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Children, youth and family

The Youth and Family Department in the city of Hannover promotes positive living conditions and a child- and family-friendly environment. The department supports young people and offers advice and support for parents. You can find all the services offered by the Youth and Family Department at www.hannover.de/jugendamt-lhh.

In addition, you can find useful information about family life on the Hannover family blog at www.familienblog-hannover.de.

Youth and Family Department

Q Joachimstrasse 8, 30159 Hannover

40511 168-42786

@51@hannover-stadt.de

Protection of children and adolescents / Children's rights

Children, adolescents and families are under special protection in Germany. This protection begins during pregnancy and lasts until the child is 18 years old. In Germany, for example, it is forbidden to beat children: upbringing children in Germany must be without the use of violence. Every child must go to school.

Children have rights

Children need special protection and therefore special rights. These rights are laid down in the 1989 UN Convention on the Rights of the Child. Germany also signed the convention in 1990.

The UN Convention on the Rights of the Child can be divided into four groups: the right to life and personal development, equal treatment, the best interests of the child and participation. Specifically, this means:

- Equality: all children are equally important. No child may be treated worse because he or she has a different skin color, a different religion or comes from another country.
- **Protection in war and on the run**: Children must be given special protection in war and on the run.
- **Health**: Children should be able to live healthy lives, receive good medical care and be protected from diseases, addiction and drugs.
- **Education**: Girls and boys should be able to learn on an equal footing and receive an education that meets their needs and abilities.
- Protection from violence and sexual exploitation: Children have the right to be
 protected from violence, abuse and exploitation. No one may touch a child if the child does
 not want them to.
- **Freedom of expression and participation**: Girls and boys must be asked when decisions are to be made about them. Children are allowed to express their opinion without being punished for it. No matter whether at home, at school, with an authority or in court.



• **Parental care and non-violent education**: Every child has the right to grow up with his or her parents and to be educated by them. Without violence.

All children's rights are in the UN Convention on the Rights of the Child:

www.unicef.de

Information on children's rights in Lower Saxony:

www.dksb-nds.de

Help with conflicts

In case of conflicts in the family, it can be useful to get help from outside. Especially when children are involved and when violence is being perpetrated. The Municipal social service (KSD) can provide advice in such cases. Call the central information desk and ask for the KSD service in your area.

Municipal Social Service (KSD)

Palumenauer Street 5/7, 30449 Hannover

<u>0511 168-43102</u>

@51.2ksd@hannover-stadt.de

www.hannover.de

Phone contact hours:

Monday - Thursday 08:00 a.m. - 04:00 p.m.

Friday 08:00 a.m. - 01:00 p.m.

Open office hours availability in person:

Monday and Thursday 08:30 a.m. - 11:00 a.m.

Pregnancy and birth

Gynecological care during pregnancy

Pregnant women are under special protection in Germany and are entitled to counseling, medical care, and assistance with new acquisitions for the child.

Gynecologists



If you are pregnant, you must first go to the gynecologist. Have your preventive examinations performed there. You will then receive a maternity passport. The maternity passport is a document with important information about your pregnancy, your health and that of your child. Always take your maternity passport with you in case of emergencies.

You can find a gynecological clinic in your area via the Lower Saxony Health Information Service under the keyword "Frauenheilkunde" (gynecology).

Pregnancy guide (Schwangerschaftswegweiser) of the Hannover Region.

Midwifery

Midwives support women and their families from the beginning of pregnancy to the end of breastfeeding. Midwives provide advice during pregnancy, can help with childbirth, introduce breastfeeding after birth, and also look after a woman's physical and psychological recovery. Any woman can seek the help of a midwife. Most of the services are paid by the health insurance. The shortage of midwives, can make it difficult to find one. Therefore, it is important that you take care of it early.

The Midwife center of the Hannover region helps in the search for a midwife

- **4.**0511 3018-5798
- @hebammenzentrale.region.hannover@profamilia.de
- www.hebammenzentrale-hannover.de

Family midwives

You can be accompanied by a family midwife if you are pregnant or have a child under one year and you:

- · feel inexperienced or overwhelmed
- are a single parent
- · are new to the city or country
- · feel mentally or physically burdened
- are affected or threatened by domestic violence
- · have many questions and uncertainties about your child's development
- are parents of a child born prematurely or not healthy
- feel that you are not up to the task of pregnancy or parenthood

Coordination for the city of Hannover: Family Midwifery Center Hanover (FHZ)

0511 123148-1011

@info@fhz-hannover.de

www.fhz-hannover.de

Coordination for Burgdorf:

Burgdorf Family Service Office

05136 898-301



@familienservicebuero@burgdorf.de

Coordination for Laatzen:

Maria Jakob

40511 8205-5408

@maria.jakob@laatzen.de

Coordination for Langenhagen:

Kerstin Mesch

4.0511 7307-9863

@kerstin.mesch@langenhagen.de

Coordination for Lehrte:

Silvia Müller

\$\.05132 505-3245

@silvia.mueller@lehrte.de

For all further municipalities in the Hannover Region:

Family Midwife Coordination of the Hanover Region

0511 616-22765

@koordination-familienhebammen@region-hannover.de

Birth preparation

A childbirth preparation class prepares you for birth and life with your baby. It is led by a midwife. Childbirth preparation courses are offered in different forms. Pregnant women can take the course alone or with another person. Courses can be held over several weeks or over a weekend. The costs of a childbirth preparation course are covered by the health insurance.

