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## Everyday life

### Information from the consumer advice centre

The consumer advice centre informs people. You can get advice from the consumer advice centre. You can get advice on insurance. But also on contracts, such as telephone and internet contracts. Other topics on which you can get advice are food and energy.

You can find information here:

<https://www.verbraucherzentrale-hessen.de/beratun...>

### Waste separation

General information on waste separation can be found here: [Waste separation](#)

#### Blue bin - waste paper

This belongs in it:

- Newspapers and magazines
- Books and catalogues
- Paper packaging and cardboard boxes
- Boxes and cartons

Coated boxes belong in the yellow bin.

#### Green bin - organic waste, compostable waste

This belongs in it:

- Fruit and vegetable waste
- Food waste
- Coffee filters and egg shells
- Flowers and garden waste

#### Black / grey bin - residual waste

This belongs in it:

- Hoover bags, rubbish, cigarette butts
- Hygiene articles (nappies, sanitary towels, cotton buds, cosmetic tissues, used paper tissues)
- Broken pieces of porcelain, ceramics and glass
- Light bulbs (Important! No fluorescent tubes or energy-saving bulbs)
- Wallpaper remnants and covering material from renovations
- Ashes (Important! Only cooled down)
- Photo paper
- Empty file folders
- Dried out remnants of wall paint

#### Yellow bin / Yellow bag - sales packaging

This belongs in it:

Sales packaging made of plastic, aluminium, tinfoil and composite materials such as tetra packs

- Tin cans
- Plastic cups and bottles
- Beverage packaging
- Styrofoam packaging
- Plastic and aluminium foil from the household (no tarpaulins)
- Disposable crockery
- Plastic bags

**If you have any questions:**

Telephone: 0800-7770008

E-mail: [gelbetonne-re-mh@remondis.de](mailto:gelbetonne-re-mh@remondis.de)

**Bulky waste - things too big for the residual waste bin**

This belongs in bulky waste:

- Wood - cupboards, tables, chairs, bed frames, chests of drawers, ...
- Electrical appliances - televisions, washing machines, refrigerators, ...
- Other bulky waste - armchairs, mattresses, carpets, prams, "Bobby-Car", ...

Please place the bulky waste separately in front of the house. Put wood next to wood and electrical appliances next to electrical appliances. The bulky waste is collected by different refuse lorries.

Please register:

Telephone: 0641 26559888

Internet: [Waste app](#) or [Giessen district homepage](#)

**This does not belong in bulky waste:**

- Small parts such as screws, nails and other small parts in bags or cardboard boxes in the residual waste bin or the waste management centre
- Glass and mirrors in the residual waste bin or the waste management centre
- Washbasins and toilet bowls to the waste management centre or recycling centre (construction waste).
- Wood from outdoor areas to the waste management centre if it has been treated with wood preservatives.
- Material containing asbestos and mineral wool to the waste management centre, please contact the district's waste advisory service.
- Construction site waste to the waste management centre

**Pollutant mobile - pollutants**

This belongs to the hazardous waste mobile:

- Residual quantities of e.g. cleaning agents, adhesives or batteries
- Solvents,
- paints, varnishes

- Products labelled as hazardous substances

Twice a year, in spring and autumn, the hazardous waste mobile comes to every municipality and town in the district of Giessen.

It is available every Saturday from 09:00 - 12:00 at the Waste Management Centre (AWZ) in Giessen, Lahnstraße 220, for tradespeople on the 1st Wednesday from 09:00 - 11:00 each month and on the 1st Friday of each month from 15:00 - 17:00 in Laubach on the fairground "Auf der Helle".

## **Biowaste**

Information on biowaste can be found here: [Biowaste](#)

## **Fire protection**

### **Smoke alarms save lives**

Smoke detectors are located in various places on the ceiling of houses and flats. In the event of a fire, a loud, shrill alarm sounds. We need this acoustic signal, especially to be protected while we sleep. This is how the smoke alarm can become a lifesaver. Because the most dangerous thing in a fire is not the fire, but the toxic smoke. Smoke alarms do not prevent fires, but they do detect smoke and warn you in good time with a loud signal. Please make sure that smoke alarms are present and report any abnormalities such as absence, sounds or light signals to your landlord or landlady immediately.

### **Behaviour in emergencies**

Whether in the event of a fire or accident, you can call **112** for help quickly in an emergency. Please provide the following information:

Who is reporting?

What has happened?

How many people are affected/injured?

Where has something happened?

Wait for further enquiries!

In the event of a fire, please get yourself and your relatives to safety. The lift must not be used if there is a fire in the building. Always follow the instructions of the police and emergency services.



## Mobility

Using public transport facilities such as a bus or a train, many points of interest in Landkreis Gießen and environment can be reached easily. A healthy, cheap and ecologically clean alternative to go from point A to point B is a bicycle.

### Public transport

#### General information

In Germany, public transport facilities such as trains or buses (underground railways, trams etc. in big cities) are available to people. You just need a valid ticket.

#### Bus

In Gießen, mainly bus lines are provided for public transport. The towns and villages of Landkreis Gießen are provided with trains, buses, AST and ALT.

#### ALT and AST public transport

If it's not profitable to make a tour with a big bus, e. g. if only a low number of people use it, an ALT or AST will be sent. ALT is an abbreviation for Anruf-Linien-Taxi (call line taxi), AST stands for Anruf-Sammel-Taxi (call collective taxi). This is usually a minibus or a passenger car. Despite the word "taxi" in the name, ALT and AST shouldn't be confused with a "normal" taxi. The word "Taxi" refers only to the appearance and the holder of the vehicle. ALT and AST circulate as line traffic and are thus subjected to the rules of line traffic. This means: The time table is applicable, entry only at official stops and tickets as well as rates as applicable to buses.

