

Table of Contents

Welcome and useful information	3
Welcome to Landshut	3
City map	3
About Integreat	3
Landshut traditionell	3
Landshut interculturell	4
Living in Germany	5
Living together in Germany	5
The German constitutional state	7
About the Integreat App Landshut	7
Good to know	8
Cleanliness and waste separation	8
Holidays and intercultural calendar	9
Potable water	9
Driving license	10
Pfand bottles	10
Opening hours and holidays	11
Time and Punctuality	11
Rest times	12
Language	12
Information	12
Level of language ability and certificates	13
Language courses	13
Integration courses	13
German for the job	15
MiA courses in Landshut	16
Voluntary language courses	17
Online language courses and online study	18
Education	19
University-level study	19
Financing and scholarships	20
Recognition of credentials	21
Children, youth and family	21
Information	21
Children's rights	22
Family benefits	22
Public meeting places	23
Parks	23
Children's playgrounds	24
Sports fields	24
Skate parks	25
Youth centres	26
Libraries	27
Parent-child groups	28
Museums	29
Health	29
German Health System	29
Basic care for asylum seekers	29
Useful info sources	30

Information on the war in Ukraine	30
Emergency numbers - SOS	33
Authorities and counselling	34
Authorities	34
Immigration office	34
Registry office	34
Social Welfare Office (Sozialamt)	35
Job Centre	36
Employment Agency (Agentur für Arbeit)	37
Youth Welfare Office (Jugendamt)	37
Health department	38
Promoting integration	38
Integration Advisory Board Landshut	40
Clubs and associations	40
Volunteer agency fala	41
House International	42
Caritas and Diakonie	43
Catholic Youth Social Welfare Organisation (KJSW)	44
AWO	45
Evangelische Bildungswerk Landshut e. V. (EBW)	45
Landshut network	46
Christian Education Centre Landshut e.V.	47
ZAK	47
Migrant selforganizations (MSOs)	48
Bulgarian Cultural Association	48
DOM deutsch-russisches Haus für Begegnung	48
TatBayern_ENG	48
Counselling and help	49
Psychosocial counseling	49
Refugio Munich in Landshut	49
Queer in Landshut	50
up2you_Queer in Landshut	51
Women's, family and pregnancy counselling	51
CaRe for Women from Caritasverband Landshut e.V.	51
Social and migration counselling	52
Migration counselling	52

Welcome and useful information

Welcome to Landshut

With around 75,000 inhabitants, Landshut is the largest city in Lower Bavaria.

The city of Landshut is the seat of the government of Lower Bavaria.

Landshut is a beautiful old town with many sights.

[Take a look at Landshut](#)

[Here](#) you can visit the website of the city of Landshut.

People from over 100 countries live together in Landshut. In addition to German, many other languages are spoken.

Many clubs and organisations help to make Landshut a pleasant place to live and feel at home.

 <https://integreat.app/landshut/de/anlaufstellen/vereine-und-verb%C3%A4nde>

Have a good start in Landshut!

City map

There are several **free apps** that you can use to download the **city map**

(for example, [Google Maps](#) or [maps me](#)).

About Integreat

Integreat is a guide intended to help you with everyday life in Germany. Here you will find important addresses, contact persons, as well as tips and tricks to help you better orient yourself.

This guide has several chapters. Each chapter deals with a different topic. For example, you will find information on doctors, schools, German courses or other institutions. There is also a chapter with ideas on what you can do in your spare time. The information and leisure facilities often change and your community will update them regularly. That's why it is a good idea to take a regular look at your mobile app and get information about current activities and events. You can trust that the information in Integreat is reliable.

You can also use this app offline if you do not have Internet access. The app will update automatically when you are back online again.

We hope this app makes your life in Germany a little bit easier.

Landshut traditionell

Landshut is a very old city. It was founded by the Bavarian Duke Ludwig I in 1204.

The city of Landshut has many beautiful traditions.

Big traditional events take regularly place in Landshut.

- **One of them is the Wedding of Landshut.**

[The Wedding of Landshut](#) is a historical festival, a medieval show which is performed every four years in the city in summer.

- **Another lovely tradition is the Landshuter Dult.**

The Dult takes place twice a year. The two Dults, Frühjahrsdult and Bartlmädult, are both attended by around 300,000 people.

[The Dult is like a small Oktoberfest in Landshut.](#)

- **Landshut Christmas Market**

Every year from 25th November to 23rd December the [traditional Landshut Christmas Market](#) takes place.

The Landshut Christkindlmarkt is considered one of the most beautiful Christmas markets in Bavaria. The market consists of about 50 shops.

Beside the culinary offers, the Christkindlmarkt also offers a wide range of Christmas articles and gift ideas.

On Saturdays and Sundays there is live music. A train and a children's carousel make their rounds for the youngest visitors. For the children, there are various hands-on activities taking place in the Lebkuchenhaus.

- **Der Wochenmarkt (weekly market)**

Every Friday from 7 am to 12:30 pm in the Untere Neustadt in Landshut, there is a weekly market.

The weekly market offers a very extensive and varied assortment. You can buy fresh fruit and vegetables, cheese and sausage specialties, fresh fish, flowers and much more there.

Landshut interculturell

People from 113 countries live in Landshut. A lot of cultures build our urban society in Landshut.

Year by year, our society becomes more and more diverse.

This social change requires all of us to be more open and tolerant towards other people.

Diversity enriches our society.

Besides the traditional festivals, there are many international festivals taking place in Landshut today.

A lot of international events are organized.

These festivals and events aim to promote the peaceful coexistence of all people in the city.

• Intercultural Weeks in Landshut

For over 35 years, [the Intercultural Weeks take place annually in Landshut.](#)

Numerous events take place during the intercultural weeks: Readings, music, films, theater and cultural events, lectures, discussions, workshops, seminars, festivals, sports events, open days in religious communities, interreligious peace prayers, etc.

An important event, held annually in Landshut as part of the Intercultural Weeks, is **the Festival of Cultures.**

The Festival of Cultures has established itself as a popular meeting place for Landshut citizens from different international cultures.

People with and without a migration background can meet and get to know each other and their cultures in an informal environment, with free admission, at Ländtorplatz.

• Weeks against racism

Racism and discrimination have no place in Landshut.

Since 2006, Landshut's Weeks Against Racism are taking place in our municipality. Every year, more and more municipal and civil society actors contribute to the programme and stand up together against racism. In the meantime, the programme extends over four weeks.

• Africa Days in Landshut

Since 2002, [the festival "Afrikatage"](#) annually takes place on the area of the youth culture center of the city of Landshut Alte Kaserne.

Each year a composition of Africa market, concerts, children's and cultural programs, workshops and delicious culinary specialties awaits you there.

Between 15,000 and 40,000 visitors enjoy the colorful African culture in Landshut together over three days.

Living in Germany

You can find an initial general overview of life in Germany [here.](#)

Living together in Germany

The Basic Law

In every country, there are rules that everyone must abide by. The most important law for Germany is the Basic Law. It is a collection of 146 articles. Each article stands for a law, i.e. a rule. These rules determine how we live together in Germany. The basic rights protect the freedom of each individual. They are set out in Articles 1 to 19 of the Basic Law (catalogue of fundamental rights).

🌐 Here you can find the Basic Law in 11 languages:

[Arabic](#)

[Chinese](#)

[English Chinese](#)

[French, German](#)

[Italian](#)

[Persian](#)

[Polish](#)

[Russian](#)

[Serbian](#)

[Spanish](#)

[Turkish](#)

[German.](#)

🎬 How the German constitutional state works is vividly illustrated in this film illustrated in this film:

[German](#)

[Dari](#)

[Arabic](#)

[Arabic](#)

[French](#)

[Pashto](#)

[Urdu](#)

Universal Declaration of Human Rights

Human rights are important rights that always apply to all people around the world. Human rights are rights that every human being has by virtue of being human. They protect the

dignity of every human being and are enjoyed equally by all human beings without distinction of any kind, such as "(...) colour, sex, language, religion, political or other opinion, national or social origin, property, birth or other status." (Article 2 of the United Nations Universal Declaration of Human Rights of 10 December 1948)

There are 30 rights. The most important are:

- All people are of equal value.
- Everyone is entitled to their own opinion.
- Everyone has the right to peace and security.

Children's rights

Children need special protection and therefore have special rights. The individual rights of children are set out in the Convention on the Rights of the Child. It was adopted by the UN General Assembly in 1989 and subsequently ratified by 196 states. The UN Convention on the Rights of the Child comprises a total of 54 articles.

🌐 The 10 most important children's rights are clearly explained here:

[German/Arabic](#)

[German/Persian](#)

The German constitutional state

Video on the German legal system



Please [click here](#) to watch!

About the Integreat App Landshut

The app for finding your way quickly and settling in well in Landshut

Important topics such as finding accommodation, social rules, health, family, learning German, school, work, leisure, asylum...