You can find information on birth preparation courses in your **midwife's office** or via the course search of the **Midwife Center of the Hannover Region**.

40511 3018-5798

@hebammenzentrale.region.hannover@profamilia.de

www.hebammenzentrale-hannover.de

Maternity protection

You should inform your employer of your pregnancy as early as possible. In this way, all the rules on maternity protection can be complied with. After all, maternity protection is for the health of the pregnant and breastfeeding woman and her baby. You may not work for six weeks before and eight weeks after giving birth. During this time, you will still receive income. The maternity protection regulations also apply to schoolgirls and while you are a student or trainee. For schoolgirls, longer periods of protection may apply before and after childbirth.

Consult a pregnancy advice center to find out whether you are entitled to this benefit and how to apply for maternity pay.

More information on maternity protection can be found at 🚱 <u>www.familienportal.de</u> under the keywords "Mutterschutzgesetz" and "Mutterschaftsgeld".

Maternity hospitals and birth centers



In the course of pregnancy, you should think about where you would like to give birth to your child after consulting with your gynecologist's office. Most pregnant women give birth in a hospital. There are seven maternity hospitals in the Hanover region. Some clinics offer information evenings or tours of the delivery room. If a birth occurs before the 36th week of pregnancy, it should only take place at the Hanover Medical School (MHH), the Henriettenstift or the Neustadt Clinic, as pediatricians are on site throughout (Perinatal Center).

You can also have your baby in a birth center. Birth in the birth center is attended only by midwives. When the due date is approaching, the midwife is always available for you (on-call service). Birth in a birth center is covered by health insurance. The on-call flat rate is not covered by all health insurance companies and women often have to pay part of it themselves.

Contact details maternity hospitals:

Diakovere Henriettenstift

Perinatal Center Hannover

Schwemannstr. 17, 30559 Hannover

0511 289 0

www.pnz-hannover.de

Diakovere Friederikenstift

Phumboldstr. 5, 30169 Hannover

****0511 129 0

www.geburtshilfe-friederikenstift.de

Vinzenzkrankenhaus (St. Vincent's Hospital)

QLange-Feld-Str. 31, 30559 Hannover

\.0511 9502301

www.vinzenzkrankenhaus.de

KRH Hospital Großburgwedel

Fuhrberger Str. 8, 30938 Hannover

05139 8014434

www.krh.de

KRH Hospital Robert-Koch Gehrden

♥Von-Reden-Str. 1, 30989 Gehrden

05108 692501

www.krh.de

KRH Hospital Neustadt am Rübenberge

Lindenstr. 75, 31535 Neustadt am Rübenberge

<u>05032 882200</u>

www.krh.de

Hanover Medical School (MHH) Clinic for Gynecology and Obstetrics



Carl-Neuberg-Str. 1, 30625 Hannover

0511 5326056

www.mhh.de

Contact information birth centers:

Birth Center Eilenriede

QGehägestraße 20a, 30655 Hannover

****0511 713701

@info@geburtshaus-eilenriede.de

www.geburtshaus-eilenriede.de

Birth Center & Midwifery Herrenhausen

Nienburger Straße 6, 30167 Hannover

0511 64693733

@geburtshaus.herrenhausen@posteo.de

www.geburtshaus-herrenhausen.de

Pregnancy counseling

Pregnancy and pregnancy conflict counseling centers

Expectant parents can get free advice at the pregnancy counseling center before, during and after the birth of their child on all issues related to pregnancy and birth. Possible topics are:

- · Desire to have a child
- · Questions about confidential/anonymous birth
- · Partnership and family conflicts
- · Prenatal diagnostic examinations and results
- Psychological problems during pregnancy and after birth
- Financial assistance, especially from foundations
- Period of reinvention as a mother/father/parent
- Contraception
- Grief after miscarriage or the death of a child

If you are unsure and thinking about terminating the pregnancy, the counselors can also help you. Counseling can also take place anonymously.

You can find a list of counseling centers in the Hannover region here.

Single pregnant women and single parents

Many support services are aimed specifically at single parents. At the counseling centers, you can get advice on all questions you have as a single parent, such as how to balance family and career or how to ensure your financial security.





Association of single mothers and fathers (VAMV)

Ortsverband Hannover e.V.