The principle behind ALT and AST is the same: You can use it only, when the tour has been registered correctly in advance. The phone for registering is given on the relevant time table. Registering is correct only, if realized at least 60 minutes in advance. The exact

number of passengers stated when registering is binding. ALT and AST can transport a maximum of 8 passengers. If a tour is already full, another tour must be chosen.

ALT and AST have a fixed time table. Only stops for which a tour has been registered are served. Deviations from the time table aren't possible. The ALT/AST will always go directly from the start to the destination stop.

Tours within a single locality aren't possible with ALT or AST.

When choosing an AST, you have to pay an additional charge of 1.50 EUR and you get out at a place of your choice at the destination, e. g. in front of your own door.

## Train

There are various railway lines in Landkreis Gießen. Changing lines is possible at the Gießen main railway station, where trains going to the following directions can be chosen:

- Butzbach – Bad Nauheim – Friedberg – Frankfurt
- Lollar – Marburg – Kirchhain – Stadtallendorf – Treysa – Kassel
- Buseck – Reiskirchen – Grünberg – Alsfeld – Lauterbach – Fulda
- Wetzlar – Herborn – Siegen
- Wetzlar – Limburg (- Koblenz)
- Lich – Hungen – Nidda – Gelnhausen

Changing to numerous bus lines is also possible at the main railway station.

Moreover, the Gießen railway station offers connection to long-distance IC and ICE DB routes (Binz –) Stralsund/Westerland – Hamburg – Hanover – Gießen – Frankfurt (M) – Karlsruhe/Würzburg – Oberstdorf/Munich – Berchtesgaden (white trains with red stripes)

In addition to the main railway station, there are the following railway stations/stops in the city of Gießen:

- Gießen Erdkauter Weg
- Gießen Oswaldsgarten
- Gießen Licher Straße

The following railway stations/stops are provided at the towns and villages of Landkreis Gießen (in alphabetic order):

- Garbenteich
- Großen-Buseck
- Großen-Linden
- Göbelnrod
- Grünberg
- Hungen
- Kirch-Göns
- Langgöns
- Langsdorf
- Lehnheim
- Lich
- Lollar
- Lollar Odenhausen (Haltepunkt Friedelhausen)
- Reiskirchen

- Saasen
- Trais-Horloff
- Watzenborn-Steinberg

## Time tables and additional information

The time tables and departure times are hung out at all bus and train stops.

In the city of Gießen, there are also stops with real-time display of the next bus departure.

When checking time tables, make sure to note any restrictions. For example, many tours take place only on school days or during holidays. For holidays, see the website of Hessisches Kultusministerium: <https://kultusministerium.hessen.de/schulsystem/f...>

Moreover, you can check the footnotes and hints to find out if a tour is served by a regular bus or offered as a registration tour (see explanation for "ALT and AST").

Additional information and all bus time tables for the city of Gießen are available from Stadtwerke Gießen. The Stadtwerke service center can be found at Marktplatz in Gießen: [www.swg-verkehr.de](http://www.swg-verkehr.de)

Additional information and all bus time tables for Landkreis Gießen are available from VGO Verkehrsgesellschaft Oberhessen. The VGO service center is located at Neuenweg 5 in Gießen: [www.vgo.de](http://www.vgo.de)

All timetables are included in the connection information of Rhein-Main-Verkehrsverbund and Deutsche Bahn, which is available also in English, French, Spanish, Turkish and Italian. This connection information is available on the above-mentioned websites and also under [www.rmv.de](http://www.rmv.de), [www.bahn.de](http://www.bahn.de) or in the apps of RMV and Deutsche Bahn (available for Android and iOS).

## Tickets

To use a bus or a train, you always need to buy a valid ticket and present it, if there is a ticket inspection. In Landkreis Gießen and in the city of Gießen, the rates of RMV Rhein-Main-Verkehrsverbund [www.rmv.de](http://www.rmv.de) are applicable.

The price is not negotiable and must be paid by all passengers (special regulations are applicable only to seriously handicapped persons or e.g. police officers wearing a uniform).

For a tour from start to destination, you always need only one RMV ticket, no matter how often you change trains. Even if you change e. g. from bus or ALT to train.

Tickets must always be bought PRIOR TO starting a tour. No tickets may be bought at the train.

Tickets are available here:

- From the bus driver (please have small change ready)
- From a ticket dispenser at the stations (tickets from a dispenser can be used only to start tours immediately).

- At Stadtwerke Gießen customer center (Marktplatz): <https://www.swg-verkehr.de/rmv-mobilitaetszentral...>
- At VGO service center (Neuenweg): <https://www.rmv.de/c/de/start/vgo/kontakt/vgo-ser...>
- At other RMV service centers: <ren/https://www.rmv.de/c/de/fahrkarten/fahrkarten...>
- At DB travel centers: <https://reiseauskunft.bahn.de/bin/ff/query.exe/dn...>
- App RMV mobile ticket (available for Android and iOS): <https://www.rmv.de/c/de/fahrkarten>
- DB navigator app (available for Android and iOS): <https://www.bahn.de/p/view/service/mobile/db-navi...>

Transport of children under the age of 6 accompanied by an adult is free, however, the adult person needs a valid ticket. Children and young people between the age of 6 and 14 can buy tickets at a lower rate. All persons from 15 years must buy an adult ticket. Pupils, trainees and senior people can buy less expensive tickets, however, they need a special document (e. g. school certificate or proof of age).

There are various types of tickets for all sorts of requirements:

- Single-tour tickets
- Day tickets – which make sense buying already for a return journey on the same day (also available for groups up to 5 persons)
- Weekly tickets
- Monthly tickets
- Annual tickets

RMV tickets are NOT valid at Deutsche Bahn IC and ICE trains (white trains with red stripes).

