jahr, Freiwilliges Ökologisches Jahr
- If you receive one of the following benefits
 - Benefits according to SGB XII

- Benefits according to SGB II
- Benefits according to AsylbLG
- Housing benefit or child supplement

Register marriage


Registering a marriage

A marriage is only legally binding in Germany if it is solemnised at the registry office.

You can register your marriage at the earliest six months before the planned date. It is valid for six months. Once you have all the documents together, you both go to the registry office responsible for your place of residence.

 [Find out more](#)

If you have any questions, you can contact the registry office service hotline:

 [089/23396060](tel:08923396060)

Apply for a death certificate


Apply for a death certificate

The death certificate officially confirms the death of a person. The certificate must be presented to banks and insurance companies, for example.

After the death, contact a funeral parlour to arrange the funeral. The funeral parlour will also inform the registry office responsible for your place of residence. The registry office will issue the death certificate. Once the notarisation has been completed, you will receive the ordered death certificates from the funeral home.

 [Find out more](#)

If you have any questions, you can contact the service telephone of the registry office:

 [089/23396060](tel:08923396060)

Pregnancy and childbirth

General information

General information

Pregnant women are under special protection in Germany. You are entitled to counselling, medical care and support with new purchases for the child. If you are pregnant, you must first go to a gynaecologist. There you should have regular check-ups for preventive care. As a mother, you will also receive a document with important information about your pregnancy, your health and the health of your child. The document is called "Mutterpass" and looks like this:



Always take this document with you in case of emergencies.

You can contact a "" [counselling service for pregnant women](#) before the birth. There you will receive support and find out what you need to know and do about pregnancy and birth.

After the birth, there are many things to clarify with the German authorities so that you and your child are well looked after:

Birth certificate

Newborn children must be registered at the registry office. At the registry office, you will receive the [birth certificate](#) for your child together with your ID, birth certificate and, if available, your marriage certificate.

Initial equipment

"" [Initial baby equipment](#)

Child benefit

If one of the parents of the newborn child lives or works in Germany, you can receive "" [child benefit](#) for your child under certain conditions. You can discuss this at the "" [counselling service for pregnant women](#).

Parental allowance

If you are a parent with a permanent residence permit, you are entitled to [parental allowance](#) under certain conditions 🌐. You can discuss this at the "" [counselling service for pregnant women](#).

Parental leave

🌐 [Parental leave](#) is an unpaid break from working life for mothers and fathers who are caring for and bringing up their child themselves. During this time, you do not have to work and do not receive a salary. To compensate for this, you can apply for parental allowance, for example. You can take your parental leave before your child's 3rd birthday. You can also take part of it between your child's 3rd and 8th birthday.

During parental leave, you are protected against dismissal in a special way. In most cases, you can return to your old job after parental leave.

Pregnancy counselling

State-recognised pregnancy counselling centres

Pregnancy counselling offers you information, decision-making help, advice and support if you want children, during pregnancy and after the birth until your child is three years old:

- Advice on questions about pregnancy and childbirth
- Information about legal regulations
- Referral to possibilities for help, particularly making an application for financial support
- Advice before, during and after prenatal diagnosis (examinations before the birth) and possible disability of the child
- Counselling according to Section 219 German Criminal Code (StGB) with a certificate, if you are considering an abortion
- Psychosocial counselling after pregnancy termination
- Psychosocial counselling if your pregnancy has ended prematurely
- Counselling on family planning, contraception and sexuality as well as unfulfilled desire for children
- Counselling in the event of difficulties with your partner or family during pregnancy and after the birth
- Counselling and support if you often feel exhausted and unhappy after the birth of your baby
- If necessary, support and house visits by a family midwife

[Find out more](#)

■ Interpreters are available.

There is no childcare. You can bring your children with you but they are not allowed to be present during the pregnancy termination counselling.

Barrier-free access to buildings and premises and a disabled toilet are available.

The service is free.

Please make an appointment.

Who's it for: Women and men, couples, and families with children up to the age of 3

This counselling is offered at various locations from different organisations. There follows a list of the individual advice centres.

Health department

■ Bayerstraße 28 a, 80335 Munich

2nd floor / register in room 2014

■ [089/23347871](tel:08923347871)

■ schwangerschaftsberatung.gsr@muenchen.de

■ www.muenchen.de/schwangerenberatung

■ Monday to Friday 09:00 - 12:00

Monday, Tuesday, Thursday 13:30 - 15:00

Frauen beraten e. V. (pregnancy counselling) Munich

City centre:

Monday, Tuesday, Thursday 08:00 - 12:00, 13:00 - 17:00
Wednesday 13:00 - 19:00
Friday 08:00 - 13:00

www.frauen-beraten.de

Herzog-Wilhelm-Straße 16, 80331 Munich

[089/5999570](tel:0895999570)

Muenchen-stadtmitte@frauen-beraten.de

Sendling:

Monday, Tuesday 08:30 - 12:00, 13:00 - 17:00
Wednesday 13:00 - 17:00
Thursday 08:30 - 12:00, 13:00 - 18:00
Friday 08:30 - 13:00

Lindenschmitstraße 37, 81371 Munich

[089/7472350](tel:0897472350)

Muenchen-sendling@frauen-beraten.de

Neuperlach:

Monday, Thursday 08:30 - 12:00, 13:00 - 17:00
Tuesday 8:30 - 12:00, 13:00 - 18:00
Wednesdays 13:00 - 17:00
Friday 08:30 - 13:00

Albert-Schweitzer-Straße 66, 81735 Munich

[089/678041040](tel:089678041040)

Muenchen-neuperlach@frauen-beraten.de

Pro Familia e. V.

Schwabing:

Türkenstraße 103, 80799 Munich

[089/3300840](tel:0893300840)

sfhg.muenchen-schwabing@profamilia.de

www.profamilia.de/muenchen

Munich-Neuaubing:

Bodenseestr. 226 (Rückgebäude), 81243 Munich

[089/8976730](tel:0898976730)

Feldmoching-Hasenberg!

■ Blodigstr. 4, 80933 Munich

■ [089/3144425](tel:0893144425)

ebz München e. V.

■ [Website](#)

Ludwigsvorstadt - Isarvorstadt:

■ Landwehrstr. 15 (Rückgebäude), 80336 Munich

■ [089/59048150](tel:08959048150)

Ramersdorf:

■ Echardinger Str. 63, 81671 Munich

■ [089/59048250](tel:08959048250)

Sozialdienst katholischer Frauen München e. V.

Note: The following two pregnancy counselling centres are not state-recognised and for that reason do not issue a counselling certificate under Section 219 of the German StGB (Criminal Code).

■ [Website](#)

Neuhausen-Nymphenburg:

■ Dachauer Str. 48, 80335 Munich

■ [089/55981227](tel:08955981227)

Trudering-Riem:

■ Werner-Eckert-Str. 11, 81829 Munich

■ [089/943801420](tel:089943801420)

This text contains information about the following search terms: Baby clothes and equipment, financial help, abortion, counselling certificate, depression immediately after birth, post-natal depression abortion, pregnancy, pregnancy counselling, parental allowance, parental leave, family planning, sexuality, contraceptives

Baby equipment

Baby equipment

If you do not have enough money, you can apply for financial support for necessary items for the baby. This means you can get money for baby clothes for the first year of life, a cot with accessories, a changing mat and a pram.

Who gets financial support for a baby?

- People who receive "social welfare" (SGB XII)
- People who have too little money for baby equipment

How does it work?

You submit an application: "Baby-Erstaustattung"


You can obtain the application from your »» [Sozialbürgerhaus](#)

 [Find out more](#)

Maternity clinics & birth centres


Maternity clinics & birth centres

During your pregnancy, you should talk to your gynaecologist and decide where you would like to give birth to your child. You can decide for yourself. Most pregnant women give birth in a hospital. Some give birth in a birthing centre or at home. There are ten hospitals in Munich. You can find out more at the free information evenings. This will help you decide.


 The costs for all necessary examinations during pregnancy and for the delivery are covered by health insurance.


Maternity clinics


Frauenklinik Harlaching


You can find the dates for the information evenings at  [here](#). There is alternately an on-site appointment and an online appointment. You do not need to book an appointment.

The clinic specialises in high-risk pregnancies and the treatment of babies born prematurely.

 Sanatoriumsplatz 2, 81545 München

 [089/62105344](tel:08962105344) (registration for birth for those with statutory health insurance)

 [089/62102501](tel:08962102501) (Birth registration for privately insured patients)


 [089/62102500](tel:08962102500) (secretariat, general questions)


 [Website](#)

Frauenklinik Neuperlach

Alternative methods are used to make the birth easier (for example homeopathy, acupuncture or aromatherapy).