The app is available in several languages. It is aimed at people with a migration background. The app for Landshut is currently available in German, English, Russian and Ukrainian. Soon it will also be available in Romanian, Turkish, Arabic, Persian, Italian and French.

The information in the Integreat App Landshut is created in co-operation with many associations and institutions:

Integreat, the city of Landshut, the integration advisory board of the city of Landshut, some migrant self-organisations, language course providers and various associations in Landshut, such as Haus International, the volunteer agency fala, the KJSW, Caritas, AWO and many others are involved.

We try to provide all the important information and addresses here and keep them up to date.

You can also use the app offline.

The app updates itself automatically online.

Important note:

The app can provide support, but does not replace counselling!

Do you have any questions? Would you like to tell us something?

Then send us an e-mail to:

@integreat@landshut.de

Or use the feedback function

You can contribute to the further development of the Integreat app. You can give feedback using the smiley symbols. This feedback goes to the people who create the content. You can praise or criticise. Write down as many details as possible for ideas or criticism.

Good to know

Cleanliness and waste separation

Waste separation

Waste is separated in Germany. Cleanliness is very important here. Rubbish must not be thrown on the street, but belongs in rubbish bins. Waste types are separated to protect the environment. Plastic waste is particularly problematic for the environment and should be avoided. Paper is recycled. There are different coloured bins for this.

What goes in which bin?

Paper - blue bin:

For example: newspapers, magazines, exercise books, paper bags, cardboard

Organic waste - brown bin:

For example: food scraps, bones, fish bones

[What belongs in the organic waste bin?](#)

Residual waste - grey bin:

For example: Nappies, cigarettes, toiletries

Light materials - Yellow bin:

Only empty packaging: for example yoghurt pots, cans, milk cartons - everything without food waste.

Clothing:

Old clothes should be taken to an old clothes container.

Glass:

Is separated by colour and thrown into glass containers.

[Video on waste separation](#)

Waste advice in many languages

Waste collection

The rubbish bins are at every house. For a good neighbourhood, please sort your rubbish correctly and do not leave it next to the bins.

The rubbish bins are placed on the street and emptied by the rubbish collection service, there are fixed collection days.

Dates and further information on waste collection in Landshut can be found [here](#)

Holidays and intercultural calendar

Holidays and festivals

In the [intercultural calendar](#) you will not only find the most important Christian holidays. The festival days of the four other world religions (Buddhism, Hinduism, Islam and Judaism) can also be found.

Apart from the Christian holidays, there are other festivals. For example Carnival, shooting festivals, summer festivals and much more. Please find out the necessary information about this on the Internet site.

Interreligious calendar

If you want to know more about the festivals and holidays of the larger religions represented in NRW, you can find them in the [Interreligious Calendar](#).

Potable water

In some countries, you can't drink the tap water.

In those countries, you have to buy the water in the supermarket.

The water from the tap in Landshut is drinking water.



In Landshut you can drink the tap water.

Driving license

Your non-German driving license is valid in Germany only for 6 months.

Your foreign driver's license is after 6 months in Germany no longer valid.

After that, you must get your driver's license re-written and take an exam!



It works like this:

1. You look for a driving school where you can make the test.
2. The driving school submits the application to the driving license office of the district.
3. You go there personally and show your identification documents to verify your identity.

Pfand bottles



Do not throw away glass or plastic bottles that are marked with a so-called " Pfand" (deposit).

These are " Pfand bottles", which means you can bring them back to the supermarket and get money back.

Usually you get 8 to 25 cents back per bottle.

Opening hours and holidays

In Germany, the public holidays and opening hours are regulated by law per federal state.

Usually, the stores open between 7:00 am and 8:00 am and close between 6:00 pm and 8:00 pm.

On Sundays and public holidays almost all stores are closed!

You can' t go shopping on Sundays!

Holidays in Landshut 2023

New Year: 01.01.2023 (Sunday)

Epiphany: 06.01.2023 (Friday)

Good Friday: 07.04.2023 (Friday)

Easter - Easter Monday: 10.04.2023 (Monday)

May 1st - Labor Day: 01.05.2023 (Monday)

Ascension Day: 18.05.2023 (Thursday)

Pentecost - Whit Monday: 29.05.2023 (Monday)

Corpus Christi: 08.06.2023 (Thursday)

Assumption Day: 15.08.2023 (Tuesday)

German Unity Day: 03.10.2023 (Tuesday)

All Saints' Day: 01.11.2022, 01.11.2023 (Wednesday)

Christmas Day: 25.12.2023 (Monday)

2nd Christmas Day: 26.12.2023 (Tuesday)

Time and Punctuality

In Germany, the time and the punctuality are very important!



If you have an appointment at the immigration office or at the doctor, you should be there five minutes earlier.

Even if you have a private invitation somewhere, you shouldn't be late.

This could be taken as lack of respect.

If you are late, you should say „Entschuldigung“.

Rest times

In Germany, there are some important rules. **Rest times** are one of them.

You shouldn't make any noise during these times!

According to the law, **Sunday is a rest day**.

You must be quiet on Sundays if you want to have a good relation to your neighbors.

You are not allowed to do this on Sunday, for example:

listening to music loudly, having a garden party, using a drill or a hammer

and also not mow the lawn

Also, on each day between 10 pm and 6 am is **night rest**.

Between 1 p.m. and 3 p.m. there is **noon rest**.

On Sunday and holidays, the stores and the public offices are closed in Germany.

On the other hand, a lot of bakeries and also restaurants are open.

Many people have a day off and don't have to go to work.

Language

Information

It is very important to learn German in order to find a job and generally find your feet in Germany. Here you will find opportunities and contact points for appropriate language courses. There are various ways to learn German. Your residence status has an influence on which option you can choose. As long as you cannot speak German well enough yourself, you will need help. You can also find contacts for this here.

Level of language ability and certificates

You can attend a German language class. There are six levels of language ability: A1, A2, B1, B2, C1 and C2. You start at level A1. You speak your mother tongue at level C2. The six steps in detail are:

A1: Beginner

You can understand and use simple words and sentences.

You can introduce yourself and others.

You can ask personal questions.

You can answer questions.

Someone is speaking slowly and clearly. You can have a conversation with them.

A2: Basic knowledge

You can understand full sentences and frequently used words.

You can express yourself in simple, everyday situations. You can describe where you come from, what kind of education you have and your surroundings.

B1: Advanced language skills

You can understand a lot. You can speak about topics you are familiar with and your personal interests. You can talk about experiences and events, dreams, hopes and goals. You can provide brief reasons or explanations for your plans and opinions.

B2: Independent language skills

You can understand the most important parts of complex texts on both specific and abstract topics. You can even understand expert discussions in topics you know well.

You can express yourself orally in a spontaneous and fluent manner. You can justify a position on a current issue by giving the pros and cons.

C1: Expert language skills

You can understand much of longer, complex texts. You can also grasp implicit meaning in the text.

You can articulate your opinion on complex topics clearly, extensively and in a well-structured way.

C2: (Approaching) native speaker proficiency

You can understand practically everything you read or hear without effort.

You can summarise information from a variety of written and oral sources. You can reproduce reasoning and explanations in a cohesive way. You can express yourself in a spontaneous, very fluid, precise and nuanced manner.

Language courses

Integration courses

What is an integration course?

In this course you will learn German. You will learn more than just the basics. At the end of the course, you will be able to speak German at level B1. You will also learn about the culture, politics and social customs in Germany. Are you still a minor? Then there is a special course for young people. The integration courses are free of charge for refugees. Do you receive

social benefits? Then the course is also **free of charge**.

The integration course concludes with the examinations "Deutschtest für Zuwanderer" (DTZ) and "Leben in Deutschland" (LiD).

How is the course organised?

An integration course has **two parts**:

1. German course
2. Orientation course

In the course you will learn German in 600 hours of classroom instruction. A further 100 hours will give you an insight into cultural, political and social life in Germany.

The integration course ends with **two examinations**:

1. the German test for immigrants
2. life in Germany

If you pass both exams, you will receive the **Integration Course Certificate** (German **B1**).

Who can take an integration course?

- **Refugees with a residence permit for Germany**
- **EU citizens with residence in Germany**
- **Asylum seekers with good prospects of remaining in Germany**
- **Persons entitled to stay with subsidiary protection**

The job centre, the social welfare office or the foreigners authority can oblige you to take part in an integration course. You have not been obliged? But you would like to take part in a course? Then you can apply for an integration course at the Federal Office for Migration and Refugees (BAMF). Do you need help with the application? Then contact your asylum social counselling service or a migration counselling service. They will also help you choose an integration course provider.

Are you looking for an integration course in Landshut?