#### **CAUTION**

Using a bus or train without a valid ticket is not permitted. Persons who can't present a valid ticket when checking will have to pay an increased transport charge of **60 EUR**.

## **Bicycle**

If you know that you will live in Landkreis Gießen during a longer period of time, it is a good idea to get a bicycle. This is cheaper than using a bus or a train.

### **Important traffic rules for cyclists (choice)**

- Always drive on the right side of the lane.
- Go behind each other rather than side by side.
- If a cycle track is provided, you must use it (always on the right of the street in driving direction).
- Only children up to the age of 11 are allowed to use the foot walks with a bicycle.
- Using a mobile phone when driving a bicycle is prohibited.



## Purchasing and repairs

💡 When buying a bicycle, make sure your bicycle is fitted with the following equipment and thus safe. Otherwise, you will have to pay a penalty, if you are stopped and checked by the police.

- Front and rear lamp
- Front and rear reflector
- Reflectors in the spokes (2 in each wheel)
- Reflectors on the pedals
- Bell
- Two independent brakes

Low-priced second-hand bicycles can be found, for example, at flea markets, or on the Internet, such as in ebay small ads: <https://www.ebay-kleinanzeigen.de>

### Reiskirchen

#### **Gebrauchte FAHRRÄDER + Service**

Grünberger Straße 76

35447 Reiskirchen

Phone: 06408 6020355

Email: [udo.landau@gmail.com](mailto:udo.landau@gmail.com)

Homepage: <http://www.gebrauchtes-landau.de>

Opening hours:

Monday - Friday: 1- 5pm

Saturday: 10 - 12am

or by appointment

### Laubach

#### **Fahrrad Desch**

Gießener Str. 7

35321 Laubach

Phone: 06405 950800

Email: [fahrrad-desch@t-online.de](mailto:fahrrad-desch@t-online.de)

### Lich

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### **Rad Schmidt**

Heinrich-Neeb-Str. 16  
35423 Lich  
Phone: 06404 2519  
Email: [info@radschmidt.de](mailto:info@radschmidt.de)  
Homepage: <http://www.radschmidt.de>

### **Staufenberg**

#### **Andi's Radmühle**

An der Roten Mühle 13  
35460 Staufenberg-Daubringen  
Phone: 06406 835909  
Fax: 06406 835908

Opening hours:

Tuesday: 4 - 6pm

Thursday: 4 - 6pm

Saturday: 9am -1pm

#### **Reiner Philip**

Gießener Str. 22  
35460 Staufenberg  
Phone: 06406 8357337

### **Rabenau**

#### **Fahrradscheune Rabenau**

Hauptstraße 7  
35466 Rabenau - Odenhausen  
Phone: 06407 9060919 or 0170 5301137  
Email: [info@fahrradscheune-rabenau.de](mailto:info@fahrradscheune-rabenau.de)  
Homepage: <http://www.fahrradscheune-rabenau.de/index.html>

Visits and test trips preferentially by appointment, or by appointment on Wednesday from 12am - 5pm

#### **Aumann Ulrich**

Gießener Str. 84  
35466 Rabenau  
Phone: 06407 5304  
Fax: 06407 5073  
Email: [info@drduc.de](mailto:info@drduc.de)  
Homepage: <http://www.drduc.de>

### Opening hours

Monday: 2 - 6pm

Tuesday: 2 - 6pm

Wednesday: 2 - 6pm

Thursday: 2 - 6pm

Friday: 2 - 6pm

Saturday: 9.30am - 2pm

### **2Fast Bike**

Mozartstr. 16

35466 Rabenau

Phone: 06407 404404

Email: [info@2fast-bike.de](mailto:info@2fast-bike.de)

Homepage: <http://www.2fast-bike.de>

## **Liability insurance**

If you harm someone in Germany without intention, you must pay compensation. This applies to injuries to people, damage to property and loss of money in private life.

Example: If you cause an accident with your car or your child breaks a window with a ball.

In Germany, you can take out private liability insurance to pay for these damages for you and your family. You can decide whether you want to take out this insurance. However, it is recommended.

## **Internet and free WIFI**

### **Public, free-of-charge WLAN hotspots**

Free WLAN is available at several locations (hotspots) in Landkreis Gießen. Here you can do Internet research using your own computer.

#### **Public hotspots:**

<https://www.europakarte.org/wlan/deutschland/hess...>

## **Giro account**

A giro account is an account for persons who want to make payments via a bank. Your money is always available on your giro account.

Using a giro account, you can:

- Transfer money

- Receive cashless payments (payments from official authorities (social benefits). These are often transferred to a personal giro account.
- Set up standing orders
- Make payments by direct debit
- Pay in checks and make cashless payments using EC/Maestro card
- Withdraw cash money at a bank counter or a cashpoint
- Print your account statements

**Important:** Make sure that there is enough money on your account for all withdrawals and payments.

**Tip:** Various banks offer giro accounts at varying conditions. Make sure to be informed how much money a giro account costs monthly and which services the bank offers for this money.

## Opening an account



Decide at which bank you want to open an account. Make an appointment for opening the account. Please, bring one of your identity documents: Proof of arrival, residence authorization, identity document. If no current address is given on your identity document, please, bring an additional registration certificate or a comparable document.

**Important:** If you don't speak German or English, please, bring an interpreter.

### Important notes:

- After opening an account, you will get an EC card with a four-digit PIN code. Sign the EC card on the rear and learn the PIN code by heart. The PIN code is required to make cashless payments and money withdrawals at a cashpoint. **Keeping the card and the PIN code separately is indispensable!**
- If you want to withdraw cash money, you should use a cashpoint belonging to the bank where you have your account. In this case, withdrawal is free of charge. If you enter three successive faulty PIN codes at a cashpoint, the EC card will be withdrawn and locked. In this case, you have to ask your bank.
- If your EC card is lost or stolen, you should have your EC card locked immediately. Give them your IBAN. Ask your bank to issue a new EC card.

