

Table of Contents

Welcome to	2
Welcome to the district of Emsland	2
Greeting	2
Interesting facts about the district of Emsland	2
Cities and municipalities	3
Coordination centre for migration and participation	7
Important offices	8
Employment Agency	8
Job centre	8
Immigration office	9
Youth welfare office	10
Department of Social Affairs	12
Health department	12
Equal Opportunities Officer	12
Residents' Registration Office	13
Registry office	14
City map/plan of the district	14

Welcome to

Welcome to the district of Emsland

Greeting

**Dear new citizen,
dear new citizen,**

Welcome to the district of Emsland!

You have chosen the district of Emsland as your new home and we would like to help you get off to the best possible start.

It is certainly not easy to leave your familiar home and settle into a new place. After your arrival, you may have questions about housing, schools, work and leisure activities. The district of Emsland has introduced the Integreat app to make it easier to arrive and find your way around Emsland. Integreat offers a digital contact point for new immigrants. The app is designed to help you better understand and familiarise yourself with life in Emsland. Here you will find important local addresses, language courses, general points of contact and offers of help in special life situations.

A particular advantage of the app is that you can access information in different languages. You can also use the app offline if you do not have access to the internet. As soon as you are online again, the app updates itself automatically.

We hope that the Integreat app will help you to find your way around Emsland and settle in quickly. We look forward to welcoming you as new residents here in the district of Emsland.

**Marc-André Burgdorf
District Administrator**

Interesting facts about the district of Emsland

The district of Emsland stretches over 2,880 square kilometres from Rheine to Papenburg. This makes it the largest district in Lower Saxony in terms of area. Emsland is one of the largest districts in Germany and is larger in total than the federal state of Saarland.

Emsland is around 95 kilometres long from north to south and 56 kilometres wide from east to west. It borders the Netherlands to the west. To the east it borders the districts of Cloppenburg and Osnabrück, and to the south-west it borders the district of Grafschaft Bentheim.

There are 19 different administrative units in Emsland, including towns, municipalities and joint municipalities. These administrative units vary greatly in size.

The district of Emsland offers all citizens good services in the areas of education, culture and shopping. Emsland is also a great place for cycling trips. There are many different routes that are well signposted so that you can cycle safely. If you would like to find out more about excursions in the city, cycle tours and restaurants, you can contact our [tourist information](#) centre or [click here](#).



Cities and municipalities


The district of Emsland comprises 19 administrative units, including 5 towns, 5 single municipalities and 9 joint municipalities. You can find the contact details for the administrative units [here](#).


Further information can be found on the [official](#) websites of the towns and municipalities in

the district of Emsland.

Dörpen

Samtgemeinde Dörpen


 [Hauptstraße 25, 26892 Dörpen](#)

 [+4949634020](#)

 <https://www.doerpen.de/>

Emsbüren

Gemeinde Emsbüren

 [Magistratstraße 5, 48488 Emsbüren](#)

 [+49590393050](#)

 <https://www.emsbueren.de/>

Freren

Samtgemeinde Freren


 [Markt 1, 49832 Freren](#)

 [+4959029500](#)

 <https://www.freren.de/>

Geeste

Gemeinde Geeste

 [Am Rathaus 3, 49744 Geeste](#)


 [+495937690](#)

 <https://www.geeste.de/>

Haren (Ems)

Stadt Haren


 [Neuer Markt 1, 49733 Haren \(Ems\)](#)


 [+49593280](#)

 <https://www.haren.de/>

Haselünne

Stadt Haselünne

 [Rathausplatz 1, 49740 Haselünne](#)


 [+4959615090](#)

 <https://www.haseluenne.de/>

Herzlake

Samtgemeinde Herzlake

 [Neuer Markt 4, 49770 Herzlake](#)

 [+495962880](#)

 <https://www.herzlake.de/>

Lathen

Samtgemeinde Lathen

 [Erna-de-Vries-Platz 7, 49762 Lathen](#)

 [+495933660](#)

 <https://sg-lathen.de/gemeinden/lathen/>

Lengerich

Samtgemeinde Lengerich


 [Mittelstraße 15, 49838 Lengerich](#)

 [+49590493280](#)

 <https://www.lengerich-emsland.de/index/>

Lingen (Ems)

Stadt Lingen

 [Elisabethstraße 14-16, 49808 Lingen \(Ems\)](#)


 [+4959191440](#)

