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### Moving to the district of Ludwigsburg

### **EU** migrants:

If you are a citizen of a member state of the EU, you can in principle enter Germany legally and live and work there.

live and work there (Freedom of Movement Act/EU).

You must then register at the Residents' Registration Office (Einwohnermeldeamt) responsible for you (locally in the municipality/city hall). To do this you will need

a valid identity card or passport from your country of origin.

Please bear in mind that you may not be entitled to social benefits in Germany for the first 5 years of your stay (unless you are working).

social benefits in Germany. In this case, it is important that you make an appointment for counselling with the **Jobcenter im Landkreis** 

# **Ludwigsburg** district.

You can find more information here.

A BAMF brochure in German, English and other languages can be found **here**.

### Spätaussiedler:

After you have received your notification of admission in your country of origin, you may enter Germany.

There, you will be assigned to a district by the Federal Office of Administration in Friedland (for example, the district of Ludwigsburg).

accommodated by this district if you are unable to find private accommodation.

Further information can be found here.

A BAMF brochure in German and Russian can be found **here**.

#### Refugees from Ukraine:

After you have fled the war from Ukraine and arrived in Germany, you must apply for a residence title according to § 24

Residence Act at the competent foreigners authority.

To secure your livelihood, you can apply for basic security benefits according to SGB II or SGB XII. Please contact

contact the Job Center Landkreis Ludwigsburg.

Further information can be found here

### Refugee third-country nationals:





### **Asylum procedure**

After you have applied for asylum, you will be assigned to a district or city (e.g. the district of Ludwigsburg).

The Federal Office for Migration and Refugees (BAMF) decides on your asylum application.

On the BAMF website you will find more detailed information about the <u>asylum procedure in</u>

<u>Germany</u> (also in

multilingual) and the procedure of an asylum procedure.

You will initially be accommodated in a shared accommodation of the district of Ludwigsburg. If you have any questions, please contact

the staff on site if you have any questions.

In addition, you will be registered with the local authority and your residence permit will be sent to the Foreigners' Registration Office.

Foreigners' Registration Office (Ausländerbehörde) in order to enter your address, among other things.

#### **Notification**

Some time after your hearing at the BAMF, you will receive your decision by post. It will state what decision has been made in your asylum procedure.

was made.

### Residenzpflicht

### Residenzpflicht (residence obligation)/ spatial restriction

Who is subject to the residence obligation and for how long?

If you have applied for asylum as an asylum seeker, you are initially restricted to the (city or rural) district of the foreigners authority in which you live.

foreigners authority in which the reception centre responsible for you is located. The spatial restriction is also called the residence obligation.

The spatial restriction expires if you stay in Germany for longer than three months on a permitted, tolerated or authorised basis, unless you are

are still obliged to live in the reception centre responsible for taking him or her in.

It may happen that persons from so-called safe countries of origin or with little prospect of remaining are subject to a residence obligation until the decision of the

asylum application are subject to a residence obligation.

If their asylum application is rejected as "manifestly unfounded", the residence obligation even applies until you leave the country.





Am I allowed to leave the designated area for appointments, travel, visits? This restriction does not apply to appointments with authorities and courts. For other occasions, you must obtain permission from the competent foreigners authority (e.g. visiting the sick, visiting refugee organisations, weddings, deaths, etc.).

Note: When obtaining permission, a written invitation from the person you wish to visit may help.

Note: If you leave the area of your spatial restriction in without permission, you may face fines. If the offence is repeated

you can even face a prison sentence of up to one year.

#### **Residence restriction**

A residence restriction means that you have to live in a certain place and/or a certain flat/community accommodation.

You are not allowed to simply move, but must submit an application.