Do you know someone who is looking for a course? Do you need a course yourself? The following information can help you:

[Integration courses at Haus International:](#)

- Courses for women in the morning or afternoon
- Literacy courses in the morning or afternoon
- General integration courses in the evening

[VHS integration courses:](#)

- They offer general integration courses. You can find more information on the website.

Integration courses bfz:

- They offer general integration courses. You can find more information on the website.
- Initial orientation courses

Integration courses BWS:

- You request general integration courses. You can find more information on the website.

German courses DILA:

- You request general integration courses. You can find more information on the website.

German for the job

What is a job-related German course?

The job-related German course prepares you for a job.

The course helps you with training or work.

The course builds on your integration course.

Who can take part in the job-related German course?

Anyone who can already speak German well or very well (B1, B2 OR C1).

Anyone who is registered as a jobseeker or unemployed with the employment agency.

Anyone who receives money from the job centre.

Foreigners, immigrants, EU citizens, Germans with a migration background

 **Prerequisite for participation is a language level of at least B1.**

Job-related courses in Landshut

Haus International:


[Job-related course module B1](#)

[Job-related course module B2](#)

Contact:

 <https://www.haus-int.de>

 info@haus-int.de

 [087131947480](tel:087131947480)


 Haus international e. V. Am Orbankai 3-4, D-84028 Landshut


VHS Landshut

Contact:

 <https://www.vhs-landshut.de/>

 [@info@vhs-landshut.de](mailto:info@vhs-landshut.de)

 [0871922920](tel:0871922920)

 Ländgasse 41 | 84028 Landshut

DILA: German in Landshut


[C1 Profession](#)

Contact:

 www.dila-landshut.de

 [@deutschinlandshut@arcor.de](mailto:deutschinlandshut@arcor.de)

 [08719665880](tel:08719665880)

 Harnischgasse 35, 84028 Landshut

MiA courses in Landshut

What are Mia courses?

It is a language learning programme only for women from different home countries. The course instructor is also a woman.

What is the content of the courses?

You talk about topics that are important to you. On some days you go outside together, for example to get to know the city. There are also often activities such as sewing, singing or painting.

A course lasts 34 hours, spread over several weeks or months.

You can take part in up to three courses in a row.

The courses are free of charge.

MiA courses in Landshut (Migrant women simply strong in everyday life):

DOM e.V.

 www.nachbarschaftstreff-dom.de

 [@mascha.sidorova@gmx.de](mailto:mascha.sidorova@gmx.de)

 [+49 \(0\) 8711355898](tel:+49(0)8711355898)



[Nachbarschaftstreff DOM](#)

Voluntary language courses

In addition to the official German courses, there are many opportunities to learn and practise German in Landshut.

Voluntary language courses in Landshut:

Language mentors - women for women (fala)

The mentors support their tandem partners in overcoming everyday problems and language difficulties.

These can be highly individualised and are based on personal interests and needs.

After three meetings, the participants decide together whether they would like to continue the mentorship.

If the tandem partners would like to continue meeting, this is of course possible and very welcome!

Contact:

Mrs Julia Haro

 [087120662732](tel:087120662732)

[@jh@freiwilligen-agentur-landshut.de](mailto:jh@freiwilligen-agentur-landshut.de)

Cafe Deutsch (fala)

As a language mentor, you can meet refugees and migrants at the "Café Deutsch".

The meetings take place once a week for one hour. They are a supplement to regular German lessons.

The conversations centre on everyday topics.

Contact:

Mrs Naumova

 [087120662734](tel:087120662734)

[@mn@freiwilligen-agentur-landshut.de](mailto:mn@freiwilligen-agentur-landshut.de)

International Women's Café (Haus International)

The Café international offers women from all over the world the opportunity to get to know each other in a cosy atmosphere.

Come to the women's café!

- if you want to get to know other women
- if you would like to improve your German language skills
- if you want to feel at home in Landshut
- if you would like to get to know German culture better

Contact:

📍 Café International (Haus International), Am Orbankai 3-4, 84028 Landshut

🌐 <https://www.haus-int.de/>

☎ [087131947480](tel:087131947480)

Online language courses and online study

Online language courses

You can learn German on your smartphone or computer. Take advantage of the great offers to learn German quickly. This way you can make good use of the waiting time for a language course. These offers can also be useful during a language course. You can find more information about the language levels [here](#).

🌐 [Lunes app](#): The Lunes app accompanies you at school, in training and at work. The app supports you with technical terms and job-specific vocabulary. In various modules you will find numerous vocabulary words with pictures and a supplementary read-aloud function. Various types of exercises (multiple choice, practising articles or writing whole words) promote the learning and retention of vocabulary and are fun at the same time.

🌐 [Serlo ABC](#): A free alphabetisation app for self-study or as a supplement to a language course. The app is approved as a textbook for integration courses.

🌐 [Mein Deutschbuch](#): A comprehensive range of resources for learning German. The website is aimed at learners and teachers, A1-B2.

🌐 [Deutsch-Uni Online \(DUO\)](#): Language learning programmes for A1 to C2.

🌐 [Basic language course from Deutsche Welle](#): This online language course contains modules on literacy and job-related language skills. There is also a placement test.

🌐 ["The City of Words"](#): App and website for playful vocabulary learning without prior knowledge in German, English, French and other languages.

🌐 [VHS learning portal](#): Free German courses. You can also learn to read, write and do maths. There is also help for preparing for school-leaving exams in German, maths and English.

🌐 [Language placement test](#): onSET-online language placement test for refugees and for language categorisation for full-time and voluntary workers.

Online study

Refugees and asylum seekers often have difficulties accessing higher education. Kiron Higher Education offers the opportunity to study without tuition fees and without the otherwise required legal documents. The first two years of the degree programme take place as online courses via the internet. All courses are offered in English. However, it is possible to use subtitles in any language. The third year of the programme takes place on site at one of Kiron's partner universities. Students also have the opportunity to learn German during their studies. Various support and counselling services are offered.

 [Website Kiron](#)

Education

Do you want to study in Landshut? You can find the following options here:

- 8 primary schools: <https://www.landshut.de/leben/bildung/grundschulen>
- 3 secondary schools: <https://www.landshut.de/leben/bildung/mittelschul...>
- 3 special schools (plus 2 preparatory schools):
<https://www.landshut.de/leben/bildung/sonstige-sc...>
- 2 secondary schools and 2 business schools:
<https://www.landshut.de/leben/bildung/real-wirtsc...>
- 3 grammar schools: <https://www.landshut.de/leben/bildung/gymnasien>
- 4 vocational schools: <https://www.landshut.de/leben/bildung/berufsbilde...>
- 9 vocational schools and 2 vocational upper secondary schools:
<https://www.landshut.de/leben/bildung/fach-berufs...>
- 6 technical colleges: <https://www.landshut.de/leben/bildung/fachschulen>
- 2 technical colleges
- 1 Waldorf school: <https://waldorfschule-landshut.de/>
- 1 university: <https://www.haw-landshut.de/>

University-level study

General information

In Germany, there are many different courses of study. There are also different types of universities:

- Universitäten = universities (more academically focused)
- (Fach-)Hochschulen = universities of applied sciences; polytechnics (more practically focused)
- Duale Hochschulen = “dual universities” (very practically focused)
- Kunst- Film und Musikhochschulen = universities for art, film and music (for the arts and performing arts)

There are public and private universities. Private universities are not necessarily better than public ones – however, students usually have to pay high tuition fees at private universities.

Helpful websites:

- 🌐 [Hochschulkompass \(Higher Education Compass\)](#) (list of all courses of study and universities in Germany)
- 🌐 [Study in Germany](#) (information for refugees)
- 🌐 [Agentur für Arbeit Studienorientierung \(study programme orientation from the Federal Employment Agency\)](#)
- 🌐 [Deutscher Akademischer Austauschdienst \(German Academic Exchange Service\)](#) (DAAD - All study programmes in Germany)

Prerequisites

If you want to study in Germany, you need a university entrance qualification. If you do not have an Abitur degree from a German school, you need to check whether the secondary school degree you obtained in your home country is sufficient for you to enter a German university.

You can find more detailed information on the [Anabin](#) website, through the “Recognition in Germany” information portal and on the website of the [German Academic Exchange Service \(DAAD\)](#).

You also need to bring proof of your good German language skills (level C1), such as a certificate from the TestDaF, DSH or telc Deutsch C1 Hochschule.

It is also possible to get support from the educational counselling organisation Garantiefonds Hochschule.

Some universities also offer preparatory semesters during which you can learn German.

You should get information directly from the university at which you would like to study. Most universities have counselling services available. Also make note of the deadlines by which you need to apply for a course of study!

Without a university entrance qualification

If you are eligible to study at university in your home country, but not in Germany, you may be able to get access to higher education through a preparatory college (Studienkolleg). There, foreign university applicants are given targeted preparation for future studies at a German research university or university of applied sciences.

