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## Children, youth and family

Children, young people and families are under special protection in Germany. This protection begins during pregnancy. It lasts until the child is 18 years old (of age). In Germany, for example, it is forbidden to beat children. Education in Germany must not involve the use of violence. Every child must go to school. There are authorities that ensure that a child is not harmed by its environment (including the family).

Your contact for family and child matters is the

### **Bad Kissingen District Office**

#### **Youth Welfare Office**

Obere Marktstr. 6  
97688 Bad Kissingen  
 [+49 \(0\) 9718010](tel:+49(0)9718010)

**By telephone appointment only!**

 [@poststelle@kg.de](mailto:@poststelle@kg.de)

#### **Opening hours:**

Monday / Tuesday 08:00 to 12:00 and 14:00 to 16:00  
Wednesday 08:00 to 12:00  
Thursday 08:00 to 12:00 and 14:00 to 17:00  
Friday 08:00 to 12:00

You can find a guide for families and senior citizens in the district of Bad Kissingen at  
[www.beratungswegweiser-kg.de](http://www.beratungswegweiser-kg.de)

## Family planning / contraception

### **Family planning**

You are the only person who decides whether you want to have children, and how many children to have. Nobody can force you to have children.

### **Contraception**

There are various methods for preventing pregnancy and/or avoiding sexually transmitted infections (STIs).

Further information can be obtained from

- [»»Zanzu](#) (also multilingual)
- in the brochure "Contraception"
  - [»»German-English](#)
  - [»»German-Arabic](#)
  - [»»German-Dari](#)
  - [»»German-Russian](#)

You can receive **personal counselling** from the experts at the Department of Health in Bad Kissingen.

### **They will help you with questions of**

- Pregnancy, sexuality, contraception and family planning
- You can come to us alone, with your partner or another person you trust

Counselling is free of charge at , anonymous if desired and the counsellors are bound by professional secrecy.

Contact information can be found below.

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### **Unwanted pregnancy**

If you are pregnant and do not want to have the baby, under certain conditions you can end the pregnancy with an abortion. Before you terminate a pregnancy, you must have a consultation. Make an appointment by telephone for advice on pregnancy issues with a state-approved counselling centre. The consultants will talk to you about the different options and answer all legal and medical questions. However, it is up to you to decide whether or not to terminate your pregnancy.

Multilingual information is available from [»»Zanzu](#)

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You can receive **personal counselling** from the experts at the Department of Health in Bad Kissingen.

### **Offers of help:**

- Counselling for psychosocial conflicts in connection with pregnancy
- Advice and help to be able to make your own sustainable decision
- Issuing the proof of counselling according to § 219 StGB (German Penal Code)
- Longer-term counselling and support, also after an abortion
- Counselling on confidential birth

Counselling is free of charge at , anonymous if desired and the counsellors are bound by professional secrecy.

### **Contact:**

Public Health Department Bad Kissingen  
Salinenstr. 1  
97688 Bad Kissingen

### **Contact persons:**

Daniela Mach

Tel.: 0971 / 7165 8110

Email: daniela.mach@kg.de

Renate Happ-Simon

Tel.: 0971 / 7165 8112

Email: rene.happ-simon@kg.de

Harald Bean

Tel.: 0971 / 7165 0

Email: harald.bohne@kg.de  
Juditha White  
Tel: 0971 / 7165 8110  
Email: juditha.weiss@kg.de

**Bad Brückenau office**

Sinnastr. 14  
97769 Bad Brückenau  
Harald Bean  
Tel.: 09741 / 93507 8006  
Email: harald.bohne@kg.de  
By appointment

**Opening hours Bad Kissingen**

Monday / Tuesday  
8:00 AM to 12:00 PM and 2:00 PM to 4:00 PM  
Wednesday  
8:00 AM to 12:00 PM  
Thursday  
8:00 AM to 12:00 PM and 2:00 PM to 5:00 PM  
Friday  
8:00 AM to 12:00 PM

**Making an appointment will save you unnecessary waiting time.**

**Pregnancy and childbirth**

Expectant mothers are under special protection in Germany and are entitled to counselling, medical care and support with new acquisitions for the child. In case of pregnancy, always visit a doctor first and have the preventive medical check-ups carried out there. You will then receive a maternity passport, which identifies you as an expectant mother and also contains important information about your state of health and the of your child. Always carry your maternity card with you in case of emergencies.