 Oskar-Maria-Graf-Ring 51, 81737 München


 [089/67942451](tel:08967942451) (general questions)


 [089/67942469](tel:08967942469) (registration for the birth)

 [Website](#)

Frauenklinik Schwabing

The clinic specialises in high-risk pregnancies and the treatment of babies who are born prematurely. There is also a paediatric surgery department.


The dates for the information evenings can be found at  [here](#). There is alternately an appointment on site and an online appointment. You do not need to register.

 Kölner Platz 1, 80804 München (Haus B)


 [089/30682401](tel:08930682401)

 [Website](#)

Klinik der Ludwig-Maximilians-Universität München (Innenstadt)

 Ziemssenstraße 5, 80336 München


 [089/440032350](tel:089440032350) ( Monday - Thursday 08:30 - 15:30 and Friday 08:30 - 15:00)



 In urgent cases, please contact the delivery room: [089/440032300](tel:089440032300)


 @ambulanz-frauenklinik-inn@med.uni-muenchen.de

 [Website](#)

Klinik der Ludwig-Maximilians-Universität München (Großhadern)

 Marchioninistraße 15, 81377 München

 [089/440073813](tel:089440073813) ( Monday - Friday 09:00 - 13:30)


 In urgent cases, please contact the delivery room: [089/440073800](tel:089440073800)


 @frauenklinik@med.uni-muenchen.de

 [Website](#)

Frauenklinik Rechts der Isar (Haidhausen)


The clinic specialises in high-risk pregnancies and the treatment of babies born prematurely.


 Ismaninger Straße 22, 81675 München

 [089/41402446](tel:08941402446)


 [Website](#)

Frauenklinik Dr. Geisenhofer (Lehel)

 Hirschauer Straße 6, 80538 München


 [089/38310](tel:08938310)


 @info@geisenhoferklinik.de


 @pforte@geisenhoferklinik.de

 [Website](#)

Rotkreuzklinikum München (Neuhausen)


There is an information evening once a month. You can find the dates at  [here](#). You do not need to register. Just drop by.

 Taxisstraße 3, 80637 München

 [089/130330](tel:089130330)

 [Website](#)

Klinikum Dritter Orden (Nymphenburg)

The dates for the information evenings can be found  [here](#). The lectures take place here:

📍 Franz-Schrank-Str. 4, 80638 München (Tram 17, stop: Botanischer Garten)

You do not need to register. Just drop by.


📍 Menzinger Straße 44, 80638 München

☎ [089/17952501](tel:08917952501) (secretary's office)

@ sekretariat.gynaekologie@dritter-orden.de

 [Website](#)

Helios Klinikum München West (Pasing)

An information evening takes place once a month. You can find the dates at  [here](#). You do not need to register. Just drop by.

📍 Steinerweg 5, 81241 München

☎ [089/88922325](tel:08988922325) or ☎ [089/88922297](tel:08988922297) (secretariat)

☎ [089/88922327](tel:08988922327) (Outpatient clinic)

☎ [089/889220960](tel:089889220960) (Midwives hotline)

@ empfang@kliniken-pasing-perlach.de

@ info.muenchen-west@helios-gesundheit.de

 [Website](#)

Birth centres

You can also have your baby in a birth centre. There, the birth is attended only by midwives. The care is often more personalised and individual than in a hospital. On the other hand, there is less medical care than in a hospital.

💡 Birth in a birthing centre is covered by health insurance. The midwife is always available for you shortly before the due date ("Rufbereitschaft"). Accessibility is not paid for by all health insurance companies. You often have to pay part of it yourself.

Geburtshaus München (Schwanthalerhöhe)

There is an information evening every first and third Wednesday of the month. It starts at 19:00. You do not need to register. Just turn up. If possible, please come in pairs. You do not need to register.

📍 Fäustlestr. 5, 80339 München

☎ [089/164184](tel:089164184)

@ info@geburtshaus-muenchen.de

 [Website](#)

Geburtshaus Pasing

📍 Lützowstr. 11a, 81243 München

☎ [089/87181621](tel:08987181621)

@ info@geburtshaus-pasing.de

 [Website](#)

Delivery and aftercare

Delivery and aftercare

Your gynaecologist will refer you to a maternity hospital. You will receive a birth confirmation letter from the hospital. Ask at the clinic for a midwife for follow-up post-natal care. If the hospital is not able to refer you to a midwife, contact the Early Years Help of the Koordinierenden Kinderschutzstellen (KoKi), which you will find in all München »» [Sozialbürgerhäuser](#).

Your relevant  [Sozialbürgerhaus](#)

Special examinations for children

Special examinations for children

There are ten (or eleven) special examinations for children aged 0-6 years. They determine whether the child is healthy and developing well. They are called "Früherkennungsuntersuchungen" (abbreviation: U1 to U9 and J1) and they help the parents and the child. The examinations offer the opportunity for disorders or illnesses to be recognised and treated at an early stage. Parents receive counselling on various topics that are important for the child's development.

 [Find out more](#)

Are the examinations compulsory?

The examinations are compulsory in Bavaria. Anyone who does not comply will receive a reminder. It is also possible that you will later have to prove that all examinations have been carried out. For example, when registering at nursery or school or if you want to apply for certain benefits.

Do I have to pay for this?

The examinations are free of charge if the appointments are kept. If you have your child examined too late, you may have to pay the costs yourself.

When are the examinations?

The U1 and U2 usually take place in the maternity clinic. For the other examinations, you must make an appointment with your paediatrician.

How can I remember the appointments?

You can calculate the appointments here:  [Appointment calculator](#). If you enter the date of birth, you can print out the list of appointments.

What is examined?

U1 examination: after the birth

The first examination takes place immediately after birth and focuses primarily on the newborn's vital functions.

U2 examination: 3 to 10 days after birth

The second examination is the first basic medical examination "from head to toe".

U3 examination: 4 to 5 weeks after birth

At the U3 examination, the aim is to recognise abnormalities in development as early as possible. The doctor will check whether your baby reacts to certain things and examine the joints. You will also receive advice on breastfeeding, nutrition, immunisations and support services.

U4 examination: 3 to 4 months after birth

The focus is on physical and mental development. The doctor observes how your baby moves and examines the baby's head. Other topics include your baby's nutrition and digestion, as well as speech development.

U5 examination: 6 to 7 months after birth

The baby can now grasp and moves more. At the U5, the child is physically examined. The doctor will also check whether your baby can see well.

U6 examination: 10 to 12 months after birth

Your child is now almost a year old and has developed many new skills. The doctor will look at what your child can already do and examine their eyes and teeth, for example.

U7 examination: 21 to 24 months after birth

Your child is now almost two years old and is becoming increasingly independent. Your child can probably already walk and speak several words. The doctor will examine how your child has developed and check, for example, whether your child understands simple words and sentences. Topics such as nutrition, tooth brushing and immunisation are also discussed.

U7a examination: 34 to 36 months after birth

Most children start kindergarten at the age of three. During this examination, for example, the development of the teeth is examined. Other topics include immunisations and language development.

U8 examination: 46 to 48 months after birth

Your child is now almost four years old and can already speak and ask questions. The doctor will examine your child from head to toe. They will also measure how heavy and tall your child is.

U9 examination: 60 to 64 months after birth

Your child is now at least five years old. This examination focuses on speech development. The doctor will also examine how agile or skilful your child is.

J1 examination: at the age of 12 to 14 years

This examination is not compulsory. Nevertheless, it makes sense to have it. It is also free of charge. During this examination, the general state of health, immunisation status and development during puberty are checked.

Apply for a birth certificate for newborns

Apply for a birth certificate for newborns

You must register the birth and the name of your child at the registry office. As soon as the birth has been registered, the birth office can issue you with a birth certificate.

There are two registry offices in Munich. Which registry office you have to go to depends on the district in which your child was born. The clinics usually give parents an information sheet with the address of the relevant registry office.

 [Find out more](#)

If you have any questions, you can contact the registry office service hotline:

 [089/23396060](tel:08923396060)

Recognition of paternity

Recognising paternity

If you are the father of a child and are not married to the mother, you can recognise paternity. Recognition of paternity must be publicly notarised.

 [Find out more](#)

Notarial office of the municipal youth welfare office

Notarial office of the municipal youth welfare office


The following is notarised in the notary's office:

- Recognition of paternity and recognition of maternity, as well as consent to this
- Declarations of custody: if parents are not married to each other and wish to declare that they wish to exercise joint custody of their child
- Maintenance obligations

For whom:

- For parents or parents-to-be who are not married to each other, to establish parentage or joint parental custody
- For parents liable for cash maintenance due to the assumption of a maintenance obligation

 [Find out more](#)

 If necessary, we can organise for a person to translate. Please let us know in advance which language you speak.