Phone number for locking an EC card:

 116 116  
 24/7

If you need help using your EC card correctly, ask one of your helpers.

Information to open an account with Sparkasse is available here:

<https://www.sparkasse.de/geld-leichter-verstehen/...>

Information to open an account with Volksbank is available here:

<https://www.vb-mittelhessen.de/privatkunden/girokonto-kreditkarten/service/konto-fuer-fluechtl...>

## Contracts and mobile phone

**Particularly important:** Don't ever sign a document which you didn't understand or can't read. Otherwise, you might sign a contract or an agreement implying an obligation to pay. It is sometimes quite difficult to cancel such a document. Always check several offers and take your time to make a decision. Don't let anybody urge you to sign a document.

In Germany, there are two types of contracts for mobile phones: Prepaid contracts and term contracts. A prepaid contract is without a fixed term. A term contract has a minimum contract term. This contract will be renewed automatically, unless you cancel it. If you don't want to renew the contract automatically, you must cancel it in writing. Make sure to be informed on the term.

### **10 important questions before making a contract:**

- What is the basic charge? Will the charge increase after a defined period of time?
- Is there a monthly minimum charge (minimum costs per month)?
- What is the contract duration (e.g. 12 or 24 months)?
- Will the contract be renewed automatically unless I cancel it?
- On which date will I have to cancel, if I don't want to renew the contract?
- How much money will be charged for setting up, changing and de-activating?
- Which is the timing cycle (60/1, 10/10) used for calculation?
- What is the cost per minute (third-party/own network)?
- What is the cost of a mobile with contract and how much money does the mobile cost without a contract?
- How much does Internet cost?
- How expensive are calls to a foreign country?

## **Dwelling**

### **Apartment hunting**

Before you look for an apartment, make sure to be clear about what exactly you should look for (own apartment, room at a shared apartment), how expensive the rent may be (for upper limits of rental charges, see also rental charges/rental contract) and which requirements should be met by the apartment (size, situation, accessible to disabled persons, etc.).

### **Where can you find an apartment?**

Apart from daily and weekly newspaper ads, a large number of online portals offer rental apartments and condominiums. A list with important abbreviations can help understanding ads for an apartment. For a list, see: [Abbreviations](#)

Information relating to rent as well as support and advice for members can be found under: <https://www.mieterverein-giessen.de/>

## Accommodation services

### **Wohnbaugenossenschaft Gießen**

Kapellenstraße 9  
35394 Gießen  
Phone: 0641 58092518  
Email: [info@wbg-giessen.de](mailto:info@wbg-giessen.de)  
Homepage: <http://www.wbg-giessen.de/>

### **Wohnbau Gießen GmbH**

Ludwigstraße 4  
35390 Gießen  
Phone: 0641 97770  
Fax: 0641 9777299  
Email: [info@wohnbau-giessen.de](mailto:info@wohnbau-giessen.de)  
Homepage: [www.wohnbau-giessen.de](http://www.wohnbau-giessen.de)

Consultation hours:  
Monday and Wednesday: 8 - 12am  
Thursday: 2 - 6pm

### **Baugenossenschaft 1894 Gießen eG**

Hölderlinweg 7 B □  
35396 Gießen-Wieseck  
Phone: 0641 952000  
Fax: 0641 9520019  
Email: [voelzel@bg1894.de](mailto:voelzel@bg1894.de)  
Homepage: [www.baugen-1894-giessen.de](http://www.baugen-1894-giessen.de)

Opening hours:  
Tuesday: 9 - 12am  
Thursday: 3 - 6pm

### **Studentenwerk Gießen - Studentisches Wohnen**

Otto-Behaghel-Straße 23  
35394 Gießen  
Phone: 0641 40008300  
Fax: 0641 40008309  
Email: [wohnen@studentenwerk-giessen.de](mailto:wohnen@studentenwerk-giessen.de)  
Homepage: <https://www.studentenwerk-giessen.de/wohnen/unser...>

### **Wohnungslosenhilfe: Die Brücke**

Dammstraße 4  
35390 Gießen  
Phone: 0641 6052785  
Fax: 0641 7954699  
Email: [die-bruecke@diakonie-giessen.de](mailto:die-bruecke@diakonie-giessen.de)  
Homepage: <https://diakonie-giessen.de/die-bruecke>

Opening hours:

Monday, Wednesday, Thursday: 8.30am - 4pm

Tuesday: 11am - 4pm

Friday: 8.30 - 12am

## Searching on Facebook

Apart from online portals, there are many groups and websites on Facebook, where apartments are offered, e. g.:

<https://de-de.facebook.com/Wohnungen.mieten.Giess...>

To find additional groups or websites, you can, for example, enter the following key words into the search field: Wohnung Gießen, Mietwohnung Gießen, Zimmer frei Gießen, Mieten Gießen

## Search via newspaper

### Offers in newspapers

If you are looking for a new flat, you can look in the Gießener Allgemeine Zeitung or the Gießener Anzeiger. The flat listings appear every Friday.

You will also find housing offers in the Sonntag-Morgenmagazin. This paper is free of charge. You will receive it if you do not have a "No advertising" sticker on your letterbox. There is also a property section in the Sonntag-Morgenmagazin.

## Housing allowances

### Housing allowances

If you and the persons living at your household earn only little money, you can get a subsidized apartment. For this, you need a Wohnberechtigungsschein (entitlement certificate). Under defined prerequisites, you can be entitled to receive a housing allowance. If you get money from the state for you and your family, you don't normally need to file an application for payment of a housing allowance.

