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Welcome

Welcome to Landkreis Gießen

About the "Integreat App"

This guide is intended to support you in your everyday life. Here you can find important addresses, contact partners as well as helpful tips and tricks for orientation.

Your everyday routine guide is split into several chapters. Each chapter deals with a different topic. For example, you will find information on physicians, schools, German language courses or other institutions. A chapter containing ideas what to do during your time off is also included. The information and proposals to spend your leisure time will vary and we'll update them regularly. This is why you should look into your mobile app as often as possible to stay informed on current actions and events.

You can also use this app offline, if you don't have access to the Internet. When you go online for the next time, the app will be updated automatically.

We hope that this app will make your life easier.

What you should know about Landkreis Gießen

Landkreis Gießen:

Landkreis Gießen is in the heart of Bundesland Hesse and part of the larger Gießen administrative district. Round about 260,000 inhabitants live in this area.

The "Landkreis" includes 18 towns and municipalities. These are: Allendorf (Lumda), Biebertal, Buseck, Fernwald, the town of Gießen, Grünberg, Heuchelheim, Hungen, Langgöns, Laubach, Lich, Linden, Lollar, Pohlheim, Rabenau, Reiskirchen, Staufenberg and Wettenberg.

Adjacent rural districts are Landkreis Marburg-Biedenkopf at the north, Lahn-Dill-Kreis at the west, Wetteraukreis at the south and Vogelsbergkreis at the east.

During the direct elections on 7 June 2009, Anita Schneider (SPD) won 54.8 per cent of votes. Since this time, she is the first female district administrator in Hesse. On 14 June 2015, her mandate has been confirmed by 62.1 per cent of votes. First full-time district counsellor is Dr Christiane Schmahl (Die Grünen) and the function of a full-time district counsellor is held by Hans-Peter Stock (Freie Wähler). President of the district council is Karl-Heinz Funck (SPD).

For information on Landkreis Gießen, see:

<https://www.giessener-land.de/>

Greetings from the District Administrator

Dear users,

Leaving one's home and starting a new life is in itself already difficult enough. A foreign language and an immense lot of open questions in all life situations don't make it easier. In order to support you during the first time of your stay, Landkreis Gießen offers the Integreat app. It is intended to make you feel at home in our area.

The mobile guide for your everyday life has been translated into several languages. It is available offline and free of charge. All relevant information is made available to you in your language as quickly as possible - also without permanent Internet access and without confusing paper chaos. Intended to facilitate orientation, this app will reduce linguistic barriers and improve your general survey of existing offers: from daycare facilities for children to job hunting and recreational activities.

With the Integreat app, we welcome you cordially to Landkreis Gießen.

Anita Schneider, Landrätin (District Administrator)

Living together in Germany

The constitution

Each individual country has rules, which must be followed by all people. The most important law for Germany is the constitution. It is a collection of 146 articles. Each article stands for a law, i. e. a rule. These rules are binding for all people living in Germany. The constitutional rights protect the freedom of each individual person. They are defined in articles 1 to 19 of the constitution (catalogue of constitutional rights).

Here is the German constitution in 11 languages: * »»[Arab](#), »»[Chinese](#), »»[English](#), »»[French](#), »»[Italian](#), »»[Persian](#), »»[Polish](#), »»[Russian](#), »»[Serbian](#), »»[Spanish](#), »»[Turkish](#) and of course in »»[German](#).

How the German constitutional state functions is shown clearly in the following movie: »»[German](#), »»[Dari](#), »»[Arab](#), »»[English](#), »»[French](#), »»[Pashtu](#), »»[Urdu](#).

Universal Declaration of Human Rights

Human rights are important rights that are valid universally for all people in the world. Human rights are inherent rights of each individual person as a human being. These rights equally protect the dignity of each individual person without any difference, e. g. for "(...) color, sex, language, religion, political or other opinion, national or social origin, property, birth or other status." (Art. 2 of the United Nations Universal Declaration of Human Rights dated 10/12/1948).

In this declaration, 30 rights have been defined. The most important ones are:

- Every individual is of equal worth.
- Every person is entitled to have his or her own opinion.

- Right to live in peace and safety.

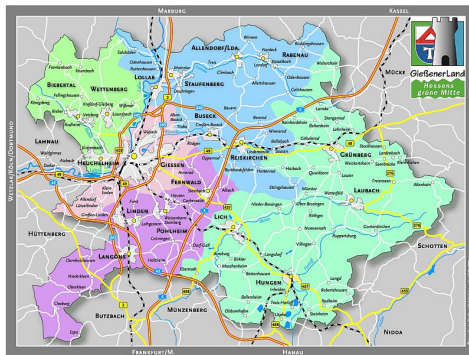
Children's rights

Children need special protection. For this reason, special rights have been defined. The individual rights of children are determined in the Convention on the Rights of the Child. The Convention has been adopted by the UN General Assembly in 1989 and ratified by 193 states. In total, the UN Convention on the rights of the child consists of 54 articles.

The 10 most important children's rights are explained clearly in this app: [»»Arab](#) and [»»Persian](#).

District road map and city road map

Landkreis Gießen:



<https://www.giessener-land.de/downloads/bilder/20...>

City of Gießen:

<https://giessen.maps.arcgis.com/apps/webappviewer...>

Welcomecenter Hessen

Start your career in Hessen!

Information and support for **international workers, professionals, workers, professionals, executives, apprentices and university students.**

Are you new in Hessen? Then you probably have a range of questions about living and working in your new homeland. Would you like to inquire about where German courses are offered in your vicinity or where to look for a job? Do you need assistance in visa related issues or composing your application documents (curriculum vitae and cover letter) or preparing for your job interview? Then the WELCOMECENTER Hessen is the right place for you!

We also offer a wide variety of workshops related to job-seeking in Germany.

We are glad to offer free individual counselling services in **German, English, Spanish and Kiswahili**.

We also offer counselling to hessian companies interested in employing highly skilled international staff and executives.

You can contact us via e-mail or telephone for appointment bookings. We will thereafter offer you an appointment **in person, via video, telephone, or e-mail**.

Contact details:

E-mail: info@welcomecenterhessen.com

Telephone: 069-97172-122 or 0800 6665788

Homepage: www.work-in-hessen.de/welcomecenter-hessen

Facebook: [Welcomecenter Hessen](https://www.facebook.com/WelcomecenterHessen)

Functions and Events:

<https://www.work-in-hessen.com/welcomecenter-hess...>

Information sheet WELCOMECENTER Hessen:

<https://www.work-in-hessen.com/welcomecenter-hess...>

We look forward to hearing from you!

Your WELCOMECENTER Hessen Team