Philipsbornstr. 28, 30165 Hannover

0511 391-129

@vamv@vamv-hannover.de

Social Service of Catholic Women

Minister-Stüve-Str. 18, 30449 Hannover

4.0511 700-23520

@info@skf-hannover.de

Advice on possible impairment of the child

If your doctor has determined during pregnancy that something is wrong with your baby, nothing will ever be the same again. You are surprised or shocked by the news and unsure how to proceed now. Many questions arise. They may be medical questions about your baby's condition or treatment. You may be concerned about what life would be like with a child with disabilities. Or you may need counseling about whether to end or continue the pregnancy? Professionals can help you with all of these questions.

Diakovere Annastift

Counseling center "Menschenskind"

An der Weidenkirche 10, 30539 Hannover

0511 8603-413

www.diakovere.de/menschen-mit-behinderung/elternb...

Mittendrin Hannover e.V.-Association for Inclusion

PHerrenstraße 8a, 30159 Hannover

0511 590-9460

@info@mittendrin-hannover.de

Referral to self-help groups: Kibis

Gartenstraße 18, 30161 Hannover

0511 666-567

www.kibis-hannover.de

Pregnant women in need

Counseling centers for domestic violence

Domestic violence can take many forms - not just physical or sexual assault. For example, if your significant other, husband or ex-partner insults you, threatens you or your children, forbids you to leave the house or continues to harass you after a separation, this is also domestic violence. If you are experiencing violence at home, you can seek help from a counseling center.

An overview of **domestic violence counseling centers** can be found **less**.



Women's shelters

If you no longer feel safe, you can turn to a women's shelter. There you (and your children) can live in safety and receive help.

Women's shelter of the AWO Hannover Region e.V.

0511 2211-02

@frauenhaus@awo-hannover.de

Women's Shelter Hannover (Frauen helfen Frauen e.V.)

0511 6644-77

@info@frauenhaus-hannover.org

Women and child protection center

\.0511 698-646

@info@frauenschutzhaus-hannover.de

Frauenhaus24 - Immediate admission for women affected by violence and their children

****0511 26004-608

@info@frauenhaus24hannover.de

Addiction counseling for pregnant women

Most of the addictive drugs can harm the unborn baby. Of course, it would be best for the baby if you didn't take any drugs during pregnancy. However, quitting overnight is not so easy with addiction, and with some substances, immediate withdrawal can even be life-threatening for mother and baby. It is possible to be given substitutes or medication during pregnancy. Drug addiction does not have to be a reason to terminate your pregnancy. Please get help at a drug counseling center! As a rule, these cooperate with other social services and will refer and accompany you to social/medical facilities and to addiction physicians.

An overview of counseling centers for addiction and drugs can be found here.

Confidential birth

If you are in a special emergency and do not want anyone to know about the birth of your child, you can have your baby with a confidential birth. This allows you to give birth under medical supervision without giving your real name. You will only tell your name to the counselor at the pregnancy center, who has a duty of confidentiality. After the child's 16th birthday, they can be told your name and address. You are entitled to counseling before and after the birth. For this, contact the pregnancy and pregnancy conflict counseling centers at www.schwangerschaftsberatung-hannover.de/beratung....

Birth and postnatal care





You must register at a <u>hospital</u> well before the birth. Your gynecologist or midwife can help you find a hospital.

Consider early on who can take you to the hospital for the birth.

In case of emergency, call the emergency number to get an ambulance: $\sqrt{112}$.

During the delivery, midwives will assist you and doctors will give you medical help if it is needed. You will receive a birth certificate of the child from the hospital.

Postpartum care

"Wochenbett" is the name given to the time after birth. Your midwife will visit you and your baby at home or in your accommodation. She will examine you and your baby and help you if something is not right. The midwife will also help you with questions and concerns. She shows you how to care for a baby and tells you when to take your baby to the doctor. She helps the mother breastfeed and tells her everything important about feeding her baby. The midwife can visit the mother and her child at home up to twelve weeks after the birth. The costs are covered by the health insurance.

When looking for a **midwife for postpartum care**, the Midwife Center of the Hanover Region can help.

- **4.**0511 3018 5798
- @hebammenzentrale.region.hannover@profamilia.de
- www.hebammenzentrale-hannover.de

After birth

After the birth, there are a number of things to clarify with German authorities so that you and your child are well taken care of. Contact a <u>pregnancy counseling center</u> before the birth to find out what you need to do and receive support.

If you live in an asylum shelter, report the upcoming birth to your shelter supervisor. They will check whether there is enough space in the accommodation and order a baby bed. Your support group can also help you.

Birth certificate

Newborn children must be reported to the registry office. The maternity clinic takes over the notification of the birth at the registry office. At the registry office, you will receive the (temporary) birth certificate for your child together with your ID, the birth certificate from the clinic and, if available, your marriage certificate.

You can apply online for a birth certificate via the \bigcirc Service portal of the state capital Hanover.

You can also apply for the birth certificate in written form or in person. Information on the procedure can be found in the service portal.