Landkreis Gießen- Soziales und Senioren  
Riversplatz 1-9  
35394 Gießen  
Phone: 0641 93900  
Fax: 0641 9390 9152  
Email: [wohngeld@lkgi.de](mailto:wohngeld@lkgi.de)  
Homepage: [Wohngeld - Landkreis Gießen \(lkgi.de\)](http://Wohngeld - Landkreis Gießen (lkgi.de))

Opening hours:  
Monday - Friday: 09:30 am - 11 am

## Leisure time

### Hiking

There are many hiking trails in the Giessen region.  
You can find the best hiking trails here:

[Active & Nature: Hiking tours - Giessener Land \(giessener-land.de\)](http://Active & Nature: Hiking tours - Giessener Land (giessener-land.de))

### Volunteering / Voluntary work

The Volunteer Centre is an association. It is responsible for the city and district of Giessen. The Volunteer Centre supports people who want to get involved in society. And it brings together volunteers, associations and initiatives.

Volunteer centre for the city  
and district of Giessen e.V.  
Walltorstraße 17  
35390 Giessen  
Telephone: 0641 3062258  
E-mail: [freiwilligenzentrum@giessen.de](mailto:freiwilligenzentrum@giessen.de)

You can find all information here: <https://www.freiwilligenzentrum-giessen.de/>

### Cycle tracks

At the rural district around Gießen, you can find cycle tracks along valleys, fields, meadows and through rural villages. Quite frequently, tours go past castles and historical parks, [UNESCO](#) cultural world heritage LIMES, via 2,000 year-old Celtic remnants, monasteries and fortifications. A leisure cycle tour offers opportunities to discover a lot of things and to enjoy nature.

For beautiful leisure tours, there are eight regional leisure routes and long-distance bicycle tracks: Lahntalradweg, Limes-Radweg, R6 and R7. Tours that will take you to all corners of the rural area around Gießen and show you a variety of cultural and natural sites of the Giessener Land.



For bicycle tracks, see:

[Aktiv & Natur: Radtouren – Gießener Land \(giessener-land.de\)](http://giessener-land.de)

## Religious communities

### **Bahá'í:**

#### **Bahá'i community**

Dr. Dehghani  
Henry-Dunant-Str. 11  
35423 Lich

### **Buddhism:**

#### **Buddhistisches Zentrum Gießen**

Alicenstraße 20  
35390 Gießen  
Phone: 0641 58098331  
Homepage: <https://www.diamantweg-buddhismus.de/giessen>

#### **Buddhistisches Zentrum Gießen-Süd**

Liebigstr 48  
35392 Gießen  
Phone: 0175 1959891  
Homepage: <https://www.diamantweg-buddhismus.de/giessen?catc...>

#### **Dharmakirti**

Gemeinschaft für tibetisch-buddhistische Kultur e. V.  
Am Kahnplätzchen 31  
35452 Heuchelheim  
Phone: 0641 65196  
Fax: 0641 9605308  
Email: [info@dharmakirti.de](mailto:info@dharmakirti.de)  
Homepage: <https://dharmakirti.de/>

#### **Shambhala Meditationsgruppe Giessen (meditation group)**

Wetzsteinstr. 5  
35390 Giessen  
Phone: 06403-6989739  
Email: [n.kroker@t-online.de](mailto:n.kroker@t-online.de)  
Homepage: <http://meditationsgruppe-giessen.de/>

#### **Tibetan Buddhism**

Buddhistisches Zentrum Giessen (BDD)  
Alicenstr. 20  
35390 Giessen  
Phone: 0641 9716398  
Mobile: 0176 23213077  
Email: [giessen@diamondway-center.org](mailto:giessen@diamondway-center.org)  
Homepage: [www.buddhismus-giessen.de](http://www.buddhismus-giessen.de)

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### **Tibetan Buddhism, BDD "Highest truth is highest joy"**

Lama Ole Nydahl  
Zen Vereinigung Deutschland e.V. Gruppe Giessen  
Roonstraße 30  
35390 Giessen  
Phone: 0641 3019539  
Email: [hans.graf@zen-giessen.de](mailto:hans.graf@zen-giessen.de)  
Homepage: [zen-giessen.de](http://zen-giessen.de)

### **Palden Dharma Tare Ling e.V.**

Treiser Str. 32  
35460 Staufenberg  
Phone: 06406 8307606  
Fax: 06406 8307607  
Email: [info@palden-dharma-tare.de](mailto:info@palden-dharma-tare.de)  
Homepage: [www.palden-dharma-tare.de](http://www.palden-dharma-tare.de)

### **Watpha Puritattaram**

Sandfeld 12  
35396 Gießen  
Phone: 0641 877 3000  
Fax: 0641 3013103  
Email: [phrapattiyo@t-online.de](mailto:phrapattiyo@t-online.de)  
Homepage: [www.watgiessen.com](http://www.watgiessen.com)

**Group search:** <https://www.buddhismus-deutschland.de/gruppensuch...>

### **Christian communities:**

Ev. Dekanate Grünberg-Hungen-Kirchberg:  
<https://giessenerland-evangelisch.ekhn.de/dekanat...>

Ev. Dekanat Gießen:  
<https://dekanat-giessen.ekhn.de/startseite.html>  
<https://dekanat-giessen.ekhn.de/gemeinden/umland...>

Katholisches Dekanat Gießen:  
<http://dcms.bistummainz.de/bm/dcms/sites/pfarreie...>  
<http://dcms.bistummainz.de/bm/dcms/sites/pfarreie...>  
<https://www.lollar-londorf.de/londorf/franziskus/...>  
<http://dcms.bistummainz.de/bm/dcms/sites/pfarreie...>  
<http://dcms.bistummainz.de/bm/dcms/sites/pfarreie...>

