

Table of Contents

Children and family	2
Basic information on children, youth and family	2
Child day care	2
Day care	3
Kita	4
Family benefits and financial assistance	5
Child benefit and supplementary child allowance	5
Parental allowance	6
Education and participation	7
Euskirchen district family card	7
Child health and development	8
Pregnancy and family planning	10
Unaccompanied minors	13
Multilingual learning and play groups	13
Youth centres in the district of Euskirchen	17





Children and family

Basic information on children, youth and family

Families in Germany look very different.

There are families where the man and woman are married and have one or more children together.

There are unmarried couples with children or families with only one parent (single parent families).

There are families with same-sex parents (two women or two men) who have children and there are families in which the parents have children from a previous partnership (patchwork family) or have adopted children.

Children, young people and families are under special protection in Germany. This protection begins during pregnancy and continues until the child reaches the age of 18.

The Youth Welfare Office supports parents and guardians in the upbringing, care and education of children and young people. It is the point of contact for all related questions, uncertainties and problems.

Better too early than too late!

Jugendamt Kreis Euskirchen | Sozialer Dienst

♀ Jülicher Ring 32, 53879 Euskirchen

<u>+49 (0) 225115860</u>

Keywords: family, parents, help, youth welfare office

Child day care

There are various forms of child daycare in Germany. All children are allowed to go to Kita or day care.

A "Kita" is also known as a kindergarten or day care centre.

"Day care" means that children are looked after by a childminder.

It is not compulsory for children to go to Kita or a day care centre.

Why is it important that my child attends Kita or daycare?

At Kita, with a childminder, your child can make friends, discover new things with other children and adults and learn German.





Children learn language best together with other children. This is why Kitaattendance before school is particularly important. Together with other children and carers at Kita, your child will be well prepared for school.

You can find an overview of your child's daily routine at Kita here.

When can my child start attending a daycare centre?

Children can go to Kita or a daycare centre from around 4 months. However, not every Kita or daycare centre accepts children this early.

Children are entitled to childcare from the age of one. This can be in a day care centre or at Kita.

From the age of three, children have a right to care in a Kita centre.

Keywords: daycare centre, child, baby, care, daycare, duty

Day care

Children under the age of three can get a place in child day care. This means that they are looked after by a childminder.

The childminder has completed a qualification and has learnt how to work with young children.

They look after around five children at a time. The childminder usually looks after the children at home.

How do I find a childminder?

To find a suitable childminder, contact the German Child Protection Association (DKSB).

The DKSB coordinates childminders in the district of Euskirchen:

Frau Ickes | Koordination Tagespflege

Sebastianusstraße 20, 53879 Euskirchen

@tagespflege@dksb-eu.de

49 (0) 2251813100

Keywords: childminder, help, support, children





Kita

There are many different Kitas in the Euskirchen district. However, every child can go to any Kita.

You can find important information about each Kita online at Kita-Navigator. For example, it tells you how big the Kita is, when the opening hours are and how the children work there. You can also contact Kita and make an appointment. You can then take a look at Kita.

You can find the Kita-Navigator here.

Looking for childcare?

To get a childcare place at Kita, children must be registered in the Kita-Navigator.

Children can only go to Kita in their place of residence. You can pre-register your child in up to three Kitas centres. "Pre-booking" means that your child is then on the waiting list for these Kitas.

Once you have found suitable daycare centres at Kita-Navigator, you must select the Kitas. In Kita-Navigator it says "SelectKita ". The Kitas are then on your waiting list. Then you just need to enter the details of yourself and your child.

Important: Your child only has a place at Kita once you have signed a contract with Kita!

Most children start at Kita in August. Register your child **as early as possible** at Kita-Navigator. In most cases, Kitaplaces for the following year are already allocated in the previous year.

Do you need help with Kita-Navigator?

Here you will find a form that you can use as a guide when registering at Kita-Navigator.

You can also get help registering at Kita-Navigator at Kitas.

Alternatively, you can also make an appointment to visit us in person:

Servicebüro Kita-Navigator | Raum C 139

Q<u>Jülicher Ring 32, 53879 Euskirchen</u>

@kita-navigator@kreis-euskirchen.de





<u>+49 (0) 2251151303</u>

What else do I need to consider?

