

Sexual health

Specialist Office for Sexual Health of the District of Euskirchen

We offer advice and testing, free of charge and anonymously!

Performances:

- Counselling and testing for HIV / AIDS and other sexually transmitted infections (STIs)
- HIV rapid test
- Laboratory tests HIV / STI
- Health advice according to §10 ProstSchG
- General counselling on sexual health and further support

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What are sexually transmitted infections (STIs)?

STI stands for "Sexual Transmitted Infections", i.e. infections that can be contracted mainly during sex. In the past, these were also referred to as "sexually transmitted diseases".

Anyone can come into contact with sexually transmitted infections. If STIs are detected early, they can usually be treated well. The risk of transmission can differ depending on the pathogen and the site of infection (vaginal, anal, oral).

The safest protection against infection is the use of condoms!

Symptoms:

Symptoms such as itching and burning of the genital organs, burning when urinating or pain during sex can indicate an infection. Anyone who is sexually active or has changing sex partners should get tested regularly. More information below.

What do I need to know about HIV/HIV testing?

There are various testing options. In a consultation, we will determine which tests make sense for you. An HIV infection can be ruled out with certainty at the earliest 6 weeks after the last risk contact.

For some tests, we need to draw blood from you. For others, we need a urine sample or swab. The samples are sent to a laboratory.

You will receive the result after 2-3 working days for viewing or by phone.

Important: You will not receive a written result!

We also advise you on how to deal with HIV infection or infection with other STIs, where to get medication and prescriptions, and where to get further help.

Counselling according to §10 Prostitute Protection Act:

Since 01.07.2017, the Prostitute Protection Act has been in force in Germany. The aim of the law is to protect people working in the sex trade. Sex workers should be able to exercise their rights freely. Crime such as human trafficking, violence and exploitation is to be combated.

The Sexual Health Counselling Centre offers health advice according to the needs of sex workers. Typical questions include disease prevention, birth control, pregnancy, and risks of alcohol and drug use. The advice is confidential. Emergencies can also be discussed.

Persons who register as sex workers are obliged to attend counselling every 6 months under the age of 21, and every 12 months from the age of 21. After the consultation, you will receive a certificate ("Blue Certificate"|" Blue ID card"). Sex workers must carry this certificate with them.

Please bring your valid identity documents with you to the consultation!

Counselling Centre for Sexual Health of Caritas Euskirchen

The Caritas Euskirchen counselling centre provides non-binding and free advice on the following topics:

- Sexually transmitted diseases
- Dealing with infections
- General questions about sexual health
- Further help and support services

The offer is free of charge and non-binding and is subject to confidentiality. There is no age limit for the offer and it is open to any gender identity. Anonymous inquiries by phone or messenger services are also answered.

Caritas Euskirchen also offers **individual counselling** services on the subject of sexual health for:

- Adolescents and young adults
- Group leaders
- Specialists and teachers, school classes
- interested citizens, individuals, couples

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Further information can be found here:

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Sexual Health Counselling Centre of Caritas Euskirchen

Counseling for Queer People (LGBTQIA+)

www.rki.de

www.aidshilfe.de

www.bzga.de

www.liebesleben.de