



Lesbian, Gay, Bisexual, Transgender, Queer and/or Questioning, Intersex, and Asexual and/or Ally (LGBTQIA)

People of different religions, different genders, different places of origin and different political views all live together peacefully in Germany and have the same rights. This also applies to sexual orientation and gender identity. People who identify as lesbian, gay, bisexual, transgender, queer and/or questioning, intersex, and asexual and/or ally (or “LGBTQIA” for short) have the same rights as other people in Germany.

For official documentation, Germany added a third option, “divers”, to the traditional “female” and “male” classifications in 2017. In Germany, transgender individuals can have their name and gender legally changed. Transgender people can live openly in Germany and make use of medical treatments to adjust their gender. Women are allowed to fall in love with and marry other women in Germany; the same is true for men. Some of them bring up children together; families like these are called rainbow families.

Many LGBTQIA people have fled to Germany because they were persecuted in their home country because of their sexual orientation or sexual identity. If you are a refugee and are lesbian, gay, bisexual, transgender, queer and/or questioning, intersex, and asexual and/or ally, you can find support, community and social contact and information from the many LGBTQIA organisations in Germany.

Dortmund also has an active LGBTQIA community. It regularly organises events such as the CSD (Christopher Street Day) or the Trans* CSD to make the community visible. There are also many meeting places and counselling offers available in Dortmund, such as:

Counselling and self-help

LEBEDO

LEBEDO is a counselling centre for lesbian and bisexual women, as well as transgender people and their relatives. You can turn to them for help with many different problems, such as any insecurity you may be feeling about coming out, problems in your relationship and much more. They offer online counselling, telephone-based and face-to-face counselling appointments.

📍 [You can find more information on opening times and advisory services here!](#)

Lili Marlene

Lili Marlene is a self-help organisation for transgender youth and adults, as well as their relatives. They help young people and adult trans people to find and follow their path, to educate parents about how they feel and to convince them of the importance of giving their support.

📍 [You can find more information on advisory services here!](#)

pudelwohl

“pudelwohl” (a health-promoting facility) sees itself as a social service provider for the promotion of health and the prevention of infection among gay and bisexual men (both cisgender and



transgender, as well as with and without a migration background) from Dortmund and the surrounding area. There are many services available, such as HIV quick tests, an STI check-up, online counselling, counselling on HIV/Aids and other sexually transmitted infections, information on safer sex and therapy, coming out and all other questions on gay health.

🌐 [You can find more information on pudelwohl services here!](#)

Sunrise

Sunrise is a youth centre for people up to 23 years of age, where various counselling services are offered.

If you have any questions about coming out, are experiencing issues at home or at school, are experiencing or have experienced violence or just want to speak to someone, you can call Sunrise at the following number: ☎ [02317003262](tel:02317003262) or just send an e-mail to the following address to organise an appointment: ✉ info@sunrise-dortmund.de.

For black adolescents, adolescents of colour, adolescents with a migration background and their relatives, there is BIPOC counselling in Sunrise. There you can get advice from a counsellor of colour on all kinds of questions about coming out and identity, as well as concerning problems and difficulties in your family, at school, in your local club, with your friends or if you are experiencing lovesickness, anger, sadness of any kind, violence or insecurity when it comes to love, sexuality, identity and body. To make an appointment you can send an email to ✉ poc@sunrise.de.

Trans* counselling at Sunrise is open to all young trans* people, their relatives and educational staff who are in contact with trans *young people and young adults. This offer is aimed at people up to 23 years of age who do not feel they belong to their assigned gender. This, therefore, includes both binary and non-binary trans* persons. Relevant topics for counselling can include, for example, coming out, finding one's identity or problems in the family and at school. You can visit Sunrise in person or send an e-mail to ✉ trans@sunrise-dortmund.de.

🌐 [You can find more information about Sunrise's services here!](#)

SVDo

SVDo is a group of gay and bisexual fathers and husbands in Dortmund. Many men only discover that they are gay when they become husbands or family men. In this situation, following one's own feelings can seem hopeless for many. This is because the desire for change is countered by the fear of losing what is a familiar way of life. SVDo is a group of fathers and husbands individually affected by their personal experience of coming out in very different ways (or who are still in the middle of this process), and it offers a guaranteed, discreet opportunity to talk and exchange experiences.

🌐 [Click here for more information!](#)

TransBekannt

TransBekannt is a non-profit association for transgender people. It offers telephone counselling and group evenings, among other things.

🌐 [Click here for more information!](#)



You're Welcome Mashallah

You're Welcome Mashallah offers counselling on the topics of sexual identity and behaviour, sexual health, discrimination and experiences of violence, as well as coming out.

Who's it for: bisexual or gay male migrants or men with a migration background

aidshilfe dortmund e.v.

 Gnadenort 3-5

44135 Dortmund

 [02319508118](tel:02319508118)

 mashallah@pudelwohl-dortmund.de

 [Find more information here!](#)

kohero - queeres Sprachcafé

Kohero offers get-togethers where people have the opportunity to improve their German and make friends.