## For whom and for how long does the residence requirement apply?

A distinction is made between the following residence requirements

- § Section 12a of the Residence Act for persons entitled to asylum, refugees within the meaning of Section 3 (1) of the Asylum Act or persons entitled to subsidiary protection within the meaning of Section 4 (1) of the Asylum Act or persons with a ban on deportation.
- § Section 60 (1d) for tolerated persons
- § Section 60 (1) Asylum Act for asylum seekers
- § 24 Residence Act

### Overall, it can be said that the following persons have a residence requirement:

- · Asylum seekers/ persons with a residence permit
- Persons with recognised protection status (refugee status, subsidiary protection status or deportation bans), insofar as the foreigners authority has imposed a residence requirement when issuing the residence permit.
- Tolerated persons / persons with toleration who are unable to secure their livelihood independently
- · War refugees from the Ukraine

# Is it possible to move for the job?

In the case of the persons named in § 12a of the Residence Act and § 24 of the Residence Act, the residence requirement will be lifted if you can prove that you will be able to

- · start vocational training/studies
- you can take up employment subject to social insurance contributions and
- the probable permanent job is at an unreasonable distance from your previous place of residence:

It is possible to apply for the removal of the residence requirement for both temporary and permanent employment.





### However, please note the following:

- The employment must be expected to last longer than three months
- The weekly working hours must be at least 15 hours
- The net income must be above the SGB II rate for standard needs, accommodation and heating.

Application to change the residence requirement for tolerated persons/ cancellation of the residence requirement for asylum seekers/refugees:

You must submit the application for cancellation or change of the residence requirement or reallocation to the foreigners authority of your current place of residence.

The foreigners authority at the destination of the move must agree.

You will need the following documents:

- Application
- Copy of employment contract/training contract or written confirmation of employment (probationary period must be over)
- · Copies of the last three pay slips
- In the case of communal residents, a certificate from the communal administration stating that there are no rent arrears or outstanding debts there

Rental contract for the flat (with ancillary costs) or certificate from the landlord stating the total costs of the proposed new flat.

Important: Do not sign the tenancy agreement until the foreigners authority at your destination has approved the move.

You can find more information on this under Asylum and Refugee Protection.

### Self-help groups

<u>Self-help groups</u> are self-organised associations of people who have the same problem or concern and want to do something about it together. Typical problems include dealing with chronic or rare diseases, life crises or stressful social situations.

With this Guide to Self-help Groups, the health office of the administrative district of Ludwigsburg offers a good overview of registered self-help groups in the administrative district.

Landratsamt Ludwigsburg - health office Health promotion department

Hindenburgstr. 20/1, 71638 Ludwigsburg

www.landkreis-ludwigsburg.de

Addiction - alcohol, medicines, gambling and drugs





If you drink too much, use drugs, have eating disorders or know someone who has problems with addiction, you can seek help here:

### **Caritas Ludwigsburg - Addiction counselling**

Alcohol, drug and medication problems, such as gambling addiction and eating disorders

Mömpelgardstr. 4, 71640 Ludwigsburg

www.caritas-ludwigsburg-waiblingen-enz.de

# **Ludwigsburg District Social Welfare Association**

Psychosocial counselling and outpatient treatment centres for

Addicted and people in danger of becoming addicted.

Am Japangarten 6, 74321 Bietigheim-Bissingen

**€**,07142 9743-0

Also advisory services for gamers

Consulting appointments also for Marbach

Bahnhofsplatz 10, 70806 Kornwestheim & 07154 805975-0

Consulting appointments also for Ditzingen and Vaihingen/Enz

www.landkreis-ludwigsburg.de/

# Chillout - drug counselling for young people

Mömpelgardstr. 4, 71640 Ludwigsburg

**∞**07141 97711-11

Schwätzgässle 3, 74321 Bietigheim-Bissingen, Germany

**€**07142 33955-44

Bahnhofsplatz 10, 70806 Kornwestheim, Germany

**2**07154 805975-13



www.drogenberatung-chillout.de

### **Eating disorder**

An eating disorder is a behavioural disorder in which the affected person is constantly concerned mentally and emotionally with the topic of eating and thus either eats too much food or vomits up food eaten, or completely refuses to eat it.

Hereyou will find an explanation video.

If you suffer from an eating disorder yourself, or know someone close to you, you can contact the following address:

### Frauen für Frauen e.V. - Specialist advice for women with eating disorders

Advice for affected persons, relatives and other interested parties

The initial interview is free of charge and anonymous.