 <https://www.lingen.de/>

Meppen

Stadt Meppen

 [Markt 43, 49716 Meppen](#)


 [+4959311530](#)

 <https://www.meppen.de/>

Nordhümmling

Samtgemeinde Nordhümmling

 [Poststraße 13, 26897 Esterwegen](#)

 [+4959552000](#)

 <https://sg-nordhuemmling.de/>

Papenburg

Stadt Papenburg


 [Hauptkanal rechts 68-69, 26871 Papenburg](#)

 [+494961820](#)

 <https://www.papenburg.de/>

Rhede (Ems)

Gemeinde Rhede

 [Gerhardyweg 1, 26899 Rhede \(Ems\)](#)

 [+49496491820](#)

 <https://rhede-ems.de/>

Salzbergen

Gemeinde Salzbergen

 [Franz-Schratz-Straße 12, 48499 Salzbergen](#)


 [+49597694790](#)

 <https://www.salzbergen.de/>

Sögel

Samtgemeinde Sögel

 [Ludmillenhof, 49751 Sögel](#)


 [+4959522060](tel:+4959522060)

 <https://www.soegel.de/>

Spelle

Samtgemeinde Spelle

 [Hauptstraße 43, 48480 Spelle](#)

 [+4959779370](tel:+4959779370)

 <https://www.spelle.de/>

Twist

Gemeinde Twist


 [Flensburgstraße 7, 49767 Twist](#)

 [+49593693300](tel:+49593693300)

 <https://www.twist-emsland.de/>

Werlte

Samtgemeinde Werlte

 [Marktstraße 1, 49757 Werlte](#)

 [+4959512010](tel:+4959512010)

 <https://www.sgwerlte.de/>

Coordination centre for migration and participation

The **Koordinierungsstelle für Migration und Teilhabe** is a contact centre for people with a history of immigration. It helps people to find their feet in their new environment and actively participate in society. It provides information on many important topics, for example

- Language courses
- education
- work
- housing

- Help in everyday life

It works together with many other organisations, such as associations, schools, government offices and advice centres. In this way, people who are new to Germany or have been living here for some time can receive targeted help.

Koordinierungsstelle is committed to participation, equal opportunities and respectful coexistence. All people should feel welcome and have the same opportunities to get involved.

Here you can find the flyer [Wegweiser Integration](#) with contact details for administration, migration advice centres and language training providers.

Contact:

Koordinierungsstelle für Migration und Teilhabe im Landkreis Emsland | Frau Abdel-Naby

📍 [Ordeniederung 1, 49716 Meppen](#)

✉️ @integration@emsland.de

☎️ [+495931442214](tel:+495931442214)

Gefördert durch:



Niedersächsisches Ministerium
für Soziales, Gesundheit
und Gleichstellung

Important offices

Employment Agency

The Federal Employment Agency is responsible for everything to do with employment. Are you looking for a job? Do you need help choosing a career? Would you like to have your qualifications recognised? Then contact the Employment Agency.

👥 Is your asylum procedure still ongoing? Or are you tolerated? Then the Employment Agency is your point of contact. They will help you with questions about the transition between school and work (careers advice). They will place you in work. And they will advise you on further vocational training.

Contact us in [Meppen](#), [Lingen](#) or [Papenburg](#)!

👥 Are you recognised? Then the [job centre](#) is your point of contact. They will advise and place you in the labour market.

Job centre

The job centre pays financial benefits. It also places you in work and training. This depends on your individual needs. Among other things, the job centre will enable you to take part in a

[language course](#). It will refer you to a careers counselling service. Or it can help you get your certificates [recognised](#). Would you like to work? Then you will find information and advice here: [Access to the labour market](#).

💡 [The employees of the Job Centre](#) are not permitted to pass on any information about customers. Do you have a voluntary companion? Then you must give them a power of attorney. This must be completed in full and signed by both parties.

👤 Is your asylum application still pending? Or your application has been rejected? Then the [Federal Employment Agency](#) is responsible for matters relating to employment promotion.

👤 Steps after a positive decision

You have received a positive decision from the BAMF. This means that the asylum procedure has been successfully completed.

Have you been recognised as entitled to asylum or have you been granted refugee protection? Then you can apply for a [citizen's allowance \(job centre\)](#).