Initial equipment during pregnancy and birth

If you receive unemployment benefits (Arbeitslosengeld II) or social assistance, you can use your maternity passport to apply for additional needs and initial equipment during pregnancy





and birth. If needs are determined, you can also apply for one-time benefits, such as pregnancy clothing, baby equipment, strollers or furniture.

Important: Submit the application first, then purchase necessary pregnancy clothing or baby items and keep the receipts.

Contact person at the City of Hannover Division 50.1 Social welfare

Phamburger Allee 25, 30161 Hannover

****0511 168-42472

@50service@hannover-stadt.de

Special check-ups for children

There are ten so-called arrly detection check-ups for children and adolescents (U1 to U9 and J1). These check-ups determine whether the child is healthy and developing well. Parents are advised on topics such as vaccinations, nutrition, or language and motor development.

U1 (after birth) and U2 (3rd to 10th day of life) usually take place while the child is still in the maternity hospital. For the other examinations, you will need to make an appointment with your pediatrician.

You can find out exactly what happens during the different check-ups 🚱 here.

Childcare

Day care centers

Kita

Kita is a term for children's day care facility. Before going to school, from the age of one to 12 years, your child can attend a daycare center. There, your child will be cared for by educators and will learn many important things. Some facilities also accept children under one year of age.

In many cases, the fees for the day care center or for childcare can be covered by the city. Information on financial support options is available from the Family Service Office.

Krippe, Kindergarten and Horts are different types of daycare centers for different age groups.

At the daycare center, your child can play with other children and make friends. In addition to the native language at home, your child learns German and is well prepared for school. Language support programs at the Kita also help parents and grandparents to find their way in the educational field for children. Ask at the Kita about programs such as "Griffbereit", "HIPPY" or "Rucksack".

 \mathbb{Q} Unfortunately, there are not always enough childcare places in the immediate vicinity of your home or accommodation. To find a place, check the \mathfrak{Q} online childcare





exchange and the Family Service Office.

 \bigcirc A list of daycare centers participating in the online childcare exchange can be found \bigodot here.

Crib

The crib is a facility for children from 1 to 3 years of age. In the crib, the children are supported in their development by well-trained staff in small groups. Attention and care by the caregivers are particularly important here.

Kindergarten

The kindergarten is a facility for children from 3 years old until they start school. In kindergarten, children can play, paint, do crafts and learn with other children. In the last year of kindergarten, the children also have regular preschool classes that prepare them for their enrollment in school. There are private and public kindergartens.

(Elementary) school children up to 12 years

There are also after-school care options for school children ages 6 to 12. In Hannover, there are different care models. In all of them, the children are supported in doing their homework. In addition, leisure activities are also provided. For more information about the childcare models for (elementary) school children in Hannover, please contact your elementary school or the Family Service Office.

Family day care

Another option for childcare is to have your child looked after by a childminder. Your child will be looked after by a childminder together with a maximum of four other children. The care usually takes place at the childminder's home. Sometimes it also takes place in other facilities, e.g. in a community shelter. Examples of how and what children learn in day care can be found here in several languages.

If you would like to have your child cared for in daycare, contact:

Family Service Office

O Joachimstraße 8, 30159 Hannover

40511 168-43535

@familienservicebuero@hannover-stadt.de



Office hours:

Mon: 8:30 a.m.-11:30 a.m.

Tue: 8:30 a.m.-11:30 a.m. and 3:00 p.m.-6:00 p.m.

Wed: 8:30 a.m.-11:30 a.m.

Thu: 8:30 a.m.-11:30 a.m.

Fri: closed

or

KiTaB KinderTagesBetreuung e. V. - Fachberatungsstelle Kindertagespflege Hannover

QLister Platz 1, 30163 Hannover

_0511 2200-1880

@info@kitab-hannover.de

Please make an appointment for a personal consultation.

Office hours

Mon: 9:00 a.m.-1:00 p.m.

Tue: 9:00 a.m.-1:00 p.m.

Wed: 1:00 p.m.-5:00 p.m.

Thu: 9:00 a.m.-1:00 p.m.

Fri: by arrangement



Phone consultation hours

Mon: 9:30 a.m.-11:00 a.m.

Tue: 9:30 a.m.-11:00 a.m.

Wed: 3:00 p.m.- 5:00 p.m.

Thu: 12:00 p.m.-1:30 p.m.

Finding a childcare place

You are looking for a childcare place for your child / children?

- In the online childcare exchange you can have your child pre-registered for the crib or kindergarten.
- You can find an overview of daycare facilities in the city of Hanover online in the

 daycare map.
- You can also ask at the Family Service Office. The staff there know where there are free places in day care centers or in day care for children. They will help you with your search.

Daycare for refugee children

The state of Lower Saxony has extended the so-called KiTa emergency regulation for the "flexible admission of refugee children to daycare centers" **until July 31, 2026**.

This measure gives daycare centers the opportunity to offer additional childcare places in an unbureaucratic manner. These are reserved exclusively for refugee families.