**€**07141 220833

Thttp://www.frauenfuerfrauen-lb.de/essstoerungen/

### Psychology and trauma, acute crises

For psychological problems of various kinds, you can seek help here:





# **District of Ludwigsburg - Health Office Social Psychiatric Service**

The offer is aimed at adult persons with mental illness and their caregivers, is free of charge, independent and subject to confidentiality.

Königsallee 59/2, 71638 Ludwigsburg, Germany

**€**,07141 144-2029

Monday to Friday 08:30 - 12:00 Monday to Wednesday 13:30 - 15:30

Thursday 13:30 - 18:00

and by arrangement

www.landkreis-ludwigsburg.de

# **District Office Ludwigsburg - Youth Welfare Office**

Child and youth emergency service (KJND)

Hindenburgstr. 40, 71638 Ludwigsburg, Germany

**€**07141 144-386

Around the clock.

The jurisdiction depends on your place of residence.

www.landkreis-ludwigsburg.de

## Psychological counselling centre

for parents, children, teenagers and young adults.

The consultation is free of charge and is subject to confidentiality

Hindenburgstr. 40, 71638 Ludwigsburg, Germany

**⊘**07141 144-2529

Registration by telephone:

Monday - Friday: 8:30 - 12:00 Monday - Wednesday: 13:30 - 15:30

Thursday 13:30 - 18:00

www.landkreis-ludwigsburg.de

### eva - Psychological Counselling Centre for Refugees and Migrants

Advises and accompanies traumatised refugees/displaced persons as well as migrants with psychoreactive disorders.

**€**0711 2854-450

Appointment by telephone.



www.eva-stuttgart.de

### refugio Stuttgart e.V.

Psychosocial centre for traumatised refugees in the Stuttgart region with a branch office in Tübingen and consultation hours in Heilbronn and Nürtingen.

Weißenburgstr. 13, 70180 Stuttgart, Germany

Stuttgart:0711 12559205

Wednesday 14:00 - 16:00 and Friday 09:00 - 11:00

Heilbronn: 0711 12559205 Thursdays 13:30 - 15:30



www.refugio-stuttgart.de

0711 12559205





### Help for women and children (violence, abuse)

Crises and quarrels occur in every family. But if you quarrel very often and maybe violence comes along with it, you should definitely get professional help. In Germany, everyone - including parents and spouses - is prohibited from physically or mentally abusing other people or from sexually harassing and abusing them. There are places that can advise you free of charge and where you can remain anonymous.

# Children and young people in need

#### Silberdistel e.V.

Counselling and support for sexually injured boys, girls and young adults, and their parents, relatives and friends. The offer is anonymous and free of charge.

Myliusstr. 2a, 71638 Ludwigsburg, Germany 07141 6887190

@info@silberdistel-ludwigsburg.de

http://www.silberdistel-ludwigsburg.de/

# Women and girls in need

Refuge and protection for women and their children who experience violence from their partner.

### Frauen für Frauen e.V.

#### Women's shelter

**6**07141 901170

<u>@frauenhaus@frauenfuerfrauenhaus-lb.de</u>

Monday to Friday 09:00 - 11:00

http://www.frauenfuerfrauen-lb.de/frauenhaus/

Ring the national help telephone number outside our hours. The help telephone against violence is a free offer.

**€**√08000 116 016

www.hilfetelefon.de

Around the clock.

Special counselling centre for women in forced marriage and trafficking situations.

### **Papatya Online Consulting**

Sibel gives anonymous, confidential and free advice on forced marriage, control; counselling on violence, abduction; if you feel different, LGBTI\*Q and couples who are not allowed to love each other.

www.beratung.papatya.org.de

#### **Yasemin Counselling Centre**

For migrant women between the ages of 12 and 27, who have difficulties with their family, with their relatives and with their social environment have.

The consultation is free of charge and if required also in Turkish.

**€**,0711 65869526

@info@eva-yasemin.de

www.eva-stuttgart.de





& 08000 116 016

