

## Parental allowance

### Have you had a child and are looking after it yourself?

Then you are entitled to parental allowance.

**One parent** receives parental allowance for a maximum of **12 months**.

**Both parents** together are entitled to a maximum of **14 months**.

### There are these conditions for entitlement to parental allowance:

- You **live in Germany**.
- You have a **valid residence permit**
- You live together **with your child**.
- You **look after** and **bring up** your child **yourself**.
- You **do not work at all** after the birth **or work a maximum of 32 hours** per week.

The **amount of parental allowance** depends on the **income** you earned **before the birth of** your child.



You are **also entitled to parental allowance** if you had **no income before the birth**.

You can find more information about **parental allowance and parental allowance** plus here:

 [Elterngeld und Elternzeit | Stadt Bochum](#)

 [Elterngeld und Elterngeld Plus | Familienportal des Bundes](#)

Do you need **advice on parental allowance**? Please contact the [Familienbüro Bochum](#).