There is barrier-free access to the building and the rooms. There is a toilet for people with disabilities.

The service is free of charge.

Please make an appointment.

Stadtjugendamt München

Urkundsbüro

Werner-Schlierf-Straße 9

81539 München

☎ [089/233-67449](tel:08923367449), [-67483](tel:08923367483), [-67495](tel:08923367495), [-67458](tel:08923367458), [-67485](tel:08923367485), [-67524](tel:08923367524) or [-67473](tel:08923367473)

@beurkundungen.soz@muenchen.de

Children's day-care (Kita) and school

General information about the daycare centre

General information

Childcare for children in Munich daycare centres

🌐 [Find out more](#)

What is a daycare centre?

Kita is short for child day care centre. There are different forms of childcare:

- **Crèche:** 9 weeks to 3 years of age
- **Kindergarten:** 3 years to the start of school (6 or 7 years)
- **House for children:** 9th week of life to 12 years (crèche, kindergarten and after-school care under one roof). Further information [here](#).
- **Parent-child initiative:** Parents join forces and organise a childcare facility together. The programmes are available for all age groups.
- **After-school care centre:** school children from 1st to 4th grade, care in the school or close to the school
- **Day care centre:** school children from 1st to 4th grade, care in the school, close cooperation with the school
- **Lunchtime supervision:** school children from 1st to 4th grade, supervision at school

Children with disabilities

- Integration place in a daycare centre
- Integrative centre: care for children with and without disabilities
- Curative day care centre: from 3 years, only children with disabilities

If you have any questions:

☎ [089/23396775](tel:08923396775)

@kita.rbs@muenchen.de

☎ [089/23396771](tel:08923396771)

@kita-eltern@muenchen.de

What can my child experience at the daycare centre?

- The daycare centre is usually open all day Monday to Friday.
- There is a fixed daily routine (meal times, play times, rest times).
- The child can make new friends.
- The child can play and get to know and use many different toys and materials.
- The child can play in the garden.
- The child's development is supported by the carers.


Child day care in families

This form of childcare is particularly suitable for children under the age of three. Trained carers (so-called childminders) look after up to five children at home in a family atmosphere. If the carer falls ill, there is a substitute carer. The costs for municipally organised child day care are no higher than for a place in a crèche.

 [Find out more](#)

You can obtain free advice on child day care from your local [Sozialbürgerhaus](#).

If you have any questions:

 [089/23329800](tel:08923329800)

Information about Kitas and how to register


Registering for a Kita

What is the kita finder+?

The kita finder+ is the online registration portal for childcare institutions in the federal capital city of Munich. It includes an overview of all childcare institutions in Munich.

You have to sign up initially and then you can register your child for one or several institutions (at the earliest twelve months before you would like the care to begin). It's a good idea to register for several institutions because then the chances of you finding a place at the time you want and for the conditions you want will increase. You can also accept places offered to you via the kita finder+.




How do you register in the kita finder+?

- You need to decide: From when and for how many hours daily do you want your child to be looked after?
- Get information about child daycare centres near your apartment, try to attend the "Tag der offenen Tür" (open day, these usually take place in February; it's best to ask the daycare centre directly)
-  [Online registration](#)
- Registration directly in the Kita

Registration directly in the special needs daycare centre:  [find out more](#)

Integration places in Kitas: Registration via  [kita finder+](#)


Registration for daycare in families

- via the Jugendamt (Youth Welfare Office)
 [089/23349800](#)
- via the daycare listings in the  [Sozialbürgerhaus](#)
 Monday 09:00 - 12:00
Wednesday 09:00 - 12:00
Thursday 15:00 - 17:00

Where can I get personal advice?

In the Kitas directly

Municipal Kitas:

 Tuesday 15:00 - 17:00 (not in the school holidays)

KITA-Elternberatung

Landsberger Straße 30

80339 Munich

0-6 years:

 [089/23396771](#)

 kita-eltern@muenchen.de

Children of primary school age:

 [089/23396774](#)

 a4-eltern@muenchen.de

Where can I find information about the costs?

-  [Fees for municipal Kitas](#)
- Information booklet  [„Kindertageseinrichtungsgebühren“](#)
- from the respective Kita
- from the Kita's sponsoring organisation

You can also get more information from the:

Zentrale Gebührenstelle

Landsberger Straße 30

80339 Munich

 [089/23396770](#)

 kitasb.zg@muenchen.de

School for children from 6 to 16 years

Compulsory schooling and school districts

Compulsory school attendance

School attendance is compulsory in Germany: all children between the ages of 6 and 15 must attend school. In Bavaria, compulsory vocational schooling applies until the age of 21 if attendance at a general school is not continued. Compulsory vocational schooling does not

apply if the school was completed with the Abitur or Fachabitur. Parents must ensure that their children attend school regularly. Attendance at public (state and municipal) schools is free of charge.

If a child is ill, parents must call the school before 08:00 in the morning.

School district

If the child attends a public primary or secondary school, they must go to the school that is responsible for their place of residence - a Sprengel school. "Sprengel" means "school district".

What types of schools are there?

Further information on school attendance and the different types of schools can be found [here](#).

Free lunch at school

Free lunch at school

Lunch at school is free of charge for children and young people who are in financial or social need.

How does it work?

1. You submit an application:
„Antrag auf Gewährung eines freiwilligen Zuschusses für die Mittagsversorgung von Schulkindern in sonstiger finanzieller oder sozialer Notlage“
You can obtain the application form from the school or from your >> [Sozialbürgerhaus](#).
2. You fill in the application form. There are also contact points that can help you with this.
3. You hand in the completed application form at your social centre.
4. If the application is approved, hand it in at school.

For whom:

- Children and young people in financial need: parents or guardians have a low income (the income limit is checked individually) and are not entitled to benefits under the education and participation package (BuT).
- Children and young people in social need: this will be clarified during initial counselling or clearing at the relevant social community centre

Documents required:

- In case of financial hardship: proof of income, assets and rent etc.
- In case of social need: none

 [Social centres](#)

Getting healthy at home - home care service for sick children

Home care service for sick children ("Zu Hause Gesund Werden")

Zu Hause Gesund Werden helps parents who cannot stay home to look after their sick child themselves for occupational reasons. At short notice, we send a voluntary helper who reliably cares for your sick child in the familiar environment of your family apartment, so that the child can get well in peace.

Who's it for: The offer is designed for all parents who are working or in training.

Access requirements:

You live in the city or district of Munich.

Your sick child is at least 6 months old and a maximum of 12 years old.

You are working or in training.

You need care for at least 3 hours and maximum 6 hours per day.

The care costs 6.50 EUR per hour. Plus public transport travel costs.

If the family finances are tight, we are able to finance the costs from donations.

Altheimer Eck 13
80331 Munich



[089/ 2904478](tel:0892904478)



info@zhgw.de



Monday – Friday 9:00 – 13:00



www.zhgw.de

This text contains information about the following search terms:

Childcare in the event of illness, caring for a child when ill, caring for sick children, when a child gets ill, my child is sick

Advice and help / children and adolescents

Advice at the Youth Information Centre (JIZ)

Advice at the Youth Information Centre (JIZ)

Who for: Teenagers and young adults aged 14 to 26 and anyone involved with young people (parents, teachers, youth work professionals)

Barrier-free access to the building and premises is available.

The programmes are free of charge.

Jugendinformationszentrum (JIZ)


Sendlinger Straße 7

80331 München

 [089/55052150](tel:08955052150)

 [@info@jiz-muenchen.de](mailto:info@jiz-muenchen.de)

 www.jiz-muenchen.de


 **JIZ in general:**

Monday 12:00 - 19:00

Tuesday to Friday 13:00 - 18:00

General counselling

Information and counselling for young people and anyone involved with young people on all topics and also in crisis situations. Counselling is free of charge and anonymous if desired. It is not necessary to make an appointment. Contact is possible in person, by telephone, email and WhatsApp. The JIZ has around 1,000 brochures on many topics to take away free of charge and a PC for internet research.

 Monday 12:00 - 19:00

Tuesday to Friday 13:00 - 18:00

My data - my rights!

Data protection - what is it? What should my profile on social networks look like and how should it not look? What do apps reveal about me? How can I enforce my (data protection) rights?

These and similar questions can be sent to the JIZ by email ([@ info@jiz-muenchen.de](mailto:info@jiz-muenchen.de)), by phone or in person. An external specialist lawyer will provide competent answers promptly and, if necessary, arrange a personal consultation (**registration at the JIZ required**). Counselling is anonymous if desired.