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**General counselling for pregnant women at the District Office**

General pre-natal care offers you the following resources:

- Counselling on all personal, social, legal and financial issues
- Information about legal aid and support in making use of it
- Arranging voluntary benefits from the state foundation "Help for Mother and Child"
- Longer-term support during pregnancy and after birth
- Prenatal diagnostic counselling

These counselling services are confidential and can be anonymous if you wish. You can go to counselling alone, with your partner or with another person who you trust. The counselling sessions are free of charge and the counsellors must keep them confidential.

**Contact:**

Public Health Department Bad Kissingen  
Salinenstr. 1

97688 Bad Kissingen

**Contact persons:**

Daniela Mach

Tel.: 0971 / 7165 8110

Email: daniela.mach@kg.de

Renate Happ-Simon

Tel.: 0971 / 7165 8112

Email: renae.happ-simon@kg.de

Harald Bean

Tel.: 0971 / 7165 0

Email: harald.bohne@kg.de

Juditha White

Tel: 0971 / 7165 8110

Email: juditha.weiss@kg.de

**Bad Brückenau office**

Sinnastr. 14

97769 Bad Brückenau

Harald Bean

Tel.: 09741 / 93507 8006

Email: harald.bohne@kg.de

By appointment

**Opening hours Bad Kissingen**

Monday / Tuesday

8:00 AM to 12:00 PM and 2:00 PM to 4:00 PM

Wednesday

8:00 AM to 12:00 PM

Thursday

8:00 AM to 12:00 PM and 2:00 PM to 5:00 PM

Friday

8:00 AM to 12:00 PM

**Making an appointment will save you unnecessary waiting time.**

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**Delivery and aftercare:**

Your gynaecologist will refer you to a maternity clinic. In advance, ask for a midwife for post-natal care. You will receive a birth confirmation letter from the clinic.

You can find contacts to midwives [»»here](#)

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**Initial equipment:**

As an asylum seeker, you will generally receive from the [»»Social Welfare Office](#) additional money and initial equipment for the child. Please get in contact with your claims administrator as soon as you have received your maternity record book (Mutterpass).

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**After giving birth: Notification to the registry office**

Newborn children must be reported to the registry office and the accommodation management. The maternity clinic reports the birth to the Registry Office. There you will receive the (possibly provisional) birth certificate for your child together with your ID, the birth certificate from the clinic and, if available, your marriage certificate. Please give your accommodation manager a copy of the birth certificate so that your child can be registered.

Note: Please submit only original documents. For documents in a foreign language, an officially certified German translation is required.

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**Detailed information** on the topic of pregnancy and birth can be found

- [»»Info Brochure Pregnancy and Birth](#) (German and Arabic)
- Guide for expectant mothers
  - [»»German](#)
  - [»»English](#)
  - [»»Arabic](#)
  - [»»Kurdish](#)
  - [»»Russian](#)
- Zanzu - My body in words and pictures  
Family planning and pregnancy
  - [»»German](#)
  - [»»English](#)
  - [»»Arabic](#)
  - [»»Farsi](#)
  - [»»Russian](#)

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**Other counselling centres for pregnancy issues:**

- **Social Service of Catholic Women (Sozialdienst kath. Frauen e. V.)**  
Friedrich-Stein-Strasse 28  
97421 Schweinfurt  
Tel. 09721 / 209 583
- **pro familia**  
Manggasse 18 a  
97421 Schweinfurt  
Tel.: 09721 / 75994-55  
Email [schweinfurt@profamilia.de](mailto:schweinfurt@profamilia.de)
- **Diakonisches Werk**  
Luitpoldstr. 14  
97421 Schweinfurt  
Tel.: 09721 / 23 638  
With external consultation in Bad Kissingen - Appointment via the Schweinfurt Counselling Centre

## Early-childhood support – KoKi

### **Target group:**

- Expectant parents and single parents with children aged 0-6 in any (stressful) life situation

- Cooperative partners in the fields of healthcare, children's and teenagers' welfare, counselling and support organisations, etc. for issues regarding supporting children and families

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### **Support services:**

- Support and advice for young families experiencing difficult life circumstances
- Sharing information about support options
- Making contact with family midwives and family aides

This support is free of charge and confidential, involves no bureaucratic red tape and can take place in a familiar environment if needed. Counselling can also be anonymous.

