
Table of Contents

Culture, leisure, volunteering	2
Clubs and leisure time	2
Clubs in the Lake Constance district	2
Cultural organisations	3
Sports clubs	3
Cinema, culture, art	3
Youth work and youth leisure	4
Youth clubs	4
Taking part is a matter of honour ("Mitmachen Ehrensache")	6
Youth Media Week	7
Volunteering	7
Civic engagement	7
Support groups for immigrants	8

Culture, leisure, volunteering

Clubs and leisure time

Clubs in the Lake Constance district

Clubs are groups in which people come together because they have similar interests or hobbies. In a club, members can do things together, exchange ideas and learn from each other. Clubs are important because they help people to become part of a community and integrate better into society. Clubs can provide important support, especially for people who are new to a country or region. In the Lake Constance district, there are many different associations that are active in the towns and communities. These clubs offer people the opportunity to meet up, have fun together or get involved in something together.

The overview with the list of clubs

The municipality of Bermatingen:  [Follow this link - www.bermatingen.de](http://www.bermatingen.de)

The municipality of Daisendorf:  [Follow this link - www.daisendorf.de](http://www.daisendorf.de)

The municipality of Deggenhausertal:  [Follow this link - www.deggenhausertal.de](http://www.deggenhausertal.de)

The community of Eriskirch:  [Follow this link - Associations and organisations | Community of Eriskirch](#)

The municipality of Frickingen:  [Follow this link - www.frickingen.de](http://www.frickingen.de)

The city of Friedrichshafen:  [Follow this link - www.friedrichshafen.de](http://www.friedrichshafen.de)

The municipality of Hagnau:  [Follow this link - www.gemeinde-hagnau.de](http://www.gemeinde-hagnau.de)

The municipality of Heiligenberg:  [Follow this link - www.heiligenberg.de](http://www.heiligenberg.de)

The municipality of Immenstaad:  [Follow this link - www.immenstaad.de](http://www.immenstaad.de)


The municipality of Kressbronn:  [Follow this link - Vereine \(kressbronn.de\)](http://www.vereine.kressbronn.de)

The municipality of Langenargen:  [Follow this link - www.langenargen.de](http://www.langenargen.de)

The town of Markdorf:  [Follow this link - www.markdorf.de](http://www.markdorf.de)

The municipality of Meckenbeuren:  [Follow this link - www.meckenbeuren.de](http://www.meckenbeuren.de)

The town of Meersburg:  [Follow this link - Associations | Town of Meersburg](#)

The community of Neukirch:  [Follow this link - Associations - Community of Neukirch \(neukirch-gemeinde.de\)](#)

The municipality of Oberteuringen:  [Follow this link - www.oberteuringen.de](http://www.oberteuringen.de)

The municipality of Owingen:  [Follow this link - Associations: Municipality of Owingen](#)

The municipality of Salem:  [Follow this link - www.salem-baden.de](http://www.salem-baden.de)

The municipality of Sipplingen:  [Follow this link - www.sipplingen.de](http://www.sipplingen.de)

The municipality of Stetten:  [Follow this link - www.gemeinde-stetten.de](http://www.gemeinde-stetten.de)

The town of Tettngang:  [Follow this link - www.tettngang.de](http://www.tettngang.de)

The town of Überlingen:  [Follow this link - www.ueberlingen.de](http://www.ueberlingen.de)


The municipality of Uhldingen-Mühlhofen:  [Follow this link - www.uhldingen-muehlhofen.de/](http://www.uhldingen-muehlhofen.de/)

Cultural organisations

The migrant organisations

Cultural organisations are for all people with a migrant background. They are also for people who are interested in a particular culture. All people can exchange ideas in cultural organisations. There are various offers, such as language, education and cultural festivals. You can find the clubs on the website of your [town or municipality](#).

You can also find a large number of clubs in Friedrichshafen [here](#).

 In Baden-Württemberg, you can also send your questions to the State Association of Municipal Migrant Representatives (LAKA-BW). You can also ask questions there.

The state association of municipal migrant representatives in Baden-Württemberg (LAKA-BW)

The contact:

 [Charlottenstraße 25, 70182 Stuttgart](#)

 [+4971124837202](tel:+4971124837202)

 www.laka-bw.de


Sports clubs

In sports clubs, you do sport together with others. This is also a great way to make friends.

There are various sports clubs with different programmes in the Lake Constance district. You can find out what is on offer in your town on the website of your [town/community](#).

The Sportkreis Bodensee e.V. also offers a wide range of sports activities.

 [Sportkreis Bodensee e.V.](#)

 If you are interested, simply ask there when the next training session is taking place and whether you can come along for a trial session.

Cinema, culture, art

Every [community in the Lake Constance district](#) has its own range of events in the fields of culture, cinema, art and theatre.

(Art) associations in your community can be found [here](#).

Art, culture, cinema and museums in Friedrichshafen can be found [here](#).