👤 Case management

- You can find the contact details of your case manager [here](#).
- **Important:** There is no counselling without an appointment.
- Have you already attended an [integration course](#)? Bring your certificate with you! Otherwise, take a look [here](#) to find out how you can take part in an integration course free of charge.
- Do you have documents about [school attendance](#) or [training](#)? Do you have job references? [Have](#) your [foreign qualifications been recognised](#)? Please bring these with you.
- Tell us about any special skills you have (e.g. crafts or [language skills](#)).
- Think about which area of work you are interested in before the appointment.

👤 Contact details

Landkreis Emsland | Jobcenter

📍 [Ordeniederung 1, 49716 Meppen](#)

✉️ @arbeit@emsland.de

☎️ [+495931441448](tel:+495931441448)

💡 You can also find us at [Instagram](#)!

Immigration office

The authority regulates the residence of residents without German citizenship. Do you live in the town of Lingen? Then contact the Lingen Foreigners' Registration Office.

What you can do at this authority:

- Clarify questions about entry. This concerns, for example, family reunification. Or invitations to visit.
- Questions about residence after entry. For example, applying for a residence permit.
- Naturalisation

Please make **an appointment before your visit**. A spontaneous visit **without an appointment is not possible!**

Please only contact the Immigration Office by telephone or e-mail. You will then receive an appointment proposal.

Further information for **foreign skilled workers** can be found on the following two pages: [Make it in Germany](#) and [Recognition in Germany](#).

Responsible for the whole of Emsland(except residents of the town of Lingen)

Landkreis Emsland | Fachbereich Sicherheit und Ordnung - Ausländerwesen

📍 [Ordeniederung 1, 49716 Meppen](#)

✉️ @abh@emsland.de

☎️ [+495931443030](tel:+495931443030)

For matters relating to **naturalisation** , please send an email to: ebh@emsland.de

For matters relating to **invitations to visit**, please contact by email: besucher@emsland.de

Responsible only for residents of the city of Lingen

Ausländerbehörde der Stadt Lingen

📍 [Elisabethstraße 14-16, 49808 Lingen \(Ems\)](#)

✉️ @auslaenderbehoerde@lingen.de

☎️ [+4959191440](tel:+4959191440)

Free advice on various topics such as help with filling out applications and forms, education, family life, housing, work and job search, health can be obtained from the [migration advice centres](#) in the district of Emsland.

Youth welfare office

Support from the youth welfare office

The Youth Welfare Office supports parents and children

The Youth Welfare Office supports parents and guardians in the upbringing, care and education of children and young people. It is the point of contact for all related questions, uncertainties and problems. Better too early than too late!

Talk to us. Our specialists will be happy to help and support you and your family!

The task of the Youth Welfare Office is also to protect children and young people. After all, children and young people have a **right** to grow up in a safe and healthy environment([children have rights](#)). The staff will therefore follow up any information that a **child may be in danger**.

Who can contact the Youth Welfare Office?

- Parents
- Children and young people
- People who realise that a child or family needs support

What issues can I contact the Youth Welfare Office about?

- Counselling on parenting issues
- Support for single parents
- Paternity, maintenance and parental care
- Counselling on partnership, separation and divorce issues
- Counselling and services for young people
- Counselling and support for children and young people in difficult situations
- Support with the transition from school to work
- Counselling for young people and adolescents against whom criminal proceedings have been initiated
- Integration assistance for children and young people with (impending) mental disabilities
- Accommodation, care and support for unaccompanied refugee minors
- Child and youth protection

Contact and opening hours

Despite the internet, correspondence and telephone - some matters are best dealt with in a personal meeting with us. Please make an appointment.

Landkreis Emsland | Jugendamt

📍 [Ordeniederung 1, 49716 Meppen](#)

✉️ [@info@emsland.de](mailto:info@emsland.de)

☎️ [+495931440](tel:+495931440)

🕒 Monday - Friday: 8:30 - 12:30 and Monday - Thursday: 14:30 - 16:00
Appointments are also possible at other times by prior arrangement.

Department of Social Affairs

Department of Social Affairs

The Social Services Department offers a wide range of services for the citizens of Emsland.

- Basic income support in old age and in the event of reduced earning capacity
- Care assistance
- Assistance with living expenses
- Integration assistance for disabled people
- Help to overcome particular social difficulties
- Assistance with health
- Assistance in other life situations


Do you have any questions on these topics? Then please contact us:

Landkreis Emsland | Fachbereich Soziales

 [Ordenniederung 1, 49716 Meppen](#)

 [@info@emsland.de](mailto:info@emsland.de)


 [+495931440](tel:+495931440)

 If you need cash benefits, housing or medical treatment (Leistungen nach SGB II, SGB XII und AsylbLG), please contact your local authority.