Please make an appointment.

 **Office hours:**

Monday 12:00 - 19:00

Tuesday to Friday 13:00 - 18:00


Data protection counselling: by appointment/registration

Young people and the police

Sometimes there are misunderstandings or conflicts between young people and the police. The JIZ offers specialist advice on questions and problems in dealing with the police and the

justice system. Enquiries are forwarded to the JIZ team of lawyers, who then provide advice. This is a free initial counselling service within the meaning of the Child and Youth Welfare Act; it is not possible to take on mandates or represent clients in court.

Please make an appointment.

 Monday 12:00 - 19:00

Tuesday to Friday 13:00 - 18:00

Legal advice for young people

Volunteer lawyers provide information on all legal problems in personal one-to-one meetings - whether it's family disputes, difficulties at school, training or work, trouble with neighbours, conflicts with authorities or the police or negotiations in court.

This is a general initial legal consultation. The lawyers do not take on any cases and do not represent clients in court. Advice is given exclusively in person.

Legal advice:

Tuesday 16:00 - 18:00

(early arrival recommended)

Criminal law counselling:

1st + 3rd Monday of the month 16:00 - 18:00


(early arrival recommended)

Questions about the job centre?

Many questions often arise in connection with the job centre. At the JIZ, young people up to the age of 25 receive information and tips every Monday from 2 to 4 pm on questions such as

- I don't (yet) know my way around the job centre?
- I don't know who my contact person at the job centre is?
- I want to know how the job centre can support me?
- I receive letters from the job centre and don't know what to do with them?
- I am already registered with the job centre and have financial problems...

Astrid Best and Thomas Mahler from the "SGB II Liaison Centre" at the [JiBB Munich](#) will provide advice. Counselling is anonymous on request and of course free of charge.

 Monday 14:00 - 16:00

This text contains information on the following search terms:


Media law, GDPR, criminal law, criminal proceedings, help, youth counselling, youth information, laws, legal issues, family law, social law


INFOFON - Counselling for young people by young people

INFOFON - Counselling for young people by young people

We provide information and advice by phone and chat. Regardless of the topic or question. Counselling is anonymous and confidential. This means you don't have to say who you are and nobody will find out what we talked about.


Counselling is free of charge.

 Daily 18:00 - 22:00

 [089/1215000](tel:0891215000)

 [More information and chat](#)

For whom: For young people

 German and English

**This text contains information on the following search terms:
Telephone counselling, Online counselling**

Advice for girls and young women

Counselling for girls and young women in various life situations

We offer counselling on the following topics, for example:


- School
- career choice
- vocational training
- cultural differences
- Trouble at home
- Problems with boyfriend or girlfriend
- sexuality
- coming out
- pregnancy


Our counselling is confidential. It can take place alone or in a small group of up to three people.

Who it's for: Girls* and women* aged between 12 and 27


The service is free of charge.

amanda – Verein für psychosoziale Initiativen e. V.
Gmunder Str. 7
81379 München

 [089/7255112](tel:0897255112)

 [@info@amanda-muenchen.de](mailto:info@amanda-muenchen.de)

 [Website](#)

 Please make an appointment.

Counselling for boys* and young men*

KIBS - Contact, information and advice centre for boys* and young men* in cases of sexualised and/or domestic violence

We offer personal counselling. You can choose whether you would like to be counselled by a female or male specialist. If you would like to receive counselling by telephone, it is possible for your telephone number to remain anonymous. We offer trauma and family-orientated help. There is also a group programme for boys* who have experienced domestic violence.

💡 This sign means anyone who identifies as a boy or man: *

For whom:

- Boys* and young men* up to the age of 27 who have been affected by sexualised violence
- Boys* from the age of six who have experienced domestic violence
- Boys* under the age of 14 who behave in a way that violates sexual boundaries
- Parents, relatives, friends and peers, other carers and professionals

The service is free of charge and anonymous on request.

🕒 From Monday to Friday 10:00 - 17:00

KIBS - Beratung für Jungen und junge Männer

📍 [Landwehrstraße 34, 80336 München](#)

✉️ mail@KIBS.de

☎️ [+49 \(0\) 892317169120](tel:+49(0)892317169120)

🌐 <https://stadt.muenchen.de/service/info/kibs-konta...>

Psychotherapy and social counselling for children and young people who have experienced flight

Psychotherapy and social counselling for children and young people who have experienced flight

We offer individual or group therapy for children and young people who are suffering from their experiences in their country of origin or during their flight. The therapy usually takes place for one hour per week with interpreters. We also offer socio-educational counselling. Health insurance is not required!

Who for: Children and young people up to and including the age of 17 (including unaccompanied refugee minors). Residence status does not matter.

Registration is possible at 🌐 [using the registration form](#) or at ☎️ [089/9829570](tel:0899829570)


🕒 Monday 10:00 - 12:00 and Thursday 14:00 to 16:00

The number of therapy places is limited.

🗣️ Interpreters are available.

There is barrier-free access to the building and the rooms.


The service is free of charge.

 Monday to Friday 09:00 - 16:00

Refugio München

 [Rosenheimer Straße 38, 81669 München](#)

 [@info@refugio-muenchen.de](mailto:info@refugio-muenchen.de)

 [+49 \(0\) 899829570](tel:+49(0)899829570)

 <https://www.refugio-muenchen.de/angebote-fuer-men...>

This text contains information on the following search terms:

Torture, PTSD, PTSD, flashback, sleep disorder

Counselling centres for parents, children and young people

Counselling centres for parents, children and young people

Munich's parenting advice centres offer psychological counselling for parents, children and young people.

We provide counselling on all issues relating to family life:

- Questions about child development
- Questions about parenting
- Questions about separation and divorce
- Questions about school

We support young parents in the early years with all problems and help with the topics of relationships, growing up and parental roles. We help in difficult situations and work with you to find a solution.



There are also many different  [group programmes](#) for children, young people and parents. There is also an online counselling service  [for young people](#) and  [for adults](#).

 [Find out more](#)

Who for: Parents, children and adolescents (even without the parents' knowledge), young adults. We provide counselling for families with children aged 0 to 27.

All services are free of charge.

 We can offer counselling in various languages.

 Our counselling centres are located throughout Munich. Here you can find the  [locations and telephone numbers](#).

This text contains information on the following search terms:
family counselling, educational counselling, separation and divorce counselling,
youth counselling

Psychological counselling for problems at school

Psychological counselling for problems at school

The Central School Psychological Service helps pupils and their parents/guardians,

- if there are problems at school.
- if you want to improve your learning and concentration.
- if you are confronted with fears, worries or stress at school.

Please feel free to make an appointment with us. In a personal discussion, we will look together for solutions and possibilities of how and what we can change.

Who for: Pupils at municipal secondary schools aged ten and over and their legal guardians.

The programme is free of charge.

🗣️ We can organise a person to translate. Please let us know in advance which language you speak.

You can also bring your children to the appointment.

There is barrier-free access to the building and the rooms.

🕒 From Monday to Thursday 8:30 - 16:30

🕒 On Friday 8:30 - 13:30

Zentraler Schulpsychologischer Dienst

📍 [Neuhauser Straße 39, 80331 München](#)

✉️ [@schulpsychologie@muenchen.de](mailto:schulpsychologie@muenchen.de)

☎️ [+49 \(0\) 8923340940](tel:+49(0)8923340940)

🌐 <https://www.pi-muenchen.de/schulpsychologie>

This text contains information on the following search terms:
Bullying, trauma, grades, exam anxiety, school stress, secondary school, grammar school, vocational school, vocational college, specialised secondary school, vocational high school, vocational schools, vocational preparation, vocational integration


Advice centres for children and adolescents

Counselling centres for parents, children, young people and families on the subject of parenting

Counselling on issues relating to family life, school difficulties and parenting issues, concerns about children and young people, separation and divorce, issues relating to access and custody.


 [Find out more](#)

Who for: Parents, mothers, fathers, children, young people and other family members

 Interpreters can be organised if required.

Children can be brought along.

The service is free of charge.

Which parenting advice centre is responsible for you depends on your  [home address](#): Enter your address, then click on the "Continue" field and the educational counselling centre you can contact will be displayed.

Advice and help / families


Counselling centres for parents, children, young people and families on the subject of parenting

Counselling centres for parents, children, young people and families on the subject of parenting

Counselling on issues relating to family life, school difficulties and parenting issues, concerns about children and young people, separation and divorce, issues relating to access and custody.


