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Sexually transmitted infections (STIs)

What are sexually transmitted infections (STIs)?

Sexually transmitted diseases are infections that can be contracted during sex. For example, you can become infected through unprotected sex or close physical contact. These diseases are also known as STIs. This is the abbreviation for: Sexually transmitted infections.

There are many types of STI. For example:

- HIV - can weaken the immune system.
- Chlamydia - can cause pain or infertility.
- Syphilis - often starts with a small, painless rash.
- Gonorrhoea (gonorrhoea) - can cause discharge and burning when urinating.
- HPV - a virus that can cause warts or cancer.

Please note!

- Many STIs do not cause any symptoms at first.
- It is therefore possible to be infected without realising it.
- You can then pass on the disease unnoticed.

What can you do?

- Use condoms - they provide good protection against many STIs.
- Have yourself tested regularly, especially if you are infected Go to a counselling centre.

💡 You can find advice centres in the Integreat app under [STI advice centres](#)

STI counselling centres

Do you have questions about sexually transmitted infections (STIs)? Are you afraid that you have been infected? Do you have questions about sexuality and sexual orientation? Go to a counselling centre. The counsellors will be happy to help you.

Counselling is confidential and anonymous. You do not have to give your name.

💡 **Counselling is free of charge.**

Counselling centres in Augsburg

Gesundheitsamt der Stadt Augsburg

- You can get medical counselling on STIs here.
- You can take the HIV antibody test here.

STI Beratung

📍 [Karmelitengasse 11, 86152 Augsburg](#)

@sti.gesundheitsamt@augzburg.de

[+49 \(0\) 8213242057](tel:+49(0)8213242057)

<https://www.augszburg.de/umwelt-soziales/gesundhei...>

Augsburger Aidshilfe e.V.

- You can get anonymous counselling on the following topics:
 - sexual health, STIs, HIV, hepatitis, PrEP, chemsex
 - coming out
 - M*SM*-specific topics
 - Living with HIV
 - safer sex
- You can take a test here. Test evenings are always on the 1st and 3rd Tuesday of the month.
💡 Register anonymously at +49 (0) 8212592690
- The counsellors support people with HIV
- They offer safer sex consultations in "incognito".
- The counsellors visit HIV positive people in prison.
- There are training courses for multipliers.

Augsburger Aidshilfe e.V.

[📍 Ulmer Straße 182, 86156 Augsburg](https://www.augszburg.de/umwelt-soziales/gesundhei...)

@info@augzburg.aidshilfe.de

[+49 \(0\) 8212592690](tel:+49(0)8212592690)

[🌐 https://augzburg.aidshilfe.de/de](https://augzburg.aidshilfe.de/de)

AWO - Zentrum für Aidsarbeit Schwaben (ZAS)

- You can get anonymous counselling here if you have questions about HIV and Aids.
- You can take an HIV test here.
- The counsellors will accompany you and advise you in times of crisis.
- They can refer you to other specialist counselling centres or medical facilities.
- Regular events take place here, e.g. medical lectures, client parties and celebrations, information events on legal topics and much more.

AWO - Zentrum für Aidsarbeit Schwaben (ZAS)

[📍 Schaezlerstraße 36, 86152 Augsburg](https://www.augszburg.de/umwelt-soziales/gesundhei...)

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[+49 \(0\) 821158081](tel:+49(0)821158081)