Vaccination

Children must have been vaccinated twice against measles in order to get a place in a day care centre or Kita.

Children are usually vaccinated against measles between 11 and 15 months of age. Only then do you have to provide proof of immunisation.

If my child <u>does not</u> attend Kita

If your child is four years old and does not attend Kita, it must be tested how well your child can speak and understand.

The test will be carried out at a school. You will then receive a letter explaining where you and your child should go.

If the test shows that your child still needs help, please contact the family office:

Familienbüro Kreis Euskirchen | Frau Judit Jacobs | Raum C140

♀ Jülicher Ring 32, 53879 Euskirchen

@judit.jacobs@kreis-euskirchen.de

Keywords: daycare centre, care, help, toddler, baby, requirement

Family benefits and financial assistance

Child benefit and supplementary child allowance

Child benefit in Germany is money from the state and part of the family benefit equalisation system. The <u>Family Benefits Office of the Federal Employment Agency</u> supports you with child benefit, child supplement and other financial assistance.

You can receive child supplement if your income is sufficient to cover your own living expenses, but not enough or only just enough to cover all your family's needs.

In 2025, child benefit will amount to 255 euros per month for each child. From 1 January 2025, the child supplement will be up to 297 euros per month per child. However, it depends on





your family's situation. This includes the immediate supplement of 25 euros per month per child.

You can apply for child supplement and child benefit directly **online**!

You can apply for child benefit if...

- your child is under the age of 18 (under certain conditions, you can also apply for and receive child benefit for children of full age),
- you look after your child regularly and they live in your household (this also applies to stepchildren, grandchildren or foster children) and
- your place of residence is in Germany, another EU country, Norway, Liechtenstein, Iceland or Switzerland. You can find out more on the page <u>Child benefit for people living in or from abroad</u>.

The payment of child benefit is not dependent on your income!

You can receive child supplement if...

- Your child lives in your household, is under 25 years old and is not married or in a registered civil partnership,
- you receive child benefit (or a comparable benefit) for your child,
- Your family's gross income is at least 900 euros (couples) or 600 euros (single parents),
- you would have enough money to support your family if you received child supplement and possibly housing benefit in addition to your income.

Tip! If you want to find out quickly whether you can receive child supplement: Simply enter your personal details in the **interactive video tool "KiZ-Lotse"** and find out your entitlement!

Parental allowance

Some parents work less after the birth of a child. Some no longer want to work as much. Some are no longer able to work as much.

Then you can receive parental allowance from the state. Parents who live separately can also receive parental allowance.

The amount of parental allowance depends on the parent's income before claiming it.

You can also apply for parental allowance if you have a settlement permit or a residence permit in Germany.

On the <u>family portal</u> you can read who receives parental allowance and under what conditions.

Migrants can find out whether they are eligible for parental allowance on the family portal.

Would you like to apply for parental allowance?

You can do this online on the <u>NRW family portal</u>.





Keywords: parents, children, money, help, parental allowance, families

Education and participation

The benefits for education and participation (BuT) help families who do not have that much money. For example, if:

Your child would like to take part in sports, games or culture.

Your child would like to go on a school or Kita excursion.

Your child needs help with learning or new items such as pencils, exercise books etc. for school.

Your child eats lunch at school or daycare centre.

Who gets this help?

Children and young people from families who, for example, receive

- income support
- social welfare
- child supplement
- housing benefit or benefits for asylum seekers.

Where can I apply for help?

You can apply for benefits for education and participation online.

Alternatively, you can find the form to fill in here.

Keywords: Housing, money, help, education, participation

Euskirchen district family card

With the family card, the district of Euskirchen is making a special offer - just for parents and their children.

The card gives you discounts at companies and public organisations that take part in this campaign.

The family card is free of charge. You can use it to save money and take advantage of many offers.

How do I get the family card?

You can apply for the family card<u>here</u>.





? If you have any questions, please contact the family office:

Familienbüro Kreis Euskirchen | Frau Judit Jacobs | Raum C140

♀ Jülicher Ring 32, 53879 Euskirchen

@judit.jacobs@kreis-euskirchen.de

49 (0) 225115509

Keywords: family, card, offers, savings, family card, children, parents, money

Child health and development

Paediatrician

When a child is born or a family moves house, it is important to find a paediatrician nearby. They examine children when they are ill. You can search online for a paediatrician's practice near you <u>here</u>.