 [Find out more](#)

Who for: Parents, mothers, fathers, children, young people and other family members

 Interpreters can be organised if required.

Children can be brought along.

The service is free of charge.

Which parenting advice centre is responsible for you depends on your  [home address](#): Enter your address, then click on the "Continue" field and the educational counselling centre you can contact will be displayed.

Guardianship for minor children

Assistance for minor children

Advice on questions of paternity and maintenance for minor children

We provide legal advice and support on the following issues:

- Establishing paternity
- Maintenance for minor children
- Possibility of joint parental custody for parents who are not married to each other

Guardianship for minor children

An application for guardianship must be made in writing. The guardian represents the minor child as an additional legal representative in establishing paternity and/or in maintenance matters. If necessary, the guardian also represents the child in court. This does not restrict parental custody.

Who for: For parents with sole custody and for single parents

Requirements: underage child with habitual residence in Germany; the parent making the application lives in the city of Munich

☎ We can organise for a person to be present to translate. Please let us know in advance which language you speak.

Children can be brought along.

There is barrier-free access to the building and the rooms. There is a disabled toilet.

The offer is free of charge.

Stadtjugendamt München

Sachgebiet Beistandschaft, S-II-B/B

Werner-Schlierf-Straße 9

81539 München

☎ [089/23367514](tel:08923367514) or [089/23367515](tel:08923367515)

@ beistandschaften.soz@muenchen.de

🕒 From Monday to Friday 09:30 - 12:00 and by appointment

🌐 [Website](#)

Munich Child Protection Centre

Munich Child Protection Centre

Protecting children, supporting parents, strengthening families.

We advise families from the city of Munich, the district of Munich and Upper Bavaria.


We advise you in stressful life situations if the child's welfare is at risk or is suspected to be at risk. This means that a child is being neglected. Or that a child is experiencing or has previously experienced physical, psychological or sexual violence.

We offer therapeutic help. Even in acute crises. We support parents in raising their children lovingly and without violence.

We help children and young people to process traumatic experiences as well as possible. For example, if they are experiencing or have previously experienced lack of care, maltreatment, serious conflicts between parents, parental mental illness or sexual abuse.

 [Find out more](#)

For whom: Families and individual family members


 If you let us know in advance, we can organise a person to translate.

The service is free of charge.


Kinderschutzbund KinderschutzZentrum München


Kapuzinerstraße 9D

80337 München

 [089/555356](tel:089555356)


 @kischuz@dksb-muc.de

 From Monday to Thursday 09:00 - 12:30 and 13:30 - 17:00

 On Friday 09:00 - 12:30 and 13:30 - 16:00

The telephone is manned at the following times

 From Monday to Friday 19:00 - 20:00

 On Saturday, Sunday and public holidays 9:30 - 11:30 a.m.

**This text contains information on the following search terms:
child abuse, dispute**

Peace Chapel Family Centre

Family centre Friedenskapelle

Our services:

- Advice on all aspects of pregnancy and breastfeeding
- Play groups for children with and without parents
- Postnatal courses with a midwife
- There is an indoor playground in winter
- Lectures on topics relating to education and parenting
- There is a daily swap shop. Especially things for babies and toddlers can be exchanged here.
- Open meetings (including an international meeting)
- Group activities such as yoga or sewing
- Childcare for primary school pupils during the holidays
- We provide support with applications to the authorities and in finding your way around Germany
- We advise couples and parents
- We provide support in difficult situations

 [Find out more](#)

Childcare is available.

Familienzentrum Friedenskapelle

Kemptener Straße 73

81475 München

☎ [089/7593518](tel:0897593518)

@ familienzentrum@esd-m-fuerstenried.de

Familientreffpunkt Giesing, family and advice centre

Familientreffpunkt Giesing, family and advice centre

We are a meeting place for parents and children. We provide counselling and information. You can come to us with any questions about family, relationships and parenting.

Our offer:

- Groups for babies
- Groups for parents and children
- Play in the afternoon
- Creative activities
- German courses with childcare
- Talks with other parents and experts

Most of the programmes are free of charge.

🌐 [Find out more](#)

There is childcare.

There is a disabled toilet.

Pöllatstraße 15

81539 München

☎ [089/904214810](tel:089904214810)

@ ftg@gfsa-muenchen.de

🌐 [Website](#)

Laim Family Centre

Laim Family Centre

We are a centre for families in the district. We focus on the needs of children and their mums and dads:

- We promote contacts and encounters.
- We advise parents, children and young people.
- We provide stimulation and enrichment.
- We take the strain out of everyday family life.
- We create good conditions for children to grow up in a healthy and non-violent environment.
- We offer a place for personal activity and commitment.
- We help families to support each other.


Our programme is open to everyone. Regardless of background, education and income:

- Parent-child meetings
- Counselling on social issues
- Counselling for couples and families
- Legal advice
- Support with homework
- Courses on the topic of birth
- Training for parents
- Music, exercise and crafts for children
- Health and exercise for parents
- German courses for mums
- Games and events

We accompany and support families who are new to Germany. This programme is called:
"Together: moving on - talking - getting to know each other"

 [Find out more](#)

Who for: Children, mums, dads and families in general.

 If necessary, there are people who can translate.

The programme is free of charge. Fees may apply for individual courses.


FamilienZentrum Laim

Valpichlerstraße 36

80686 München

 [089/566933](tel:089566933)

@fam@dksb-muc.de

 Monday to Friday 9:30 - 11:30 and 15:00 - 17:00

**This text contains information on the following search terms:
child abuse, child protection, learning, leisure**

Parkstadt Schwabing family centre

Parkstadt Schwabing Family Centre

We have great offers for children, parents and families. Everyone is welcome.

What we offer:

- There are open meetings for families. Parents and children can get to know each other and exchange ideas.
- There are group programmes
- There are courses for parents with small children
- We support and inform families

- Our counselling is individual
- If you wish, we can refer you to other facilities
- There are programmes for children aged 6 and over


 [Find out more](#)

Our services are free of charge.

Familienzentrum Parkstadt Schwabing

Wilhelm-Wagenfeld-Straße 17

80807 München

 [0157/34504327](tel:015734504327)

 familienzentrum@fzps.de

SOS family centres

SOS family centres

SOS-Familien- und Kindertageszentrum Neuaubing (family and child day centre),

Familientreff+ with secondhand goods for children's needs, multi-generation house.

SOS-Kindertageszentrum: Child day care places for children from 3-12 years of age.

SOS family centre / Multi-generational house: intercultural meeting place with a varied programme and possibilities to get involved, social counselling and low-barrier everyday support.

SOS-Familientreff+ (family meeting point): Secondhand goods for children's needs, information on services in the district, everyday counselling and individual offers.

Who's it for: open to all age groups; focus is on families with young children.


 Cultural mediators and interpreters available, if needed


Barrier-free access in place.

Drop-in programmes are free, other courses have minimal fees; childcare costs in SOS day care centre according to the municipal fee scale.

 [Website](#)


SOS-Familienzentrum (family centre) Neuaubing

 Hörweg 17, 81248 Munich


 [089/2170379480](tel:0892170379480)

 fkitz-neuaubing@sos-kinderdorf.de


SOS-Familientreff+ (family meeting point)

 Limesstraße 81, 81243 Munich


 [089/2170379490](tel:0892170379490)

 fkitz-neuaubing@sos-kinderdorf.de

SOS-Kindertageszentrum (day care centre) Neuaubing

 Clarita-Bernhard-Straße 3, 81249 München

 [089/2170379200](tel:0892170379200)

 fkitz-neuaubing@sos-kinderdorf.de

SOS Beratungs- und Familienzentrum Berg am Laim

- Drop-in programmes, courses and group offers, German courses, parent-child programmes
- Advice for families on parenting issues, family advice and family therapy, separation and divorce, for parents with babies and small children.

Who's it for: Families with children between the ages of 0 and 6, counselling for families with children of any age

■ Interpreters are available on request in the languages of English, French, Dutch, Serbian, Croatian and Spanish.

You can bring your children with you. Childcare can be organised on request.

All premises have barrier-free access as well as a disabled toilet.

The service is free.

■ Sankt-Michael Straße 7, 81673 Munich

■ bz-muenchen@sos-kinderdorf.de

■ Monday 09:00 - 12:30, 13:30 - 17:00

Tuesday 09:00 - 12:30, 13:30 - 18:00

Wednesday 13:30 - 17:00

Thursday 09:00 - 12:30, 13:30 - 17:00

Friday 09:00 - 12:30, 13:30 - 15:00

■ www.sos-kinderdorf.de/beratungs-und-familienzentr...