These additional childcare places can also be arranged through the Family Service Office.

Family Service Office

Q Joachimstraße 8, 30159 Hannover

0511 168-43535

@familienservicebuero@hannover-stadt.de

Office hours

Mon. 8:30 a.m.-11:30 a.m.



Tue. 8:30 a.m.-11:30 a.m. and 3:00 p.m.-6:00 p.m.

Wed. 8:30 a.m.-11:30 a.m.

Thu. 8:30 a.m.-11:30 a.m.

Fri. closed

Emergency care for children

If you have an emergency at work or in your private life and need a short-term arrangement for childcare, contact the free Fluxx hotline of the City of Hanover.

During the phone call, all available childcare options will first be explored. If no solution can be found, childcare by a Fluxx volunteer will begin within an hour and a half at the latest.

The authorizations required for childcare are available for download at www.fluxx-hannover.de.

The offer is valid around the clock and can be used in case of professional or private emergencies.

You can also use a Fluxx driving service if you are unable to pick up your children or relatives due to an emergency. Trained Fluxx drivers will transport your children, parents or relatives to the desired destination in the event of an emergency.

Fluxx can be used by all residents of the state capital Hannover and the partner municipalities in the region, by employees of Fluxx partner companies, and by students at all Hannover universities.

Family Management of the City of Hannover

Q Joachimstraße 8, 30159 Hannover

6.0511 168-32110 Fluxx-Hotline

www.hannover.de >> Fluxx-Notfallbetreuung

Financial aid for childcare



Cost calculation for child care

In Lower Saxony, parents must pay a parental contribution for care in the cribs and after-school care centers. This is based on the parents' income. For children over the age of three, the parental contribution is free until they start school.

In order for parents to be able to afford care in cribs, daycare centers and after-school care centers, the fee can be reduced. Information on the amount of the possible reduction can be found in the following fee table: Kita fee table.

The City of Hanover calculates the amount of the individual parental contribution. Parents can apply for further reduction. To do so, you must submit an application for "examination of reasonableness" in the next step. You will receive a notice about the amount of the contribution to be paid. You can find more information on calculating reasonable contributions for childcare here.

Where can you apply for reductions?

City of Hanover

Youth and Family Department, Parents' Contributions for Kindergartens Division

♀ Joachimstraße 8, 30159 Hannover

<u>0511 168-46411</u>

@51.06.1@hannover-stadt.de

Examination of the reasonableness of childcare costs in the nursery and after-school care:

City of Hanover

Department of Youth and Family, Youth Welfare Services

Q Joachimstraße 8, 30159 Hannover

0511 168-42385

@51.06.2@hannover-stadt.de

Costs for child day care: childminder



Landeshauptstedt | Hannoner

The costs for daycare in a childcare center can also be reduced. For this, the caregiver must be recognized by the state capital of Hanover. An application for funding in a child day care center as well as information and applications for cost reduction can be found at www.kinderbetreuung-hannover.de/webkita/infoportal.

Parents can also submit the application for funding in person at the FamilienServiceBüro of the state capital Hannover.

City of Hannover, Youth and Family Department, Family Service Office

- **Q** Joachimstraße 8, 30159 Hannover
- 0511 168 43535
- @ familienservicebuero@hannover-stadt.de
- www.kinderbetreuung-hannover.de/webkita

Subsidy for childcare costs

If you receive benefits from the Jobcenter, start a job or take part in an educational training program, then the Jobcenter will pay additional childcare costs in individual cases. The Jobcenter issues a certificate of urgency for childcare and checks whether it can cover additional childcare costs.

Cost coverage for lunch

The costs for lunch can also sometimes be covered. To do this, you must submit an application for education and participation benefits to the Education and Participation Benefits Service Office.

The education and participation package (BuT) can subsidize various services.

Contact:

Hannover Region
Education and Participation Service Office

- Hildesheimer Str. 20, 30169 Hannover
- @BuT@region-hannover.de



0511 616-26364

www.hannover.de/but

The BuT Service Office is only open for appointments made in advance. Appointments can be made by calling \$\sqrt{0511 616-26364}\$ or by e-mail @ BuT@region-hannover.de.

Opening hours:

Mon: 8:00 a.m.-12:00 p.m.

Tue: closed

Wed: 8:00 a.m.-12:00 p.m. and 1:00 p.m.-4:00 p.m.

Thu: closed

Fri: 8:00 a.m.-12:00 p.m.

BuT-Hotline:

Mon: 8:00 a.m.-12:00 p.m. and 1:00 p.m.-3:00 p.m.

Tue: closed

Wed: 8:00 a.m.-12:00 p.m. and 1:00 p.m.-5:00 p.m.

Thu: 8:00 a.m.-12:00 p.m. and 1:00 p.m.-3:00 p.m.

Fri: 8:00 a.m.-12:00 p.m.