Art collections, galleries and archives of the Lake Constance district can be found [here](#).

You can find the offers of the youth art school [here](#).

Youth work and youth leisure

Youth clubs

Youth clubs ("Jugendtreffs") are get-togethers for teenagers and young adults. In youth clubs, there are many different offers and activities, which are mostly free of charge.

If you feel like meeting new young people, then drop in at the meeting place near you.

Friedrichshafen

- **Youth club Ailingen**
■ [Haldenweg 50, 88048 Friedrichshafen](#)
■ [0151/51440655](#)
- **Youth club Ettenkirch**
■ [Gregor-Schwake-Strasse 9, 88048 Friedrichshafen](#)
- **Youth club Fischbach**
■ [Zeppelinstraße 273, 88048 Friedrichshafen](#)
■ [0175/2263344](#)
- **Youth club Kitzenwiese**
■ [Ravensburgerstraße at the corner of Länderöschstraße \(skater park\), 88046 Friedrichshafen](#)
■ [0151/72083830](#)
- **Youth club Kluftern**
■ [Bahnhofstrasse 13, 88048 Friedrichshafen](#)
■ [0170/4571885](#)
- **Youth club PRO (Albert-Merglen-Schule)**
■ [Heinrich-Heine-Strasse 22/1, 88045 Friedrichshafen](#)
■ [0175/4313875](#)
- **Youth centre Schreienesch**
■ [Ulrichstrasse 22, 88046 Friedrichshafen](#)
■ [0151/72083830](#)
- **Youth club MOLKE**
■ [Meistershofener Straße 11, 88045 Friedrichshafen](#)
■ [07541/386725](#) or ■ [0175/5188922](#)
- **Children and youth club Wiggerhausen**
■ [Bodelschwinghstrasse 39, 88045 Friedrichshafen](#)
■ [0160/97726388](#)
- **Club Wachirweg for children**
■ [Wachirweg 14, 88045 Friedrichshafen](#)

■ [0175/2263344](tel:01752263344)

- **Playhouse & Play bus**

■ [Meistershofener Str. 11a, 88045 Friedrichshafen](https://www.friedrichshafen.de/locations/11a)

■ [07541/386729](tel:07541386729)

More information about youth clubs in Friedrichshafen [here](#).

Bermatingen

- **Youth club Bermatingen**

■ [Schulstrasse 16, 88697 Bermatingen](https://www.bermatingen.de)

■ www.bermatingen.de

Heiligenberg

- **Youth group Heiligenberg**

■ [Schulstr. 5, 88633 Heiligenberg](https://www.heiligenberg.de)

■ [07553/917654](tel:07553917654) or ■ [0171/3371973](tel:01713371973)

Immenstaad

- **Youth club Immenstaad**

■ [Hauptstraße 29, 88090 Immenstaad](https://www.immenstaad.de)

■ [07545/9492199](tel:075459492199)

Kressbronn

- **Youth department Kressbronn**

■ [Hauptstraße 19, 88079 Kressbronn](https://www.kressbronn.de)

■ [07543/9529101](tel:075439529101) or ■ [0175/1273141](tel:01751273141)

Long frames

- **MEETING LA**

■ [Kirchstraße 15, 88085 Langenargen](https://www.meeting-la.de)

■ [07543/933047](tel:07543933047) or ■ [0151/52885368](tel:015152885368)

■ www.langenargen.de

- **Youth centre Stellwerk**

■ [Mühlesch 2, 88085 Langenargen](https://www.stellwerk.de)

■ [07543/933047](tel:07543933047) or ■ [0151/52885368](tel:015152885368)

■ www.langenargen.de

Markdorf

- **Children and Youth Café ZEPP**

■ [Zeppelinstraße 7, 88677 Markdorf](https://www.zepp.de)

■ [07544/71048](tel:0754471048)

- **Youth club SkatesOpen**

■ [Ensisheimerstrasse 26, 88677 Markdorf](https://www.skatesopen.de)

■ [07544/9659212](tel:075449659212)

Meckenbeuren

- **Youth cafe Meckenbeuren**

■ [Grad-Zeppelin-Strasse 22, 88074 Meckenbeuren](https://www.meckenbeuren.de)

■ [07542/912009](tel:07542912009)

■ www.meckenbeuren.de

Oberteuringen

- **Youth room "Jura" in the community hall Oberteuringen**

■ [St. Martin - Place 9, 88094 Oberteuringen](https://www.oberteuringen.de)

■ [07546/918081](tel:07546918081) or ■ [07546/35298953](tel:0754635298953)

Salem

- **Youth club "Teekessele"**

■ [Kirchgasse 1, 88682 Salem](https://www.salem-baden.de)

■ [0160/9012956](tel:01609012956)

■ www.salem-baden.de

Tett nang

- **Youth centre Tett nang**

■ [Schulstr. 2, 88069 Tett nang](https://www.jugendhaus-tett nang.de)