### **Syrisch-Orthodoxe Kirche Watzenborn-Steinberg**

Garbenteicher Str. 5  
35415 Pohlheim  
Iskender Kücükkaplan  
Phone: 0641 45457

### **Islam:**

#### **Türkisch-Islamische Gemeinde zu Gießen e.V.**

Marburger Str. 85a  
35396 Gießen  
Phone: 0641 97242162  
Fax: 0641 35230  
Imam Phone: 0641 97242164  
Email: [Info@ditibgiessen.de](mailto:Info@ditibgiessen.de)  
Homepage: [www.ditibgiessen.de](http://www.ditibgiessen.de)

Buhara Moschee  
Marburgerstr. 220  
Phone: 0641 98389981  
Fax: 0641 98299982  
Email: [info@buhara-moschee.de](mailto:info@buhara-moschee.de)  
Homepage: <https://www.rpi-lernorte.de/detailseite/lernort/b...>

Islamische Gemeinde Gießen e.V.  
Robert-Bosch-Straße 11  
35398 Gießen  
Deutschland  
Phone: 0641 4416283  
Fax: 0641 4416284  
Homepage: <http://igg-online.de/>

Ahmadiyya Muslim Jamaat Gießen  
Marburger Straße 83  
35396 Gießen  
Phone: 0179 9739995  
Email: [giessen@ahmadiyya.email](mailto:giessen@ahmadiyya.email)  
Homepage: <https://ahmadiyya.de/gebetsstaette/moscheen/giess...>

### **Judaism:**

Jüdische Gemeinde Gießen  
Burggraben 6  
35390 Giessen  
Phone: 0641 932890  
Fax: 0641 9328925  
Email: [info@jg-giessen.de](mailto:info@jg-giessen.de)  
Homepage: <https://lvjgh.de/gemeinden/giessen/>

## Lakes and public swimming pools

### Leisure and swimming lakes in Landkreis Gießen

#### **Heuchelheimer See**

As special attraction, water ski, wakeboard, stand up, paddling, beach volleyball, a swimming bay at the water ski and wakeboard center and a beer garden are offered at Heuchelheimer Südsee.

Südsee access route: Village of Heuchelheim, from the center of the village into direction of Allendorf/Dutenhofen, behind Heuchelheim Lahn bridge, parking area left.

Information: Gemeindeverwaltung Heuchelheim, Phone: 0641 600222 Water ski and wakeboard center: [www.wasserski-heuchelheim.de](http://www.wasserski-heuchelheim.de)

#### **Wißmarer Freizeitsee**

Sandy beach with playground, swimming bay (bathing at your own risk), sunbathing area, changing cabins, table tennis, tent pitches, caravan sites, sanitary installations, restaurant, kiosk and parking spaces available.

Address:

Erholungsgebiet Wißmarer See

35435 Wettenberg

Ortsteil Wißmar

Contact: Camping site phone: 06406 75697

Homepage: <https://www.wissmarer-see.de/>

#### **Inheiden / Trais-Horloffter See**

Swimming, sailing, wind surfing or fishing facilities available at the lake. In August, the lake will change into a festival site with music, games, fun and fire works

Address:

35410 Hungen - Inheiden

Seestraße

Information: Stadt Hungen, phone: 06402 8520

For information on the lake festival on the Internet, go to: <https://www.seefest-inheiden.de/>

### Open-air and indoor swimming pools

Swimming is possible not only at the leisure lakes, but also in the following open-air and indoor swimming pool centers.

### **Gießen**

Hallen- und Freibad Ringallee mit Sauna (Indoor and open-air swimming pool Ringallee with sauna)

Gutfeischstraße 24  
35390 Gießen  
Phone: 0641 708 1447

### **Hallenbad Westbad**

Gleiberger Weg 31  
35398 Gießen  
Phone: 0641 7081384

### **Freibad Kleinlinden (open-air swimming pool)**

Am Schwimmbad  
35398 Gießen - Kleinlinden  
Phone: 0641 7081263

### **Freibad Lützellinden (open-air swimming pool)**

Schwimmbadweg  
35398 Gießen - Lützellinden  
Phone: 0641 7081438

### **Biebertal**

Familienbad Biebertal (family swimming pool)  
Small children's playground landscape, sauna and cafeteria are provided  
Bieberstraße  
35444 Biebertal - Rodheim  
Phone: 06409 6613948

### **Grünberg**

Waldschwimmbad  
The facility is open from May to September.  
Alsfelder Straße 58  
35305 Grünberg  
Phone: 06401 8040

### **Hungen (open-air swimming pool)**

Freibad Hungen  
Albert-Schweitzer-Straße 2  
35410 Hungen  
Phone: 06402 1430

### **Laubach**

Open-air + indoor pool + sauna  
Felix-Klipstein-Weg 17  
35321 Laubach  
Phone: 06405 6310

### **Lich**

Waldschwimmbad Lich

The forest swimming pool is operated by a booster club offering also tent sites and barbecue equipment at the sunbathing area.

Alte Gießener Straße  
35423 Lich  
Phone: 06404 6989767

**Linden (open-air swimming pool)**

Freibad Linden  
Frankfurter Straße 121  
35440 Linden - Großen-Linden  
Phone: 06403 6050

**Lollar (open-air swimming pool)**

Waldschwimmbad Lollar  
Schwimmbadstraße 13  
35457 Lollar  
Phone: 06406 75217

**Pohlheim**

Indoor swimming pool with sauna  
Schwimmbadstraße 25  
35415 Pohlheim - Watzenborn-Steinberg  
Phone: 06403 6511

**Reiskirchen (open-air swimming pool)**

Freibad Ettingshausen  
Harbacher Straße 25  
35447 Reiskirchen - Ettingshausen  
Phone: 06408 9590 33

**Wettenberg (open-air swimming pool)**

Freibad Gleiberger Land  
Am Schwimmbad 3  
35435 Wettenberg - Krofdorf-Gleiberg  
Phone: 0641 82745

**Meeting points and social cafés**

These groups meet regularly in Gießen. They are always glad to see newcomers. Signing up is usually not necessary and participation is free.