SOS Kinder- und Familientreff Messestadt Ost

Drop-in programmes, courses and group offers, German courses, parent-child programmes, parenting advice.

■ www.sos-kd-muenchen.de

Who's it for: Families with children between the ages of 0 and 6, counselling for families with children of any age

You can bring your children with you.

All premises have barrier-free access as well as a disabled toilet.

The service is free.

■ Astrid-Lindgren-Straße 65, 81829 Munich

■ kft-messestadt@sos-kinderdorf.de

■ Monday to Friday 09:00 - 12:00

SOS Familien- und Beratungszentrum Riem

Drop-in programmes, courses and group offers, German courses, parent-child programmes, parenting advice.

■ www.sos-bz-muenchen.de

Who's it for: Families with children between the ages of 0 and 6, counselling for families with children of any age

You can bring your children with you.

All premises have barrier-free access as well as a disabled toilet.

The programmes are free apart from possible minimal costs for materials.

■ Mittbacher Straße 15, 81829 Munich

■ fz-riem@sos-kinderdorf.de

■ Monday to Friday 09:00 - 12:00

Wednesday to Thursday 15:00 - 18:00

This text contains information about the following search terms:

Family support centre, childcare, SOS Kinderdorf Munich

Family get-togethers

Family get-togethers

Open café at the Mütterzentrum Sendling

All families are welcome to our open café. Registration is not required. Exchange ideas with other parents while your children are looked after in our playroom.

Our centre also offers many other services with information, advice and exchange, for example open breastfeeding and nutritional advice, open parent-child groups (baby group, singing group), various courses (with registration) and intercultural events.

🔗 [Find out more](#)

Who for: For families from Sendling and the neighbouring districts with children up to 6 years old

Some counselling sessions are free of charge, a fee is charged for courses.

Mütterzentrum Sendling

Brudermühlstraße 42

81371 München

☎ [089/777744](tel:089777744)

@ info@muetterzentrum-sendling.de

🕒 Monday 09:30 - 12:00 and 15:00 - 17:30

Tuesday 09:30 - 12:00 and 15:00 - 17:30

Wednesday 09:30 - 12:00 and 15:00 - 17:30

Thursday 09:30 - 12:00 and 15:00 - 17:30

Friday 09:30 - 12:00

Open meeting in the family centre Messestadt Riem e. V.

You can chat and socialise with other parents over a cosy breakfast. Our playroom is open for your children.

Coffee, tea and breakfast are available at very reasonable prices, but you don't have to buy anything! You can also bring your own snacks. On Thursday afternoons we serve fresh pancakes.

 [Find out more](#)

Who for: open to everyone, with a focus on families with small children up to 3 years old

The programme is free of charge.

Children can be brought along.

Barrier-free access to the building and premises as well as a disabled toilet are available.


Familienzentrum Messestadt Riem

Helsinkistraße 10

81829 München

 [089/40906074](tel:08940906074)

 [@info@fameri.de](mailto:info@fameri.de)

 Monday 09:00 - 13:00

Tuesday 09:00 - 13:00

Wednesday 09:00 - 13:00

Thursday 14:00 - 18:00

Friday 09:00 - 13:00

Open meeting in the Mütterladen Giesing

Mums, dads and children can play together in the open meeting place, talk and get information. You are welcome to buy something buy something to drink and eat.

Who for: Mums and dads with their children aged 0-3 and older siblings

 [Find out more](#)

There is barrier-free access to the building and the rooms.


Mütterladen Giesing

Rißbachstraße 12

81369 München

 [089/69370371](tel:08969370371)

 [@info@muetter.de](mailto:info@muetter.de)

 From Monday to Wednesday 09:00 - 11:30 and 14:30 - 17:30

On Thursday and Friday 09:00 - 11:30 am

Müttertreff Moosach e. V.

Family centre with large play and café area.

 [Find out more](#)

Who for: Families with children from 0 to around 4 years old

Childcare is available for some courses (such as yoga).


In general, children are welcome to come along.


The programme is free of charge, apart from a small charge for food in the café.


Müttertreff Moosach e. V.

Feldmochinger Straße 42

80993 München

 [089/1491532](tel:0891491532)

 @service@muettertreff.de

 From Monday to Friday 09:15 - 11:15 and 15:00 - 17:00


Treffam - International Family Meeting Point

Treffam is a centre for families of all nationalities with children aged 0-6. We advise you on your individual questions and support you in learning German. You can also get to know other families and exchange ideas. The coexistence of people of different origins and religions is a natural part of everyday life at Treffam.

Our programmes include

- Parent-child café
- Counselling and information
- Parent-child groups
- Baby playgroups
- Integration course for women (with childcare)
- Language support: language café, German course for children using the Kikus method
- Work opportunities (AGH)
- Festivals, excursions and activities
- Rentals for children's birthday parties
- Volunteering
- Weekend activities

Who for: Mums, dads, children (0 - 6 years) and women.

 Our social pedagogues and educators speak the following languages: German, English, French, Italian, Russian, Ukrainian, Turkish, Arabic, Romanian.

Childcare is available. Children can be brought along.

Many offers are free of charge, some courses have low fees.

There is barrier-free access to the buildings and rooms. There is a disabled toilet.

Treffam

Tübingerstraße 11

80686 München

☎ [089/1269915200](tel:0891269915200)

@ treffam@diakonie-muc-obb.de

🕒 Opening hours:

On Monday and Wednesday 08:30 - 17:00

On Tuesday and Friday 08:30 - 13:30

On Thursday 08:30 - 18:00

🌐 www.treffam.de

Müttertreffs (get-togethers for mums)

Müttertreffs

Verein Stadtteilarbeit - Milbertshofen

Who's it for: Mothers with children, women

All premises have barrier-free access as well as a disabled toilet.

Moosacher Straße 11a

80809 Munich

☎ [089/9901650](tel:0899901650)

✉ c.schmidt@verein-stadtteilarbeit.de

🌐 www.verein-stadtteilarbeit.de

CaféTreff for women

At this get-together, mothers can discuss things, enjoy coffee and cake and do creative activities. Children of all ages are very welcome.

Donations for coffee and cake are requested.

■ Thursday 15:00 – 18:00 (not in the school holidays)

Breakfast get-together for women

At this get-together, mothers can discuss things and have a leisurely breakfast. Children of all ages are very welcome.

Donations for the breakfast are requested.

■ 09:00 – 12:00 (not in the school holidays)

Familienzentrum Trudering

International mother & child group

Our group is drop-in — you can just come along and do not need to register in advance. We sing, play and breakfast together. The breakfast is provided by the centre.

■ [Find out more](#)

Who's it for: Mothers with children up to the age of 3

■ Interpreters for English are available.

Childcare is available.

There is barrier-free access to the building and rooms, and a disabled toilet.

The service is free.

Dompfaffweg 10

81827 Munich

■ [089/45242070](tel:08945242070)

■ info@familienzentrum.com

■ **International mother & child group**

Friday from 09:30 to 11:30

Centre general opening times

Monday 09:00 - 14:00

Tuesday 09:00 - 14:00

Wednesday 09:00 - 14:00

Thursday 09:00 - 14:00

Friday 09:00 - 14:00

This text contains information about the following search terms:

Babies, toddlers, parent-child group, toddlers group, together, exchange, get to know each other, contact, neighbourhood, handicraft, craft work, artistic, leisure time

Parents active - mother-tongue parent training

Parents active - mother-tongue parent training

The parent training programme helps mothers and fathers with a refugee or migrant background with parenting. It takes place in the parents' native language.

Who for: For parents of children aged 0 to 13.

The training consists of 12 sessions. Each session lasts 2 hours. Thanks to the cultural proximity of our trainers and the common mother tongue, the values of parenting and family can be reflected on a basis of trust and understanding. Values and competences brought along should be preserved and utilised. New knowledge about topics that are important for parenting in this country should be built up.

Possible topics are

- School and kindergarten
- Dealing with conflicts

- Dealing with media
- Child development
- Giving attention and praising correctly
- Setting boundaries
- Nightmares, bedwetting, etc.

The programme is free of charge.

🗣️ We offer the training in 30 different languages.

Here you can find the flyer in 🇸🇦 [Arabic](#), 🇬🇧 [Bulgarian](#), 🇩🇪 [German](#), 🇬🇧 [English](#), 🇮🇷 [Farsi](#), 🇫🇷 [French](#), 🇷🇴 [Romanian](#), 🇷🇺 [Russian](#), 🇮🇶 [Sorani](#), 🇪🇸 [Spanish](#), 🇲🇰 [Tigrinya](#), 🇹🇷 [Turkish](#), 🇺🇦 [Ukrainian](#), 🇮🇪 [Hungarian](#) and 🇻🇳 [Vietnamese](#).