■ [07542/55665](tel:0754255665)

■ www.jugendhaus-tett nang.de

Überlingen

- **Youth department Überlingen**

■ [Bahnhofstrasse 3, 88662 Überlingen](https://www.jugendreferat-ueberlingen.de)

■ [07551/991171](tel:07551991171) or [07551/991173](tel:07551991173)

■ www.jugendreferat-ueberlingen.de

Uhdingen-Mühlhofen

- **Youth department Uhdingen-Mühlhofen**

■ [Mühlhofen, Aachstraße 4, 88690 Uhdingen-Mühlhofen](https://www.uhdingen-muehlhofen.de)

■ [07556/71726](tel:0755671726) or ■ [0152/51497356](tel:015251497356)

Taking part is a matter of honour ("Mitmachen Ehrensache")

The action day "Mitmachen Ehrensache" takes place every year in December. The action day is about voluntary commitment and career orientation. This means that young people voluntarily work for one day with an employer. Their wages will then be donated to a good cause. In the process, they get to know the employer and can consider whether this profession matches their expectations. All young people can take part. The

young people of a school choose together for which good cause their wages are donated.

Particularly committed young people can also be trained as ambassadors. They advertise the campaign with their friends and at their school.

Further information:

■ www.bodenseekreis.de

Youth Media Week

Every year during the autumn holidays, the Lake Constance district office organises the Youth Media Week. During this week, children and young people can learn about the correct use of media. There are workshops, lectures and other activities on the subject of media.

You can find more information and register here:

■ www.bodenseekreis.de

Volunteering

Civic engagement

What is civic engagement?

People who are committed to other people or to a good cause work on a voluntary basis. These people volunteer in their free time, without payment. It is also known as civic engagement. Civic engagement holds society together. It creates trust and solidarity and strengthens the sense of responsibility towards society.

There are many ways to volunteer: helping elderly people, supporting people with disabilities, helping neighbours, helping refugees, working in a sports club, helping in an animal shelter and many other things.

Do you have questions about civic engagement? Contact:

Servicestelle Bürgerschaftliches Engagement, Landratsamt Bodenseekreis

Nadja Gauss & Miriam Moll

■ [Albrechtstraße 75, 88045 Friedrichshafen](https://www.albrechtstrasse75.de)

■ [07541/2045605](tel:075412045605)

■ buergerengagement@bodenseekreis.de

■ www.bodenseekreis.de

Beauftragte für Bürgerschaftliches Engagement, Stadt Friedrichshafen

Sandra Sebetic

■ [Adenauerplatz 1, 88045 Friedrichshafen](https://www.adenauerplatz1.de)

■ [07541/2033119](tel:075412033119)

■ engagement@friedrichshafen.de

■ www.friedrichshafen.de

Anlaufstelle für Bürgerengagement Stadt Tettngang

Melanie Friedrich

■ [Montfortstraße 2, 88069 Tettngang](#)

■ [07542510107](#)

■ melanie.friedrich@tettngang.de

■ www.tettngang.de

Büro für Gemeinwesenarbeit in Oberteuringen

■ [St.-Martin-Platz 9, 88094 Oberteuringen](#)

Inklusives Oberteuringen

Annika Taube

■ [0754629965](#)

■ Annika.Taube@Oberteuringen.de

Lebensräume Jung und Alt

■ [0754635298953](#)

■ lebensraum.oberteuringen@stiftung-liebenau.de

■ www.oberteuringen.de

Would you like to help and get involved?

The platform "Freiwilligenbörse" in the form of a database includes an overview of the current initiatives looking for volunteers.

■ [Click here for the volunteer exchange.](#)

Your association/initiative is looking for volunteer support?

Register in the database "Freiwilligenbörse" if your association or initiative is looking for volunteers.

■ [Click here to register with the Freiwilligenbörse.](#)

You are a volunteer and would like to get further training?

■ [Click here to get to the civic engagement education programme.](#)

Support groups for immigrants

There are groups that support migrants in almost every town and municipality in the Lake Constance district. The support groups help people to find their feet in their new environment. For example, they provide support with everyday questions, e.g. if a letter is not understood in German. Many support groups also help people to learn German.

Helper groups in the Lake Constance district:

Here you can find contacts to the help groups:

- ["Bürger füreinander" Bermatingen](#)
- [Circle of friends for refugees and asylum Markdorf](#)
- [Oberteuringen refugee and asylum support group](#)

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- [Helferkreis Kressbronn "A heart for refugees"](#)
 - [Ecumenical help group for asylum in St Columban](#)
 - [Help group "Refugees in the gym" Kressbronn](#)
 - [Tettngang integration network](#)

Would you like to find out more or become a volunteer yourself? Then get in touch with the:

Office for Migration and Integration, Landratsamt Bodenseekreis

■ [Albrechtstraße 75, 88045 Friedrichshafen](#)

■ integration@bodenseekreis.de

■ www.bodenseekreis.de