Examinations for children ("U examinations")

All children between the ages of 0 and 6 should have regular check-ups with their paediatrician. These examinations are also known as "U examinations". There are 10 U-examinations until the child reaches the age of 6. They take place at certain intervals. **You should definitely attend these examinations with your child.**

During these examinations, the doctor looks at how the child is developing. For example, they will look at whether the child is growing well, how it is moving, whether it can hear and see well. Later on, the doctor will also look at how your child's speech is developing and how it reacts to strangers. The examinations are also about you as parents: How are you coping and do you perhaps need support?

You go to the doctor with your child for these examinations, even if your child is not ill. The examinations are important in order to recognise illnesses early enough.

The examinations are paid for by the health insurance company.

You will receive a **yellow booklet** for each child for the examinations. The results are entered in this booklet.

Here you will find digital information on the individual examinations in various languages: <u>Early</u> <u>detection and screening for your child</u>

Immunisation





You can also have your child vaccinated by a paediatrician. This will protect your child against many infectious diseases. Your child must be vaccinated against measles in order to take up a place in a day care centre, Kita and at school.

All vaccinations are entered in the **immunisation record**. You can find digital information on immunisations in various languages here: <u>Vaccination - protecting your child against infectious</u> <u>diseases</u>

Language development

It is not only the paediatrician who pays attention to how much and how confidently your child can speak and understand. **If your child is four years old and does not attend Kita, it is necessary to test how well your child can speak and understand.** The test is carried out in a school. You will then receive a letter explaining where you and your child should go. If the test shows that your child still needs support, please contact the family office:

Familienbüro Kreis Euskirchen | Frau Judit Jacobs | Raum C140

♀<u>Jülicher Ring 32, 53879 Euskirchen</u>

@judit.jacobs@kreis-euskirchen.de

<u>+49 (0) 225115509</u>

Does your child need special support or therapy?

An examination may reveal that your child is developing differently to other children and needs special support or therapy. Perhaps you yourself are concerned about your child's development, or perhaps carers or teachers have noticed something unusual.

Perhaps your child was born with physical disabilities. In this case, the paediatrician will tell you about other doctors and therapists who can examine and support your child further.

For counselling on these topics, please contact:

Andrea Detampel | Fachkräfte für Inklusion Kreis Euskirchen

@andrea.detampel@kreis-euskirchen.de

49 (0) 225115936

Martina Köstner | Fachkräfte für Inklusion Kreis Euskirchen

@martina.koestner@kreis-euskirchen.de

<u>+49 (0) 225115983</u>





Help at Kita or school

If your child needs special support in everyday life, they can still go to Kita and school. They can then be accompanied to Kita and school by someone who supports the child. This is called "**inclusion support**" or "**school support**". Your paediatrician will explain to you how to get this help.

Keywords: children, daycare centre, school, health, doctor, help, language, development

Pregnancy and family planning

Pregnant women in Germany have special protection and are entitled to counselling, medical care and support with new purchases for the child. Always go to a gynaecologist first if you think you are pregnant and have your check-ups carried out there.

Find a midwife as early as possible for the time after the birth. She will visit you at home and support you and your child's health in the first few weeks. Your health insurance will cover the costs. You can also attend antenatal classes with a midwife before the birth, for example, and exchange ideas with other pregnant women.

You can find a **midwife** in your area with the help of an online search here.

Alternatively, you can find a **list of all midwives** in the Euskirchen district directly <u>here</u>.

It is also a good idea to register with the hospital where you plan to give birth before the birth. This way you can get to know the maternity ward before the birth and take care of certain paperwork.

You can find a list of places to go for **cheap children's clothing** here.

Advice centres during pregnancy and for family planning

In the district of Euskirchen there are the following state-approved and state-funded counselling centres for pregnancy conflicts and family planning:

Counselling centre esperanza of the Caritasverband Euskirchen e. V.

Offers counselling and help on all aspects of family planning, pregnancy and parenthood.

Who receives counselling? Young people, women, men and couples regardless of gender, nationality and religion.

Counselling is free, confidential and anonymous if desired.





