

## Refugium Freiburg

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This is an organisation in Freiburg.

It looks after people who

- had to flee and
- have had terrible experiences

Perhaps

- you don't sleep well because of this or
- are restless or
- are afraid or
- can't concentrate

Would you like to talk about it with someone who doesn't live in the accommodation?

**Give Refugium a call.** There are people there who can help you.

The help is

- free of charge and
- confidential

It doesn't matter what status you have.

There may be interpreters.

You must make an appointment.

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Further information:  [Refugium](#)

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