Financing and scholarships

As a student in Germany, it is possible to receive financial support through the Bundesausbildungsförderungsgesetz, a federal act for promoting higher education referred to as “BAföG” for short. The payments are made monthly and, in the best case, continue for the duration of your course of study. The monthly sum provided by the BAföG can be somewhere between €399 and €735. Half of the BAföG total must be paid back after course of study has been completed. The exact information on the BAföG changes regularly and can therefore be found under the following link:

- 🌐 [Website about BAföG for refugees and migrants](#)

As an alternative to the BAföG, it is also possible to get a scholarship. In contrast to the BAföG, a scholarship usually does not need to be paid back. Therefore, one must perform well and take on some voluntary commitments in order to be awarded a scholarship. The amount is often calculated in line with the BAföG. There is also an additional €300 paid monthly, this is known as “Büchergeld”.

Organisations that award scholarships are often marked as foundations that offer scholarships. The following foundations offer programmes, among other things, especially for refugees. Please refer to the respective websites for application guidelines and requirements.

🌐 [Friedrich-Ebert-Stiftung \(FES\) - Scholarships for Refugees](#)

🌐 [Böckler-Aktion Bildung by the Hans-Böckler-Stiftung](#)

🌐 [Konrad-Adenauer-Stiftung \(KAS\) - Scholarships for Refugees](#)

🌐 [Villigst - Our Scholarships for refugees](#)

🌐 [Brot für die Welt - Flüchtlingsstipendienprogramm \(Refugee Scholarship Program\)](#)

One exception is, for example, the guarantee fund by Otto Benecke Stiftung. The programme is aimed at migrants who are new in the country and who would like to get the higher education entrance qualification, want to prepare to go to university, and would like to start their academic career. There is also the Deutschland-Stipendium, which provides €300 monthly as financial support. The Deutschland-Stipendium is awarded through the respective universities.

🌐 [University guarantee fund from Otto Benecke Stiftung in Bonn](#)

🌐 [Deutschlandstipendium: Become a scholarship holder](#)

Recognition of credentials

Non-German professions must be accepted in Germany.

Further information can be found here: <https://www.bayernportal.de/dokumente/leistung/24...>

Children, youth and family

Information

Children, young people and families are particularly well protected in Germany. This protection starts during pregnancy and continues until the child has reached 18 years of age (adult).

In Germany, for example, it is forbidden to beat children!

Children must be brought up in Germany without using violence.

All children must attend school. Special authorities also make sure that children are not harmed by their environment (or even by their family).

Children's rights

As a child, you need special protection. That's why you also have special rights. These rights are set out in the Convention on the Rights of the Child. The General Assembly of the United Nations adopted the Convention in 1989.

The UN Convention on the Rights of the Child can be divided into four groups: the right to life and personal development, equal treatment, the best interests of the child and participation. In detail, this means

- Every child has the right to all the things they need to live. This includes, for example, food and drink or medical treatment.
- The right to go to school is also a child's right, as is the right to play and leisure.
- All girls and boys have the same rights and no child should be treated worse than other children.
- Every child has the right to grow up healthy, cared for and protected from violence.
- Every child has the right to live with their parents or, if the parents are separated, to have contact with both parents.
- All girls and boys have the right to form their own opinion and to stand up for it.

💡 Are there issues that affect you as children? Then adults must listen to your opinion and take it into account when making decisions.

🌐 You can find a clear explanation of the 10 important children's rights here: [German/Arabic](#) and [German/Persian](#).

Are you experiencing violence? Do you feel unfairly treated? Then the [youth welfare office](#) can advise you.

Family benefits

Parental allowance

Parental allowance compensates for restrictions in the parents' income. For all those who can or do not want to work less or at all after the birth. Parents who live separately can also claim parental allowance. The amount of parental allowance depends on the amount of income before claiming. You can claim parental allowance if you have a settlement permit or residence permit in Germany. You can find more detailed information in German, English, Turkish and Russian [here](#).

🌐 [Parental allowance](#)

Child benefit

All parents with a settlement permit or residence permit in Germany are entitled to child benefit. Child benefit is paid for every child from birth until at least the age of 18. You must apply for child benefit yourself at the Federal Employment Agency. You can find more detailed information in German, English, Turkish and Russian [here](#).

🌐 [Child benefit](#)

Public meeting places

Places for all

All listed offers are free of charge and easy to reach by public transport.

Have fun discovering them!

Parks

Parks invite you to go for a walk and linger in many places in Landshut.

Enjoy spending time in the fresh air with your family.

Albin Lang Park

📍 [Dammstraße, 84034 Landshut](#)

Mühleninsel

📍 [Mühlenstrasse, 84028 Landshut](#)

Wittstrasse City Park

📍 [Wittstrasse, 84028 Landshut](#)

Bayerwaldpark

📍 [84030 Landshut](#)

Court and duke's garden with animal enclosure

📍 [84028 Landshut](#)

🕒 Opening hours

01.04. - 14.05. from 6:00 am to 9:00 pm

15.05. - 31.08. from 6:00 am to 10:00 pm

01.09. - 30.09. from 6:00 am to 9:00 pm

01.10. - 31.03. from 6:00 am to 7:00 pm

Slackline Park

📍 [Ritter-von-Schoch-Strasse, 84036 Landshut](#)

🕒 Opening hours: daily 9-21 h

[Trim trail](#)

📍 [Alluvial forest west of the ice rink, 84034 Landshut](#)

Children's playgrounds

Public playgrounds in the city invite young visitors and their parents to play and run around.

🕒 Daily from 9 a.m. to 9 p.m. from May to September and from 9 a.m. to 7 p.m. from October to April

[Bayerwaldparkplayground](#)

📍 [Bayerwaldstraße](#)

[Hofgarten playground](#)

A visit to the neighbouring animal enclosure is also particularly enjoyable.

📍 [Edmund-Jörg-Straße](#)

[Mitterwöhr adventure playground](#)

This playground offers a lot of variety and has great play equipment.

📍 [Sudetenstraße](#)

[Further playgrounds in Landshut](#)

Sports fields

Here you can find the...

[Streetball courts in Landshut](#)



Streetball courts in Landshut



Field hockey fields in Landshut



Skate parks

The skate park is located in the area of the training grounds of the Sportzentrum West, near Jennerstraße.

 The following opening hours apply:

Monday to Friday: 8 am to 8:45 pm

Saturday: 8 to 20:00

Lions Skatepark

 [84034 Landshut](#)

stadtgartenamt@landshut.de



Youth centres

Youth work in the city of Landshut aims to support and encourage children and young people in their development.

[Alte Kaserne youth culture centre](#)

Many concerts and cultural events of all kinds take place here. The centre also offers opportunities for clubs and groups to hold events.

📍 [Liesl-Karlstadt-Weg 4, 84036 Landshut](#)



[Poschinger Villa Youth Centre](#)


Young people can stay here without registration or costs.

📍 [Gestütstrasse 1, 84028 Landshut](#)



[Checkpoint youth centre](#)


Open centre for chilling out and meeting friends. Counselling for problems and excursions are also offered.

 Opening hours on school days:

Tuesday 15 to 19:00

Wednesday 15 to 18:30

Thursday 15 to 19:00

 [Weilerstrasse 19, 84032 Landshut](#)



Mobile youth work & tunnel house

The youth office offers an open contact point for all young people with questions.

 [Innere Münchner Strasse 12, 84036 Landshut](#)



Libraries

The city libraries not only offer access to literature, but also invite you to linger.

City library in the Salzstadel

📍 [Steckengasse 308, 84028 Landshut](#)

🕒 Opening hours:

Monday Closed

Tuesday 10.00 a.m. - 6.00 p.m.

Wednesday 10.00 a.m. - 6.00 p.m.

Thursday 10.00 a.m. - 7.00 p.m.

Friday 10.00 a.m. - 6.00 p.m.

Saturday 10.00 a.m. - 3.00 p.m.

Sunday Closed



Weilerstrasse public library

📍 [Weilerstrasse 23, 84032 Landshut](#)

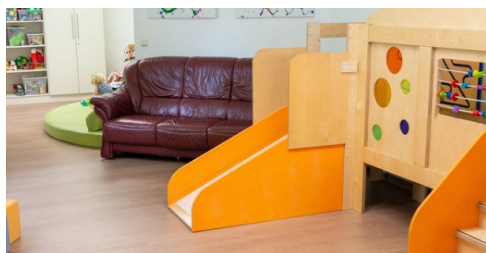


Parent-child groups

Mothers' Centre Landshut

Open meetings, courses and flea markets take place here.

📍 [Schützenstrasse 2, 84028 Landshut](#)



Museums

KASIMIRmuseum

There is a museum for children and young people in Landshut: The KASiMiRmuseum. It is located on the 1st floor of the Landshut City Museum, the LANDSHUTmuseums.

Here children can discover, play, touch and understand art and culture.