Possible topics:

- Questions about antenatal care and birth
- Help with applying for financial aid
 Important: Certain financial aid can only be applied for during pregnancy and not afterwards.
- Assistance with applications such as parental allowance, child benefit and child supplement
- Counselling for fathers

Schwangerschaftsberatung Esperanza | Caritas Euskirchen e.V.

Wilhelmstraße 52, 53879 Euskirchen

@esperanza@caritas-eu.de

<u>+492251700019</u>

https://caritas.erzbistum-koeln.de/euskirchen_cv/...

Counselling centre donum vitae e. V.

Mechernich:

Beratungsstelle Schwangerschaft und Familie (Donum Vitae e.V.)

QZum Markt 12, 53894 Mechernich

@info@donum-vitae-eu.de

<u>+49 (0) 2443912238</u>

https://donumvitae-onlineberatung.de/

Euskirchen:

Beratungsstelle Schwangerschaft und Familie (Donum Vitae e.V.)

Sebastianusstraße 20, 53879 Euskirchen

@info@donum-vitae-eu.de

4+49 (0) 2443912238

https://donumvitae-onlineberatung.de/

Women help women e.V. Euskirchen





Beratungsstelle für Schwangerschaftskonflikte und Familienplanung -Frauen helfen Frauen e.V.

Gerberstr. 49, 53879 Euskirchen

@bst218@frauen-helfen-frauen.eu

49 (0) 2251929225

https://frauen-helfen-frauen.eu/

Catholic pregnancy counselling centre - Caritasverband für die Region Eifel e. V.

Mechernich:

Katholische Schwangerschaftsberatung (Caritas Eifel e.V.) | Mechernich

Weierstraße 25, 53894 Mechernich

@u.grab@caritas-eifel.de

4<u>+49 (0) 24438780</u>

https://www.caritas-eifel.de/soziale-arbeit/schwa...

Schleiden:

Katholische Schwangerschaftsberatung (Caritas Eifel e.V.) | Schleiden

Gemünder Str. 40, 53937 Schleiden

@m.engels@caritas-eifel.de

4<u>+49 (0) 24458507269</u>

https://www.caritas-eifel.de/soziale-arbeit/schwa...

Simmerath:

Katholische Schwangerschaftsberatung (Caritas Eifel e.V.) | Simmerath

Rathausplatz 20, 52152 Simmerath

@a.warbel@caritas-eifel.de

<u>+49 (0) 24458507269</u>

https://www.caritas-eifel.de/soziale-arbeit/schwa...





The family office

Please contact the family office if you need support in your everyday life after or before the birth:

Familienbüro Kreis Euskirchen | Frau Judit Jacobs | Raum C140

♀<u>Jülicher Ring 32, 53879 Euskirchen</u>

@judit.jacobs@kreis-euskirchen.de

4<u>+49 (0) 225115509</u>

Keywords: family, woman, pregnancy, help, counselling

Unaccompanied minors

Unaccompanied refugee minors are children and young people under the age of 18 who come to Germany without their parents or other adults to look after them, or who are left here alone.

The local youth welfare office helps these children and looks after them.

Three young refugees talk <u>here</u> about what it was like for them when they first came to Germany.

They also talk about what the discussions with the youth welfare office were like for them.

Jugendamt Kreis Euskirchen | Sozialer Dienst

Q<u>Jülicher Ring 32, 53879 Euskirchen</u>

49 (0) 225115860

Keywords: Alone, family, help, support, parents

Multilingual learning and play groups

Griffbereit





Griffbereit is a parent-child group in which parents and toddlers aged 1 to 3 sing, play, do crafts and have fun together.

The multilingual playgroup is led by two parent counsellors.

The material has been translated into many different languages so that the same games and songs from the group can be repeated at home in the family language.

Griffbereit takes place once a week for 2 hours. Participation is free of charge. It is possible to join at any time.

There are currently Griffbereit groupsin Blankenheim and Mechernich:

Griffbereit-Gruppe Blankenheim | Wirkstatt e.V.