**Open meeting point**

an.ge.kommen e. V  
Non-profit club  
Hannah-Arendt-Straße 8-10  
35394 Gießen  
Homepage: <http://angekommen-giessen.de/was-wir-tun/offener-...>

**Kulturzentrum Café Amélie**

Café Amélie  
Bahnhofstrasse 10

35457 Lollar

Homepage: <https://www.facebook.com/Cafe.Amelie.Giessen/>

### **Students**

Lokal International

Eichendorffring 111

35394 Gießen

Homepage: [http://www.studentenwerk-giessen.de/Beratung\\_und ...](http://www.studentenwerk-giessen.de/Beratung_und_...)

### **Clubs**

In Germany, clubs are of high social importance and offer people chances to realize common targets. These targets may be of various types, such as leisure activities, commitment for underprivileged people, nature protection or contact to like-minded persons.

To find clubs (Vereine), use the following link:

[Vereine – Gießener Land \(giessener-land.de\)](http://www.giessener-land.de)

Migrant self-organizations can be found **here**:

<https://www.giessener-land.de/index.php?section=v...>

### **Cinema**

#### **Kino Kinopolis**

Ostanlage 43-45

35390 Gießen

Ticket hotline: 0641 5655789

Homepage: <https://www.kinopolis.de/kg>

#### **Kinocenter Gießen**

Bahnhofstraße 34

35390 Gießen

Phone: 0641 72108

Homepage: <http://www.die-giessener-kinos.de>

#### **Traumstern cinema - excellent program cinema**

Gießenerstraße 15

35423 Lich

Phone: 06404 3810

Homepage: [www.kino-traumstern.de](http://www.kino-traumstern.de)

#### **Lichtspiele Grünberg**

Bismarckstr. 10

35305 Grünberg

Phone: 06401 6869

Homepage: [www.kino-gruenberg.de](http://www.kino-gruenberg.de)

### **events**

There are many events in the district of Giessen. Small and large festivals, but also fairs, markets, light festivals and parties can be found **here**:

[Giessener Land \(giessener-land.de\)](http://giessener-land.de)

[https://www.giessen.de/Kultur Freizeit Sport/Vera...](https://www.giessen.de/Kultur_Freizeit_Sport/Vera...)

<http://giessen-entdecken.de/rubrik/events/>

## Sports

Sports activities are fun. However, sports offer additional opportunities: Sports activities are an excellent way of getting familiar with a new environment and integration. The rules of sports don't have cultural and national boundaries and are mostly understood without speaking a common language.

### Stadtspark Wieseckau

Ringallee

35390 Gießen

Homepage: <http://giessen-entdecken.de/locations/wieseckau/>

Opening hours: daily

Entrance: free

### Exercise trail

(Next parking facility) Am Lückenberg 3, 35440 Linden

Entrance: free

South of Gießen, an exercise trail consisting of several stations is provided in a forest. For example, the trail includes gym rings and pull-up bars at various heights offering possibilities for various exercises.

### ALTERNATE Sportpark GmbH

Robert-Bosch-Str. 9

35440 Linden

Phone: 06403 4001

Email: [kontakt@alternate-sportpark.de](mailto:kontakt@alternate-sportpark.de)

Homepage: <https://www.alternate-sportpark.de/>

Open daily from 9am to midnight!

For additional **sports and mobility offers**, see the following link:

<http://www.giessener-land.de/index.php?section=ho...>

## Library

### Allendorf- Stadtbücherei

Rathaus

Bahnhofstraße 14

35469 Allendorf Lumda

Contact partner: Mr Phieler

Phone: 0160 92220590

Opening hours:

Tuesday 4pm - 8pm



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**Biebertal - Bücherei**  
**Grundschule Biebertal**

Am Bornberg 17-19  
35444 Biebertal  
Contact partner: Mr Scholz

Opening hours:  
Monday: 9.30-11.30am and 5-7pm  
Wednesday: 9.30-11.30am  
Thursday: 5.30-6.30pm  
Friday: 9.30-11.30am

**Buseck - Öffentliche Bücherei**

The library is split into two sites:

Anger 1 (Thal'sches Rathaus)  
35418 Großen-Buseck

Opening hours:  
Wednesday: 6.30-7.30pm  
Thursday: 2.30 - 5pm

Brandsburg (Brandgasse)  
35418 Alten-Buseck  
Contact partner: Elvira Lorenz  
Phone 06408 4538 oder 06408 5042731

Opening hours:  
Wednesday: 3 - 5.30pm  
Thursday: 6-7pm

**Cleeberg - Bücherei**

Bürgerhaus Cleeberg  
Forsthausstraße 1  
35428 Cleeberg (Langgöns)  
Contact partner: Berthold Meyer

Opening hours:  
Tuesday: 7-9pm  
Friday: 4-6pm (reading and handicraft hour)

**Gießen - Stadtbibliothek**

Berliner Platz 1  
35390 Gießen  
Contact partner: Dipl.-Bibl. Guido Krell  
Phone: 0641 3062486

Opening hours:  
Tuesday - Friday: 10am - 6pm

Saturday: 10am - 1pm  
Sunday and Monday: closed

**Gießen - Universitätsbibliothek**

Otto-Behaghel-Str. 8  
35394 Gießen  
Contact partner: Dr. Peter Reuter  
Phone: 0641 9914032  
Email: [auskunft@bibsys.uni-giessen.de](mailto:auskunft@bibsys.uni-giessen.de)