The exhibitions change. Depending on the exhibition, admission is either free or subject to a charge.

The museum is barrier-free.

📍 The address: Alter Franziskanerplatz 483, 84028 Landshut.

🕒 Opening hours:

Monday Closed

Tuesday 10.00 a.m. - 5.00 p.m.

Wednesday 10.00 a.m. - 5.00 p.m.

Thursday 10.00 a.m. - 5.00 p.m.

Friday 10.00 a.m. - 5.00 p.m.

Saturday 10.00 a.m. - 5.00 p.m.

Sunday 10.00 a.m. - 5.00 p.m.

🌐 <https://kasimirmuseum.de/>

Health

German Health System

Basic care for asylum seekers

As an asylum seeker in Germany, you are entitled to basic medical care for acute illnesses and pain. You are also entitled to every officially recommended immunisation and preventive medical check-up. In addition, you will receive free medical services that are essential to "safeguard your health".

See a doctor if

- you are **acutely ill** or **in pain**,
- you are **chronically ill**, for example if you have diabetes, epilepsy or mental illness. If you have any remaining medication or the package leaflet for your medication, bring it with you to the doctor's appointment. If you have already been to the doctor or hospital

because of the illness, please also bring the results with you.

- you are pregnant,
- you need a vaccination.

You can choose which doctor you would like to see (free choice of doctor).

If you do not yet have health insurance, you will receive a **sickness certificate** from the responsible office ([social welfare office](#)). Bring the sickness certificate with you to the doctor.

A sickness certificate is valid for one quarter (3 months). You will need a new sickness certificate for each quarter.

For specialist medical treatment, you must apply for a new sickness certificate from the social welfare office.

Useful info sources

You can find important health related information in different languages on internet.

1. Health advisor for asylum applicants

Here you can find some basic information:

- * How does health care work in Germany?
- * What do you do if you are ill and where can you get help?

2. Visiting the Gynaecologist (Women's Doctor)

⇒ Film in different languages

3. Information on various topics (Ethno-Medical Centre, MiMi Project)

Signposts for different issues, for example:

Diabetes
Vaccination
Trauma, depression
Maternal Health

4. Information for patients on many diseases

Asthma
Flu
Dementia

=> Tuberculosis

Information on the war in Ukraine

Information from the Federal Foreign Office and the Federal Office for Migration and Refugees

Here you can find out what is important at the moment - for example, what the current [situation](#) is. You can also find rules here if you want to enter Germany or if you need a visa. We have already written down some important questions and answers for you:

I am in Germany without a visa - what can I do now?

If you come from Ukraine, you do not need a visa to come to Germany until **4 December 2025**. From the day you enter the country, you can stay here for up to 90 days without a special permit. You can even stay in Germany without a special residence permit until **4 March 2026**.

During the 90-day visa exemption period, you can consider whether you would like to stay in Germany for longer. There are various options for this:

1. You can apply for a residence permit under Section 24 of the Residence Act within 90 days of your first entry into Germany. This provision specifically regulates the situation for war refugees from Ukraine on the basis of the EU decision. You can find out who is eligible for a residence permit under Section 24 of the Residence Act [here](#). You can find answers to the procedure [here](#).
2. You can apply for a residence permit for another purpose within 90 days of your first arrival in Germany. For example, to study or for gainful employment. This may be more favourable for you. You can seek advice on this from the authorities if you have an appointment, or you can find out more in advance on the website: <https://www.make-it-in-germany.com/>.
3. Alternatively, you can apply for asylum. However, this option is not recommended due to the less favourable legal consequences - such as the restriction on taking up employment and the obligation to live in an initial reception centre.

Do you have a valid residence permit in accordance with Section 24 of the Residence Act as of 1 February 2025?

Your residence permit will be automatically extended and will then be valid until 4 March 2026. You do NOT need to visit the immigration office for this. You can find more information on [Germany4Ukraine](#).

What happens when you arrive in Germany?

When you come to Germany, there are a few important steps that you need to take one after the other. This is how it works:

- First, you register - this is called registration.
- If you need help from the state (for example money or food), you will be told where you can live.
- Then you register your new address, i.e. where exactly you now live.
- Finally, you apply for a permit so that you can stay in Germany for longer.

You can find more information on this [here](#).

Can I work in Germany with a residence permit for temporary protection?

Yes, you can. However, before you can work, the immigration authority must authorise it. The immigration authority will often already enter in your residence permit that you are allowed to work - even if you do not yet have a job. This is good, because then you no longer need an extra permit from another authority.

The immigration authorities will issue so-called fictitious certificates as soon as you submit your application. These bridge the right of residence until the actual residence title can be issued and granted. The foreigners authority will also enter "Gainful employment permitted" in the fictitious certificate. This fictitious certificate therefore authorises you to work in Germany either as a self-employed person or as an employee. Special professional access requirements (such as a licence to practise medicine or a permit for a trade requiring a licence) naturally apply to persons with temporary protection in the same way as to all others. However, the procedures for recognising foreign professional qualifications are also open to those affected, just like everyone else.

Persons with a residence permit for temporary protection in Germany can also receive counselling and placement services from the employment agencies in accordance with SGB III.

Should people from Ukraine apply for asylum?

No, that is not necessary. The necessary protection is granted in a different, faster procedure. It is therefore recommended that you do not apply for asylum. However, if you want to apply for asylum later, you can still do so.

As a result of the decision to admit war refugees in accordance with Article 5 (1) of Council Directive 2001/55/EC of 20 July 2001 on minimum standards for giving temporary protection, a residence permit in accordance with Section 24 of the Residence Act (AufenthG - Residence Permit for Temporary Protection) will be granted to the group of persons covered by the decision upon application.

Registration upon entry does not constitute an application for asylum. An application for asylum must be submitted to the responsible branch office of the Federal Office for Migration and Refugees in order for an asylum procedure to be carried out.

For these reasons, it is not necessary to file an asylum application to secure a right of residence or to claim social benefits.

Information portal of the German government

The Federal Ministry of the Interior and Homeland offers a digital information portal in German, English, Russian and Ukrainian. Here you will find all official information about residence and living in Germany.

 [Germany4Ukraine](https://www.germany4ukraine.de)

Embassy of Ukraine in Berlin

☎ [+493028887128](tel:+493028887128)
📍 [Albrechtstraße 26, 10117 Berlin](https://www.landshut.de/Albrechtstra%C3%9Fe-26-10117-Berlin)

Emergency numbers - SOS

You can only go to hospital without a treatment voucher in an **emergency**. An emergency is an acute danger to your health. Do not forget your proof of arrival/ID card! At the hospital, you must prove that you are an asylum seeker with your proof of arrival/your ID and that the costs will be settled via the social welfare office. If you are already registered with a health insurance company, bring your insurance card with you.

Emergency contacts

Police ☎ [110](tel:110)
Fire brigade, rescue service ☎ [112](tel:112)
Ambulance, emergency doctor ☎ [112](tel:112)

💡 The emergency numbers on mobile phones always work, even if you have a prepaid card without credit/money!

Important information for an emergency call 112

- Who is calling (your name)?
- Where has something happened (address)?
- What has happened?
- How many injured or sick people are there?
- What kind of illnesses or injuries are there?
- Wait for further questions!

Remain calm. Speak slowly and clearly so that you can be better understood. Do not end the call. The emergency call centre / police will end the call when all important information has been transmitted.

Protection from violence

Women and girls in distress

Refuge and protection for women and their children who experience violence from their partner.

Women's shelters

Caritas women's refuge

☎ [0871274900](tel:0871274900)
@ info@frauenhaus-landshut.de

AWO Women's Refuge

☎ [0871921044](tel:0871921044)

@ frauenhaus@awo-landshut.de

Free and anonymous counselling service for women who have experienced or are still experiencing violence.

The "Violence against women" helpline

☎ [08000116016](tel:08000116016)

Authorities and counselling

Authorities

Immigration office

Would you like to live in Germany as a foreign national?

Then you need a residence permit. This can be a visa or a residence permit. You can also obtain a settlement permit or a permanent residence permit. Go to the immigration office. There you can discuss your affairs and submit applications.

Amt für Ausländerangelegenheiten & Integration Ausländerbehörde

📍 [Luitpoldstraße 29, 84034 Landshut](#)

☎ [+49 \(0\) 871882241](tel:+49(0)871882241)

🕒 Opening hours

Monday: 08:00 - 12:00

Tuesday: closed

Wednesday: 08:00 - 12:00 and 14:00 - 17:30

Thursday: 08:00 - 12:00

Friday: 08:00 - 12:00

[Foreigners' Registration Office / City of Landshut](#)

Registration

Foreign and domestic citizens must register when they move to Landshut. More information here:

🌐 [Registration | City of Landshut](#)

Registry office


What can I do at the registry office?


