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#### Health

#### The healthcare system in Germany

Germany has a healthcare system.

It helps everyone when they are ill or injured.

There are many places where you can get help.

For example, at the doctor, hospital or pharmacy.

Most people have health insurance.

Health insurance pays a lot of the costs of treatment.

This means that even people with little money can go to the doctor.

The healthcare system also ensures that people stay healthy.

For example, with examinations and vaccinations.

This helps to detect or prevent illnesses at an early stage.

It is important that people with disabilities or special needs receive the same help as everyone else.

Health is important for everyone.

Everyone should have the same opportunity to get medical help.

No matter what problems or special needs someone has.

People with disabilities sometimes have difficulties.

For example, when finding medical help.

Or when they want to participate in society.

The aim is for there to be no more barriers.

Everyone should be well cared for and no one should be excluded.

So everyone can lead a self-determined and active life.





#### **EXVWL** search portal

You can use this search portal to find doctors, specialists and psychotherapists in the district. You can filter for barrier-free practices.

#### **Diakonische Stiftung Wittekindshof**

Health is very important in order to be happy.

Health doesn't just mean not being ill.

Promoting health also means feeling good.

This also applies if you have limitations or problems.

Health has to do with the body, feelings and living with other people.

All these things influence each other.

This is important for health. For all people. No matter how old you are.

The World Health Organization has a model for this. It's called functional health.

The Wittekindshof works according to this model.

They look after people with and without disabilities.

They offer this for all age groups:

- Prevention: they help to prevent people from becoming ill.
- Diagnostics: They find out whether someone has an illness.
- Therapy: They treat people when they are ill.
- Aftercare: They also look after people after treatment.

Many specialists work together there. These are, for example:

- Doctors,
- therapists,
- · psychologists,
- nurses,
- educators.

They talk to each other and help together.



#### Our services include:

### **Outpatient nursing service:**

Nursing service manager Birgit Grothe

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### Autism outpatient clinic:

Head of department Stefanie Schlensker

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# **Early intervention:**

**<u>Website</u>** 

## Location in Bad Oeynhausen:

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## **Location in Espelkamp:**

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# Medical treatment center for adults with disabilities (MZEB)

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