Health department

The public health department is part of the healthcare system in Germany. For example, it is responsible for protecting the population from infectious diseases. Or it deals with hygiene in companies. These can be hospitals and care centres. Or restaurants and cafés. Would you like to work in a restaurant? Then you need an instruction on infection protection. The public health department also has other tasks. The health authority has a social psychiatric service and also a medical service. The medical service carries out assessments on request. The paediatric service carries out school entry examinations and provides information about illnesses. In general, it informs the population about health risks.

Landkreis Emsland | Gesundheitsamt

 [Ordenniederung 1, 49716 Meppen](#)

 [@gesundheit@emsland.de](mailto:gesundheit@emsland.de)

 [+495931441197](tel:+495931441197)

Equal Opportunities Officer

The Basic Law places men and women on an equal footing. Nevertheless, women and men often do not have equal rights in everyday life. The Equal Opportunities Officers in the district

of Emsland are people who want to ensure that women and men are treated equally. They work both inside and outside the local administrations.

Goals and tasks of equal opportunities work

- Equal opportunities for all genders in the family, at work and in society
- Elimination and prevention of gender-based discrimination
- Reduction of structural disadvantages for women

The Equal Opportunities Officer endeavours to achieve these goals by disseminating information, carrying out projects and participating in committees. She is the point of contact for all citizens of the district, for groups, clubs, associations, organisations and institutions. It plays an important role as an interface between administration, politics and the public.

The most important topics are both within the authority and in the public sphere:

- Education and careers,
- compatibility and care work,
- role models and diversity,
- positions of power and decision-making,
- Participation in politics
- Safety and health

💡 Do you have any questions or need help? Then get in touch. You can find your local equal opportunities officer [here](#).

Image film "Agents of change"

"Agents of change" track down disadvantages and fight for equality. A new film for local work! Here is the Youtube link: [Agents of Change Youtube Video](#)

Residents' Registration Office

In principle, all people who come to Germany and wish to stay for longer than three months must register their residential address with the authorities after two weeks at the latest. Are you moving within Germany? Then you must inform the authorities of your new address.

💡 This registration has nothing to do with registering as an asylum seeker or registering with the [immigration authorities](#). You must do this in addition. You can find out how to register as a refugee in the chapter on [asylum and refugees](#).

Who has to register and when?

All people who move to Germany or move within Germany must register or re-register at the Residents' Registration Office (often also called the Citizens' Registration Office or Citizens' Office). Registration within two weeks is mandatory. Are you registering too late or not at all? Then you may have to pay a fine.

When you register, you will receive an "official confirmation of registration". Keep this document in a safe place. You can use it to prove - even without your ID - that you are registered in a municipality or city in Germany. This means that you are resident there.

What do I need to bring with me to register?

You must register in person at the Residents' Registration Office or Citizens' Registration Office. You can find the address of your residents' registration office or citizens' registration office at the bottom of this page.

You must bring your ID (identity card, residence permit, residence document, etc.) with you when registering. Do you have a passport? Or passport replacement documents? Then bring these with you too. You must also fill in a registration form. You can obtain the form directly from the residents' registration office.

In some cities / municipalities, you will also need a so-called "landlord's confirmation of moving in" for the registration. This is a document in which your landlord or landlady confirms that you are renting his or her flat. Sometimes your birth certificate or marriage certificate is also required for registration. If you have these documents, bring them with you to the registration office as a precaution.

Address of the residents' registration office

Please contact the [local authority](#) in your place of residence.

💡 Important: You will only find general information on this topic here. Please enquire about your personal situation at your local authority in your place of residence.

Registry office

The registry office has several tasks. Have you had a child? Then you must report the birth to the registry office. The registry office will then notarise the birth. Would you like to get married? Then the registry office will register your marriage.

The tasks at a glance

- Notarising births and deaths
- Concluding marriages and partnerships
- Receiving resignations from the church
- Changing names
- Issuing certificates (birth certificate, death certificate, marriage certificate)

Please contact the registry office in your [place of residence](#).

City map/plan of the district

Here you will find a city map for the district of Emsland: [Geodata Landkreis Emsland](#)