- Have you had a child? -Register the birth at the registry office. The registry office will then notarise the birth.
- Would you like to get married? -Then the registry office will register your marriage.
- Has a family member died? - You can obtain a death certificate here.
- Do you want to establish a civil partnership? - You can obtain the certificate here.

The tasks at a glance

- Notarising births and deaths
- Concluding marriages and partnerships
- Receiving resignations from the church
- Changing names

Standesamt Landshut

 [+49 \(0\) 871881410](tel:+49(0)871881410)
 @standesamt@landshut.de

 08:00 -12:00

Social Welfare Office (Sozialamt)

The purpose of the Sozialamt (Social Welfare Office) is to **provide social support**. This includes the following services:

- Guaranteed minimum pension for the elderly or those with reduced earning capacity
- Help with care
- Help with living costs
- Integration assistance for disabled people
- Help in overcoming particular social difficulties
- Health support
- Help in other life situations

The Social Welfare Office can **give advice and support** if you have any questions about these issues.

At the Social Welfare Office, you will be asked about your financial situation. So you will have to show if you have any valuables such as jewellery or money. You will sign some documents and statements. Please bring all your papers with you. Everyone who is registered on the residence permit (Aufenthaltsgestattung) must come to the appointment.



You will also receive a cheque for your living costs here. You can exchange the cheque for cash (euros) at a bank. Please note that this money must last until your next appointment at the Social Welfare Office (for about 1 month). You will not get any more money until your next

appointment at the Social Welfare Office.

The Social Welfare Office is also your point of contact for the following topics:


- Vouchers for Baby Starter Kits and for your child's school supplies
- Money for train tickets to interview appointments
- Medical certificates, approval for operations and other medical procedures
- Educational and participation package (BuT)
- Activities and employment programme
- Applications for relocation, waiving of the residence requirement


SOZIALAMT Landshut-Stadt

 [Luitpoldstr. 29a, 84034 Landshut](#)
 [+49 \(0\) 871881250](tel:+49(0)871881250)

Job Centre

Are you unemployed? Do you need help? The Job Centre provides financial support. It also helps you find work and get qualifications. This depends on your individual needs. The Job Centre makes it possible for you to take a language course, for example. It can help you get career guidance. Or it can help you get recognition for your educational qualifications. Would you like to work? Then you can find information and get advice here: Access to the Job Market.

 The Job Centre staff are not allowed to pass on information about clients. Do you have a volunteer accompanying you? Then you need to give them power of attorney. This must be completed in full and signed by both parties.

 Is your asylum process still ongoing? Or has your application been rejected? Then the [Employment Agency \(Agentur für Arbeit\)](#) is where you should go for career support.

Steps to take after a positive decision

The Federal Office for Migration and Refugees (BAMF) has given you a positive decision. That means your asylum application has been successful. You are recognised as entitled to asylum. Or you have been granted protection as a refugee. Here are the next steps you need to take:

1. Personal visit

- You must go to the Jobcenter during opening hours
- You will be registered as a client there
- Your background will be registered
- A consultation appointment will be made with the “Leistungsabteilung” (benefits department) An appointment will be made with the “Arbeitsvermittlung” (employment service)

- You will be registered as a jobseeker

2. Benefits department



Important: There is no consultation without an appointment.


- You can apply for benefits. To do this, you need an appointment. The person responsible for you can help with this.

3. Employment agency

- **Important:** There is no consultation without an appointment.
- Have you already attended an integration course? Bring your certificate with you. Otherwise, bring your “Verpflichtung” (obligation statement) with you.
- Do you have documents about school attendance or training? Do you have work references? Have your foreign qualifications been recognised? Bring them with you.
- Tell the staff about your special skills (craftsmanship, language skills, etc.).
- Before the appointment, think about which area of work you are interested in.


Jobcenter Landshut-Stadt


 [Leinfelderstr. 6, 84034 Landshut](#)
 [+49 \(0\) 871697783](tel:+49(0)871697783)

 08:00 - 12:00 Uhr

Employment Agency (Agentur für Arbeit)

The Employment Agency (Agentur für Arbeit) is your most important point of contact regarding employment. Are you looking for a job? Do you need help choosing a career? Would you like to get your qualifications recognised? Then talk to the Agentur für Arbeit (Employment Agency).

 Is your asylum process still ongoing? Or have you been given exceptional leave to remain (Duldung)? Then you should go to the Employment Agency. They can help if you have questions about the transition between school and work (careers advice). They can help you find work. And they can give advice on professional development.

 Have you been approved? Then you should go to the [Job Centre](#). They will give you advice and help you find a job.

Youth Welfare Office (Jugendamt)

Children's rights are important. Every child deserves to be respected and loved. Do you have a child? Then make sure you bring them up in accordance with their rights as a child. This is important for your child's wellbeing. For more information, see the chapter on [children's rights](#).

The Youth Welfare Office (Jugendamt) supports parents in raising children and youth. Everyone can contact the Youth Welfare Office free of charge. Are you a child or young person? Do you have any problems? Then you can contact the Youth Welfare Office.


Responsibilities of the Youth Welfare Office (Jugendamt):


- Supporting young people in their individual and social development
- Giving parents advice and support on bringing up children
- Protecting children and young people
- Creating a positive environment for young people and families
- Avoiding and dismantling barriers

Have you had a baby? Then the Youth Welfare Office will contact you after a few weeks. They will want to visit you at home. You can familiarise yourself with the Youth Welfare Office. You will be given a whole folder with information and services. These are important for your child and your family.

Unaccompanied minor refugees are also subject to the Youth Welfare Act. This means the Youth Welfare Office is responsible for them.


[Jugendamt Landshut-Stadt](#)

 [Luitpoldstr. 29, 84034 Landshut](#)

 [+49 \(0\) 871880](#)

Health department

The public health department is part of the healthcare system in Germany. For example, it is responsible for protecting the population from infectious diseases. Or it deals with hygiene in companies. These can be hospitals and care centres. Or restaurants and cafés. Would you like to work in a restaurant? Then you need an instruction on infection protection. The public health department also has other tasks. It provides advice on AIDS. And looks after the medical service. In schools, they provide information on how to prevent diseases. And in general, it informs the population about health risks.

 [Velderner Str. 15, 84036 Landshut](#)

 [@gesundheit@landkreis-landshut.de](mailto:gesundheit@landkreis-landshut.de)

 Monday to Friday 08:00-12:00

Monday to Wednesday 13.30- 15.30

Thursday 13.30- 17:00

 **Appointments required!**

 [Gesundheitsamt Landshut](#)

Promoting integration

The aim here is to promote coexistence in urban society. Obstacles should be removed and access to the administration made easier.

You are welcome to come to the **initial and referral counselling** service with any questions.

No registration is necessary.

The counselling service is aimed at all new arrivals.

In addition, local support groups and associations can come here for help and guidance.



SG1 – Förderung Integration **Erst- und Verweisberatung** **für Menschen mit Migrationshintergrund**

Luitpoldstraße 29 – Zimmer 118
84034 Landshut

Tel.: 0871 / 88 17 13

Mail: foerderungderintegration@landshut.de

ÖFFNUNGSZEITEN


Montag	08:00 – 12:00 Uhr
Dienstag	nur nach Vereinbarung, sowie telefonisch und per Mail
Mittwoch	08:00 – 12:00 Uhr und 14:00 – 16:00 Uhr
Donnerstag	08:00 – 12:00 Uhr
Freitag	nicht besetzt


Opening hours

Monday-Thursday 8.00-12.00 and Wednesday 12.00-16.00

[Promotion of integration](#)

@foerderungderintegration@landshut.de

 [+49 \(0\) 871882241](tel:+49(0)871882241)

 [Luitpoldstr. 29, 84043 Landshut](#)

Integration Advisory Board Landshut

The **Integration Advisory Board** is an important opportunity for social participation. It was founded in 2009. Its work is voluntary. The advisory board consists of elected members. They are elected every three years. In 2021, the advisory board started its new term of office with revised statutes.

Tasks:

- Representing the interests of people with foreign roots
- Advice on migration and integration issues
- Promoting exchange between cultures

Board of Directors 2025/2028:


- Sevim Kaya: 1st chairperson
- Dimitri Borodin: deputy chairman

Want to find out more about the Advisory Board? Would you like to become an active member yourself?

We look forward to hearing from you!

 www.landshut.de/integrationsbeirat

 @integrationsbeirat@landshut.de

 [0871881715](tel:0871881715)

Clubs and associations

People with similar opinions or values like to join together in groups or associations. These values often have a political, social or cultural basis.

Would you like to get more involved in society?

There are many clubs and organisations in Landshut that would be delighted to have you join them.

Get in touch and get involved!


Volunteer agency fala

Welcome to fala!

We promote and strengthen voluntary work in the Landshut region. We advise citizens who would like to get involved, as well as non-profit organisations that are looking for volunteers.