You can also bring your children with you. If you arrange it with us in advance, we can look after your children during this time.

🔗 [Find out more](#)

📍 Refugio München, Elsässer Straße 33, 81667 München

☎️ [089/98295752](tel:08998295752)

✉️ [@barbara.reich@refugio-muenchen.de](mailto:barbara.reich@refugio-muenchen.de)

✉️ [@frederic.lwano@refugio-muenchen.de](mailto:frederic.lwano@refugio-muenchen.de)

Association of Binational Families and Partnerships, iaf e. V.

Association of Binational Families and Partnerships, iaf e. V.

We are a counselling centre for couples and families. We support you with various issues:

- We help you in difficult situations, separation and divorce.
- We advise you on legal issues. For example, if you have questions about marriage or [family reunification](#). Or if you have questions about different residence options.
- We support you in preparing for an interview with the authorities.
- We can help you if your family is suffering from discrimination.

We also offer seminars and programmes for groups.

For whom: binational and migrant couples and families.

🗣️ Our counsellors speak German and English. It is also possible to organise a person to be present at the meeting and translate.

There is barrier-free access to the building and the rooms.

Counselling is free of charge. Other offers cost something.

Please make an appointment.

🌐 [Website in easy language](#)

🕒 Monday, Wednesday and Friday 10:00 - 12:00

Verband binationaler Familien und Partnerschaften, iaf e.V

📍 [Goethestraße 53, 80336 München](#)

@ muenchen@verband-binationaler.de

☎ [+49 \(0\) 89248813770](tel:+49(0)89248813770)

🌐 <https://binational-muenchen.de/>

**This text contains information on the following search terms:
anti-racism, anti-discrimination**

e:du - Parents and you: Playing and learning (Opstapje programme)

e:du - Parents and you: Play and learn (Opstapje programme)

We support you in promoting the age-appropriate development of your child. Once a week, our counsellor will visit you at home and bring play materials for your child: Books, balls, puzzles, pens and much more. Every fortnight there is a group meeting where we provide information on various topics relating to parenting and development. You can also get to know other mums and dads.

Who for: All families with children aged 1 to 3 who would like support

Childcare is available during the group meetings.

The programme costs 10 euros per month.

Protestant family education centre "Elly Heuss-Knapp"

For families from the following neighbourhoods: Milbertshofen, Am Hart, Stadtmitte, Schwanthalerhöhe.

The number of places is limited to 30 participants.

☎ [089/55224130](tel:08955224130)

✉ edu@efbs-muc.de

📅 Monday to Friday 09:00 - 12:30 and 14:00 - 16:00

Paritätische Familienbildungsstätte München e. V. (Fabi)

For families from the following neighbourhoods: Ramersdorf, (Neu-)Perlach, Obergiesing.

There is barrier-free access to the building and the rooms. There is a disabled toilet.

The number of places is limited to 30 participants.

☎ [089/67371709](tel:08967371709)

✉ edu@fabi-muechen.de

📅 Monday to Friday 09:00 - 13:00

House of the Family - Catholic Family Education Centre


For families from the following neighbourhoods: Neuhausen, Nymphenburg, Moosach, Sendling, Sendling-Westpark.

 [017645533746](tel:017645533746)

 @edu@hausderfamilie.de

Babynews Munich - the community for parents from Munich and the surrounding area

Babynews Munich - for parents from Munich and the surrounding area

 [Babynews.de](https://www.babynews.de) is an internet forum and has 14,000 registered users.

- You can ask questions and exchange ideas
- There are courses and offers for parents and children
- In the section „Suche/Biete“ you can buy and sell things for babies and children
- In the section „Öffentliche Flohmärkte“ you will find current flea markets for baby and children's items in Munich. These are updated regularly.

The  [website](https://www.babynews.de) contains helpful tips for parents and anyone who wants to become one.

Who for: Parents, parents-to-be, people who want to have children

The service is free of charge.

 @kontakt@babynews.de

**This text contains information on the following search terms:
children's clothing, toys, cheap shopping, second-hand**

Children's day centres (KiTZ)

KinderTagesZentren (KiTZ)

There are more than 30 KiTZe in Munich. They are spread all over Munich.

What is a KiTZ?

A house for families and children in the neighbourhood. Everyone is welcome.

 You can find a [film](#) here.

What we do:

- We look after children aged 9 weeks to 12 years.
- We create a place where families from the neighbourhood can meet.

- We have many offers for families from the neighbourhood.
- We offer advice and help with the search for a place in a kindergarten (daycare centre).
- There are playgroups and an outdoor playground.
- We offer creative activities with music and dancing.
- There are groups for fathers.
- There are groups for parents, sewing cafés.
- There are meetings for parents on specific topics.

All programmes are free of charge.

If you have any questions about accessibility, please ask on site:

Where are the centres?

You can find your nearest centre on the [INTEGREAT city map](#) or here on the website:

📍 Fritz-Erler-Straße 12, 81737 München

☎ [089/139283711](tel:089139283711)

@ kita.fritzerlerstr.12@muenchen.de

📍 Heinrich-Braun-Weg 5, 80933 München

☎ [089/309053770](tel:089309053770)

@ kita.heinrichbraunweg.5@muenchen.de

📍 Hartmannshofer Bächl 46, 80997 München

☎ [089/159896710](tel:089159896710)

@ kita.amhartmannshoferbaechl46@muenchen.de

📍 Nanga-Parbat-Str.105, 80992 München

☎ [089/1598967830](tel:0891598967830)

@ kita.nangaparat.105@muenchen.de

📍 Freienfelsstraße 3, 81249 München

☎ [015254850873](tel:015254850873)

@ martina.labenz@muenchen.de

📍 Widmannstraße 34, 81829 München

☎ [089/053521](tel:089053521)

@ kita.widmannstr.34@muenchen.de

📍 Grafinger Straße 67+69+69a, 81671 München

☎ [089/49002603](tel:08949002603)

@ kita.grafingerstr.69@muenchen.de

📍 Blumenauer Straße 9, 80689 München

☎ [3090526729](tel:3090526729)

@ kita.blumenauerstr.9@muenchen.de

📍 Traunsteiner Straße 4/4a + 6/8, 81549 München

☎ [089/6202197810](tel:0896202197810)

@ kita.traunsteinerstr.4@muenchen.de

- 📍 Rosenheimerstr 118, 81669 München
☎ [089/23320090](tel:08923320090)
✉ @kitz.severinstr.2@muenchen.de
- 📍 Langbürgener Straße 11, 81549 München
☎ [089/680861943](tel:089680861943)
✉ @kitz.langbuergenerstr.11@muenchen.de
- 📍 Menaristr.1, 80689 München
☎ [089/589095955](tel:089589095955)
✉ @kita.menaristr.1@muenchen.de
- 📍 Brittingweg 8, 81737 München
☎ [089/6702555](tel:0896702555)
✉ @kita.brittingweg.8@muenchen.de
- 📍 Kistlerhofstraße 127, 81379 München
☎ [089/748089910](tel:089748089910)
✉ @kita.kistlerhofstr.127@muenchen.de
- 📍 Werner-Egk-Bogen 33, 80939 München
☎ [089/309053730](tel:089309053730)
✉ @kita.werneregkbogen.33@muenchen.de
- 📍 Hans-Clarin-Weg 10, 81249 München
☎ [089/23364686](tel:08923364686)
✉ @kita.hansclarinweg10@muenchen.de
- 📍 Korbinianplatz 21, 80807 München
☎ [089/35718790](tel:08935718790)
✉ @kita.korbinianplatz.21@muenchen.de
- 📍 Gubestraße 3-5, 80992 München
☎ [089/1415068](tel:0891415068)
✉ @Kitz.moosach@awo-muenchen.de
- 📍 Reinmarplatz 30, 80637 München
☎ [089/143043280](tel:089143043280)
✉ @3725@jh-obb.de
- 📍 Clarita-Bernhard-Straße 3, 81249 München
☎ [089/2170379203](tel:0892170379203)
✉ @kitz-fachkraft@sos-kinderdorf.de
- 📍 Stösserstraße 14, 80933 München
☎ [089/31400022](tel:08931400022)
✉ @kitz-hasenberg@awo-muenchen.de
- 📍 Veit-Stoß-Straße 98, 80687 München
☎ [089/54646640](tel:08954646640)
✉ @kitz@dksb-muc.de
- 📍 Helmut-Käutner-Straße 14, 81739 München
☎ [089/444512770](tel:089444512770)

@3724@jh-obb.de

📍 Heinrich-Böll-Straße 133, 81829 München

☎ [089/2317167750](tel:0892317167750)

@kitz-haus-am-see@kinderschutz.de

📍 Werner-Schlierf-Str. 17, 81539 München

☎ [089/64954272](tel:08964954272)

@3719@jh-obb.de

📍 Josef-Obenhin-Str. 1, 80634 München

☎ [089/70952593](tel:08970952593)

@3727@jh-obb.de

📍 Graslilienanger 4, 80937 München

☎ [017613140127](tel:017613140127)

@kita-gras@diakonie-hasenbergl.de

Counselling and help / Separation - Divorce

Apply for maintenance advance

Maintenance advance centres of the municipal youth welfare office

Are you bringing up your child alone? Then the other parent must pay money for the child. This money is called maintenance.


