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Culture, leisure and sport

Leisure activities for children and teenagers

There are many places in the Ludwigsburg district you and your children acan spend free time with your children - free of charge.

Playgrounds

In every town and village you will find several playgrounds or free football pitches ("Bolzplätze") and basketball courts where you can play. Here your children can play outside in the sand, slides or swings. Playgrounds are open to all and free of charge.

Addresses for playgrounds and football fields

If you are looking for a playground in your community, click here!
If you are looking for a football field in your municipality, click here!

Important: Please note that there are rules and times of use at every playground and football field that must be adhered to.

<u>Useful times</u>: Playing is usually permitted from 8 a.m. to 8 p.m. on playgrounds and football fields, and a stay until 10 p.m. is permitted if the children are quiet.

<u>Rules:</u> Especially alcohol and cigarettes are taboo on playgrounds and football fields. Dogs are also not allowed on playgrounds. Most playgrounds have signs prohibiting them. By the way, you do not have to remind your children to rest during lunchtime (13 - 15 o'clock). There is no midday rest on playgrounds!

Especially for children, there are a lot of possibilities to romp, play and practice different sports. In addition to playgrounds, football fields and basketball courts, every town in the district of Ludwigsburg offers sports and exercise facilities run by sports clubs.

You can find more information here.

Children and young people aged between 8 and 21 can visit children's and youth centres in their free time. There are open meetings, groups and projects here, advice and sometimes help with homework, help to get started in working life. It is also a good place to meet young people, play billiards and table football or chat on the Internet.

For children between the ages of 3 and 7, the children's and youth centres are unsuitable, as the programme is not age-appropriate and supervision is not guaranteed.

Vacation time and nothing planned yet?!The holiday programme for children between the ages of 6 and 16 ensures that there is no boredom during the Whitsun and summer holidays. The holiday program (or the "suburban recreation" - "Stadtranderholung") offers various activities on land and water: Bouldering, learning magic tricks, jewellery making, trial diving course, animals and tracking animals, fun and excitement guaranteed.

You can find more information <u>here</u>.

Online offer:

How does the display know when the train is coming?

In the "Sendung mit der Maus" children will find answers to exciting questions. One of the best-known German children's programmes with explanations on various things in Germany is





also available in English, French, Arabic, Kurdish and Dari.

www.wdrmaus.de

Clubs

Clubs have a great social significance in Germany and offer people the opportunity to realize common goals and improve their language. These goals can be of various kinds: sporting activities, leisure activities, commitment to the needy and disadvantaged, protection of nature or contact with like-minded people.

There are many sports clubs for various sports in the Ludwigsburg district, including football, American football, basketball, canoe slalom, gymnastics, volleyball and yoga. Even people who have immigrated to the Ludwigsburg district from different countries have founded their own clubs. On the one hand, these enable contact with compatriots, and on the other they are committed to integration and social projects in their new homeland.

Normally an annual membership fee has to be paid in order to be a member. More detailed information can be obtained directly from the association.

Important: If you have a low income, the education and participation (Bildung und Teilhabe) package can provide subsidies for membership fees in clubs for children and young people. For more information click here **here!**

Clubs in your municipality

If you would like to find out more about the clubs in your municipality, just click on the offer page of your <u>Municipality!</u>

Children and family centres

Children's and family centres offer a wide range of courses, consultations, meetings and events for adults and children - and some offers are also suitable for both target groups.

Further information can be found on the welcome pages. Just click here!

Museums and Theatres

The district of Ludwigsburg has a large number of museums and theatres. These offer citizens the opportunity to further their cultural education.

For more information about offers in your city, see the offers in your municipality!

Open meeting places and meeting cafés

Begegnungscafé, Café International, multicultural cooking evening, Sprachcafé - no matter what you call it: in Ludwigsburg district there are many opportunities to get into conversation and exchange ideas with other people, with and without migration experience. Please note that the





list is not updated daily. It is therefore advisable to contact the individual offices before your first visit.

You can find an overview of open meeting points and meeting cafes under the offers in your area!

