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## Children and family

#### **Family**

Families in Germany look very different. There are families where the man and woman are married and have one or more children together. There are unmarried couples with children or families with only one parent (single parent families). There are families with same-sex parents (two women or two men) who have children and there are families in which the parents have children from a previous partnership (patchwork family) or have adopted children.

Topics that are important and interesting for all families are presented in this chapter.

Families in Germany enjoy many benefits. These include family co-insurance and many favourable offers for the use of cultural, sports and leisure facilities. Families are also entitled to counselling and benefits within the framework of child and parental allowance.

More information on parental allowance can be found <a href="https://www.nee.google.com">here</a> More information on child benefit, child supplement and support for education and participation is available <a href="here">here</a> and <a href="here">here</a> and <a href="here">here</a> and <a href="here">here</a> in several languages.

Many offers for families in the district of Euskirchen can be found online in the family navigator. Here you can find, for example, daycare centres, leisure activities, primary schools and also support for families. The family navigator can be found here: <a href="https://www.guterstart.nrw.de/kreis-euskirchen.su...">https://www.guterstart.nrw.de/kreis-euskirchen.su...</a>

The Family Navigator is only available in German. If you have any questions or cannot find what you are looking for, you can contact the family office.

The Family Office doesn't just help with questions about the Family Navigator. You can contact the family office with any questions on the topic of "family".

Family office in the Euskirchen district hall

Mrs Jacobs

0225115509

familienbuero@kreis-euskirchen.de

Jülicher Ring 32, 53879 Euskirchen (Map) Room C106

The Federal Foreign Office has compiled <u>information on family reunification</u> in Arabic, German and English especially for refugees from Syria.

### Family ticket

With the family card, the district of Euskirchen would like to make you a special offer, especially for parents and their children.





The Family Card offers you discounts at private companies and public institutions that support this initiative as partners.

In addition, all partners will display the Family Card logo prominently in their respective entrance areas.

Take advantage of the **free** Family Card for your own benefit.

For further information on the Family Card, please contact:

Family Office:

Mrs Jacobs

0225115509

familienbuero@kreis-euskirchen.de

Jülicher Ring 32, 53879 Euskirchen (maps) Room C106

## Child development and childcare

This <u>brochure</u> from the Federal Centre for Health Education (BZgA) contains information and practical tips on topics that are often of particular concern to young families in everyday life with their baby or toddler.

Your child can attend a day care centre before starting school, from around 4 months. When they are one year old, they have a legal right to a childcare place.

At the daycare centre, with a childminder, your child can make friends, learn German by interacting with the carers, children and other parents and discover new things. Attending a day care centre is a very important and good preparation for school. As parents, a childcare centre gives you the opportunity to attend a German course or go to work.

Children under the age of three can also get a place in a day care centre. This means that they are looked after in small groups by a childminder, usually at the childminder's home. To find a suitable childminder, please contact the

German Child Protection Association, District Association Euskirchen e.V.

Day care coordination Mrs Ickes 0225170258016 s.ickes@dksb-eu.de

Sebastianusstraße 20, 53879 Euskirchen (map)





You can find an overview of what a day care centre is and what your child's daily routine at the centre looks like here:

To enrol your child in a daycare centre, you must first register with the Kita-Navigator.

Here you will find a form that you can use as a guide when registering.

Most children start at a daycare centre in August. Register your child in the Kita-Navigator as early as possible, preferably at least one year in advance.

You can also visit us in person:

Service office Kita-Navigator

#### 02251151333

kita-navigator@kreis-euskirchen.de

Jülicher Ring 32, 53879 Euskirchen (map)

Room C 141

#### Kindergarten in Germany

#### **Brochure: Kindergarten in Germany**

In this <u>brochure</u> from the integration agency of the DRK Kreisverband Euskirchen, you can read important information about nursery school in Germany. The explanations are in easy German language and in English, Arabic, French, Persian, Turkish and Russian.

#### Pregnancy and family planning

Pregnant women in Germany have special protection and are entitled to counselling, medical care and support with new purchases for the child. Always go to a gynaecologist first if you think you are pregnant and have your check-ups carried out there.

Find a midwife as early as possible for the time after the birth. She will visit you at home and support you and your child's health in the first few weeks. Your health insurance will cover the costs. You can also attend antenatal classes with a midwife before the birth, for example, and exchange ideas with other pregnant women.

You can find a **midwife** in your area here

It is also a good idea to register with the hospital where you plan to give birth before the birth. This will allow you to familiarise yourself with the maternity ward before the birth and take care of certain paperwork.

#### Counselling centres during pregnancy and for family planning





In the district of Euskirchen there are the following state-approved and state-funded counselling centres for pregnancy conflicts and family planning:

## Counselling centre esperanza of the Caritasverband Euskirchen e. V.

Offers counselling and help before, during and after pregnancy

### Schwangerschaftsberatung Esperanza | Caritas Euskirchen e.V.

**♀** Wilhelmstraße 52, 53879 Euskirchen

@esperanza@caritas-eu.de

**49** (0) 2251700019

https://caritas.erzbistum-koeln.de/euskirchen\_cv/...