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### **Informational material:**

- Contact centre: KoKi – Early-childhood support [»»Flyer](#)
- Family midwives [»»Flyer](#)
- Family aides [»»Flyer](#)
- “Developmental counselling – Being a parent, understanding babies” [»»Flyer](#)

There is a guide for families and senior citizens in the district of Bad Kissingen here:  
[»»www.beratungswegweiser-kg.de](http://www.beratungswegweiser-kg.de)

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### **KoKi – Early-childhood network:**

- Networking members and services
- Developing binding standards for child welfare
- Developing and honing “Early Action” programmes and/or preventative support in the district of Bad Kissingen to improve families' childrearing and interpersonal skills

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### **Contact:**

#### **Networking, developing services, sending informational material:**

Landratsamt Bad Kissingen (District Administrative Office)

Georg Schulz-Hertlein

Tel.: 0971 / 801 7016

Email: [georg.schulz-hertlein@kg.de](mailto:georg.schulz-hertlein@kg.de)

#### **Counselling and referrals, networking:**

#### **Services for pregnant women and young families**

Landratsamt Bad Kissingen (District Administrative Office)

Contact persons:

Katrin Ackermann and Mine Fazalyar

Obere Marktstr. 6

97688 Bad Kissingen

Tel.: 0971 / 801 9230

E-mail: fruehe-hilfen-koki@kg.de

## Childcare: Daycare centre and daycare for children

### Day care centre Kita

#### What is a day care centre?

**Kita** is a term for a **day-care centre for children**. Here your child can make friends, learn to play and learn the German language. Attending a day care centre is an important and good preparation for school.

- **Crèche**

Crèches are day care centres for children under the age of three.

- **Kindergarten**

Kindergartens are day-care centres for children from the age of three until they start school.

- **After-school care centre**

After-school care centres are day-care facilities for school children. Your child can also do their school homework here.

**Further offers for homework supervision**

It is possible for the kindergarten to offer afternoon supervision for schoolchildren. Further information can be found in the concept of the individual kindergarten.

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### Kindergarten enrolment

Unfortunately, there are not always enough places in the kindergartens. Sometimes it is necessary to enquire at several kindergartens and have your child placed on the waiting list.

For the kindergartens in the Bad Kissingen municipal area, there is the option of online registration through the ["Little Bird"](#) programme .

The ["Refugee and Integration Counselling Service"](#) or the ["Migration Counselling Service"](#) can help you with the registration.

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### Kindergarten costs


Attending kindergarten costs money.

Under certain circumstances, the costs for kindergarten can be covered. For example, if you do not yet have a job and receive benefits from the district office or job centre. To do this, you must




submit an application to the ["Youth Welfare Office."](#)

### Child day care

A childminder looks after your child in their home. She looks after a maximum of five children at the same time. Childminders have attended courses in which they have learnt how to look after children properly. The Youth Welfare Office regularly inspects the home and the childminder, so you can rest assured that your child is in good hands. If you are interested in this form of childcare and would like more information, the  ["Jugendamt"](#) can help you.

You can find multilingual information on child day care [at](#)  ["here"](#)

You can find further information on the subject of day care centres (also multilingual) at  ["here"](#)

### **Advice centre for parents, children and teenagers**

#### We provide advice to:

- **Families** who want to work on conflicts together or overcome difficult situations
- **Parents** who have questions about childrearing or are currently in the process of separating or getting divorced
- **Children** who simply need someone they can trust
- **Teenagers** who are having problems with their parents, at school, at work or in their free time
- **Teachers** who are looking for advice and information on how to deal with the children, teenagers and families entrusted to their care

#### Our counselling services are

- **confidential**, because the team is required by law to maintain confidentiality
- **free of cost**, and therefore accessible to everyone
- **voluntary**, because the decision to go to an advice centre is up to you
- **available to everyone regardless** of age, religion, ideology or social status

#### Here is what we offer:

- Counselling and support for all family members (individually and/or as a group)
- Group sessions for parents and children
- Support for families experiencing a psychologically stressful situation
- Separation counselling and mediation
- Psychological diagnosis
- Counselling for infants and toddlers
- Cooperation with kindergartens, schools, doctors and other social services

- Professional advice for teachers and educational staff
- Parents' evenings and lectures
- Online counselling ([»»www.beratung-caritas.de](http://www.beratung-caritas.de))

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**Open hours for children and teenagers** (no appointment needed)

Tuesday 3:00 PM - 4:00 PM

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**Contact:**

Caritasverband für den Landkreis Bad Kissingen e. V.