Bahnhofstraße 18, 53945 Blankenheim

Griffbereit-Gruppe Mechernich | Familienzentrum Mechernich-Zentrum

PHeideweg 4, 53894 Mechernich



Your contact person:

Familienbüro Kreis Euskirchen | Frau Judit Jacobs | Raum C140

♀Jülicher Ring 32, 53879 Euskirchen

@judit.jacobs@kreis-euskirchen.de

<u>+49 (0) 225115509</u>

Rucksack Kita

Rucksack Kita is a language and family education programme aimed at multilingual families with children between the ages of 4 and 6.

Parents meet with a multilingual parent counsellor once a week for two hours at Kita.

Together they talk about family and the topics from the programme. The same topics are taught to the children at Kita in German by the teachers. The material is translated into many different





languages, so parents and children are given ideas that they can use at home in their own languages.

With Rucksack Kita parents can strengthen the development of their children and the family language, familiarise themselves with their Kita and exchange ideas with other parents.

You can find Ruckack Kita groups here:

Familienzentrum Bunte Vielfalt

P<u>Nordstraße 15, 53879 Euskirchen</u>

Städtische Kita Kölner Straße

♀<u>Kölner Straße 125, 53879 Euskirchen</u>

AWO Familienzentrum Frauenbergerstraße

P<u>Frauenbergerstraße 150 b, 53879 Euskirchen</u>

Städtisches Familienzentrum Kiefernweg

Paul-Keller-Straße 12, 53879 Euskirchen

Städtisches Familienzentrum Blayerstraße

V<u>Kettenweg 27, 53909 Zülpich</u>

AWO Familienzentrum Mechernich-Zentrum

Emil-Kreuser-Straße 28, 53894 Mechernich

Griffbereit and Rucksack Kita are language and family education programmes developed in North Rhine-Westphalia. The programmes are supported by the Foundation Centre for Turkish Studies and Integration Research (ZfTI) and the Ministry for Children, Youth, Family, Equality, Refugees and Integration (MKJFGFI) NRW, funded by Auridis Stiftung. In the district of Euskirchen, the Euskirchen Municipal Integration Centre coordinates the programmes.







Your contact person:

Familienbüro Kreis Euskirchen | Frau Judit Jacobs | Raum C140

♀<u>Jülicher Ring 32, 53879 Euskirchen</u>

@judit.jacobs@kreis-euskirchen.de

<u>+49 (0) 225115509</u>

Rucksack Schule

The "Rucksack Schule" programme is a concept for **coordinated language support** and a successful **educational partnership between** parents and schools. It is aimed at migrant children and their parents as well as the teachers at the respective school.

"Rucksack Schule" is an offer to parents to familiarise themselves with the school system, to support their children's education and to be recognised in school life. In the parents' group, they have the opportunity to voice their questions, worries and fears and receive support and counselling. The parents' group meets once a week for 2 hours under the guidance of a parent counsellor.

With "Rucksack Schule", the primary schools receive an offer for multilingual and **diversity-conscious teaching and school development**, which is based on appreciation and recognition of diversity, resources and skills and is set out in the school programme.

"Rucksack Schule" combines classroom teaching with heritage language learning and parent education. Selected topics are discussed with the children and parents in the same time slot; a parent counsellor sensitises the parents to accompany their children's language development throughout their primary school years.

The material package is available in 16 languages.

Here you can find Rucksack-Schule groups: **GGS Weststadt** Winkelpfad 60, 53879 Euskirchen(map)

GGS Nordstadt Erftstraße 28, 53879 Euskirchen(map)

Hermann-Josef-Schule Euskirchen Keltenring 36, 53879 Euskirchen(map)

KGS Mechernich Feytalstr. 17, 53894 Mechernich(map)





GGS Kall

Auelstr. 47, 53925 Kall<u>(map</u>)

KGS Schleiden Am Mühlenberg 1, 53937 Schleiden(map)

Josef-Schaeben-Schule, GGS Weilerswist Anton-Schell-Str. 30, 53919 Weilerswist(map)

Chlodwigschule, KGS Zülpich Kettenweg 29, 53909 Zülpich<u>(map</u>)

GGS Bad Münstereifel Marktstr. 15, 53902 Bad Münstereifel (map)

KGS Vernich Kirchweg 2, 53919 Weilerswist<u>(map</u>)



Your contact person:

Maria Flörchinger | Rucksack Schule

♀ Jülicher Ring 32, 53879 Euskirchen

@maria.floerchinger@kreis-euskirchen.de

<u>+49 (0) 225115331</u>

Keywords: parents, children, group, playing, singing, day-care centre, school, leisure time

Youth centres in the district of Euskirchen

The district of Euskirchen supports **<u>children's and youth centres in almost all of its towns</u> <u>and municipalities</u>**.