# Counselling centre for pregnancy problems and family planning donum vitae e. V.

#### **Mechernich:**

02443912238

info@donum-vitae-eu.de

Zum Markt 12, 53894 Mechernich (map)

#### **Euskirchen:**

02251650934

www.donumvitae-onlineberatung.de

Sebastianusstraße 20, 53879 Euskirchen (map)

Counselling centre for pregnancy conflicts and family planning - Frauen helfen Frauen e.V. Euskirchen





#### 02251929225

bst218@frauen-helfen-frauen.eu

Gerberstraße 49, 53879 Euskirchen (map)

www.frauen-helfen-frauen.eu

# Catholic pregnancy counselling centre - Caritasverband für die Region Eifel e. V.

Counselling office Mechernich

024438780

u.grab@caritas-eifel.de

Weierstraße 25, 53894 Mechernich (Map)

Counselling office Schleiden & Simmerath

022458507269

m.engels@caritas-eifel.de

Gemünder Straße 40, 53937 Schleiden (Map)

## The family counselling office

Please contact the family counselling office if you need support in your everyday life after or before the birth:

Mrs Jacobs

Family office in the Euskirchen district building

0225115509

judit.jacobs@kreis-euskirchen.de

Jülicher Ring 32, Euskirchen (map)

Room C106





#### **Unaccompanied minors**

Unaccompanied minor refugees are children and young people under the age of 18 who enter Germany unaccompanied by an adult responsible for them or who are left there unaccompanied.

The local youth welfare office is responsible for unaccompanied minors.

# The Euskirchen District Youth Welfare Office Jülicher Ring 32, 53879 Euskirchen (Map)

<u>Here</u>, three young refugees talk about their first time in Germany and how they experienced their discussions with the Youth Welfare Office.

#### Multilingual learning and play groups

#### **Griffbereit**

Griffbereit is a multilingual parent-child group in which parents and toddlers aged 1 to 3 sing, play, do crafts and have fun together.

The multilingual playgroup is led by two qualified instructors, at least one of whom is multilingual herself. Parents receive a wide range of play activities to encourage their children's development. Griffbereit takes place once a week for 2 hours. Participation is free of charge. It is possible to join at any time.

#### You can find Griffbereit groups here:

#### Wirkstatt e.V.

Bahnhofstr. 18, 53945 Blankenheim (map)

When: By arrangement

#### Your contact person:

Mrs Jacobs

Kreis Euskirchen

Kommunales Bildungs- und Integrationszentrum

#### 0225115509

judit.jacobs@kreis-euskirchen.de

Jülicher Ring 32, 53879 Euskirchen (map)

#### **Rucksack Kita**

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"Rucksack Kita" is a language and family education programme aimed at multilingual families with children between the ages of 4 and 6.

Participating parents meet for 2 hours a week at KiTa (childcare centre) under the guidance of a multilingual parent mentor. The parents receive a wide range of play and exercise materials from the multilingual parent counsellor to support their children's education. Parents can use





"Rucksack KiTa" to strengthen their children's development and the family language, familiarise themselves with the KiTa system and exchange ideas with other parents.

The KiTas implement the promotion of the German language in parallel to the work of the parents. Selected topics are discussed with the children and parents in the same time slot.

## You can find Ruckack Kita groups here:

#### **Familienzentrum Bunte Vielfalt**

Nordstraße 15, 53879 Euskirchen(map)

#### Städtische Kita Kölner Straße

Kölner Straße 125, 53879 Euskirchen(map)

#### **AWO Familienzentrum Fraunbergerstraße**

Frauenbergerstraße 150b, 53879 Euskirchen (map)

#### Städtisches Familienzentrum Blayerstraße

Kettenweg 27, 53909 Zülpich(map)

#### **AWO Familienzentrum Mechernich-Zentrum**

Emil-Kreuser-Straße 28, 53894 Mechernich(map)

#### Your contact person:

Mrs Jacobs

Kreis Euskirchen

Kommunales Bildungs- und Integrationszentrum

0225115509

judit.jacobs@kreis-euskirchen.de

Jülicher Ring 32, 53879 Euskirchen (map)

#### **Rucksack Schule**

The "Rucksack Schule" programme is a concept for **coordinated language support** and a successful **educational partnership** between parents and schools. It is aimed at migrant children and their parents as well as the teachers at the respective school.

"Rucksack Schule" is an offer to parents to familiarise themselves with the school system, to support their children's education and to be recognised in school life. In the parents' group, they have the opportunity to voice their questions, worries and fears and receive support and counselling. The parents' group meets once a week for 2 hours under the guidance of a parent counsellor.

With "Rucksack Schule", the primary schools receive an offer for multilingual and **diversity-conscious teaching and school development**, which is based on appreciation and recognition of diversity, resources and skills and is set out in the school programme.

"Rucksack Schule" combines classroom teaching with heritage language learning and parent education. Selected topics are discussed with the children and parents in the same time slot; a parent counsellor sensitises the parents to accompany their children's language development





throughout their primary school years.