Opening hours (except on official holidays):  
Monday - Sunday: 8.30am - 11pm

**Gießen - Hochschulbibliothek der Technischen Hochschule Mittelhessen**

Standort Gießen:  
Wiesenstr. 14  
35390 Gießen  
Contact partner: Ingrid Sand  
Phone: 0641 3091230

Opening hours:  
During the semester  
Monday - Friday: 8.30am - 7.30pm and on Saturday: 10am - 6pm  
During the semester holidays  
Monday - Friday: 8.30am - 6pm

**Grünberg - Stadtbücherei**

Winterplatz 4  
35305 Grünberg  
Contact partner: Ute Adomat  
Phone: 06401 229539

Opening hours:  
Tuesday: 5-7pm  
Wednesday: 2 - 4pm  
Thursday: 6-8pm

**Heuchelheim - Gemeindebücherei**

Altes Rathaus  
Brauhausstraße 26  
35452 Heuchelheim  
Contact partner: Elli Rinn  
Phone: 0641 61203 (municipal administration)

Opening hours:  
Thursday: 3-7pm

**Hungen - Bücherei**

Kulturzentrum "Alte Grundschule"  
Am Zwenger 8  
35410 Hungen  
Contact partner: Anne Dietz  
Phone: 06402 3049

Opening hours:

Wednesday: 3 - 7pm

Thursday: 10am - 2pm

Friday: 1- 5pm

**Kleinlinden - Bücherei**

In den Schulgärten 4

35398 Kleinlinden

Contact partner: Willi Müller

Opening hours:

Tuesday: 4.30 - 6pm

**Krofdorf-Gleiberg - Bücherei**

Evangelische Kirchengemeinde

Rodheimer Straße 31

35435 Krofdorf

Opening hours:

Monday: 3.30 - 6.30pm

**Langgöns - Bücherei**

Evangelisch-Lutherische Gemeinde Langgöns

Neugasse 6

35428 Langgöns

Contact partner: Familie Kraus

Phone: 06403 3132

Opening hours:

Monday - Thursday: 9-12am

Tuesday: 3-6pm

Closed on Friday

Lending times:

Wednesday: 4.30-5.30pm

Sunday: 11-11.30am

**Laubach - Bücherei**

Gerhart-Hauptmann-Straße 4

35321 Laubach

Contact partner: Mrs Griebisch

Phone: 06401 91270

Opening hours:

Wednesday: 4.30-6pm

Saturday: 5 - 5.45pm

Sunday: 10-10.15am und 11.30-12am

**Launsbach - Bücherei**

Evangelische Kirchengemeinde

Ludwig-Rinn-Straße 37

35435 Launsbach

Opening hours:

Monday: 4 - 5pm

Friday: 3 - 5pm

**Lich - Historische Marienstiftbibliothek**

Evangelische Marienstiftgemeinde Lich

Am Wall 24

35423 Lich

Contact partner: Regina Knecht

Phone: 06404 62849

Opening hours:

Monday: 9am-1pm

Tuesday: 9am-1pm

Thursday: 9am-1pm

**Lich - Stadtbibliothek**

Kirchplatz 12

35423 Lich

Contact partner: Anne Dietz

Phone: 06404 806120

Opening hours:

Monday: Closed

Tuesday - Friday: 4 - 6pm

Saturday: 11am - 1pm

Sunday: 2 - 4pm

**Lollar - Stadt- und Schulmediothek**

Clemens-Brentano-Europaschule

Ostendstraße 2

35457 Lollar

Contact partner: Mrs Neumeier

Phone: 06406 8300529

Opening hours:

Public lending hours:

Monday: 4.30-7pm

Thursday: 4.30-7pm

Lending hours for pupils:

Monday: 7.55am-7pm

Tuesday: 7.55am - 3pm

Wednesday: 7.55am -1pm

Thursday: 7.55am-7pm

Friday: 7.55am -1pm

**Pohlheim - Stadtbücherei**

Ludwigstraße 33

35415 Pohlheim

Contact partner: Sabine Nowak

Phone: 06403 60645

Opening hours:  
Tuesday: 8-12am and 2-6pm  
Wednesday: 2-7pm  
Thursday: 9-12am

**Reichskirchen - Gemeindebücherei**

Gartenstraße 6  
35447 Reiskirchen  
Contact partner: Mrs Silber

Opening hours:  
Monday: 5.30-7pm  
Wednesday: 5.30-7pm

**Großen-Buseck - Katholische öffentliche Bücherei von Sankt Marien**

Bismarckstraße 41  
35418 Großen-Buseck  
Contact partner: Regina Knecht  
Phone: 06408 501028

Opening hours:  
Sunday 11-12am  
Tuesday: 11.30am - 1pm, 5.30-7pm  
Thursday: 5.30-7pm

**Wißmar - Bücherei der evangelischen Kirchengemeinde**

Evangelische Kirchengemeinde  
Pfarrstraße 5  
35435 Wißmar  
Contact partner: Mrs Paul

Opening hours:  
Monday, at intervals of 2 weeks 4 - 5pm  
Friday: 3 - 5pm

**Public book shelves**

There are two occasions to exchange books in Gießen.

You can go there at any time and lend a book free of charge, in order to read it immediately, or to borrow and take it home. After reading the book, you can take it back, or keep it, or put your own books on the shelf after reading them.

**Bücherregal in der neuen "Kü-Ché"**

At a building called "ANSCHLUSSVERWENDUNG"  
Grünbergerstr. 22  
35390 Gießen

Opening hours:  
Mostly open in the afternoon (except on Saturday) between 3 - 7pm

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**Public exchange shelf**

Plockstraße, vis-à-vis News Café

Opening hours: always open