The youth centres are open to all **children, teenagers and young adults between the ages of 6 and 21**. The centres are run by qualified educational staff. Membership of an association is <u>not</u> necessary.

Children and young people can spend their free time here in a self-determined way. Among other things, the centre offers





- Billiards, table football and table tennis
- PC or console games
- Cooking and baking activities
- the opportunity to simply "chill out"

During the holidays, there are often special offers at the youth centres, including

- Trips and excursions (climbing centres, events)
- Workshops and projects in the field of art and culture, such as
- Dance, music, painting, making and coding
- Smaller sports tournaments (billiards, table football, football)

The programmes are <u>generally free of charge</u>. A <u>small fee</u> is charged for some events. Children and young people are encouraged to contribute their own ideas to the organisation of the activities.

Children's and youth centres are safe places. The professionals on site are committed to protecting visitors from violence in any form.

Here you will find an overview of the youth centres and contact persons in the district of Euskirchen:

Bad Münstereifel - Kinder- Jugendzentrum "KICK" | Yasmin Sonntag

VKölner Straße 4, 53902 Bad Münstereifel

@kick@kinderschutzbund-badmuenstereifel.de

<u>+4922538780</u>

https://kinderschutzbund-badmuenstereifel.com/kic...

Blankenheim - Jugendzentrum "K1" | Satya Schleibaum

QKoblenzer Straße 1, 53945 Blankenheim

@satya.schleibaum@kreis-euskirchen.de

<u>+4915154055117</u>

Blankenheim - Jugendzentrum "K1" | Roman Mehls

V<u>Koblenzer Straße 1, 53945 Blankenheim</u>





@roman.mehls@kreis.euskirchen.de

<u>+491708824850</u>

Euskirchen - "Jugendvilla" | Pascal Steinberger

Alte Gerberstr. 22, 53879 Euskirchen

@jugendvilla@caritas-eu.de

<u>+4922517848114</u>

Hellenthal - "Point" Jugendtreff | Sabine Meyer

- Kölner Str. 25a, 53940 Hellenthal
- @leitung@point-hellenthal.de

<u>+492482911567</u>

Kall - Jugendzentrum | Claudia Steinberger

Aachener Str. 51, 53925 Kall

@claudia.steinberger@kreis-euskirchen.de

<u>+4915154311254</u>

Kall - Jugendzentrum | Roman Mehls

Aachener Str. 51, 53925 Kall

@roman.mehls@kreis.euskirchen.de

<u>+491708824850</u>

Mechernich - Jugendzentrum "Jo4you" | Anja Lehmann

Emil-Kreuser-STr. 27A, 53894 Mechernich

@k.o.t.mechernich@t-online.de

<u>+4924438783</u>

https://www.mechernich.de/leben-in-mechernich/jug...





Marmagen - Jugendtreff "Juma" | Alexandra Seifert-Rüth

P<u>Nettersheimer Str. 8, 53947 Nettersheim</u>

@jugend@nettersheim.de

<u>+491751522789</u>

Nettersheim - Jugendtreff "June" | Thomas Schwermann

Steinfelder Str. 6, 53947 Nettersheim

@jugend@nettersheim.de

<u>+491701911732</u>

Schleiden - Jugendhaus "Kolosseum" | Siegrid Hansen-Hennes

Am Kreuzberg 36, 53937 Schleiden

@juraKolosseum@web.de

<u>+4924449147769</u>

Weilerswist - Jugendzentrum "Haus Furhmann" | Sophie-Charlotte Thuy

Sonner Str. 41, 53919 Weilerswist

@jugendzentrum@weilerswist.de

<u>+4922549600154</u>

Zülpich - Jugendzentrum "Sajus" | Susanne Gutzeit

Palayer Str. 29, 53909 Zülpich

@sajus@stadt-zuelpich.de

<u>+492252309174</u>

Keywords: children, young people, leisure, games