The material package is available in 16 languages.

#### Here you can find Rucksack-Schule groups:

#### **GGS Weststadt**

Winkelpfad 60, 53879 Euskirchen(map)

#### **GGS Nordstadt**

Erftstraße 28, 53879 Euskirchen(map)

#### Hermann-Josef-Schule Euskirchen

Keltenring 36, 53879 Euskirchen(map)

#### **KGS Mechernich**

Feytalstr. 17, 53894 Mechernich(map)

#### **GGS Kall**

Auelstr. 47, 53925 Kall(map)

#### **KGS Schleiden**

Am Mühlenberg 1, 53937 Schleiden(map)

#### Josef-Schaeben-Schule, GGS Weilerswist

Anton-Schell-Str. 30, 53919 Weilerswist(map)

#### Chlodwigschule, KGS Zülpich

Kettenweg 29, 53909 Zülpich(map)

#### **GGS Bad Münstereifel**

Marktstr. 15, 53902 Bad Münstereifel (map)

#### **KGS Vernich**

Kirchweg 2, 53919 Weilerswist(map)

#### Your contact person:

Mrs Brecher

Kreis Euskirchen

Kommunales Bildungs- und Integrationszentrum

0225115331

ricarda.brecher@kreis-euskirchen.de

#### Youth centres in the district of Euskirchen

The district of Euskirchen supports <u>children's youth centres in almost all of its towns and</u> municipalities.

The youth centres are open to all **children**, **teenagers** and **young** adults between the ages of 6 and 21 . The centres are run by qualified educational staff. Membership of an association is not necessary.

Children and young people can spend their free time here in a self-determined way. Among other things, the centre offers





- · Play billiards, table football and table tennis,
- · play on PCs or consoles,
- · take part in cooking or baking programmes,
- · simply "chill out".

#### During the holidays, there are often special offers at the youth centres, including

- Excursions and workshops in the field of art and culture
- · Dance, music, painting, making and coding
- Smaller sports tournaments (billiards, table football, football)

The programmes are <u>generally free of charge</u>. A <u>small fee</u> is charged for some events. Children and young people are encouraged to contribute their own ideas to the organisation of the activities.

Children's and youth centres are safe places. The professionals on site are committed to protecting visitors from violence in any form.

<u>Here</u> you will find an overview of the youth centres and contact persons in the district of Euskirchen:

## Bad Münstereifel - Kinder- Jugendzentrum "KICK" | Yasmin Sonntag

- **Variation Straße 4, 53902 Bad Münstereifel Variation Straße 4, 53902 Bad Münstereifel Variation Straße 4, 53902 Bad Münstereifel**
- @kick@kinderschutzbund-badmuenstereifel.de
- +49 (0) 22538780

## Blankenheim - Jugendzentrum "K1" | Satya Schleibaum

- **Q** Koblenzer Straße 1, 53945 Blankenheim
- @satya.schleibaum@kreis-euskirchen.de
- **49** (0) 15154055117

## Euskirchen - "Jugendvilla" | Pascal Steinberger

- Alte Gerberstr. 22, 53879 Euskirchen
- @jugendvilla@caritas-eu.de





#### **4**+49 (0) 22517848114

## Hellenthal - "Point" Jugendtreff | Sabine Meyer

- **♀**Kölner Str. 25a, 53940 Hellenthal
- @leitung@point-hellenthal.de
- +49 (0) 2482911567

## Kall - Jugendzentrum | Claudia Steinberger

- Aachener Str. 51, 53925 Kall
- @claudia.steinberger@kreis-euskirchen.de
- **49** (0) 15154311254

## Mechernich - Jugendzentrum "Jo4you" | Anja Lehmann

- **♀**Emil-Kreuser-STr. 27A, 53894 Mechernich
- @k.o.t.mechernich@t-online.de
- **4**+49 (0) 24438783

## Marmagen - Jugendtreff "Juma" | Alexandra Seifert-Rüth

- Nettersheimer Str. 8, 53947 Nettersheim
- @jugend@nettersheim.de
- +49 (0) 1751522789

## Nettersheim - Jugendtreff "June" | Thomas Schwermann

- Steinfelder Str. 6, 53947 Nettersheim
- @jugend@nettersheim.de
- **49** (0) 1701911732





# Schleiden - Jugendhaus "Kolosseum" | Siegrid Hansen-Hennes

- **Q** Am Kreuzberg 36, 53937 Schleiden
- @juraKolosseum@web.de
- +49 (0) 24449147769

## Weilerswist - Jugendzentrum "Haus Furhmann" | Sophie-Charlotte Thuy

- **♀**Bonner Str. 41, 53919 Weilerswist
- @jugendzentrum@weilerswist.de
- **4**+49 (0) 22549600154

## Zülpich - Jugendzentrum "Sajus" | Susanne Gutzeit

- **Q**Blayer Str. 29, 53909 Zülpich
- @sajus@stadt-zuelpich.de
- <u>+49 (0) 2252309174</u>