Would you like to get involved yourself? Or participate in one of our projects?

We are happy to advise you, in person, by phone or online!

 Opening hours:

Tuesday to Thursday 9 am to 4 pm

Please make an appointment in advance for consultation.

We also speak English and Russian.

You will find us at Seligenthaler Straße 13 in Landshut. We are easily accessible by bus on lines 3, 5, 6, 9 and 11 (bus stop "Kennedy Platz").

 <https://www.freiwilligen-agentur-landshut.de/>

 [@info@freiwilligen-agentur-landshut.de](mailto:info@freiwilligen-agentur-landshut.de)

 [+49 \(0\) 87120662730](tel:+49(0)87120662730)


 [Volunteer agency fala, Seligenthaler Straße 13, 84034 Landshut](#)

Integration projects

German Café

Do you already have a basic knowledge of the German language (level A1)? Would you like to practice German and improve your language skills? Volunteer language mentors will help you free of charge. They meet once a week for 1 hour.

Registration with Malika Naumova

 [+49 \(0\) 87120662734](tel:+49(0)87120662734)

 [@mn@freiwilligen-agentur-landshut.de](mailto:mn@freiwilligen-agentur-landshut.de)

Chancenpatenschaft - women for women

Are you looking for new contacts with other women? Do you need support in everyday questions or in learning the German language? Volunteers will help you for free! You will meet your partner three times for one hour per week. Later on you can decide together, if you want to continue meeting.

Registration with Julia Haro

☎ +49 (0) 87120662731

@jh@freiwilligen-agentur-landshut.de

Bicycle repair café

Do you need a bike? Are you new to Landshut? Do you have a social passport? We want to give you mobility with a free bike or help you repair your existing bike for free.

Registration with Julia Haro

☎ +49 (0)871 20662732

@jh@freiwilligen-agentur-landshut.de

House International

Association for intercultural encounters, education and counselling e.V.

The oldest and largest association in the city. Its focus is on integration. It was founded in 1977 to help school pupils. Projects have been realised for over 40 years. The association is committed to helping children and young people with a migration background. Everyone should have the same opportunities at school and at work. Living together as equals is promoted.

Many people work for the organisation. Around 45 full-time employees and almost 100 volunteers work for the organisation

There are many open programmes and events to get together.

Come along to our courses and let us advise you!

What does the association offer?

- **Would you like to learn German? You can find courses here:**

🌐 <https://www.haus-int.de/deutschkurse/>

- **Are you a refugee? Do you need support? Here you can find counselling for refugees and integration directly in the accommodation centres. Asylum social work:**

 <https://www.haus-int.de/asylsozialarbeit/>

- **Do you need counselling on the topic of migration? You can find more information here:**

 <https://www.haus-int.de/asylsozialarbeit/migratio...>

- **Intercultural child and youth work / help with homework**

 <https://www.haus-int.de/hausaufgabenhilfe/>

- **Opportunities to meet at Café international**

 <https://www.haus-int.de/cafe-begegnungsstaette/>

- **Cultural events in the Rochuskapelle cultural centre**

 <https://www.haus-int.de/kulturraum/>

Larger projects:

- **Intercultural Weeks in Landshut: International Weeks against Racism**

 <https://www.landshut-interkulturell.de>

- **MiMi: Intercultural health with migrants for migrants**

 <https://www.haus-int.de/interkulturelle-wochen-in...>

 <https://www.haus-int.de>

 [@Info@haus-int.de](mailto:Info@haus-int.de)

 [+49 \(0\) 87131947480](tel:+49087131947480)

 [Haus international e. V. Am Orbankai 3-4, D-84028 Landshut](#)

Caritas and Diakonie

Refugee and integration counselling

For all people in the asylum process, tolerated persons and people with a migration background who are authorised to stay permanently.


Counselling is free of charge.


Do you have questions about your asylum procedure or social benefits? Would you like to find out about work, training, school and childcare? Do you have questions about learning German? Or medical care? You can get advice here. You are also welcome to use the consultation hours.

Contact and information:

 [Asylum and migration](#)

 [@info@caritas-landshut.de](mailto:info@caritas-landshut.de)


 [+49 \(0\) 871805114](tel:+49(0)871805114)

 Opening hours:

Monday 13-16 h

Wednesday 8am-12pm

Thursday 8am-12pm

 Gestütstraße 4a, 84028 Landshut

Catholic Youth Social Welfare Organisation (KJSW)


The KJSW offers the Youth Migration Service (JMD) for migrants in the Landshut region. Adolescents and young adults are counselled here.

Youth Migration Service Landshut (JMD)

The Youth Migration Service is a counselling centre for newly immigrated teenagers and young adults (aged between 12 and 27) and young people with a migration background who need support.

We at the Youth Migration Service

- help you with your applications
- for training or a job
- advise you if things are not going so well at school or in training
- support you with the recognition of certificates
- help you to understand letters from authorities and offices
- put you in touch with other advice centres, e.g. student advisory services
- give you tips for your free time

 [08719234315](tel:08719234315)


 [@jugendsozialarbeit@kjsw.de](mailto:jugendsozialarbeit@kjsw.de)

 <https://www.kjsw-landshut.de/jugendmigrationsdien...>

KJSW Contact:

 <https://www.kjsw-landshut.de/>

 [@info-landshut@kjsw.de](mailto:info-landshut@kjsw.de)

 [+49 \(0\) 871923430](tel:+49(0)871923430)

📍 [KJSW, Ritter-von-Schoch-Straße 1, 84036 Landshut](#)

AWO

The [AWO](#) offers support in many areas. Counselling on many topics and open meeting places.

Some of these offers are:

- The [AWO multi-generation centre](#) is an open meeting place for people of all ages. The programme is aimed at senior citizens, families and people with a migration background. Many offers make it easier to combine work and family life.

☎ [+49 \(0\) 87197458829](#)

📍 [Ludmillastr. 15 - 15 a, 84034 Landshut](#)

- The [AWO women's refuge](#) offers women and their children protection and shelter from physical or psychological violence for a transitional period.

☎ [+49 \(0\) 871921044](#)

@ frauenhaus@awo-landshut.de

📍 P.O. Box 1544, 84003 Landshut

- The [AWO shop](#) sells second-hand clothes at favourable prices.

🕒 Monday to Thursday 9.00 a.m. to 12.30 p.m.

Friday from 13.00 to 16.30

☎ [+49 \(0\) 87197458823](#)

@ ortsverein@awo-landshut.de

📍 [Ludmillastr. 15 - 15 a, 84034 Landshut](#)

- [LIS](#) is an intervention centre that you can turn to in the event of domestic and sexualised violence.

All consultations are confidential, anonymous and free of charge!

@ info@info-lis.de

☎ [+49 \(0\) 8714301148](#)

Evangelische Bildungswerk Landshut e. V. (EBW)

The **ebw** offers a wide range of social and religious education programmes. It offers practical life support and a large programme of lectures and courses. [Contact and information:](#)

🌐 <https://www.ebw-landshut.de/>

@info@ebwlandshut.de

[+49 \(0\) 87162030](tel:+49(0)87162030)

[Harnischgasse 35, 2nd floor; 84028 Landshut](#)

Landshut network

The Landshut network offers social services in the Landshut and Dingolfing region with great commitment. Every person is treated with openness and respect. Regardless of money or social status.

The network is guided by clear principles:

- We support people in taking responsibility and making their own decisions.
- We encourage people to help themselves.
- We support people in becoming socially involved in society.
- We help people who are disadvantaged in society.
- Our aim is to help people lead their lives as independently as possible.

What does the network offer?

- We offer psychosocial rehabilitation
- We offer open work with senior citizens
- We offer open social work


There are many offers. They are available in various areas. Here we give you an overview:

- [Counselling for migrants](#) This service is for adult immigrants with the right to stay
- [Addiction counselling and therapy](#) for those affected and their relatives
- [Addiction prevention](#) It works well if it starts early. And is carried out regularly and on a long-term basis.
- [Outpatient assisted living](#)
- Our [inclusion centres](#) have the task of providing people with disabilities and mental illnesses with meaningful employment in various fields of work.
- The [day centre](#) for mental health is an open offer. This offer is for people with mental illness. Or after a stay in a psychiatric hospital.
- [Offers for senior citizens](#) The programme is aimed at the 60+ generation. It covers topics such as activity and social contacts. It also includes leisure, education and volunteering.
- [Dementia competence centre](#)


Are you interested? Would you like to find out more? Feel free to make an appointment at any time!

Please contact:

 <https://www.landshuter-netzwerk.de>

 @0871963670

 [Neustadt 464-465 Landshut](#)

 Monday to Thursday 8:00 a.m. - 12:00 p.m. and 1:00 p.m. - 4:00 p.m.


Friday 8:00 - 11:30 a.m.


Christian Education Centre Landshut e.V.