Beratungsstelle für Eltern, Kinder und Jugendliche (Advice centre for parents, children and teenagers)

Hartmannstraße 2a

97688 Bad Kissingen

Tel.: 0971 / 7246 9200

[»»Flyer](#)

**Availability by telephone / making an appointment:**

Monday – Friday

9 AM – 12 PM

Monday – Thursday

1 PM – 5 PM

Appointments can be arranged upon request in the offices in Hammelburg and Bad Brückenau.

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**You can find more resources here**

- [»»Nummer gegen Kummer \(Hotline for children, teenagers and parents experiencing difficult situations\)](#)
- [»»Eltern im Netz \(Online resource for parents\)](#)
- [»»Counselling for children, teenagers and parents](#)
- [»»Bundeszentrale für gesundheitliche Aufklärung \(Kindergesundheit\) \(Federal Centre for Health Information \[Children's Health\]\)](#)

**Unaccompanied foreign minors**

**The definition of “unaccompanied”**

A foreign minor is considered unaccompanied “if they enter Germany without a parent or legal guardian”. (Federal Ministry for Family Affairs, Senior Citizens, Women and Youth)

## **Definition of “minor”**

Any person under the age of 18 (in other words, all children and teenagers) is considered a minor (cf. Section 7(1), points 1 and 2, of SGB VIII)

## **What happens to unaccompanied foreign minors when they arrive in Germany**

- Arrival in Germany: Learning personal data
- Provisional child custody
  - Determining age using documents, age estimation by at least two experienced social education workers
  - Medical screening (medical examination)
  - Initial discussion about reasons for asylum/fleeing home country
- Reallocation and distribution to a federal state, and eventually to a district within that state, such as Bad Kissingen
- Custody by the Youth Welfare Office, [»»Jugendamt Bad Kissingen](#)
- Clearing process: Determining whether the child/teenager needs help and working together to plan their future (guardianship, where to live, medical care, education, leisure activities)
- Accommodation for the child/teenager in a residential youth welfare institution appropriate for their level of need
- After conclusion of the residential youth welfare programme, possible follow-up support through visits and a legal guardian

You can find more information about unaccompanied foreign minors in Germany [here: »»](#)

## **Guardian**

“A minor is given a legal guardian if they are not under the care of a parent...” (Section 1773 [1] of the BGB).

The guardian is the personal and legal contact person of the young person. This person represents and supports the young person, for example during the asylum process and when visiting public authorities.

### **The guardian’s duties include:**

- Parenting: Having initial conversations and participating in discussions of how to plan support
- Encouraging development
- School, education, career
- Applying for asylum and support during the asylum process
- Decisions about residence (in accordance with asylum right of residence, reuniting families)
- Bringing family members to join the minor
- Managing contact, approving visits from relatives and friends
- Healthcare, approval for medical procedures, treatments and medication prescriptions
- Legal representation, e.g. during court proceedings, witness hearings by the police, etc.

- Guardianship of the minor's property/assets, opening a bank account
- Transition of legal rights when the minor comes of age (transition from SGB VIII to SGB II)

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**Contact:**

Landratsamt Bad Kissingen (District Administrative Office)

Youth Welfare Services

Obere Marktstr. 6

97688 Bad Kissingen

Tel.: 0971 / 801 0

Email: [poststelle@kg.de](mailto:poststelle@kg.de)

**Hours:**

Monday / Tuesday

8:00 AM to 12:00 PM and 2:00 PM to 4:00 PM

Wednesday

8:00 AM to 12:00 PM

Thursday

8:00 AM to 12:00 PM and 2:00 PM to 5:00 PM

Friday

8:00 AM to 12:00 PM

**We strongly recommend making an appointment by telephone in advance!**

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You can find more detailed information on the topic of UMA on the website of the [»»BAMF.](#)