Who's it for: LGBTQIA migrants/refugees and other people interested in LGBTQIA

kohero



[Gnadenort 3-5](#)

44135 Dortmund

 [Find more information here!](#)

Queers of Hope

Queers of Hope run meetings for LGBTQIA* refugees or people with a migration background in a safe space. We try to advise, network and empower the group through various activities. We also organise workshops, seminars and excursions on a regular basis.

Who's it for: LGBTQIA refugees

Train of Hope Dortmund e. V.



[Münsterstr. 54](#)

44145 Dortmund

 [023197062647](tel:023197062647)

 niyazi@trainofhope-do.de

“Koordinierungsstelle” (coordination office) of the City of Dortmund for lesbian, gay and transgender people



(in the “Amt für Angelegenheiten” [official office] of the Lord Mayor and Council)

Contact: [via Facebook](#)

or by calling ☎ [02315027559](tel:02315027559)

Going out & leisure time

All My Friendz Are Animalz

Regular pub night for queers + friends with trash, pop & fancy drinks. Always on the 2nd Friday of the month at Nordpol Dortmund.

🌐 [You will find more information about their current events here!](#)

Burgtorclub

The “Burgtorclub” is the oldest gay, lesbian and travesti theatre club in Dortmund and the federal state of NRW. It is open daily from 8:00 pm.

🌐 [Click here for more information!](#)

caféplus

caféplus is an open meeting and self-help centre. Among other things, information events on topics related to HIV/AIDS and sexual health are held there, as well as cultural events – including regular exhibitions.

🌐 [Click here for more information!](#)

KCR

KCR is the oldest lesbian and gay centre in Germany. Different LGBTQIA groups meet here, e.g. Gay and Gray, the regular meeting place for gay men over 45, a choir, a musical group and much more!

🌐 [You will find a complete overview of the KCR groups here!](#)

Queer Café

The Queer Café takes place every second Thursday of the month from 5 PM till 8 PM at the Black Pigeon.

🌐 [You will find more information on the Black Pigeon's website!](#)

Rainbow Borussen

Rainbow Borussen is the official fan club of the football club “Ballspielverein Borussia 09 e.V. Dortmund”.

🌐 [Click here for more information!](#)

Offers for adolescents and young adults

“Autonomes Schwulenreferat (ASR)” (autonomous LGBTQIA university department) at the TU Dortmund University

The “Autonomes Schwulenreferat (ASR)” (autonomous LGBTQIA university department) at the TU Dortmund University seeks to represent the interests of gay, lesbian, bisexual and trans students. It regularly organises events such as pub evenings, lectures and much more.

🌐 [Click here for more information!](#)

LeBiQ

LeBiQ is a grouping of lesbian, bisexual and queer students at TU Dortmund University. It regularly organises meetings, events and activities that allow people to get to know each other and exchange ideas.

🌐 [Click here for more information!](#)

queerblick

queerblick e.V. is a media project from Dortmund with the aim of supporting gay, lesbian, bisexual and trans* young people before, during and after coming out through media work – both as participants in projects such as video workshops and as viewers online.

🌐 [Click here for more information!](#)

📺 [You can also watch “queerblick” videos here!](#)

Sunrise

Sunrise is a youth education and counselling centre for lesbian, gay, bisexual, trans* and other queer* young people up to the age of 23. While at the youth centre, they can spend their free time having fun, making friends and learning. In addition to open get-togethers and boys* and girls* days, there are also meetings for trans*, inter* and non-binary young people, as well as young people of colour. There are also various consultations on offer

🌐 [Click here for more information!](#)

TrIQ-AG Dortmund

TrIQ*-AG Dortmund is a meeting and working group for all people who do not identify with their assigned birth gender or who cannot be clearly assigned to the male or female gender by doctors. People who are unsure of their gender or who question it are also welcome to attend; these meetings are also open to relatives and interested parties.

The meet every 2nd Wednesday from 6.00 pm to 7.00 pm at Emil-Figge-Straße 50, Room 0,215 at TU Dortmund. The room is wheelchair-accessible.

🌐 [Click here for more information!](#)



Umgequeert

“Umgequeert” is a self-organised group of queer youth and young adults aged between 16 and 27. They meet regularly on Saturdays at KCR Dortmund from 5:00 PM - 11:00 PM.

📍 [Click here for more information!](#)

"T.O. HOPE" anti-discrimination service centre

Train of Hope Dortmund e. V. offers counselling and support for lesbian, gay, bisexual, trans*, inter* and queer people, rainbow families, refugees, people with immigration history and other groups through the Anti-Discrimination Service “T.O. Hope”-LGBTIQA*.

Our anti-discrimination service centre is committed to INTERNATIONALITY, the equality of different lifestyles, self-determination and the recognition of diverse identities so that everyone can be a natural part of our society.

📍 Münsterstr. 54, 44147 Dortmund

☎ 023197062647

✉ selda@trainofhope-do.de