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## Voluntary work

### Volunteering - What is it?

#### 10. What is volunteering?

Many people who support refugees do so **voluntarily**. Often alongside official work, family and other commitments. In other words, they get **no money** for their work. The help they offer is **voluntary**. Please take this into account if the volunteer does not have time. That is why it is important to behave respectfully.

On the other hand, you also have to say if something is too much for you or if you want to do something on your own to learn to stand on your own two feet in Germany. Each person should respect the other and speak up if something is causing problems.

**If you want to help others, you can also volunteer.**

**Anyone** who wants to can volunteer. Also, in **sports clubs, cultural associations and mosque communities** most people work voluntarily.

**Check with your city to find out how and when you can help.**

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## Parent and pupil guides

### How can parents be supported?

**Parents** are an important partner in the **choice of career for children**. If parents are not able to fully accompany their children from school to work due to **linguistic, cultural or other obstacles**, the parent guides offer a good **support option**.

**Parent guides are active in the following areas:**

- **Accompaniment** to school events (evaluation talks on student potential analysis, parents' evenings, parents' cafés, parents' consultation days, individual counselling talks, development talks)
- **Information** about the **education system** and the **routes** to completing schooling
- **Procurement of contacts** and accompaniment to Advice Centres
- **Translations** for language barriers

The support offered by the parent guides is **free of charge for parents**.

### How can pupils be supported?

The **challenges** of young people on their way from school to work can be **varied**. Pupil guides can **help** to overcome one or the other hurdle **a little more easily**.

**Pupil chaperones are active in the following areas:**

- **Accompaniment** to school events (evaluation talks for student potential analysis, individual counselling talks, development talks)

- **Support** in the search for internships or apprenticeships
- Support with applications
- **Information about subsequent educational routes** at the end of school
- **Procurement of contacts** and accompaniment to Advice Centres
- **Translations** for language barriers


The support offered by the student guides is **free of charge for students**.

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**Where can I help and become active?**

### **Where can I volunteer and help?**

In many towns in the district of Olpe, there are associations and organisations that offer support and at the same time are looking for volunteers.