Family Benefits





Maternity benefits

Maternity benefits secure the income of mothers during the period in which they are not allowed to work during their pregnancy or after the birth of their child. The average salary for the last three calendar months prior to the start of pregnancy is paid. Maternity benefits include maternity protection pay and maternity allowance from the public health insurance fund. Students are also entitled to maternity benefits.

The application can be made no earlier than seven weeks before the expected date of birth. Entitlement is from six weeks before the birth to eight weeks after or twelve weeks in the case of premature and multiple births. There is an entitlement to maternity benefit from the Federal Social Security Office if the mother has private health insurance or family insurance with a public health insurance fund (e.g. via the husband) and is not allowed to work because of the maternity protection periods. The maternity benefit amounts to a maximum of 210 euros in total. You can apply for maternity benefits from your health insurance fund.

You can find more information at www.bundesamtsozialesicherung.de >> Maternity Benefit

Parental allowance

Parental allowance is paid to all parents who take care of their baby themselves during the infant period. The amount of the parental allowance depends on your income. You will also receive parental allowance if you did not work. Your partner can also apply for parental allowance. Depending on which variant of Elterngeld you use, you can receive Elterngeld for up to 24 months. If you have questions about parental allowance, discuss them with a pregnancy counseling center. You can apply for parental allowance via the Service portal of the City of Hannover.

City of Hannover

Youth and Family Department, 51.16 Parental allowance

Q Joachimstraße 8, 30159 Hannover

0511 168-46262

@Elterngeld@hannover-stadt.de

Child allowance

Child allowance is paid to all parents at least until their child reaches the age of 18. The amount of child benefit depends on the number of children. Discuss questions about this with a pregnancy counseling center.

You can apply for child benefits at the Family Welfare Office of Lower Saxony-Bremen.

Hannover Employment Agency, Family Welfare Office

Vahrenwalder Straße 269 B, 30179 Hannover

****0800 4 5555 30

@Familienkasse-Niedersachsen-Bremen@arbeitsagentur...

www.familienkasse.de



You can find detailed information about other options for financial support for families in Hannover in the multilingual brochure "Family Compass". In addition, in the multilingual brochure "Financial Support for Families" you will find further contact points responsible for family benefits in the Hannover Region.

Support in difficult family situations

Are you worried about your child? Do you feel stuck when it comes to parenting? In Hannover, there are several agencies you can turn to if you find yourself in a difficult situation.

Parenting centers

In Hannover, youth, family and educational counseling centers of different providers are available to you, for example if

- · your child is not developing appropriately for his/her age,
- · your child has difficulties at school or kindergarten,
- · there are constant arguments between you and your child,
- · you have conflicting ideas about how to raise your child,
- · you as a couple are drifting apart or arguing more and more often,
- · you have to overcome a separation or divorce,
- a new partnership is causing uncertainty.

The four youth, family and parenting counseling centers of the state capital of Hanover offer various free counseling options:

- a counseling telephone for children, adolescents and parents (Monday to Friday from 1 to 3 p.m. at the number \(\subseteq \frac{0511 168-49000}{0511 168-49000} \),
- · appointments by arrangement and
- · an open consultation hour in the counseling centers

City of Hannover

Youth, family and parenting counseling centers

0511 168-45605

@51.3@hannover-stadt.de

www.hannover.de/familienberatung-lhh

Counseling center Plauener Str. 12A

Plauener Str. 12A, 30179 Hannover

0511 168-48254

@51.31.4@hannover-stadt.de



Open consultation hour: Mon. 2 p.m.- 3 p.m.

Responsible for the city districts: Bothfeld, Brink-Hafen, Isernhagen Süd, Lahe, List, Sahlkamp,

Vahrenheide und Vinnhorst

Counseling center Mühlenberger Markt 1

Mühlenberger Markt 1, 30457 Hannover

0511 168-49625

@51.31.5@hannover-stadt.de

Open consultation hour: Thu. 2 p.m.-3 p.m.

Responsible for the city districts: Ahlem, Badenstedt, Bornum, Davenstedt, Linden-Süd,

Mühlenberg, Ober-Ricklingen, Ricklingen und Wettbergen

Counseling center Winkelriede 14

Winkelriede 14, 30627 Hannover

****0511 48811

@51.31.6@hannover-stadt.de

Open consultation hour: Wed. 2 p.m.-3 p.m.

Responsible for the city districts: Anderten, Bemerode, Bult, Döhren, Groß-Buchholz, Heideviertel, Kirchrode, Kleefeld, Misburg-Nord, Misburg-Süd, Mittelfeld, Seelhorst, Südstadt, Waldhausen, Waldheim, Wülfel, Wülferode

Counseling center Kurt-Schumacher-Str. 29

Q <u>Kurt-Schumacher-Str. 29, 30159 Hannover</u>

0511 168-46522

@51.31.7@hannover-stadt.de

Open consultation hour: Tue. 2 p.m. - 3 p.m.