As a lively and independent part of the church, the Association for Catholic Adult Education offers many educational programmes. The events are freely accessible to anyone who is closer or further away from the church.

 <https://www.cbw-landshut.de>

 @info@cbw-landshut.de

 [0871923170](tel:0871923170)

 Maximilianstraße 6, 84028 Landshut

ZAK

ZAK stands for "Future for all children" and "Centre for work and culture".

How can we help you?

- Recognition of foreign educational qualifications
- Help with finding accommodation, especially for single parents
- Advice on childcare in ZAK childcare centres in Landshut
- Information on basic pedagogical training at ZAK
- Support for lateral entrants to part-time pedagogical training programmes
- Advice on the rights and entitlements of single parents

Would you like to find out more? We will be happy to advise you. Just drop by!


Here is our special offer:


- We have a free **book room**. You can take, swap or hand in children's books there at any time. We also have novels and non-fiction books.
- We have a **stock library**. There you can borrow many bilingual children's books.

You can find more information on our website:

 <http://www.zak-landshut.de/>

 @info@zak-landshut.de

 [+49 \(0\) 87197463844](tel:+49(0)87197463844)

 ZAK e.V., Seligenthaler Str. 22, im Erdgeschoss, 84034 Landshut

Migrant selforganizations (MSOs)

More and more migrant self-organizations (MSOs) are emerging in our diverse community due to the mere necessity for language and cultural preservation. These Organizations build bridges between the country of origin and the country of arrival for people with migration background.

Currently there are about 20 MSO in Landshut

Bulgarian Cultural Association

The Information available [only in German](#).

DOM deutsch-russisches Haus für Begegnung

The Information is available in the following languages:


[German](#)

[Russian](#)

[Ukrainian](#)

 www.nachbarschaftstreff-dom.de

 [@info@nachbarschaftstreff-dom.de](mailto:info@nachbarschaftstreff-dom.de)

 [08711355898](tel:08711355898)

 [017670585389](tel:017670585389)

 [DOM e. V. Hochstrasse 16, 84032 Landshut](#)

TatBayern_ENG

TatBayern e.V. was founded in February 2014 by Turkish academics in Mainburg to support pupils and parents in addition to their everyday school life.

Today, TatBayern is multicultural and intercultural due to its members coming from different nations and covers the following languages:

German, Turkish, Romanian, Portuguese, Spanish, English, Italian

Due to the diverse professional qualifications of our board members, we cover professional fields that benefit the counselling or accompaniment of our counselling seekers. Since most of our members have a migration background themselves and can understand and empathise with the challenges of pupils with a migration background and offer solutions based on their own experiences from school or university, the success of TatBayern's integration work is remarkable.

In honour of our work, TatBayern e.V. was awarded the Integration Prize of the Kelheim District Office in 2020 for its work in Mainburg.

TatBayern has been active in Mainburg since 2014 (especially in primary schools, and also in secondary schools) and has its "headquarters" in Landshut. In Landshut, the association cooperates with various institutions, especially the Landshut University of Applied Sciences.


TatBayern offers multilingual support among others on the following topics:

- Learning strategies and techniques
- Information about the German education system
- Counselling on various topics such as:
 - ⇒ Choosing a course of study and a career
 - ⇒ School transfer
 - ⇒ Changing schools
 - ⇒ Application letters and job interviews
 - ⇒ Behaviour in professional and / or trainee life
- Educational and vocational seminars
- Bridge function between parents and school
- Bridging function between training places and trainees
- Placement of trainees

 <http://tatbayern.de/>

 [@kontakt@tatbayern.de](mailto:kontakt@tatbayern.de)

 [017656805072](tel:017656805072)

 Hubertusstraße 13, 84036 Landshut

Counselling and help

Psychosocial counseling

Refugio Munich in Landshut

Refugio Munich is a counselling and treatment centre for traumatised refugees and victims of torture. It has had its own centre in Landshut since 2018.

Here, psychotherapists and social workers look after refugee adults and children with mental health problems.

These can be signs of mental health problems:

- They can **'t fall asleep** or are often up late at night.
- They have **bad dreams**.
- They have experienced bad things. **Remembering** them **hurts** a lot.
- They often have **headaches**.
- You **don't enjoy life** and beautiful things.

Do you have one or more of these problems? Then Refugio can help you.

At Refugio you can undergo psychotherapy.

- During psychotherapy, you can talk about your problems.
- We think together: What helps you with your problems?
- You can always speak to us in your native language.

We at Refugio **can also help you with questions about your asylum procedure** and other matters. You can register in writing using our registration form or give us a call.

Here you can find information about Refugio and the help we offer:

<https://www.refugio-muenchen.de/angebote-fuer-men...>

Registration for Refugio in Landshut for adults:

<https://www.refugio-muenchen.de/wp-content/upload...>

Registration for Refugio in Landshut for children:

<https://www.refugio-muenchen.de/wp-content/upload...>

Queer in Landshut

In some countries, homosexuality is stigmatised or even banned. This has long been a thing of the past in Germany. In the city of Landshut, the Basic Law also ensures that people with and without a migration background can lead a self-determined life. This also applies to the topic of sexuality. In our city, all people are treated equally and are free to choose their sexual orientation.

All Landshut residents are free to decide who they love.

Multilingual counselling, information and support is offered by up2you Queer in Landshut.

[Queer in Landshut](#)

up2you_Queer in Landshut

The up2you counselling centre in Landshut is a cooperation between two associations (Profamilia Niederbayern e.V. and Queer in Landshut e.V.).

What does up2you do?

At the up2you counselling centre, queer people can seek advice on all aspects of life. Counselling topics can be anything that people bring with them. There are no wrong questions.

Who can get counselling?

- Lesbians
- gays
- Bisexual and transsexual people
- non-binary or inter:gender people
- Relatives of queer people
- Professionals who work with queer people

There is help and support on many topics

- Identity finding
- coming out
- transition
- Experiences of discrimination
- Conflicts in the family
- Development of stable self-esteem


Counselling is subject to confidentiality. Nothing that is discussed here is revealed to the outside world. Anonymous counselling is also possible if people do not wish to be identified. Counselling is also **free of charge**.

Feel free to get in touch!

 [Counselling centre](#)

 [@up2you@profamilia.de](mailto:up2you@profamilia.de)

 [087120650860](tel:087120650860)

 [Grasgasse 331a, 84028 Landshut](#)

Women's, family and pregnancy counselling

CaRe for Women from Caritasverband Landshut e.V.

The "Care for Women" project from Caritasverband Landshut e.V. offers

Counselling and support for women and girls affected or threatened by FGM/C.

We advise, inform and support you, ...

💡 if you are affected or threatened by FGM/C yourself or if you know women or girls who are threatened or affected.

💡 if you have questions about pregnancy or birth.

💡 if you have complaints due to your FGM/C.

We can help you...

- in confidential counselling sessions, for which we can also find interpreters if necessary.
- to protect yourself and your children from FGM/C.
- to find specialised doctors or therapists.
- by establishing contact with a sensitive cultural mediator if required.

Counselling is free of charge and anonymous if desired.

Contact:

☎ [08718051120](tel:08718051120)

☎ [01627236362](tel:01627236362)

@ info@caritas-landshut.de

🌐 <https://bayern-gegen-gewalt.de/>

This project is funded by the

[Bavarian State Ministry for Family, Labour and Social Affairs.](#)

Social and migration counselling

Migration counselling

Have you recently arrived in Germany and everything is new to you?

Migration counselling helps people who have immigrated to Landshut. They receive information about living and working in Augsburg. The counsellors are well networked. They know the various offers and projects for immigrants in the city of Landshut. They will help you to find the right advice centre.

💡 Some advice centres offer advice in other languages. Ask them.


What questions and topics does the migration counselling service advise on?

You can ask the migration counselling service questions on various topics, e.g:

- Where can I learn German?
- How do I apply for a German course?
- My family would also like to come to Germany. What do I have to do?
- What does my residence status mean?
- How do I find a flat?
- Where can I apply for financial aid?
- Who can help me find a job?
- Can my degree be recognised in Germany?
- How does the German school system work?
- Which doctor can I go to?
- Who will help me during my pregnancy?
- I am looking for a kindergarten place. What do I have to do?
- and much more...

Please contact the following centres:

 [Migration Counselling Landshut Network](#)

 [087196367151](#) and [087196367152](#)


Neustadt 464-465

84028 Landshut

or


[online counselling](#)

 [Migration Counselling House International](#)

 [087196646318](#) and [087196646319](#)


Wittstr.6, 84036 Landshut

and

 [0871319474830](#) and [0871319474831](#)

Klötzlmüllerstr.140

 [Migration counselling Caritas and Diakonie Landshut](#)

 [0 8718051](#) 114

Gestütstr. 4a

84028 Landshut

💡 **Counselling is free of charge**