Can the other parent not pay maintenance? Can the other parent not pay maintenance every month? Does the other parent not want to pay maintenance?

Then you can apply for advance maintenance payments. This means that the youth welfare office pays the maintenance.

The other parent must later repay the advance maintenance payment to the Youth Welfare Office.

The law on advance maintenance payments states who is entitled to advance maintenance payments. The short word for the Maintenance Advance Act is: UVG.

The UVG contains many rules for advance maintenance payments. The youth welfare office can advise you. They will help you with your application.

The amount of money is calculated according to the  [Düsseldorf table](#).

Who is it for: Children up to the age of 18 if they or the parent looking after them have German citizenship or the right to freedom of movement (EU/EEA citizenship), a settlement permit or residence permit (authorisation to work; permanent residence).

You can use this [questionnaire](#) to check whether you are entitled to advance maintenance payments.

You can submit the [application online](#).

 [Find out more](#)

 Interpreters can be requested in numerous languages.

Children can be brought along.

There is barrier-free access to the building and the rooms. There is a disabled toilet.

Ramersdorf - Perlach

Thomas-Dehler-Straße 16

81737 Munich

■ [089/23396812](tel:08923396812)

■ sbh-rp-uv.g.soz@muenchen.de

Schwabing-Freimann

Heidemannstrasse 170

80939 Munich

■ [089/23396811](tel:08923396811)

■ sbh-sf.soz@muenchen.de

Sendling-Westpark

Meindlstraße 20

81373 Munich

■ [089/23396809](tel:08923396809)

■ sbh-sw-uv.g.soz@muenchen.de

■ Monday 08:00 - 16:00

Tuesday 08:00 - 16:00

Wednesday 08:00 - 16:00

Thursday 08:00 - 17:00

Friday 08:00 - 13:00

Counselling for separation and divorce (TuSch)**Separation and divorce counselling (TuSch)**

We advise women, parents and couples on separation and divorce. We also provide counselling on the dissolution of a civil partnership. We provide counselling before, during and after separation.

Services for women:

- Counselling on emotional, social and economic issues and problems
- Advice on parental care and organising contact
- Counselling on legal and tax issues
- Open discussion groups and self-help groups
- Lectures and workshops

Offers for parents and couples:

- Counselling for parents / contact counselling
- Counselling according to the Munich model (catalogue of criteria for implementing accelerated proceedings)
- Mediation

Children can be brought along.

 [Find out more](#)

TuSch – Trennung und Scheidung


Frauen für Frauen e. V.

Grimmstraße 1

80336 München

 [089/774041](tel:089774041)

 @tusch@tusch.info

 Please make an appointment.

Telephone consultation hours:

On Monday, Tuesday and Thursday from 10.30 am to 12.30 pm

On Wednesday from 14:30 to 15:30

Counselling centre IETE - Intact parenthood despite separation/divorce

IETE counselling centre - Intact parenthood despite separation/divorce

Partnerships can break up, parenthood cannot be dissolved.


We advise families in crisis. Our goal is a positive relationship between parents and children, even if the parents separate.

What we offer:

- We provide counselling before, during and after separation and divorce
- We advise you on issues relating to custody and contact
- Accompanied contact
- We advise you on issues relating to family cohabitation
- We help you with parenting

 [Find out more](#)

Who for: Mums, dads, children and young people, step-families, grandparents, single parents.

 English, Polish, Serbo-Croatian and Slovenian.

For other languages we can organise a person to translate.

Children can be brought along.



The programme is free of charge. Anyone who would like to can make a donation.


Please make an appointment.

Beratungsstelle IETE

Germersheimerstraße 26

81541 München

 [089/452443110](tel:089452443110) or  [089/452443120](tel:089452443120)

 [@info@iete-muenchen.org](mailto:info@iete-muenchen.org)

Holiday activities for children and adolescents

Holiday pass



Holiday pass

With the Munich Holiday Pass, you can save money and get great ideas for activities during the holidays. For example, there are discounts, vouchers, suggestions and exclusive offers in the areas of adventure, sport, languages, reading, music, art and knowledge. These include, for example, vouchers for the Munich [swimming pools](#) and [Hellabrunn](#) Zoo. For children aged 6 to 14, the holiday pass also replaces the ticket for public transport during the summer holidays.

 [Find out more](#)


Who for: For children and young people aged 6 to 17 who want to spend their holidays in Munich and the surrounding area. Children and young people who do not live in Munich and the surrounding area can also buy this pass.

Cost: €14 for children and young people aged 6 to 14. 10 € for children and young people aged 15 to 17.

The holiday pass can be purchased [online at](#)  or at a  [sales outlet](#).

If you have any questions:

 @ferienpass.soz@muenchen.de

 [089/23333822](tel:089/23333822)

Free holiday pass for children and young people from families with little money:

The holiday pass is free of charge if the following conditions are met:

- if the family is in a social emergency situation and / or receives socio-educational support
- if the family has a low income
- if you are doing federal voluntary service, a voluntary social year or a voluntary ecological year
- Receiving one of the following benefits:
 - Subsistence assistance or basic income support (SGB XII)
 - Citizen's allowance (SGB II)
 - Benefits according to the Asylum Seekers Benefits Act (AsylbLG)
 - [Housing benefit](#) or child supplement

Documents required:

- Proof of income, assets and rent OR report from the specialised educational service providing support
- Age-appropriate passport photo

You can get the free holiday pass at  [Sozialbürgerhaus](#).

Discounts on municipal holiday offers

Discounts on municipal holiday offers

At www.ferien-muenchen.de you will find many different activities for holidays in Bavaria. These include, for example, one-day or multi-day trips, workshops, holiday camps, city breaks or adventure camps. All children and young people in Munich can take advantage of them!

How to find the right programme:

1. Go to www.ferien-muenchen.de and enter when you have holidays and how old you are. You can also search by location or type of activity.
2. Once you have entered everything, click on "Suche starten".
3. You will then be shown a list of suitable offers.
4. Click on an offer for more information.
5. A traffic light indicates whether places are available or whether they are already full.

It is important that all children and young people can take part in the holiday activities! If your family doesn't have a lot of money, there are discounts for many events. The activities are organised by non-profit organisations. For example, the municipal youth welfare office. The organisations are not interested in money, but in helping young people to become independent and get on well in the community. The activities are supported with funds from the City of Munich. Ask the event organiser "Anbieter" for more information.


Discounts

Who for: Children aged 5 to 15 from the Munich city area who live

- live in residential youth welfare centres or foster families (§§ 33 and 34 SGB VIII)
- live in households with little money (§ 53 Abgabenordnung)
- live in households that receive one of the following benefits
 - Assistance towards living expenses or Grundsicherung (SGB XII)
 - citizen's allowance (SGB II)
 - Benefits under the Asylum Seekers Benefits Act (AsylbLG)

Documents required: Benefit notice or proof of income, assets and rent

If you have any questions:

 [089/23333833](tel:08923333833)

Information on the Munich holiday offers (JIZ)

Youth Information Centre (JIZ) - Information on Munich holiday offers

The Munich holiday portal  www.ferien-muenchen.de provides information about holiday activities for children and young people in Munich.

The JIZ also has many programmes and brochures on leisure activities for children and young people, especially during the holidays. There is also a computer for internet research.

Who it's for: All teenagers and young adults aged 14 to 26. And for everyone who deals with young people (parents, teachers, youth work professionals).

There is barrier-free access to the building and the rooms.

The offer is free of charge.

Jugendinformationszentrum (JIZ)


Sendlinger Straße 7

80331 München

 [089/55052150](tel:08955052150)

 [@info@jiz-muenchen.de](mailto:info@jiz-muenchen.de)

 www.jiz-muenchen.de

 On Monday 12:00 - 19:00

 From Tuesday to Friday 13:00 - 18:00

This text contains information on the following search terms:

holiday programme, counselling, travel, holiday care, childcare, youth counselling