Telephone registration for separation counseling for parents: **\(\cup\$\)** 0511 168-46383

Responsible for the city districts: Burg, Calenberger Neustadt, Hainholz, Herrenhausen, Ledeburg, Leinhausen, Limmer, Linden-Mitte, Linden-Nord, Marienwerder, Mitte, Nordhafen, Nordstadt, Oststadt, Stöcken, Vahrenwald, Zoo



Another option is the online counseling service offered by the Federal Conference for Educational Counseling, bke online. The counseling is free of charge and confidential.

Federal Conference for Educational Counseling e. V.

Registration for chat and e-mail on the website https://jugend.bke-beratung.de.

In addition, numerous non-profit providers, for example, the Arbeiterwohlfahrt (Workers' Welfare Association), the churches, the German Red Cross offer counseling, groups or information events.

You can find a list of other educational counseling centers in Hanover and the region here.

Children and youth in need

Young people in emergency situations can turn to youth protection or street social work for low-threshold and uncomplicated support. The task of street social work is to provide assistance to young people in the city's neighborhoods, with a focus on individual cases, and also to support various housing projects.

Parents, teachers and other interested parties can receive individual counseling on various topics such as alcohol use, media, violence, sexuality, etc. or obtain information on the aforementioned topics at prevention events.

Youth protection / Street social work

of the Youth and Family Department of the City of Hannover

PHerrenstraße 11, 30159 Hannover

<u>0511 168-44364</u>

@jugendschutz@hannover-stadt.de

Opening hours without / with appointment:

Mon. 9 a.m.- 5 p.m.

Tue. 9 a.m.- 5 p.m.

Wed. 9 a.m.- 5 p.m.

Thu. 9:00 a.m.-5:00 p.m.

Fri. 9:00 a.m.-2:00 p.m.



Meeting points and playgroups

In Hannover there are many places where children, young people and families can spend their free time at no cost.

Family education centers and family centers

Family education centers (FaBi)

Family education centers are meeting points where parent cafés, courses, information events or playgroups take place. You can also find advice on parenting issues there. Take your child to a family education center near you!

Family education center of the Workers' Welfare Association (AWO)

- **♀** Wilhelmstraße 7, 30171 Hannover
- ****0511 81140
- @ info@awo-hannover.de
- www.awo-hannover.de/unsere-angebote/kinder-famili...

Catholic Family Education Center

- **♀** Goethestraße 31, 30169 Hannover
- **\(0511 1640570**
- @ bildung@kath-fabi-hannover.de
- www.kath-fabi-hannover.de

Protestant Family Education Center

- Archivstraße 3 (Eingang Wagenerstraße), 30169 Hannover
- **** 0511 1241542
- @ info@fabi-hannover.de
- www.fabi-hannover.de

German Red Cross Family Education Center

PErwinstraße 7, 30175 Hannover





- **0511 28000333**
- @info@drklvnds.de
- https://www.fabi.de/

Family Centers

A family center is a kind of 'one-stop store': families can get all kinds of help quickly here. Family centers offer a wide range of needs-based services for the whole family. Each family center tailors its program to the specific needs that exist in the district. On this website you will find an overview of all family centers in Hannover.

Many family centers have so called **Growing Together Groups (GWG)** in their program. In these free weekly play meetings for families with children between zero and three years old, parents can discuss any questions they may have with the educators. Detailed information about the GWG groups can be found on this website.

Neighborhood mothers and fathers

Neighborhood mothers and fathers

A neighborhood mother is a woman from the neighborhood who mediates between the needs of parents and the services offered by a family center. They are employed by the family centers. They provide advice to families in their neighborhood, often in their native language. By the way, there are now also some first district fathers.

Coordination of district mothers and fathers

- Q Joachimstraße 8, 30159 Hannover
- **6** 0511 168-32358
- @ julia.lohse@hannover-stadt.de
- www.hannover.de >> Stadtteilmütter

Parent meeting points

Parents' meetings are open meeting points for families in the district. They offer space for an open exchange in a cozy atmosphere with other parents on various topics related to the child or pregnancy. There is a lot of free information and offers for mothers and fathers in the parents' meetings. You can find more information $\textcircled{\bullet}$ here.

Parent meeting point Vahrenheide



- **♀** Dunantstraße 5a, 30179 Hannover
- **4**0511 636880
- @elterntreff.vahrenheide@gmx.de
- www.elterntreff-vahrenheide.de

Parent meeting point Calenberger Neustadt

- **♀** Goethestraße 31, 30169 Hannover
- **0511 1640570**
- @bildung@kath-fabi-hannover.de
- www.kath-fabi-hannover.de

Parent meeting point List NordOst

- **♀** Gorch-Fock-Straße 38, 30177 Hannover
- <u>0511 92013341</u>
- @Christiane.adolph@awo-hannover.de
- ttps://www.awo-hannover.de/unsere-angebote/kinde...

International parent meeting point Mühlenberg

- Stauffenbergplatz 3, 30457 Hannover
- **0511 168-32297**
- @elterntreff.muehlenberg@awo-hannover.de
- https://www.awo-hannover.de/unsere-angebote/kinde...

