

Sexual health

Sexual health is important. It must not be a taboo. Even if it is a very private topic. And it can seem uncomfortable to talk about it or ask questions.

AIDS-Hilfe Kaiserslautern helps people who have questions about HIV/AIDS. HIV is a virus that can be contracted through unprotected sex. The organisation explains how you can protect yourself and offers help if someone is worried.

AIDS-Hilfe Kaiserslautern e.V.

📍 Pariser Straße 23 / Entrance Bleichstraße, 67655 Kaiserslautern

☎ 0 6311809 9

🌐 <https://www.aidshilfe-rlp.de/kaiserslautern/>

The **Kaiserslautern Health Department** also offers consultation hours and support.

The counselling centre for sexually transmitted diseases (STD) and AIDS (HIV) has consultation hours. AIDS tests can be carried out. You can get help and information there.

☎ 0 6317105 538

🌐 <https://www.kaiserslautern-kreis.de/verwaltung/ge...>