Further offers for children and families

Playground and bolts



The playgrounds, soccer fields and play parks in the city offer a wide range of games: ropeways, sand and mud areas, water games, climbing animals, swings, rope bridges, playhouses and entire climbing worlds. Here, children can test themselves, experience their environment through play, learn social interaction, simply let off steam and even be a little louder sometimes.

You can find more information about Hannover's playgrounds and bolts, fitness trails and skate parks on this 9 website. A map with all 446 playgrounds in the city can be found 9 here.

Play parks

A play park is a playhouse with educational professionals. The spacious grounds invite children to run, romp and explore. In Hannover, there are play parks in almost all parts of the city - a <u>flyer</u> provides information on exactly where. Additional information can be found on the hannover.de portal where. The play parks are open all year round.

Sports clubs

There are over 1,000 sports clubs in Hannover and the region that offer you and your child the opportunity to learn a sport or make social contacts at low cost. You can find more information about club sports in Hannover $\textcircled{\bullet}$ here.

Hannover Music School

Everyone who wants to be artistically active in their free time is in the right place at the Hanover Music School. At the Hanover Music School, children of all ages can learn various musical instruments, singing as well as dance styles. They also have the opportunity to gain ensemble experience in all areas of music. Adults will also find suitable offers at the music school.

Hanover Music School

- Maschstraße 22–24, 30169 Hannover
- **** 0511 168-44137
- @musikschule@hannover-stadt.de
- 🚱 www.hannover.de/Leben-in-der-Region-Hannover/Bild...

Project to support bilingualism and multilingualism "Fairy Tale Suitcase" - billingual happy

In the Fairy Tale Suitcase children can enjoy a variety of activities in their native language: carpentry and sewing workshops, book club and programming, math, chess and much more.





The main principle is two in one: learn the native language + new skills.

Depending on the child's native language, it is possible to participate in activities in Russian, Ukrainian, Polish or Turkish languages

Workshops and excursions are held on weekends, and in the vacations - writers' camps.

Children gain new knowledge for school and for life in the project, as well as good friends with whom it is great to communicate in their native language. Adults can make new acquaintances and get the opportunity to actively participate in the project.

Märchenkoffer e.V.

Contact person: Alexandra Konopleva

Rolandstrasse 19, 30161 Hannover

101575 7812819

@treasure@skachem.com

https://skachem.com/de/homepage/

Children and young people without parents on the run

Children or young people under the age of 18 who have entered the EU and Germany completely unaccompanied are called unaccompanied minors (umA). The Municipal Social Service (KSD) in the Youth and Family Department takes care of the unaccompanied minors. There, the minors are taken into care (Inobhutnahme), their state of health is checked and the age of the minors is determined (initial screening). Inobhutnahme means that suitable accommodation is sought in a foster family or a residential group where the young person can live and be cared for, looked after and supported.

For unaccompanied minors, a guardian must be appointed. Sometimes adult relatives or siblings have also entered the country. The KSD checks whether the young person can live with them and whether they can take over quardianship.

The residence status is also clarified (clearing) and a decision is made as to whether an asylum application will be filed. Asylum seekers under the age of 18 cannot submit an asylum application to the Federal Office on their own. The asylum application must be submitted in writing by the KSD or a guardian.

Contact and counseling center for unaccompanied minor refugees at the Municipal Social Service (KSD)

Padenstedter Straße 221, 30455 Hannover

0511 168-30460



@51.23.6ksd@hannover-stadt.de

In addition, non-profit organizations in Hannover also offer their help to people on the run.

People with and without papers who need independent legal advice can turn to **kargah e. V.**, the association for intercultural communication, migration and refugee work. The free consultations are multilingual: in Arabic, Kurdish, Persian, English, French, Spanish, Vietnamese and Russian, possibly in other languages as well.

kargah e.V.

Q Zur Bettfedernfabrik 1, 30451 Hannover

4.0511 126078-0

@info@kargah.de

www.kargah.de

Students in Hannover are also committed to helping people on the run. Free legal advice by prospective lawyers is offered by the non-profit association **Refugee Law Clinic Hannover e. V. (RLCH)**. These are trained by experienced lawyers.

Refugee Law Clinic Hannover e. V.

♥ Königsworther Platz 1, 30167 Hannover

@beratung@rlc-hannover.de

https://rlc-hannover.de/

The association **Janusz Korczak Humanitäre Flüchtlingshilfe e. V.** supports young, unaccompanied or accompanied refugees. The association works politically and practically for the enforcement of children's and human rights and for a safe residence permit for young refugees. For example, the association supports through:

- voluntary sponsorships and guardianships
- Homework assistance
- assistance with official matters
- financial support for legal counseling

Janusz Korczak Humanitarian Refugee Aid e. V.

@jkvhannover@gmx.de

www.jkv-hannover.de

